

Open Dutch Masters
Championships Swimming
(Long Course)

3/4/5 May 2013



Information booklet



1.1 2° PSV Arena SportEmotion Kanaalrace 2013 te Oirschot

wedstrijddatum	Zaterdag 24 augustus 2013
wedstrijdlocatie	Wilhelminakanaal t.h.v. Passantenhaven, De Rijt Oirschot
organisatie	PSV Zwemmen & waterpolo
baanlengte/vorm baan	1250m in een vrijwel rechte baan
sluiting inschrijving	zondag 18 augustus 2013 om 22.00 uur
kosten wedstrijd 1° start	€ 6,00
kosten wedstrijd 2° start	€ 5,00
kosten prestatietocht	€ 3,00
kosten latex leencap	€ 1,00 + € 4,00 (borg)
contactpersoon organisatie	Caroline Smits p.a. Garstakker 8 5688 PJ Oirschot +31(0) 499573873 of +31(0) 615878003
voor informatie inschrijving	Bianca Cox
telefoon	+31(0) 625415626
e-mailadres organisatie	info@psvopenwater.nl
inschrijvingen	Via OLOWIS of inschrijving.noww.nl
website organisatie"	www.psvopenwater.nl
algemene informatie/B.G.G.	+31(0)6 15878003
telefoon op de wedstrijddag	+31(0)6 15878003 of +31(0)6 25415626



programma	jaargangen	aanvang ca	ow-klas
Juryvergadering in de ruimte van Scouting Oirschot (Eindhovensedijk 28)		09.00 uur	
1 a/b 1500m vrije slag jongens junioren 1 en 2, 3 en 4		10.00 uur	vsjj
2 a/b 1500m vrije slag meisjes junioren 1, 2 en 3		10.05 uur	vsjm
3 a/b 2500m vrije slag heren senioren/ jeugd en jonger		10.15 uur	vsh/j
4 a/b 2500m vrije slag dames senioren/ jeugd en jonger		10.20 uur	vsd/j
5 a/l 1000m schoolslag heren Masters 20+, 25+, etc. t/m 75+		10.45 uur	M-ssh
6 a/l 1000m schoolslag dames Masters 20+, 25+, etc. t/m 75+		10.50 uur	M-ssd
7 250m vrije slag jongens minioren 1, 2 en 3		11.05 uur	M-vsh
8 250m vrije slag meisjes minioren 1,2 en 3		11.05 uur	M-vsd
9 500m vrije slag jongens minioren 4, 5 en 6		11.15 uur	
10 500m vrije slag meisjes minioren 4 en 5		11.20 uur	
11 1000m prestatietocht 12 jaar en ouder		11.40 uur	
12 500m prestatietocht, 9 jaar en ouder		11.45 uur	
13 250m prestatietocht 6 jaar en ouder (6 & 7 jaar onder begeleiding van een zwemmer 18+)		11.50 uur	
<i>Openstelling kanaal i.v.m. doorlating varend verkeer</i>		12.15 uur	
14 a/b NK 10km vrije slag heren senioren/jeugd en jonger		12.45 uur	vsh/j
15 a/b NK 10km vrije slag dames senioren/jeugd en jonger		12.55 uur	vsd/j
<i>Openstelling kanaal i.v.m. doorlating varend verkeer</i>		15.15 uur	
16 a/b 1000m vrije slag heren Masters 20+, 25+, etc. t/m 75+		15.45 uur	Ssh/j
17 a/b 1000m vrije slag dames Masters 20+, 25+, etc. t/m 75+		15.50 uur	Ssd/j
18 a/l 2000m schoolslag heren senioren / jeugd en jonger		16.05 uur	M-vsh
19 a/l 2000m schoolslag dames senioren / jeugd en jonger		16.15 uur	M-vsd
20 a/b 500m schoolslag jongens junioren 1 en 2, 3 en 4 en jonger		16.25 uur	ssjj
21 a/b 500m schoolslag meisjes junioren 1,2,3 en jonger		16.30 uur	ssmj

opm Wedstrijd telt mee voor de Brabantbekers toegang tot het wedstrijdterrein is **GRATIS**.

opm Per deelnemer is er één herinnering beschikbaar

opm Aanmelden bij voorkeur via OLOWIS: inschrijving.noww.nl

opm Prijsuitreiking zal verspreid over de dag plaatsvinden, omstreeks 12.00, 14.00 en 17.30 uur

opm De prijzen dienen **persoonlijk** bij de prijsuitreiking opgehaald te worden, anders vervalt deze aan de organisatie

Voor de nummers. 1, 3, 4, 14, 15, 18, 19, 20 en 21 zijn er prijzen per vermelde leeftijdsgroep.

Voor de nummers 5, 6, 16 en 17 is er per 5-jarige leeftijdsgroep één prijs.

opm Parkeren : 1. Parkeerterrein Kempenhorstcollege (Eikenbussel 1 Oirschot).

2. Parkeerplaats op weiland gelegen aan de Eindhovensedijk 21 Oirschot.

3. Parkeerplaats Sporthal de Kemmer (Bloemendaal 5 Oirschot).

opm Gebruik van warme douches bij de Scouting Oirschot (Eindhovensedijk 28).

opm Bij inschrijven zonder capnummer, krijgt u een cap van de organisatie toegewezen.

opm De gehele dag is er een stand van SportEmotion aanwezig.

opm Briefing 10 km vindt plaats om 11.45 uur in de voorstartruimte

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Zwemglaskunst

Beste mensen,

Na de vele positieve reacties van de Irene van der Laan Trofee vorig jaar wil ik mij gaan toeleggen op het maken van glaskunst. Mijn favorieten zijn de sportprijzen en leuke dingen met afbeeldingen van zwemmers en water. Zondag na de 800 vrije slag dames wil ik graag wat tonen om te kijken of er een markt voor is. Dit wil ik dan op o.a. de langebanen verkopen.

Ik ben benieuwd naar jullie reacties en wensen.

Irene van der Laan



Preface

This is already the seventh time in a row we are hosting the **Open Dutch Masters Championships** in Eindhoven. And this year also the **European Masters Championships 2013** which will be held in our swim stadium. This event will be hosted by KNZB in cooperation with the Dutch Masters community.

We are happy to see that we can welcome several participants of previous years. We can also welcome several new Masters Friends from all over Europe who also found their way to our beautiful *Pieter van den Hoogenband Swim stadium* in Eindhoven. We hope and expect this year at the EMC this will be a much larger number.

It is the third year we have all long relays on the schedule. This will again be record breaking events with a lot of National records and we even expect some international records here. In total we have 270 relays starting this weekend, which proves that relays are very popular.

This year the competition is led by referee Paul Chadron, assisted by deputy referee Jos Bosman and starters Henk van de Brink and Robert van Vuuren. Also a lot of officials of the last years are present and it is good to see the Masters competitions are becoming more popular among officials. Even for the EMC there are already a lot of officials volunteering to act as official.

On this tournament there will be a swimwear stand from Bartels Sport (from Friday 11:00).

For Dutch Masters Swimmers with questions about the EMC in Eindhoven or Dutch Masters Swimming, members of the Dutch Task Force Masters Swimming are available during the whole weekend. You may contact them directly or through the Swim Info Desk.

We'd like to thank all people who have helped with the preparations and those who will lend a hand during the tournament to make it a big success again. Especially those who handled the many emails with entries, changes and questions have had to work hard. Special thanks therefore to Maddy, Corry and Kees-Jan, who have devoted a great deal of time to processing the entries

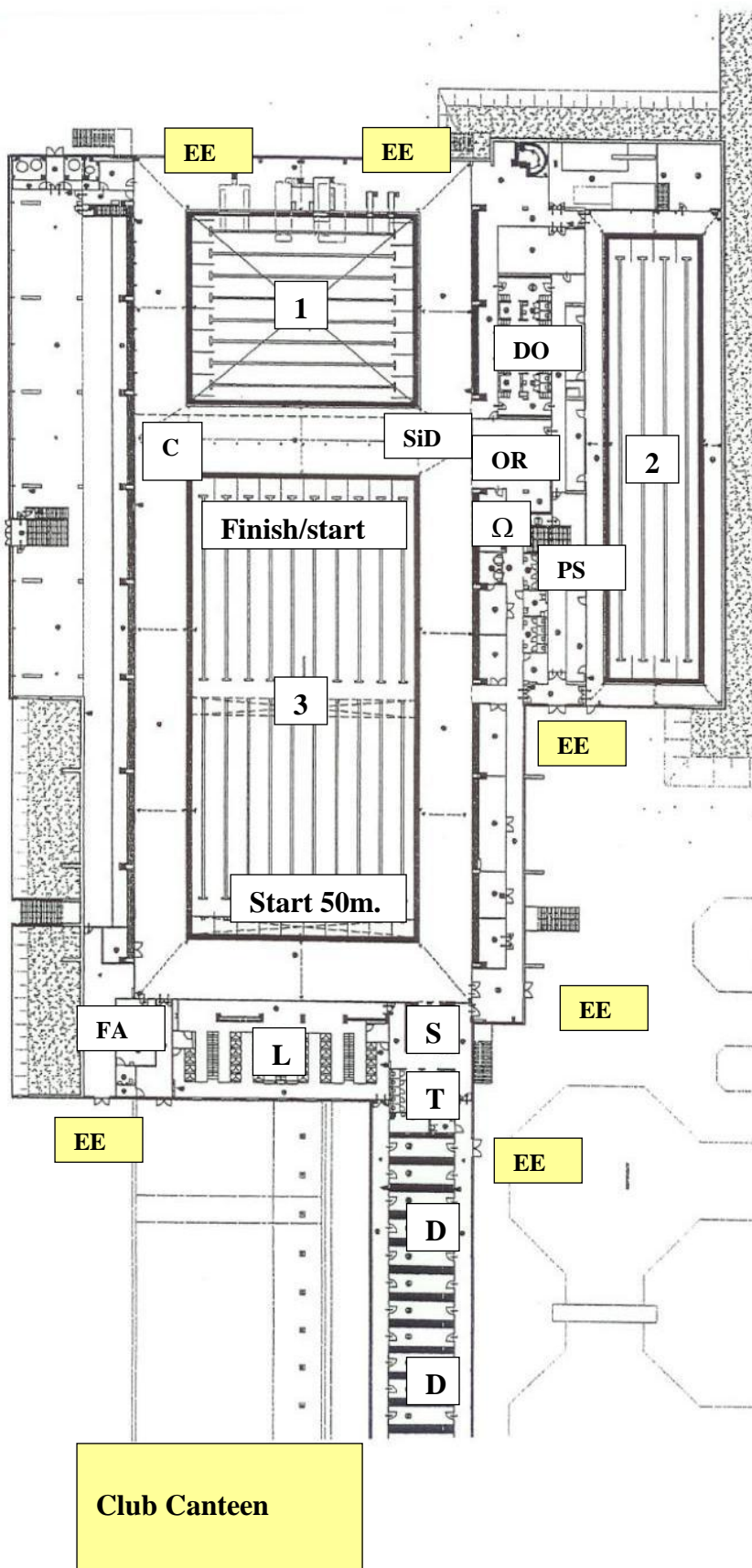
Also special thanks to our sponsors.

On behalf of the organization we should like to wish everyone an enjoyable tournament with good achievements in the water.

Organization ODMC 2013



Map of the pool



Pools

1. Diving Pool
2. Training/Warmup Pool
3. Competition Pool

Pools

- D. Dressing Rooms
- L. Lockers
- DO. Dressing Rooms Officials
- T. Toilets
- S. Showers
- PS. Stairs to Public Stands

Official rooms

- OR. Official Room
- Ω. OMEGA Room

In case of emergency

- FA. First Aid
- EE. Emergency Exit

Competition details

- SiD. Sports Info Desk
- C. Ceremony / Awards
- Finish / Starts 100+m
- Starts 50m

Via Public Stands:

- Entrance / exit
- Emergency exits
- Seats
- Toilets
- Club Canteen

Drinks, Lunch & Masters buffet

Club canteen

During the weekend the club canteen is open for drinks and relaxing during the following hours:

Friday	08:00-09:15	12:30-14:00
Saturday	08:00-09:15	12:30-14:00
Sunday	08:00-09:15	12:30-14:00

Masters Lunch 2013

During lunch hours at Grand Café SwimmerS there are several lunches possibilities.



Masters Buffet 2013

The Masters Buffet takes place on Saturday from 18:15 until 19:45 in Grand Café Swimmers at the main entrance of the Swimming Stadium.

Before the buffet you have to change your dinner voucher for an armband at the entrance desk.



Drinks are included.

This year's menu is a
Combinatie buffet

- ✚ Kaasbuideltjes met pittige salsa
- ✚ Krokante kip met kerrie-ananas saus
- ✚ Kidneybonen salade
- ✚ Pasta met basilicum pesto
- ✚ Notentaartjes
- ✚ Rollade met gegrilde paprika saus
- ✚ Viskoekjes met remoulade saus
- ✚ Rijst salade
- ✚ Paprika aardappelen
- ✚ Diverse broodsoorten
- ✚ boters en tapenade

List of participating teams

Austria

SC Diana

Belgium

AZSC

Barvaux Aquatique

CNBA

CNSW

DZV

Dauphins Mouscronnois

Embourg Natation

Genker ZV Neptunus

Groot Beverse Zwemclub

HELIOS

LZV

Les Dauphins Visétois

MEGA

MZVA

Namur Olympic Club

Plouf Club

RSCM

Royal Ostend SC

SCZ-Zaventem

ShaRK

Verviers Natation

ZOLA

Zwemclub Iloka Kapellen

France

Avan Villeneuve-D'Ascq

CSAKB

Club Nautique Croix

Great Britain

Maidenhead ASC

Maidenhead Marlins ASC

UEA Norwich

Germany

ASV Wuppertal

Bocholter WSV

Delphin Ratingen-Lintorf

Pulheimer SC 24/57

SC Wiesbaden 1911 e.V.

SG Dortmund

SG Mönchengladbach

SG Wuppertal

SSF Sieglar 1960 e.V.

SV Blau-Weiss Bochum

SV Bremen 1910

SV Gladbeck 13

SV Langenfeld

TG Lage

TuS Sundern

VfR Übach-Palenberg

Warendorfer SU

Hungary

Budapesti Delfinek

Uszo Klub Budapest

Ireland

Ennis Masters

Latvia

Riga Kipsala SC

Luxembourg

Cercle de Natation Diekirch

Swimming Luxembourg

Norway

MOSS SK

Russia

Poseidon

Switzerland

SC Winterthur

Turkey

Han Batur Spor Kulubu

Austria

SC Diana

The Netherlands

Groningen

De Pinquin

Eemsrobber

GZVW

Stadskanaal

TriVia

Friesland

HZ&PC Heerenveen

Orca

ZCNF'34

Drente

De Spatters

Zwemclub Polaris

Overijssel

De Dinkel

Dedemsvaart-AC

Deltasteur

Hera'11

Het Ravijn

OZ&PC

Piranha

Steenwijk 1934

Swol 1894

WS Twente

Zignea

ZVZ

Gelderland

Aqua-Novio'94

Aquapoldro

De Berkelduikers

De IJsselmeeuwen

De Meer

De Rijn

De Vrije Slag

De Waalstroom

DWK

EZ&PC

Hatto Heim

Montferland

Neptunus

Octopus

Olympia

RZC

TZC-Vahalis

WWV

ZC'90

Zuiderzeezwemmers

ZVW'74

Utrecht

AZ&PC

De Amer

De Duinkickers

De Fuut

De Zwoer

IJZPC

Nat Utrecht

One Team Swimming

Zwemlust-den Hommel

Amsterdam/Het

Gooi

De Dolfijn

De Futen

Het Y

Oceanus

SPONS

Torpedo

Triton

Upstream Amsterdam

Noord-Holland

DAW

DWT

Ed-Vo

HPC

MSV- Zeemacht

OEZA

ZV De Bron

ZV De Zaan

ZV Haerlem

Gouwe Rijnstreek

De Plas

De Zijl/LGB

LZ 1886

NZ&PC

Sassenheim

Van Vliet-Barracuda

WIDEX GZC DONK

Z&PC De Gouwe

Haaglanden



Open Dutch Masters Championships Swimming 2013



AZL	GLS Ketelbinkie	Daphnia	TRB-RES
D'EIfT WAVE (SG)	MNC Dordrecht	DBD	Zeester-Meerval
DES	RSW (SG)	De Biesboschzweimmers	Limburg
HZ Zian	Strijen	De Treffers	De Roersoppers
PLONS	ZOB'66	De Warande	De Rog
WVZ	ZPB H&L Productions	Den Doorn	Eszet
Zoetermeer	ZVVS	DIO	Eurode KZC
ZV Westland Dijkglas	Zeeland	Hieronymus	HGN (SG)
ZRO / ROM	De Schelde	Merlet	HZPC
De Duck	De Zeeuwse Kust (SG)	Nautilus	Mosaqua Gulpen
De Geul	Koewacht	Neptunus'58	Noord-Limburg (SG)
De Gooye	Scheldestroom	Njord	Patrick
De Lansingh	Noord Brabant	Nuenen	RZ
De Schotejil	AquAmigos	Old Dutch	Swimteam Helden-Mosa (SG)
De Stelle	Arethusa	PSV	
DWF		SBC2000	

Programme

Friday 3th May	Saturday 4th May	Sunday 5th May
09:00 h start of competition	09:00 h start of competition	09:00 h start of competition
1. 800m free style Men * break 15 min *	16. 400m free style Women	35. 1500m free style Men * break 15 min *
2. 1500m free style Women	17. 400m free style Men	36. 800m free style Women
	18. 50m breast Women	
	19. 50m breast Men * break 5 min *	
	20. 4x100m medley W/M/Mix * break 15 min *	
	22. 200m back Women	
12:30 h end of competition	23. 200m back Men * break 5 min *	12:30 h end of competition
14:00 h start of competition	±14:00 h start of competition	14:00 h start of competition
4. 4x200m free style W/M/Mix * break 5 min *	24. 4x50m free style Women	38. 4x100m free style W/M/Mix * break 5 min *
5. 50m fly Men	25. 4x50m free style Men * break 5 min *	39. 200m breast Men
6. 50m fly Women	26. 200m fly Women	40. 200m breast Women
7. 200m medley Men	27. 200m fly Men	41. 400m medley Men
8. 200m medley Women * break 15 min *	28. 100m free style Women	42. 400m medley Women * break 15 min *
9. 100m back Men	29. 100m free style Men	43. 50m free style Men
10. 100m back Women	30. 100m breast Women	44. 50m free style Women
11. 200m free style Men	31. 100m breast Men	45. 100m fly Men
12. 200m free style Women * break 5 min *	32. 50m back Women	46. 100m fly Women * break 5 min *
13. 4x50m medley Men	33. 50m back Men * break 5 min *	48. 4x50m free style Mixed
14. 4x50m medley Women	34. 4x50m medley Mixed	
18:00 h end of competition	18:00 h end of competition	17:45 h end of competition
	18:15-19:45 Mastersbuffet	



Swimming information

Pool rules

Outdoor shoes are not allowed on the pool deck. Blue plastic shoe covers are available if necessary.

Please throw your rubbish in the bins.

Warming up/training

Please leave the competition pool 5 minutes before the competition starts. There is no warming up in the competition pool during the short breaks. During the sessions the training pool is available for warming up, cooling down or training, with the exception of the lunch break.

	8:30-8:55	9:00-12:30	12:30-14:00	14:00-18:00
Friday	competition pool	training pool	competition pool	training pool
Saturday	competition pool	training pool		
Sunday	competition pool	training pool	competition pool	training pool

Starting procedures

There will be **overhead starts** with the exception of the 50 meter events and the relays.

After finishing swimmers must stay in their own lane, to the side and at a distance of least 1 meter from the electronic touchpad. After the start of the next heat, or after directions from the officials, swimmers should leave the water as soon as possible via the sideways.

It is a **one-start competition**. There is no marshalling area, so please be on time.

Withdrawals and not starting in events

Withdrawals must be in possession of the organization at the latest before the start of the first officials meeting of the meet day. Later withdrawals or not starting in an event will be fined.

The referees may decide to take a participant out of the competition if this swimmer will exceed his entry time by a large margin.

Relay changes

Please submit a new starting form before the warming up of the session in which the relay is swum. Changing the original age group is not allowed. This form can be your own one or you get a copy at the Sports info desk

Results

Results will published in the pool, on live timing and on the websites of KNZB and PSV Masters.

Medals, ceremonies, awards

In the individual events there will be three medals per age group. Medals may be picked up from the Sports Info Desk. They will not be sent by mail. Swimmers who swam a World, European or National Masters record may be called for an extra award. This is also the case for relays!

In the relay events there will be three times four medals per age group. Medals may be picked up from the Sports Info Desk for the whole relay team at once. They will not be sent by mail.

Children

Young children without swimming diploma are obliged to wear swimming wings on the pool deck. Children are not allowed to play in the training pool. Children and adults may use the recreational pool of the Tongelreep at a discount on Saturday and Sunday. Children under 8 years of age must be accompanied by an adult. Discount tickets may be obtained from the Sports Info Desk.

Children under 16	€ 1,50
Adults, 16 and over	€ 3,00

Swimsuits

The ODMC and KNZB follow FINA regulations for swimsuits.

The organisation can only be reached during the competition at: +31 (040) 238 1140.

ODMC Championships Records (2000-2012, long course)

The Championships Records are the fastest times ever swum in a particular age group at the past 5 long course Open Dutch Masters Championships. Since 2009 there are also 20+ records. In previous years this group swam in separate programmes as pre-masters.

Women		20+	25+	30+	35+	40+	45+	50+
50	fly	0:29,82	0:28,56	0:29,39	0:31,05	0:30,96	0:32,04	0:32,24
100	fly	1:04,75	1:06,86	1:07,50	1:10,23	1:09,97	1:13,37	1:13,83
200	fly	2:44,53	2:33,77	2:31,71	2:35,26	2:35,98	2:50,04	2:46,59
50	back	0:31,13	0:32,24	0:33,07	0:33,00	0:33,70	0:35,08	0:37,43
100	back	1:08,45	1:11,51	1:12,02	1:13,34	1:13,23	1:13,64	1:20,22
200	back	2:24,18	2:32,88	2:34,74	2:40,86	2:37,28	2:43,93	2:56,56
50	breast	0:34,59	0:34,18	0:34,54	0:36,11	0:36,40	0:37,98	0:37,57
100	breast	1:15,83	1:16,61	1:16,59	1:21,65	1:22,58	1:24,10	1:23,15
200	breast	2:48,09	2:49,18	2:48,76	2:56,22	2:55,06	2:59,16	3:05,06
50	free	0:27,35	0:27,81	0:27,91	0:28,31	0:28,70	0:29,57	0:29,91
100	free	0:59,80	0:59,04	1:01,04	1:01,73	1:01,54	1:03,47	1:06,21
200	free	2:10,00	2:09,88	2:16,06	2:17,46	2:18,77	2:19,94	2:23,62
400	free	4:33,11	4:33,97	4:46,31	4:49,20	4:49,48	4:46,38	5:24,26
800	free	9:16,61	9:53,49	9:51,43	9:50,01	9:52,17	10:46,52	10:50,54
1500	free	17:30,58	18:38,51	18:48,96	18:37,27	18:47,76	20:25,89	20:38,75
200	ind. medley	2:26,46	2:36,17	2:35,64	2:35,12	2:40,96	2:43,56	2:46,30
400	ind. medley	5:30,99	5:34,24	5:33,36	5:31,25	5:29,40	5:57,08	6:04,40

Women		55+	60+	65+	70+	75+	80+	85+
50	fly	0:33,81	0:35,09	0:43,13	0:40,84	0:42,85		
100	fly	1:23,94	1:28,95	1:57,56	2:17,03			
200	fly	3:27,07	3:56,02	4:23,76	4:56,21			
50	back	0:39,45	0:40,60	0:46,63	0:43,84	0:51,19	0:59,51	1:42,17
100	back	1:24,24	1:29,77	1:42,49	1:33,61	1:44,66	2:11,25	
200	back	2:57,10	3:17,59	3:39,79	3:27,58	4:12,57	4:42,99	
50	breast	0:41,62	0:44,85	0:45,12	0:47,20	0:47,68	0:49,66	1:29,00
100	breast	1:29,59	1:37,47	1:41,21	1:46,37	1:46,04	1:50,94	3:16,80
200	breast	3:11,46	3:38,12	3:45,13	3:49,06	3:57,34	4:05,52	6:51,94
50	free	0:30,77	0:32,04	0:35,70	0:36,64	0:37,88	0:49,82	1:01,94
100	free	1:08,17	1:10,29	1:28,19	1:24,91	1:32,14	1:56,18	2:10,51
200	free	2:33,59	2:39,83	3:11,06	3:02,46	3:07,41	4:07,68	4:31,54
400	free	5:33,86	5:46,88	6:37,85	6:08,98	6:26,75	8:22,37	9:03,99
800	free	11:22,54	11:48,40	13:53,99	14:00,74	13:46,97		
1500	free	21:20,68	22:34,93	26:24,78	26:37,42	35:53,29		
200	ind. medley	3:05,64	3:10,25	3:38,15	3:30,86	4:33,65		
400	ind. medley	6:43,81	7:22,37	8:16,24	9:07,16			

Men		20+	25+	30+	35+	40+	45+	50+
50	fly	0:25,93	0:24,72	0:25,88	0:26,96	0:27,42	0:27,83	0:27,10
100	fly	0:59,00	0:57,02	0:58,44	1:03,90	1:02,71	1:01,81	0:59,67
200	fly	2:17,57	2:12,82	2:12,77	2:26,75	2:22,44	2:17,94	2:15,06
50	back	0:27,57	0:27,67	0:29,33	0:28,83	0:28,95	0:30,44	0:32,62
100	back	1:00,53	1:00,54	1:03,57	1:02,28	1:03,21	1:06,26	1:10,98
200	back	2:17,35	2:14,20	2:18,20	2:27,60	2:25,35	2:22,73	2:28,60
50	breast	0:30,56	0:29,16	0:30,56	0:29,31	0:32,17	0:33,85	0:34,39



Open Dutch Masters Championships Swimming 2013



Men		20+	25+	30+	35+	40+	45+	50+
100	breast	1:10,19	1:04,61	1:07,12	1:05,65	1:13,79	1:14,70	1:15,25
200	breast	2:32,14	2:34,09	2:27,30	2:30,89	2:42,13	2:45,58	2:49,64
50	free	0:24,42	0:23,40	0:24,19	0:25,23	0:25,32	0:25,84	0:25,64
100	free	0:53,06	0:51,37	0:53,20	0:54,80	0:54,56	0:56,23	0:58,19
200	free	2:02,95	1:54,22	2:00,33	2:00,38	2:02,66	2:09,81	2:08,84
400	free	4:24,45	4:12,70	4:15,90	4:36,18	4:29,88	4:29,75	4:40,92
800	free	9:01,43	8:41,99	9:17,72	9:31,86	9:24,08	9:54,59	9:52,32
1500	free	17:39,53	16:44,41	17:30,09	18:17,21	18:30,78	18:46,01	18:54,97
200	ind. medley	2:18,29	2:12,58	2:17,93	2:22,85	2:24,92	2:20,91	2:26,44
400	ind. medley	4:58,59	4:42,78	4:53,36	5:17,99	5:14,51	5:07,68	5:06,60

Men		55+	60+	65+	70+	75+	80+	85+
50	fly	0:29,07	0:31,87	0:37,27	0:37,66	0:40,82	0:41,36	
100	fly	1:07,17	1:19,44	1:30,53	1:43,84	1:41,93	2:21,78	
200	fly	2:38,64	3:02,16	3:23,90	3:53,64			
50	back	0:34,24	0:34,57	0:37,52	0:36,94	0:41,91	0:43,34	0:56,84
100	back	1:12,14	1:16,39	1:22,29	1:22,79	1:41,34	1:52,86	2:01,04
200	back	2:51,62	2:37,55	3:03,87	3:04,41	3:43,83	3:56,25	4:28,19
50	breast	0:35,80	0:36,99	0:40,01	0:40,64	0:46,52	0:45,82	
100	breast	1:16,11	1:24,78	1:29,66	1:36,11	1:50,54	2:10,78	
200	breast	2:45,61	3:07,27	3:17,27	3:36,07	4:10,18	4:31,54	
50	free	0:27,43	0:29,08	0:29,91	0:32,08	0:33,79	0:34,23	
100	free	0:59,93	1:08,55	1:10,31	1:14,18	1:18,88	1:21,86	
200	free	2:18,20	2:27,36	2:23,44	2:46,34	3:02,89	3:51,02	
400	free	4:55,37	5:09,68	5:25,34	5:49,34	7:08,51	8:00,84	
800	free	10:05,33	10:24,91	11:09,18	12:26,90	14:49,41	16:33,42	
1500	free	19:25,15	20:04,60	21:24,55	23:52,88	28:17,70	31:06,20	
200	ind. medley	2:29,65	2:34,23	2:58,53	3:20,69	3:55,27	4:20,79	
400	ind. medley	5:38,24	6:02,91	6:36,34	7:21,76	8:48,10	9:15,28	

Relay			80+	100+	120+	160+	200+	240+	280+	320+
4x50	free	Women	1:59,79	1:56,31	1:59,60	1:59,01	2:11,27	2:29,29	3:25,45	
4x50	medley	Women	2:16,28	2:11,53	2:15,58	2:21,39	2:28,18	3:26,00	3:36,95	
4x50	free	Men	1:40,70	1:40,52	1:40,56	1:43,80	1:48,99	2:07,17	2:30,39	
4x50	medley	Men	1:54,16	1:56,76	1:55,60	1:59,88	2:04,11		2:55,58	
4x50	free	Mixed	1:53,83	1:52,77	1:49,73	1:53,95	2:03,51	2:14,10	2:34,59	
4x50	medley	Mixed	2:03,11	1:58,63	2:02,97	2:04,22	2:17,44	2:34,48	3:12,13	
4x100	free	Women	4:41,24	4:32,05	4:32,59	4:28,33	5:01,59	6:10,61	7:55,70	
4x100	medley	Women	5:12,00	5:23,99	5:11,61	4:56,45			8:52,61	
4x100	free	Men	3:48,24	3:41,63	3:52,14	4:13,31	4:29,43	4:52,01		
4x100	medley	Men	4:16,15	4:13,04	4:35,87	4:54,50		5:31,52		
4x100	free	Mixed	4:13,86	4:03,04	4:11,95	4:14,40	4:56,93	5:17,88	9:01,26	
4x100	medley	Mixed	4:43,23	4:41,46	4:40,77	4:54,79	5:35,52	5:55,19	8:06,42	
4x200	free	Women		9:57,88	10:14,70	10:07,20	12:03,90	13:21,24	17:16,41	
4x200	free	Men		8:51,42	9:10,70	9:53,20		14:13,72		
4x200	free	Mixed	9:27,31	9:14,69	9:12,74	9:28,16		11:27,77		

Uw (actie)foto van het NK Masters 2013

Gedurende het hele kampioenschap loopt onze fotograaf Kees-Jan rond. Vraag hem rustig vooraf als je graag een bepaald soort foto wilt hebben. Zie je hem niet? Vraag het aan de infodesk.

Een zijaanzicht, vooraanzicht, laag of hoog, start of zwemmend. Je vraagt het hem maar.

Geef natuurlijk ook op:

- + naam opdrachtgever
- + naam te fotograferen Master (indien anders)
- + vereniging
- + e-mailadres
- + mobiel nummer
- + programma en serie nr.



Benieuwd naar zijn foto's? Kijk op <http://kjvo.nl/zwemfoto/knzbknk>, daar komen ook de foto's van dit kampioenschap.

De kosten voor digitale kopieën zijn:

Prijs € 6,00 voor 1, € 10,00 voor 2, € 13,50 voor 3 stuks en bij 4 of meer € 4,00 per stuk

Alle soorten afdrukken bestellen kan ook.

Meer informatie te vinden op bovengenoemde webpagina.

Action pictures during ODMC 2013

During the tournament our photographer Kees-Jan will be taking pictures.

You can ask him to take pictures of your team, your race, etc.

If you don't see him, ask the swim info desk, or leave a message with details:

- + Your name
- + Person to be photographed
- + Team
- + E-mail
- + Cell-phone number
- + Program, heat, lane, etc.

For an impression of his pictures, see <http://kjvo.nl/zwemfoto/knzbknk>.

On this website his pictures of these championships will also be published.

Costs for digital copies are:

€ 6,00 for one,

€ 10,00 for two,

€ 13,50 for three pictures,

And for 4 or more € 4,00 for each

You can also order all kinds of printed photos.

More information on this website.



Announcements

Zuidelijke Cirkel 2013

The 'Zuidelijke Cirkel' is a very popular set of competitions in the South of the Netherlands. More info and programme details on: www.psvmasters.nl/ZuidelijkeCirkel.shtml

2^e PSV Arena SportEmotion kanaalrace

Op zaterdag 24 augustus 2013 vindt in het Wilhelmina kanaal bij Oirschot een open water wedstrijd plaats. Meer informatie is te vinden op: www.psvopenwater.nl



MasterSprint Newsletter and site

For more info and the latest news on Dutch Masters you can join the MasterSprint Newsletter by sending an e-mail to masters@knzb.nl. See also www.mastersprint.nl



Lief & Leed Nieuwsbrief

Er is ook een Lief & Leed Nieuwsbrief. Aanleveren van informatie of aanmelden hiervoor kan via : liefenleed@mastersprint.nl



Dutch Masters on Hyves, Facebook and LinkedIn

Extend your social network and join the groups on:

- Hyves hollandmastersswimming.hyves.nl/
- Facebook www.facebook.com/groups/131473573530996/
- LinkedIn www.linkedin.com/groups?gid=1862048



European Masters 2013 in Eindhoven

Keep track with all European Masters friends of all news regarding the EMC 2013 in Eindhoven:

- Website www.ekmasters2013.nl/ or www.ecmasters2013.com/
- Facebook www.facebook.com/groups/174238635959757/
- LinkedIn www.linkedin.com/groups/EC-Masters-2013-4070880?home=&gid=4070880&trk=anet_ug_hm

You can also subscribe on the EMC newsletter via the website.



European Masters
Championships
Eindhoven 2013

See You in Eindhoven



These championships were made possible by

PSV Masters Swimming
KNZB Taskforce Masters Swimming
Maddy & Corry & Kees-Jan
All Officials
All Volunteers

Nationaal Zwemcentrum De Tongelreep
Genneper Parken
Gemeente Eindhoven
Hotel Van der Valk
Grand Café SwimmerS
Bartels Sport

THANKS FOR YOUR CONTRIBUTION

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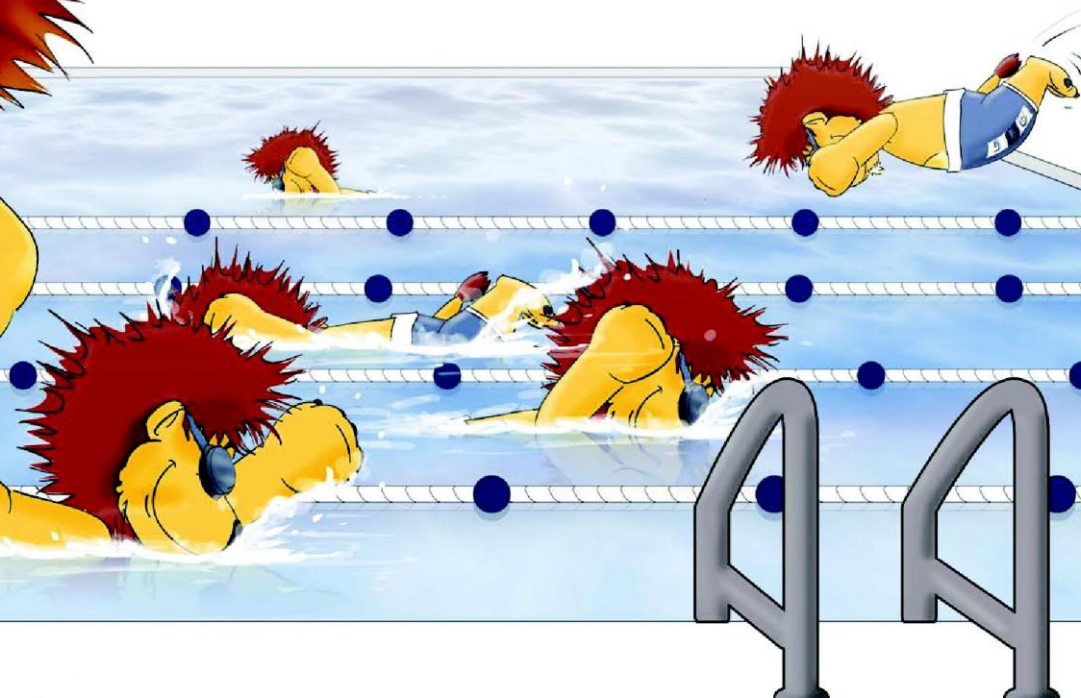


Eindhoven 2013

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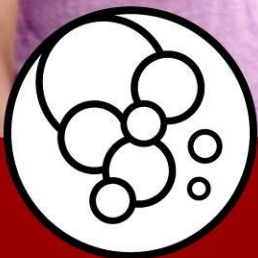
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