

Zuidelijke Cirkel 2025 - 6e wedstrijd
Eindhoven, 30/11/2025

Programmanr. 12
30/11/2025 - 16:49

400m vrije slag

20 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 20+, Heren					
1.	Jasper Verriet	V.Z.V. Njord	6:15.00	200500451	5:58.69
	50m: 37.69	100m: 1:20.05	200m: 2:51.25	400m: 5:58.69	
Masters 25+, Heren					
1.	Teun van Rooij	VZ&PC Nautilus	4:55.88	199904387	4:59.67
	50m: 32.57	100m: 1:09.47	200m: 2:26.39	400m: 4:59.67	
Masters 30+, Heren					
1.	Denny Groeneveld	Bijtelskil	6:15.58	199202165	6:17.71
	50m: 38.44	100m: 1:22.70	200m: 2:56.49	400m: 6:17.71	
Masters 35+, Heren					
1.	Sander van Tilburg	De Biesboschzwemmers	5:22.98	198604609	5:21.10
	50m: 36.98	100m: 1:16.80	200m: 2:37.41	400m: 5:21.10	
Masters 45+, Heren					
1.	Tom Bandsma	PSV	5:28.83	197701625	5:29.27
	50m: 36.61	100m: 1:16.87	200m: 2:39.55	400m: 5:29.27	
Masters 50+, Heren					
1.	Rogier Vissers	PSV	5:25.00	197300935	5:07.31
	50m: 35.68	100m: 1:14.43	200m: 2:32.56	400m: 5:07.31	
2.	Wouter van der Stelt	De Biesboschzwemmers	5:36.61	197200889	5:40.61
	50m: 37.45	100m: 1:18.79	200m: 2:45.51	400m: 5:40.61	
3.	Bas Kremers	Trb/Res	5:50.82	197201611	5:56.18
	50m: 39.75	100m: 1:23.21	200m: 2:53.53	400m: 5:56.18	
4.	Jeroen Hoeksel	ZV Vlaardingen-Schiedam	5:59.14	197401533	6:01.11
	50m: 40.39	100m: 1:24.96	200m: 2:56.91	400m: 6:01.11	
Masters 55+, Heren					
1.	Francis Roosen	V.Z.V. Njord	5:10.61	196801581	5:09.83
	50m: 34.47	100m: 1:12.40	200m: 2:31.24	400m: 5:09.83	
Masters 60+, Heren					
1.	Menno Lomans	PSV	5:27.01	196101071	5:27.34
	50m: 36.41	100m: 1:17.02	200m: 2:40.68	400m: 5:27.34	
Masters 65+, Heren					
1.	Klaas Paulusse	Tempo Valkenswaard	7:20.00	195900817	7:07.71
	50m: 46.13	100m: 1:36.51	200m: 3:24.91	400m: 7:07.71	
2.	André Pantekoek	PSV	7:40.00	195800321	8:00.02
	50m: 50.44	150m: 3:56.83	250m: 350m:	400m: 8:00.02	
	100m: 1:50.70	200m: 3:56.83	300m:		
Masters 80+, Heren					
1.	Willem Putter <i>NMR</i>	ZV Vlaardingen-Schiedam	6:56.77	194500135	6:56.81
	50m: 44.93	100m: 1:37.94	200m: 3:25.14	400m: 6:56.81	
2.	Rob Hanou	PSV	7:45.38	194300109	8:08.13
	50m: 54.31	100m: 1:57.67	200m: 4:05.14	400m: 8:08.13	

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Masters 20+, Dames

1.	Tamar Roosen	V.Z.V. Njord	5:10.00	200501168	5:06.53
	50m: 34.28	100m: 1:12.37	200m: 2:30.75	400m: 5:06.53	
2.	Esther Tiemersma	PSV	5:20.90	200202962	5:14.23
	50m: 35.53	100m: 1:14.84	200m: 2:34.84	400m: 5:14.23	
3.	Annelieke Verriet	V.Z.V. Njord	6:24.33	200300552	6:20.71
	50m: 42.02	100m: 1:28.56	200m: 3:05.73	400m: 6:20.71	

Masters 25+, Dames

1.	Selina Janssen	Neptunus'58	5:11.91	199905974	5:14.58
	50m: 35.58	100m: 1:13.57	200m: 2:32.90	400m: 5:14.58	
2.	Mirelle de Kort	VZ&PC Nautilus	5:13.68	200005546	5:23.65
	50m: 34.44	100m: 1:13.55	200m: 2:34.15	400m: 5:23.65	

Masters 30+, Dames

1.	Sanne Minkels-Huisman	Zeester Meerval	5:46.98	199308014	6:02.32
	50m: 43.84	100m: 1:28.94	200m: 3:00.33	400m: 6:02.32	
AFGEM	Anouk Kuijlaars	PSV	5:03.35	199401700	

Masters 35+, Dames

1.	Rolijn van Vught	PSV	6:11.12	199004110	5:59.30
	50m: 40.17	100m: 1:24.40	200m: 2:56.75	400m: 5:59.30	

Masters 45+, Dames

1.	Chantal Verhoeff	Old Dutch	5:22.28	197900912	5:36.17
	50m: 36.53	100m: 1:17.88	200m: 2:44.17	400m: 5:36.17	
2.	S. van den Bosch - Kentgens	V.Z.V. Njord	5:58.23	197701246	5:52.79
	50m: 39.22	100m: 1:22.57	200m: 2:53.79	400m: 5:52.79	
AFGEM	Daria Henning	PSV	6:15.00	197801272	

Masters 50+, Dames

1.	Carla Geurts	PSV	4:55.30	197100178	4:51.23
	50m: 33.35	100m: 1:10.11	200m: 2:24.87	400m: 4:51.23	
2.	Liselotte Joling	PSV	4:45.59	197500268	4:51.38
	50m: 33.92	100m: 1:11.03	200m: 2:25.58	400m: 4:51.38	
3.	F. Verriet-Regensburg	V.Z.V. Njord	7:39.70	197500428	7:46.05
	50m: 49.46	150m: 3:46.43	250m: 350m:	300m: 400m:	7:46.05
	100m: 1:46.44	200m: 3:46.43	300m: 400m:	400m: 7:46.05	

Masters 55+, Dames

AFGEM	Inge Deutz	ZV Vlaardingen-Schiedam	6:55.28	196600726	
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Masters 65+, Dames

1.	Lies Hartman	PSV	9:48.16	195600116	11:06.83
	50m: 1:03.71	100m: 2:21.27	200m: 5:12.18	400m: 11:06.83	

Masters 70+, Dames

1.	Ineke Weekers	PSV	6:03.93	195300050	6:06.73
	50m: 42.61	100m: 1:27.77	200m: 3:04.60	400m: 6:06.73	
2.	Gonnie Bak	PSV	9:00.00	195100064	8:12.44
	50m: 54.96	100m: 1:57.21	200m: 4:04.77	400m: 8:12.44	

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Masters 85+, Dames

1.	Marie Smits	Old Dutch	9:13.33	193800004	9:31.49
	50m: 1:01.30	100m: 2:14.55	200m: 4:41.48	400m: 9:31.49	
BM	C. Kettenmeyer-Reuland	Swimming Club Le Dauphin	Ett4:58.00	2017	4:56.61
	50m: 33.83	100m: 1:10.81	200m: 2:25.79	400m: 4:56.61	
BM	Sandra Wagenmakers	RZ	6:00.00	197601140	5:52.84
	50m: 38.93	100m: 1:22.62	200m: 2:53.12	400m: 5:52.84	