

Programmanr. 27
09.05.2010 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Iris Barendregt	Van Vliet-Barracuda	10:10.02	8600172	10:17.20	+0,88		
	50m: 34.11	34.11	250m: 3:06.91	38.96	450m: 5:44.22	40.01	650m: 8:23.11	39.89
	100m: 1:11.43	37.32	300m: 3:45.85	38.94	500m: 6:23.88	39.66	700m: 9:01.81	38.70
	150m: 1:49.49	38.06	350m: 4:25.22	39.37	550m: 7:03.48	39.60	750m: 9:40.42	38.61
	200m: 2:27.95	38.46	400m: 5:04.21	38.99	600m: 7:43.22	39.74	800m: 10:17.20	36.78
2.	Laura Oosterbroek	Swol 1894	10:50.06	8803264	10:56.36	+0,77		
	50m: 36.40	36.40	250m: 3:20.36	41.72	450m: 6:07.98	41.78	650m: 8:55.57	41.68
	100m: 1:16.53	40.13	300m: 4:02.36	42.00	500m: 6:50.21	42.23	700m: 9:37.47	41.90
	150m: 1:57.38	40.85	350m: 4:43.95	41.59	550m: 7:31.76	41.55	750m: 10:17.98	40.51
	200m: 2:38.64	41.26	400m: 5:26.20	42.25	600m: 8:13.89	42.13	800m: 10:56.36	38.38
3.	Cynthia Grooteboer	De Reest	11:43.90	8901462	10:56.79	+0,84		
	50m: 36.12	36.12	250m: 3:24.37	42.21	450m: 6:12.80	41.92	650m: 8:56.95	40.81
	100m: 1:16.94	40.82	300m: 4:06.63	42.26	500m: 6:54.42	41.62	700m: 9:38.05	41.10
	150m: 1:59.05	42.11	350m: 4:48.66	42.03	550m: 7:35.33	40.91	750m: 10:18.58	40.53
	200m: 2:42.16	43.11	400m: 5:30.88	42.22	600m: 8:16.14	40.81	800m: 10:56.79	38.21
4.	Monique Nieuwelink	De Haaien	11:35.06	9002724	11:13.23	+0,94		
	50m: 35.05	35.05	250m: 3:21.59	42.36	450m: 6:13.74	43.06	650m: 9:08.64	43.15
	100m: 1:14.98	39.93	300m: 4:04.97	43.38	500m: 6:57.60	43.86	700m: 9:51.56	42.92
	150m: 1:56.08	41.10	350m: 4:47.68	42.71	550m: 7:40.87	43.27	750m: 10:33.18	41.62
	200m: 2:39.23	43.15	400m: 5:30.68	43.00	600m: 8:25.49	44.62	800m: 11:13.23	40.05
5.	Ingrid den Ouden	De Amer	10:52.14	8703058	11:30.19	+0,92		
	50m: 36.18	36.18	250m: 3:26.41	43.82	450m: 6:23.88	44.78	650m: 9:21.10	44.13
	100m: 1:16.92	40.74	300m: 4:10.56	44.15	500m: 7:08.04	44.16	700m: 10:05.44	44.34
	150m: 1:59.52	42.60	350m: 4:54.82	44.26	550m: 7:52.65	44.61	750m: 10:48.54	43.10
	200m: 2:42.59	43.07	400m: 5:39.10	44.28	600m: 8:36.97	44.32	800m: 11:30.19	41.65
6.	Anita Engels	Zegenwerp	11:20.64	9001016	11:43.01			
	50m: 38.52	38.52	250m: 3:34.83	43.95	450m: 6:34.45	44.55	650m: 9:33.75	44.45
	100m: 1:21.59	43.07	300m: 4:19.72	44.89	500m: 7:19.16	44.71	700m: 10:18.57	44.82
	150m: 2:06.38	44.79	350m: 5:06.46	46.74	550m: 8:04.02	44.86	750m: 11:01.30	42.73
	200m: 2:50.88	44.50	400m: 5:49.90	43.44	600m: 8:49.30	45.28	800m: 11:43.01	41.71
7.	Kitty van Gendt	PSV	12:30.00	8701288	11:51.93	+0,85		
	50m: 38.31	38.31	250m: 3:35.23	44.84	450m: 6:36.87	45.73	650m: 9:39.24	45.28
	100m: 1:21.14	42.83	300m: 4:20.29	45.06	500m: 7:22.30	45.43	700m: 10:24.76	45.52
	150m: 2:05.46	44.32	350m: 5:05.97	45.68	550m: 8:08.47	46.17	750m: 11:09.73	44.97
	200m: 2:50.39	44.93	400m: 5:51.14	45.17	600m: 8:53.96	45.49	800m: 11:51.93	42.20
8.	Sunanda van Heteren	PCG	11:14.37	8901728	12:01.08	+0,94		
	50m: 38.47	38.47	250m: 3:36.83	45.81	450m: 6:42.66	46.96	650m: 9:49.55	46.97
	100m: 1:21.03	42.56	300m: 4:22.54	45.71	500m: 7:29.43	46.77	700m: 10:34.08	44.53
	150m: 2:05.95	44.92	350m: 5:09.34	46.80	550m: 8:17.06	47.63	750m: 11:19.15	45.07
	200m: 2:51.02	45.07	400m: 5:55.70	46.36	600m: 9:02.58	45.52	800m: 12:01.08	41.93
9.	Liset de Veer	Aqua-Novio'94	11:42.88	8704190	12:10.50	+0,89		
	50m: 39.48	39.48	250m: 3:37.64	45.75	450m: 6:44.28	46.62	650m: 9:51.88	47.03
	100m: 1:22.55	43.07	300m: 4:23.49	45.85	500m: 7:31.51	47.23	700m: 10:38.75	46.87
	150m: 2:07.22	44.67	350m: 5:09.97	46.48	550m: 8:18.14	46.63	750m: 11:25.37	46.62
	200m: 2:51.89	44.67	400m: 5:57.66	47.69	600m: 9:04.85	46.71	800m: 12:10.50	45.13
10.	Karin Simons	WZK Zwemmen	11:02.53	8903804	12:26.64	+0,88		
	50m: 36.85	36.85	250m: 3:40.80	46.80	450m: 6:53.27	46.74	650m: 10:05.61	47.17
	100m: 1:21.23	44.38	300m: 4:29.63	48.83	500m: 7:42.75	49.48	700m: 10:54.16	48.55
	150m: 2:06.99	45.76	350m: 5:17.83	48.20	550m: 8:30.01	47.26	750m: 11:41.08	46.92
	200m: 2:54.00	47.01	400m: 6:06.53	48.70	600m: 9:18.44	48.43	800m: 12:26.64	45.56
11.	Annebeth van Ark	Octopus	12:01.81	8805588	12:35.90	+0,91		
	50m: 41.30	41.30	250m: 3:53.55	47.91	450m: 7:05.33	48.49	650m: 10:16.93	47.68
	100m: 1:28.36	47.06	300m: 4:40.77	47.22	500m: 7:52.70	47.37	700m: 11:04.36	47.43
	150m: 2:16.86	48.50	350m: 5:28.50	47.73	550m: 8:41.58	48.88	750m: 11:51.89	47.53
	200m: 3:05.64	48.78	400m: 6:16.84	48.34	600m: 9:29.25	47.67	800m: 12:35.90	44.01

Masters 25+

1.	Linda Hoogendam	D'Elft	10:40.46	8300892	10:57.57	+0,76		
	50m: 35.54	35.54	250m: 3:20.00	41.81	450m: 6:09.04	42.19	650m: 8:58.24	41.61
	100m: 1:15.95	40.41	300m: 4:02.12	42.12	500m: 6:51.62	42.58	700m: 9:39.59	41.35
	150m: 1:56.87	40.92	350m: 4:44.40	42.28	550m: 7:33.82	42.20	750m: 10:19.86	40.27
	200m: 2:38.19	41.32	400m: 5:26.85	42.45	600m: 8:16.63	42.81	800m: 10:57.57	37.71

Programmanr. 27, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Andrea van Leeuwen	De Zijl/LGB	11:04.68	8100904	11:09.12	+0,92		
	50m: 37.22	37.22	250m: 3:25.86	41.43	450m: 6:15.49	42.51	650m: 9:04.74	41.89
	100m: 1:19.74	42.52	300m: 4:08.23	42.37	500m: 6:58.10	42.61	700m: 9:46.89	42.15
	150m: 2:01.77	42.03	350m: 4:50.05	41.82	550m: 7:40.13	42.03	750m: 10:28.09	41.20
	200m: 2:44.43	42.66	400m: 5:32.98	42.93	600m: 8:22.85	42.72	800m: 11:09.12	41.03
3.	Sandra Schellekens	Neptunus'58	11:07.65	8503416	11:14.57	+0,90		
	50m: 35.96	35.96	250m: 3:23.94	42.84	450m: 6:15.90	43.26	650m: 9:08.95	43.69
	100m: 1:16.15	40.19	300m: 4:06.45	42.51	500m: 6:58.63	42.73	700m: 9:52.04	43.09
	150m: 1:58.88	42.73	350m: 4:49.70	43.25	550m: 7:42.11	43.48	750m: 10:35.71	43.67
	200m: 2:41.10	42.22	400m: 5:32.64	42.94	600m: 8:25.26	43.15	800m: 11:14.57	38.86
4.	Bianca van Ringelestijn	PSV	10:38.60	8502466	11:15.05	+1,03		
	50m: 36.03	36.03	250m: 3:24.49	42.70	450m: 6:15.09	41.47	650m: 9:06.90	43.61
	100m: 1:16.54	40.51	300m: 4:07.12	42.63	500m: 6:57.24	42.15	700m: 9:51.12	44.22
	150m: 1:58.90	42.36	350m: 4:50.12	43.00	550m: 7:39.89	42.65	750m: 10:33.97	42.85
	200m: 2:41.79	42.89	400m: 5:33.62	43.50	600m: 8:23.29	43.40	800m: 11:15.05	41.08
5.	Rianne van Vegchelen	Deltasteur	13:49.27	8101530	13:31.37	+1,10		
	50m: 43.46	43.46	250m: 4:04.39	50.87	450m: 7:32.18	51.85	650m: 11:00.54	52.16
	100m: 1:32.63	49.17	300m: 4:55.84	51.45	500m: 8:24.77	52.59	700m: 11:52.78	52.24
	150m: 2:23.03	50.40	350m: 5:48.79	52.95	550m: 9:17.02	52.25	750m: 12:41.64	48.86
	200m: 3:13.52	50.49	400m: 6:40.33	51.54	600m: 10:08.38	51.36	800m: 13:31.37	49.73

Masters 30+

1.	Myriam Reuland	Le Dauphin Ettelbruck	10:35.39	2014	10:43.63	+0,88		
	<i>Luxemburgs Masters Record</i>							
	50m: 36.66	36.66	250m: 3:19.02	40.91	450m: 6:02.31	40.33	650m: 8:44.95	41.24
	100m: 1:16.33	39.67	300m: 3:59.84	40.82	500m: 6:42.20	39.89	700m: 9:24.92	39.97
	150m: 1:57.07	40.74	350m: 4:40.72	40.88	550m: 7:22.96	40.76	750m: 10:05.26	40.34
	200m: 2:38.11	41.04	400m: 5:21.98	41.26	600m: 8:03.71	40.75	800m: 10:43.63	38.37
2.	Yvonne Gerritsen	DES	11:03.42	8000342	10:58.18	+0,92		
	50m: 36.48	36.48	250m: 3:22.50	42.12	450m: 6:10.67	41.80	650m: 8:57.14	41.37
	100m: 1:16.92	40.44	300m: 4:04.74	42.24	500m: 6:52.32	41.65	700m: 9:38.14	41.00
	150m: 1:58.62	41.70	350m: 4:47.23	42.49	550m: 7:34.39	42.07	750m: 10:19.00	40.86
	200m: 2:40.38	41.76	400m: 5:28.87	41.64	600m: 8:15.77	41.38	800m: 10:58.18	39.18
3.	Éva Kézsmárki	Sprint Fortuna SC	12:27.43	77KEZS	11:52.68			
	50m: 39.41	39.41	250m: 3:35.00	44.58	450m: 6:36.67	45.53	650m: 9:39.28	45.73
	100m: 1:22.09	42.68	300m: 4:20.07	45.07	500m: 7:22.30	45.63	700m: 10:24.91	45.63
	150m: 2:06.07	43.98	350m: 5:05.76	45.69	550m: 8:07.88	45.58	750m: 11:09.76	44.85
	200m: 2:50.42	44.35	400m: 5:51.14	45.38	600m: 8:53.55	45.67	800m: 11:52.68	42.92
4.	Jolanda van Gendt	PSV	11:34.48	7800266	12:12.42	+0,91		
	50m: 38.31	38.31	250m: 3:41.00	46.73	450m: 6:48.64	47.32	650m: 9:55.70	46.34
	100m: 1:22.59	44.28	300m: 4:27.67	46.67	500m: 7:35.95	47.31	700m: 10:41.69	45.99
	150m: 2:08.55	45.96	350m: 5:15.03	47.36	550m: 8:22.91	46.96	750m: 11:28.06	46.37
	200m: 2:54.27	45.72	400m: 6:01.32	46.29	600m: 9:09.36	46.45	800m: 12:12.42	44.36
5.	Clementine van Bruxvoort	ZPB H&L Productions	13:32.23	7700138	13:50.88	+0,92		
	50m: 43.89	43.89	250m: 4:09.06	52.86	450m: 7:40.09	53.88	650m: 11:15.52	54.44
	100m: 1:32.75	48.86	300m: 5:01.19	52.13	500m: 8:31.92	51.83	700m: 12:09.39	53.87
	150m: 2:24.16	51.41	350m: 5:53.70	52.51	550m: 9:27.21	55.29	750m: 13:02.48	53.09
	200m: 3:16.20	52.04	400m: 6:46.21	52.51	600m: 10:21.08	53.87	800m: 13:50.88	48.40
AFGEM	Helma Koot	AZ&PC	11:28.04	7600336				
	50m:	250m:	450m:	650m:				
	100m:	300m:	500m:	700m:				
	150m:	350m:	550m:	750m:				
	200m:	400m:	600m:	800m:				

Masters 35+

1.	Grith Sigsgaard	Het Y	9:50.01	7200772	9:54.45	+0,91		
	50m: 33.97	33.97	250m: 3:01.22	37.15	450m: 5:31.38	37.16	650m: 8:02.31	37.16
	100m: 1:10.17	36.20	300m: 3:38.62	37.40	500m: 6:09.08	37.70	700m: 8:40.24	37.93
	150m: 1:46.98	36.81	350m: 4:16.38	37.76	550m: 6:47.18	38.10	750m: 9:17.52	37.28
	200m: 2:24.07	37.09	400m: 4:54.22	37.84	600m: 7:25.15	37.97	800m: 9:54.45	36.93
2.	Dóra Cerva	Sprint Fortuna SC	10:14.02	74CERV	9:59.56	+0,91		
	50m: 33.86	33.86	250m: 3:03.69	37.65	450m: 5:34.82	37.59	650m: 8:06.32	38.00
	100m: 1:10.61	36.75	300m: 3:41.72	38.03	500m: 6:12.46	37.64	700m: 8:44.24	37.92
	150m: 1:48.09	37.48	350m: 4:19.52	37.80	550m: 6:50.15	37.69	750m: 9:22.37	38.13
	200m: 2:26.04	37.95	400m: 4:57.23	37.71	600m: 7:28.32	38.17	800m: 9:59.56	37.19

Programmanr. 27, Dames, 800m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
3.	Karin Stein	Vlaardingeng	10:11.17	7100554	10:19.10	+0,93
	50m: 35.03	35.03	250m: 3:08.87	38.69	450m: 5:46.49	39.02
	100m: 1:12.76	37.73	300m: 3:48.36	39.49	500m: 6:25.54	39.05
	150m: 1:50.88	38.12	350m: 4:27.77	39.41	550m: 7:04.54	39.00
	200m: 2:30.18	39.30	400m: 5:07.47	39.70	600m: 7:44.02	39.48
					650m: 8:22.85	38.83
					700m: 9:02.58	39.73
					750m: 9:41.41	38.83
					800m: 10:19.10	37.69
4.	Annette de Visser	Oceanus	10:31.54	7100602	10:57.08	+0,87
	50m: 35.94	35.94	250m: 3:21.91	42.23	450m: 6:11.44	41.45
	100m: 1:16.13	40.19	300m: 4:04.83	42.92	500m: 6:53.70	42.26
	150m: 1:57.26	41.13	350m: 4:47.11	42.28	550m: 7:35.00	41.30
	200m: 2:39.68	42.42	400m: 5:29.99	42.88	600m: 8:16.90	41.90
					650m: 8:57.73	40.83
					700m: 9:39.46	41.73
					750m: 10:19.21	39.75
					800m: 10:57.08	37.87
5.	Marleen Vos	Aquapoldro	10:27.03	7400598	10:57.23	+0,89
	100m,200m					
	50m: 36.84	36.84	250m: 3:21.06	41.48	450m: 6:08.15	41.99
	100m: 1:17.27	40.43	300m: 4:02.27	41.21	500m: 6:50.18	42.03
	150m: 1:58.26	40.99	350m: 4:43.91	41.64	550m: 7:31.81	41.63
	200m: 2:39.58	41.32	400m: 5:26.16	42.25	600m: 8:13.74	41.93
					650m: 8:55.93	42.19
					700m: 9:37.73	41.80
					750m: 10:18.90	41.17
					800m: 10:57.23	38.33
6.	Annet Kootstra	Swol 1894	11:58.18	7100344	12:00.34	+0,89
	50m: 39.88	39.88	250m: 3:42.02	46.99	450m: 6:46.28	46.31
	100m: 1:24.12	44.24	300m: 4:28.17	46.15	500m: 7:31.75	45.47
	150m: 2:09.62	45.50	350m: 5:14.01	45.84	550m: 8:17.30	45.55
	200m: 2:55.03	45.41	400m: 5:59.97	45.96	600m: 9:02.15	44.85
					650m: 9:47.51	45.36
					700m: 10:32.00	44.49
					750m: 11:17.01	45.01
					800m: 12:00.34	43.33
7.	Natacha Van Hoof	ShaRK	12:40.62	ShaRK/260/73	12:28.17	+0,90
	100m,200m*					
	50m: 42.35	42.35	250m: 3:52.01	47.49	450m: 7:01.31	46.95
	100m: 1:29.66	47.31	300m: 4:39.47	47.46	500m: 7:48.39	47.08
	150m: 2:16.93	47.27	350m: 5:26.68	47.21	550m: 8:35.90	47.51
	200m: 3:04.52	47.59	400m: 6:14.36	47.68	600m: 9:23.35	47.45
					650m: 10:11.26	47.91
					700m: 10:58.10	46.84
					750m: 11:44.76	46.66
					800m: 12:28.17	43.41
8.	Renata van Bos-van Essen	Zuiderzeezwimmers	13:02.53	7300740	12:34.45	+0,83
	50m: 42.52	42.52	250m: 3:53.09	48.59	450m: 7:05.77	48.12
	100m: 1:28.79	46.27	300m: 4:40.79	47.70	500m: 7:53.34	47.57
	150m: 2:16.53	47.74	350m: 5:29.37	48.58	550m: 8:41.71	48.37
	200m: 3:04.50	47.97	400m: 6:17.65	48.28	600m: 9:28.75	47.04
					650m: 10:16.69	47.94
					700m: 11:03.38	46.69
					750m: 11:51.11	47.73
					800m: 12:34.45	43.34

Masters 40+

1.	Anita Smits	DIO	10:17.83	6900522	10:29.59	+0,94
	<i>Kampioenschaps Record</i>					
	50m: 35.82	35.82	250m: 3:16.16	40.50	450m: 5:57.70	39.35
	100m: 1:15.11	39.29	300m: 3:57.02	40.86	500m: 6:36.95	39.25
	150m: 1:55.13	40.02	350m: 4:37.90	40.88	550m: 7:16.12	39.17
	200m: 2:35.66	40.53	400m: 5:18.35	40.45	600m: 7:55.10	38.98
					650m: 8:34.44	39.34
					700m: 9:13.53	39.09
					750m: 9:52.24	38.71
					800m: 10:29.59	37.35
2.	Cynthia Noordermeer	Het Y	10:39.63	7000358	10:46.06	+0,84
	50m: 36.47	36.47	250m: 3:18.03	40.58	450m: 6:01.60	41.18
	100m: 1:16.31	39.84	300m: 3:58.64	40.61	500m: 6:42.77	41.17
	150m: 1:56.74	40.43	350m: 4:39.40	40.76	550m: 7:23.67	40.90
	200m: 2:37.45	40.71	400m: 5:20.42	41.02	600m: 8:04.60	40.93
					650m: 8:45.49	40.89
					700m: 9:26.38	40.89
					750m: 10:06.79	40.41
					800m: 10:46.06	39.27
3.	Laura Staal	Oceanus	10:52.35	6700358	11:19.21	+0,95
	50m: 37.19	37.19	250m: 3:27.51	43.06	450m: 6:21.15	43.07
	100m: 1:18.55	41.36	300m: 4:11.07	43.56	500m: 7:04.72	43.57
	150m: 2:01.16	42.61	350m: 4:54.55	43.48	550m: 7:48.13	43.41
	200m: 2:44.45	43.29	400m: 5:38.08	43.53	600m: 8:31.58	43.45
					650m: 9:13.93	42.35
					700m: 9:56.79	42.86
					750m: 10:38.72	41.93
					800m: 11:19.21	40.49
4.	Kristien Van De Moortel	ShaRK	12:02.18	ShaRK/315/69	12:51.08	+0,88
	50m: 41.47	41.47	250m: 3:53.64	48.64	450m: 7:09.38	49.00
	100m: 1:29.33	47.86	300m: 4:41.99	48.35	500m: 7:58.77	49.39
	150m: 2:17.19	47.86	350m: 5:31.31	49.32	550m: 8:48.09	49.32
	200m: 3:05.00	47.81	400m: 6:20.38	49.07	600m: 9:37.14	49.05
					650m: 10:26.45	49.31
					700m: 11:15.18	48.73
					750m: 12:04.48	49.30
					800m: 12:51.08	46.60
5.	Desiree van der Lem	Kon AZ 1870	12:54.13	6800282	13:35.69	+0,93
	50m: 39.86	39.86	250m: 3:58.57	51.63	450m: 7:36.06	56.52
	100m: 1:26.20	46.34	300m: 4:51.40	52.83	500m: 8:27.61	51.55
	150m: 2:16.12	49.92	350m: 5:43.32	51.92	550m: 9:20.10	52.49
	200m: 3:06.94	50.82	400m: 6:39.54	56.22	600m: 10:12.29	52.19
					650m: 11:04.24	51.95
					700m: 11:56.16	51.92
					750m: 12:46.09	49.93
					800m: 13:35.69	49.60
6.	Meke Oomens	Old Dutch	13:19.62	7000370	13:43.27	+1,13
	50m: 46.52	46.52	250m: 4:14.00	52.42	450m: 7:42.68	52.07
	100m: 1:37.18	50.66	300m: 5:06.16	52.16	500m: 8:34.76	52.08
	150m: 2:29.20	52.02	350m: 5:58.30	52.14	550m: 9:26.56	51.80
	200m: 3:21.58	52.38	400m: 6:50.61	52.31	600m: 10:18.27	51.71
					650m: 11:09.81	51.54
					700m: 12:01.61	51.80
					750m: 12:53.05	51.44
					800m: 13:43.27	50.22

Programmanr. 27, Dames, 800m vrije slag

Masters 45+

1. Kristin van Cauteren	Lokerse Zwemvereniging	10:39.60	LZV/009/64	10:50.16	+0,89
50m: 36.75	250m: 3:20.87	41.60	41.40	650m: 8:50.25	40.43
100m: 1:16.97	300m: 4:02.15	41.28	41.15	700m: 9:30.81	40.56
150m: 1:58.29	350m: 4:43.49	41.34	41.16	750m: 10:11.10	40.29
200m: 2:39.27	400m: 5:24.97	41.48	41.14	800m: 10:50.16	39.06
2. Jacqueline Rolloos	De Lansingh	11:13.58	6300222	11:40.06	+1,02
50m: 37.92	250m: 3:34.26	44.24	44.51	650m: 9:32.42	44.30
100m: 1:21.25	300m: 4:18.84	44.58	44.61	700m: 10:16.12	43.70
150m: 2:05.75	350m: 5:03.93	45.09	45.26	750m: 10:59.41	43.29
200m: 2:50.02	400m: 5:48.78	44.85	44.96	800m: 11:40.06	40.65
3. Karin Vrijburg	De Columbiaan	12:56.23	6100228	13:04.38	+0,91
50m: 42.09	250m: 3:57.19	49.38	49.24	650m: 10:37.29	49.24
100m: 1:29.94	300m: 4:48.16	50.97	50.28	700m: 11:27.57	50.28
150m: 2:18.39	350m: 5:38.22	50.06	49.22	750m: 12:16.08	48.51
200m: 3:07.81	400m: 6:29.12	50.90	50.19	800m: 13:04.38	48.30

Masters 50+

1. Patty Verhagen	AquAmigos	11:02.21	5900146	11:12.81	+1,02
50m: 37.94	250m: 3:24.06	42.23	42.54	650m: 9:05.25	43.18
100m: 1:18.60	300m: 4:06.31	42.25	42.59	700m: 9:48.57	43.32
150m: 1:59.90	350m: 4:48.39	42.08	42.96	750m: 10:31.61	43.04
200m: 2:41.83	400m: 5:30.64	42.25	43.34	800m: 11:12.81	41.20
2. Monica Bakker	ZVZ	13:11.58	5600082	13:15.12	+1,17
50m: 42.98	250m: 4:00.47	49.75	49.88	650m: 10:43.67	50.42
100m: 1:31.44	300m: 4:51.02	50.55	50.68	700m: 11:34.46	50.79
150m: 2:20.30	350m: 5:40.59	49.57	50.53	750m: 12:25.15	50.69
200m: 3:10.72	400m: 6:31.18	50.59	50.98	800m: 13:15.12	49.97

Masters 55+

1. Carla Hensen	PSV	14:20.30	5300062	14:32.71	+0,96
50m: 46.18	250m: 4:26.95	56.08	55.89	650m: 11:51.03	56.01
100m: 1:39.47	300m: 5:22.42	55.47	55.12	700m: 12:45.87	54.84
150m: 2:35.45	350m: 6:18.77	56.35	55.72	750m: 13:41.43	55.56
200m: 3:30.87	400m: 7:13.81	55.04	54.48	800m: 14:32.71	51.28
2. Gonnie Bak	PSV	15:26.45	5100002	15:59.95	+0,96
50m: 51.67	250m: 4:54.25	1:00.64	1:01.67	650m: 13:00.60	1:00.63
100m: 1:51.47	300m: 5:54.59	1:00.34	1:00.13	700m: 14:00.88	1:00.28
150m: 2:52.94	350m: 6:54.58	59.99	1:01.58	750m: 15:01.20	1:00.32
200m: 3:53.61	400m: 7:55.58	1:01.00	1:01.01	800m: 15:59.95	58.75
3. Dagmar Emmy Hilden-Kuntz	TV-Idar-Oberstein	17:00.50	53/127950	17:28.51	+1,26
50m: 47.78	250m: 5:14.27	1:09.76	1:08.41	650m: 14:16.61	1:05.45
100m: 1:49.78	300m: 6:24.34	1:10.07	1:06.37	700m: 15:21.10	1:04.49
150m: 2:56.30	350m: 7:34.94	1:10.60	1:07.78	750m: 16:26.60	1:05.50
200m: 4:04.51	400m: 8:43.45	1:08.51	1:05.15	800m: 17:28.51	1:01.91

Masters 60+

1. Conny Boer-Buys	Vlaardingen	11:29.06	5000006	11:53.36	+0,90
<i>Nederlands Masters Record</i>					
50m: 38.05	250m: 3:38.43	45.27	45.09	650m: 9:43.62	45.50
100m: 1:21.76	300m: 4:24.27	45.84	45.15	700m: 10:28.44	44.82
150m: 2:07.42	350m: 5:09.91	45.64	45.85	750m: 11:12.93	44.49
200m: 2:53.16	400m: 5:56.01	46.10	45.03	800m: 11:53.36	40.43

Masters 75+

1. Annie de Vos	Old Dutch	17:59.54	3400004	18:33.76	+0,90
50m: 1:01.10	250m: 5:33.79	1:08.58	1:09.35	650m: 14:58.57	1:10.91
100m: 2:08.86	300m: 6:44.93	1:11.14	1:10.90	700m: 16:09.96	1:11.39
150m: 3:16.68	350m: 7:53.90	1:08.97	1:10.87	750m: 17:21.81	1:11.85
200m: 4:25.21	400m: 9:04.54	1:10.64	1:12.00	800m: 18:33.76	1:11.95

Programmanr. 28
09.05.2010 - 10:10

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Nick van Ingen	MNC Dordrecht	1:59.39 8801647	2:04.98	+0,83	28.93	1:01.28	1:34.24	2:04.98
<i>Kampioenschaps Record</i>								
2. Martijn Dolk	MNC Dordrecht	2:00.28 8900737	2:05.27	+0,90	29.47	1:00.99	1:33.49	2:05.27
3. Marc Catsburg	MNC Dordrecht	2:00.51 9000533	2:06.13	+0,85	29.30	1:01.73	1:34.40	2:06.13
4. Jasper Groothelm	DBD	2:02.25 9005735	2:06.33	+0,75	27.57	58.64	1:32.40	2:06.33
5. Tim Pattipeiluhu	RSW (SG)	2:04.92 8902409	2:10.88	+0,84	29.78	1:03.56	1:38.19	2:10.88
<i>100m*</i>								
6. Nicolas Degalan	CNBA	2:04.71 CNBA/777/89	2:11.09	+0,82	29.83	1:02.20	1:36.06	2:11.09
7. Jelle Beerens	De Dommelbaarzen	2:06.12 8600159	2:11.81	+0,91	29.56	1:03.13	1:38.61	2:11.81
8. Tim Bunnik	Triton	2:08.34 9000505	2:12.42	+0,91	29.34	1:02.47	1:37.78	2:12.42
9. Rick Hellenbrand	NIMO	2:20.27 8901173	2:18.65	+0,91	31.63	1:07.36	1:43.46	2:18.65

Masters 25+

1. Ian van der Hulst	PSV	2:08.09 8401021	2:07.03	+0,81	29.04	1:01.37	1:34.65	2:07.03
2. Marcel Reefhuis	De Veene	2:18.91 8101381	2:11.95	+0,82	30.12	1:03.08	1:37.61	2:11.95
3. Sylvain Faticoni	CHTHN	2:07.33 CHTHN/066/83	2:12.64	+0,68	30.37	1:03.78	1:39.51	2:12.64
4. Dirkjan Beugelsdijk	De Zijl/LGB	2:09.96 8100123	2:12.74	+0,87	31.01	1:04.88	1:39.23	2:12.74
5. Remco van Althuis	SBC2000	2:09.43 8300029	2:13.50	+0,83	30.04	1:03.92	1:39.19	2:13.50
6. Rob van Vliet	AZ&PC	2:12.42 8402459	2:13.81	+0,91	31.59	1:05.84	1:40.84	2:13.81
7. Pascal van Kassel	Triton	2:12.94 8501289	2:23.62	+0,84	31.31	1:07.05	1:45.14	2:23.62
8. Ruud van den Berg	De Duck	2:42.48 8500155	2:45.26	+0,91	34.84	1:15.50	2:01.17	2:45.26
DIS Pieter Muller	HoogenboomTours/BZ&PC	2:24.29 8101187						
<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>								

Masters 30+

1. Ivo Roozeboom	DES	2:08.20 7700801	2:07.11	+0,87	29.14	1:02.05	1:35.38	2:07.11
2. Ralf Peters	KZPC	2:06.34 7600737	2:09.25	+0,83	29.29	1:02.37	1:36.56	2:09.25
3. Gergely Molnár	Sprint Fortuna SC	2:10.52 80MOLN	2:09.78	+0,88	29.36	1:02.18	1:35.88	2:09.78
4. Mark Zwart	De Fuut	2:07.60 7901461	2:14.29	+0,88	29.90	1:03.80	1:38.73	2:14.29
5. Steven Prins	PLONS	2:23.22 7901833	2:27.28	+0,77	32.30	1:07.92	1:47.18	2:27.28
6. Joris Haest	PSV	2:21.78 7900441	2:39.63	+0,88	32.74	1:11.63	1:54.77	2:39.63
7. Han Ruijs	RZ	2:38.23 7901867	2:44.78	+0,84	36.56	1:19.15	2:03.90	2:44.78

Masters 35+

1. Agnus Gerringa	DWK	2:14.73 7100285	2:16.26	+0,95	30.99	1:05.25	1:40.77	2:16.26
2. Erwin Zuidervelt	De Futen	2:15.86 7501015	2:22.05	+0,82	32.40	1:08.29	1:45.76	2:22.05
AFGEM Pascal Balancier	CNSW	2:18.77 CNSW/361/74						

Masters 40+

1. Norbert Nagy	Sprint Fortuna SC	2:14.34 69NAGY	2:16.04	+0,82	31.25	1:05.16	1:41.12	2:16.04
2. Arjen Kervezee	Het Y	2:18.51 7000563	2:17.36	+0,92	30.39	1:04.69	1:41.21	2:17.36
3. Frederic Andres	Florange olympique club	2:11.87 103316	2:19.94	+0,75	31.32	1:06.53	1:43.15	2:19.94
4. Ronnie Babijn	De Schelde	2:27.75 7000029	2:20.21	+0,88	32.52	1:07.39	1:43.20	2:20.21
5. Erik van Dartel	PSV	2:10.95 6700185	2:30.37	+1,02	33.21	1:10.02	1:49.95	2:30.37
6. Hayo v.d. Werf	Het Y	2:46.16 6701085	2:51.13	+0,78	39.68	1:24.88	2:10.19	2:51.13
7. Marcel Brittijn	De Duinkickers	3:09.92 6900159	2:52.43	+0,73	36.14	1:18.41	2:07.93	2:52.43
8. Arnold Jonker	HZ&PC Heerenveen	2:57.25 7000529	3:01.32	+0,90	39.11	1:24.43	2:12.62	3:01.32
AFGEM Henk van Zetten	Octopus	2:56.79 6701261						

Programmanr. 28, Heren, 200m vrije slag

Masters 45+

1. Cees van Houwelingen	De Schelde	2:02.63	6300351	2:10.39	+0,91	29.95	1:03.26	1:37.72	2:10.39
<i>Kampioenschaps Record</i>									
2. Ron Korzelius	AZ&PC	2:16.97	6500513	2:21.22	+0,81	31.88	1:07.42	1:44.72	2:21.22
3. Edzo Huisman	Aquapoldro	2:19.75	6301029	2:27.87	+0,89	32.21	1:08.67	1:47.82	2:27.87
4. Aan Tjalke Pander	Gay Swim Amsterdam	2:25.63	6400569	2:28.68	+0,91	34.55	1:11.38	1:50.13	2:28.68
5. Jack Barends	WS Twente	2:36.75	6201011	2:32.22	+0,93	35.04	1:13.97	1:53.76	2:32.22
6. Mark Kas	PLONS	2:30.81	6100285	2:32.58	+0,90	36.72	1:16.02	1:55.34	2:32.58
7. Marcel van der Lem	Kon AZ 1870	2:40.22	6500563	2:38.00	+0,82	33.55	1:12.51	1:55.39	2:38.00
8. Bart van Calker	WS Twente	2:34.06	6100067	2:38.07	+0,82	36.36	1:16.49	1:57.46	2:38.07
9. Erik Saan	De Duck	2:52.18	6500769	2:42.11	+1,08	35.79	1:16.91	2:00.11	2:42.11
10. Martin Hendrikse	WS Twente	2:55.72	6501343	2:42.63	+0,91	37.08	1:17.63	2:02.14	2:42.63
11. Aldo Atzeni	Florange olympique club	2:47.76	546024	2:46.87	+0,92	37.96	1:20.30	2:04.43	2:46.87
<i>100m*</i>									
12. Bart van Betuw	Zegenwerp	2:39.55	6500087	3:00.73	+0,85	38.97	1:25.33	2:12.65	3:00.73
AFGEM Phil Trethewie	Old Dutch	2:25.62	6501315						

Masters 50+

1. Wim de Lange	Electrolux AZC	2:31.41	5800533	2:34.80	+1,10	34.61	1:13.47	1:54.74	2:34.80
2. Hans Groothelm	DBD	2:34.35	5800151	2:35.66	+0,89	33.86	1:12.62	1:54.16	2:35.66
3. Jan Willem Heuten	WS Twente	2:53.82	6000883	2:46.16	+0,94	36.89	1:18.76	2:03.51	2:46.16
4. Michiel Tonsbeek	DWT	3:45.39	6000889	3:34.87	+1,22	45.61	1:40.49	2:39.25	3:34.87
AFGEM Elzo Dijkhuis	TriVia	2:19.17	6000873						

Masters 55+

1. Henk Slomp	De Pinquin	2:29.15	5500359	2:37.38	+1,00	34.80	1:14.17	1:56.89	2:37.38
2. Ron van der Zande	De Aalscholver	2:35.48	5500307	2:38.36	+0,94	35.10	1:15.89	1:58.68	2:38.36
3. Hugo Staudt	WS Twente	2:43.23	5300253	2:39.22	+0,89	37.52	1:18.76	2:00.06	2:39.22
4. Arthur Jansen	Gay Swim Amsterdam	2:43.69	5400299	2:52.11	+0,92	37.79	1:20.15	2:05.59	2:52.11

Masters 60+

1. Donald Uijtenbogaart	Het Y	2:29.13	4700107	2:34.34	+0,91	36.55	1:15.50	1:55.62	2:34.34
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Masters 65+

1. Ruud Sloof	De Rijn	3:06.90	4400073	3:11.60	+1,16	40.57	1:29.12	2:21.80	3:11.60
2. Manfred Bottin	SV Langenfeld 1912	3:14.06	057993	3:14.45	+1,15	42.96	1:32.03	2:22.75	3:14.45
3. Peter Ouweeneel	RSW (SG)	3:55.07	4500077	3:58.22	+1,20	48.40	1:48.47	2:52.05	3:58.22

Masters 70+

1. Nico Geers	Z&PC De Gouwe	2:40.96	3800007	2:46.39	+0,95	38.92	1:22.54	2:05.32	2:46.39
2. Frans van Enst	WS Twente	2:53.99	4000011	3:00.46	+1,00	38.84	1:25.49	2:13.57	3:00.46
3. Gregor Pompen	Aqua-Novio'94	3:06.17	3700021	3:11.10	+0,99	43.73	1:32.59	2:22.71	3:11.10
4. Wim ter Laak	PSV	4:07.67	4000027	4:14.43	+1,16	58.21	2:06.10	3:15.66	4:14.43

Masters 75+

1. Georges Verhelst	RZV	3:36.60	RZV/160/31	3:43.42	+1,11	49.11	1:43.84	2:42.44	3:43.42
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Programmanr. 29
09.05.2010 - 10:51

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Samantha Vuijst	De Otters Het Gooi	1:23.16	8904522	1:21.07	+0,93	37.26	1:21.07
2. Geertje Scharp	ZPCH	1:21.88	8603136	1:25.79	+0,83	39.24	1:25.79
3. Anne Duijst	De Amer	1:28.26	8901030	1:26.34	+1,01	40.22	1:26.34
4. Monique Nieuwelink	De Haaien	1:22.80	9002724	1:27.57	+0,94	41.44	1:27.57
5. Nicole van der Kooy	SBC2000	1:23.45	8702310	1:28.29	+0,88	41.30	1:28.29
6. Iris Barendregt	Van Vliet-Barracuda	1:25.63	8600172	1:29.14	+0,85	41.84	1:29.14
7. Carly Noordermeer	ZOB'66	1:24.20	8702984	1:29.22	+0,75	41.38	1:29.22
8. Kim van der Beek	PSV	1:25.48	8700196	1:31.40	+0,83	42.24	1:31.40
9. Milou Bouwhuis	De Veene	1:25.95	8900532	1:32.54	+0,76	41.63	1:32.54
10. Loes van Bremen	SCOM	1:37.74	8600212	1:34.16	+0,92	44.67	1:34.16
11. Gerlinde van de Wetering	Deltasteur	1:34.64	8904678	1:36.55	+1,02	44.87	1:36.55
12. M. van de Nieuwenhuijzen	ZV De Bron	1:39.89	8803172	1:39.95	+0,94	46.94	1:39.95
13. Eline Schoenmaker	De Duinkickers	1:29.18	9003322	1:40.60	+0,82	46.07	1:40.60

Masters 25+

1. Laura Badoux	DAW-FINENZO	1:21.07	8200038	1:25.03	+0,97	40.85	1:25.03
2. Judith Kremers	De Spatters	1:33.40	8102094	1:27.74	+0,77	40.99	1:27.74
3. Joyce van Keulen	De Zijl/LGB	1:30.32	8401278	1:31.42	+0,91	43.37	1:31.42
4. Esther Versteeg	Van Vliet-Barracuda	1:28.35	8302112	1:32.15	+0,87	43.94	1:32.15
5. Renee de Kok	PSV	1:31.42	8403350	1:32.64	+0,86	43.93	1:32.64
6. Sandra Zwaanswijk	Aquarius	1:30.36	8503934	1:34.39	+0,78	44.65	1:34.39
7. Carola Koeken	Wave	1:36.04	8501618	1:45.09	+0,95	48.76	1:45.09
8. Sabina Caruso	RSW (SG)	1:48.75	8500542	1:52.84	+1,00	55.71	1:52.84

Masters 30+

1. Fanni Asztalos	Budapesti Delfinek	1:25.69	77FANN	1:25.11	+0,89	40.45	1:25.11
2. Peggy Loffeld	KZPC	1:25.59	7700468	1:26.49	+0,84	40.18	1:26.49
3. Yvonne Gerritsen	DES	1:27.79	8000342	1:26.63	+0,89	40.14	1:26.63
4. Myriam Reuland	Le Dauphin Ettelbruck	1:33.34	2014	1:33.40	+0,81	43.81	1:33.40
5. Petra Verstegen	WVZ	1:38.73	7700906	1:37.37	+0,96	45.58	1:37.37
6. Marian Nederlof	DWF	1:35.61	7600950	1:42.14	+0,90	49.19	1:42.14
7. Margriet Leeffers	Deltasteur	1:41.00	7800448	1:44.27	+0,96	49.20	1:44.27
AFGEM Marjolein Kiewiet	Aquapoldro	1:46.10	7901404				

Masters 35+

1. Karin Stein	Vlaardingen	1:21.42	7100554	1:21.65	+0,87	39.31	1:21.65
<i>Kampioenschaps Record</i>							
2. Annetje Dieleman	PSV	1:23.65	7100130	1:26.09	+0,76	39.59	1:26.09
3. Inez Heideman	WS Twente	1:42.80	7500198	1:31.13	+0,87	42.94	1:31.13
4. Annette de Visser	Oceanus	1:30.46	7100602	1:33.30	+0,79	44.16	1:33.30

Masters 40+

1. Annette Wijnja-Visser	De Biesboschzwemmers	1:26.70	6700528	1:26.87	+0,87	41.38	1:26.87
2. Desiree van der Lem	Kon AZ 1870	1:32.66	6800282	1:32.37	+0,91	43.29	1:32.37
3. AnneMarie Smit	Gay Swim Amsterdam	1:38.11	6700440	1:35.06	+0,92	45.42	1:35.06
4. Meke Oomens	Old Dutch	1:36.32	7000370	1:38.86	+1,08	46.86	1:38.86
5. Karin van den Heuvel	AquAmigos	1:35.21	6600188	1:41.90	+0,94	48.42	1:41.90

Masters 45+

1. Marja Bloemzaad	AZ&PC	1:24.83	6100014	1:24.10	+0,81	38.79	1:24.10
<i>Nederlands Masters Record</i>							
2. Karin Vrijburg	De Columbiaan	1:30.17	6100228	1:36.17	+0,93	45.57	1:36.17
3. Friderika Kerekes	AZ&PC	1:39.66	6500540	1:40.61	+0,83	46.93	1:40.61
4. Ina van Beusekom	Van Vliet-Barracuda	1:45.65	6400480	1:45.62	+0,93	50.21	1:45.62

Programmanr. 29, Dames, 100m schoolslag, Masters 45+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
5. Jacqueline Brouwer	ZV De Bron	1:50.95	6100296	1:55.35	+0,92	54.88	1:55.35

Masters 50+

1. Susan Lipsey	LZ 1886	1:34.17	5700156	1:36.45	+0,86	46.12	1:36.45
2. Marijke Kraak	WS Twente	1:39.84	6000240	1:38.71	+0,97	46.94	1:38.71
3. Monika Zilliken	SC Wiesbaden 1911	1:35.05	231829	1:40.84	+0,80	46.18	1:40.84
4. Monica Bakker	ZVZ	1:42.26	5600082	1:42.83	+1,19	48.60	1:42.83
5. Janneke van Liesdonk	Arethusa	2:00.31	5700060	2:03.38	+1,06	58.34	2:03.38

Masters 55+

1. Mieke van der Fluit	SBC2000	1:39.45	5400012	1:43.62	+1,20	50.86	1:43.62
2. Gonnje Bak	PSV	1:50.13	5100002	1:52.67	+0,90	55.55	1:52.67
3. Tineke van Diggelen	Oceanus	1:51.85	5200048	1:54.38	+0,98	54.21	1:54.38
4. Geerdien Meerwaldt	Van Vliet-Barracuda	2:11.79	5200032	2:10.49	+1,12	1:02.19	2:10.49
5. Nini van Dongen	De Lansingh	2:17.13	5100044	2:16.58	+1,28	1:02.85	2:16.58

Masters 65+

1. Matty van der Veen	Old Dutch	1:47.97	4400020	1:54.03	+1,13	53.43	1:54.03
2. Liesbeth ter Laak	PSV	2:24.54	4200008	2:27.78	+1,28	1:09.23	2:27.78

Masters 70+

1. Ingrid Lünig <i>Kampioenschaps Record</i>	EOSC Offenbach	1:50.24	136789	1:46.37	+1,00	50.85	1:46.37
2. Tineke de Bueger	Old Dutch	2:06.51	3700010	2:14.90	+1,17	1:05.04	2:14.90
3. Hanny Pasman	Aquapoldro	2:46.64	3900006	2:48.79		1:19.57	2:48.79

Masters 75+

1. Eliane Pellis	AZSC	1:45.78	AZSC/672/33	1:47.79	+0,91	51.17	1:47.79
2. Agnes van Obberghen	AZSC	1:46.96	AZSC/696/31	1:50.52	+0,96	52.20	1:50.52
3. Annie de Vos	Old Dutch	2:29.22	3400004	2:35.56	+0,95	1:13.40	2:35.56

Masters 80+

1. Marianne Maandonks	PSV	3:09.23	2600004	3:17.16	+1,15	1:32.31	3:17.16
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Programmanr. 30
09.05.2010 - 11:12

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Erik Simons	WZK Zwemmen	1:10.28	8902845	1:11.93	+0,86	32.76	1:11.93
2. Jelle Beerens	De Dommelbaarzen	1:08.43	8600159	1:13.00	+0,88	34.57	1:13.00
3. Roderik Meijers	ZOB'66	1:11.15	8602063	1:15.84	+0,78	34.52	1:15.84
4. Jasper Groothelm	DBD	1:12.29	9005735	1:16.76	+0,77	36.24	1:16.76
5. Jauke Hamstra	Deltasteur	1:13.73	8601089	1:18.20	+0,93	36.22	1:18.20
6. Sander Slaghuis	NIMO	1:13.23	8805305	1:18.50	+0,88	35.80	1:18.50
7. Stef Hoeven	Zegenwerp	1:17.22	9001223	1:18.66	+0,90	35.84	1:18.66
8. Jan van Opstal	DIO	1:15.54	8602291	1:19.02	+0,77	38.25	1:19.02
9. Francois Zadworny	CHTHN	1:18.65	CHTHN/162/87	1:19.24	+0,85	36.66	1:19.24
10. Tom Goffin	NIMO	1:22.13	8604457	1:23.55	+0,89	38.69	1:23.55
11. Harmen Reemst	ZOB'66	1:20.46	8702715	1:23.70	+0,85	38.78	1:23.70
12. Tom Hinskens	NIMO	1:29.10	9007241	1:38.85	+0,89	45.41	1:38.85

Programmanr. 30, Heren, 100m schoolslag

Masters 25+

1. Niels van der Hoek	MNC Dordrecht	1:07.71	8300921	1:10.43	+0,77	33.37	1:10.43
2. Tommy van Overmeeren	De Schelde	1:08.48	8402887	1:13.49	+0,82	33.65	1:13.49
3. Albert van Piekeren	Octopus	1:13.22	8401767	1:17.58	+0,91	36.47	1:17.58
4. Binne Veenstra	HZ&PC Heerenveen	1:14.92	8302155	1:19.51	+0,86	36.17	1:19.51
5. Dennis Jonker	ZPCH	1:19.71	8401097	1:22.84	+0,82	38.59	1:22.84
6. Dennis Klop	De Biesboschzwemmers	1:19.77	8302643	1:24.19	+0,82	39.37	1:24.19
7. Thommy Nickel	Van Vliet-Barracuda	1:15.18	8401627	1:24.91	+0,87	39.88	1:24.91
8. Steven Oosterhof	NIMO	1:29.02	8403173	1:26.83	+0,82	40.58	1:26.83
9. Ruud van den Berg	De Duck	1:27.86	8500155	1:27.28	+0,89	39.88	1:27.28

Masters 30+

1. Richard Claus	Heldense Zwemvereniging	1:06.39	8000265	1:08.21	+0,73	32.38	1:08.21
<i>Nederlands Masters Record</i>							
2. Freddie Geerlings	NIMO	1:08.79	7900379	1:13.61	+0,88	34.43	1:13.61
3. Remco Jorink	Octopus	1:10.54	8000719	1:15.40	+0,87	34.56	1:15.40
4. Ron Langelaan	DAW-FINENZO	1:13.07	7800643	1:15.99	+0,83	34.84	1:15.99
5. Niels van Wageningen	D'Elft	1:21.70	7601335	1:22.00	+0,89	37.02	1:22.00
6. Frederic Masset	CHTHN	1:17.75	CHTHN/079/79	1:22.77	+0,79	38.33	1:22.77
7. Han Ruijs	RZ	1:20.84	7901867	1:26.26	+0,81	39.94	1:26.26
8. Johan Wezenberg	Deltasteur	1:27.21	7601023	1:31.59	+1,01	41.62	1:31.59

Masters 35+

1. Agnus Gerringa	DWK	1:19.42	7100285	1:21.48	+0,94	37.54	1:21.48
2. Olivier Kalek	CNBA	1:27.77	CNBA/785/75	1:28.13	+0,78	40.33	1:28.13
3. Gerard Eghuizen	HZ&PC Heerenveen	1:18.15	7400197	1:35.13	+1,08	42.29	1:35.13

Masters 40+

1. José de Pooter	De Schelde	1:15.73	6900797	1:17.60	+0,82	35.88	1:17.60
2. Harold Matla	PSV	1:15.22	6800591	1:18.16	+0,90	36.96	1:18.16
3. Peter v. Meerveld	AZ&PC	1:20.60	6700649	1:20.33	+0,98	37.62	1:20.33
4. Casper de Zeeuw	WS Twente	1:29.07	7001137	1:21.78	+0,77	38.46	1:21.78
5. Ronald Stolk	De Fuut	1:19.06	6601253	1:23.19	+0,85	38.67	1:23.19
6. Roland Schol	HoogenboomTours/BZ&PC	1:24.67	6901543	1:27.59	+0,96	40.89	1:27.59
7. Peter Musschenga	Zwem Goud	1:28.82	6901347	1:31.18	+0,86	42.58	1:31.18
AFGEM Patrick Juncker	Swimming Luxembourg	1:16.02	67-JUNC				
AFGEM Henk van Zetten	Octopus	1:35.94	6701261				

Masters 45+

1. Cees van Houwelingen	De Schelde	1:10.85	6300351	1:14.70	+0,94	35.15	1:14.70
<i>Kampioenschaps Record</i>							
2. Theo Bakker	TriVia	1:18.34	6401231	1:21.66	+0,88	37.54	1:21.66
3. Ronald van Voskuilen	De Aalscholver	1:18.71	6101003	1:21.83	+0,89	38.27	1:21.83
4. Ronald Grove	Oceanus	1:19.76	6100161	1:22.65	+0,84	38.02	1:22.65
5. Jan Vlasblom	PLONS	1:20.59	6100823	1:23.31	+0,90	39.57	1:23.31
6. Marcel van der Lem	Kon AZ 1870	1:21.00	6500563	1:24.74	+0,83	39.72	1:24.74
7. Ronald van Vliet	De Aalscholver	1:25.96	6300997	1:27.49	+0,88	40.86	1:27.49
8. John Stoffer	Zoetermeer	1:31.66	6300725	1:28.73	+0,85	39.92	1:28.73
9. Michiel Klaren	PSV	1:31.34	6201087	1:29.93	+0,95	42.76	1:29.93
10. Jack Barends	WS Twente	1:30.70	6201011	1:38.59	+1,00	45.69	1:38.59

Masters 50+

1. David Falces	DES	1:20.83	6000957	1:20.13	+0,94	37.43	1:20.13
2. Peter Romkes	Luctor et Emergo	1:19.40	5900389	1:21.42	+0,75	38.53	1:21.42
3. Reginald vd Giessen	Arethusa	1:21.80	5800135	1:27.80	+0,87	41.12	1:27.80
4. Wim de Lange	Electrolux AZC	1:25.80	5800533	1:28.26	+0,96	41.64	1:28.26
5. Vincent de Keijzer	PLONS	1:25.88	5800207	1:28.33	+0,88	41.66	1:28.33
6. Paul Bunnik	Triton	1:29.58	5600413	1:31.68	+1,00	41.00	1:31.68
7. Marten Galenkamp	Zwem Goud	1:27.26	6000817	1:34.98	+0,96	43.48	1:34.98

Programmanr. 30, Heren, 100m schoolslag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
8. Michiel Tonsbeek	DWT	1:45.45	6000889	1:46.12	+1,07	49.96	1:46.12

Masters 55+

1. Laurens klein Breteler	WWV	1:41.67	5400109	1:38.40	+0,90	43.51	1:38.40
2. Pieter Husslage	Old Dutch	1:35.28	5300091	1:39.27	+1,09	48.12	1:39.27
AFGEM Peter Gulyas	Totkomlosi Rozmar Szenior	1:24.57	51GULY				

Masters 65+

1. Rob Hanou	PSV	1:29.74	4300109	1:34.30	+1,06	44.36	1:34.30
2. Nico Baay	Old Dutch	1:33.64	4200053	1:41.46	+0,81	47.65	1:41.46
3. Ruud Sloof	De Rijn	1:40.65	4400073	1:43.11	+1,12	49.64	1:43.11
4. Peter Ouweneel	RSW (SG)	1:47.67	4500077	1:57.35	+1,12	55.43	1:57.35

Masters 70+

1. Wieger Mensonides	NZ&PC	1:36.11	3800035	1:37.97	+1,00	48.73	1:37.97
2. Gregor Pompen	Aqua-Novio'94	1:57.01	3700021	1:55.90	+0,95	55.80	1:55.90

Programmanr. 31
09.05.2010 - 11:29

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
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Masters 20+

1. Elles van Leeuwen	PSV	1:09.68	8602240	1:14.11	+0,89	33.52	1:14.11
2. Jolanda Post	DIO	1:09.71	9004848	1:14.30	+0,84	34.24	1:14.30
3. Nienke van Stipriaan	PSV	1:13.70	8703970	1:15.16	+0,99	34.82	1:15.16
4. Milou Bouwhuis	De Veene	1:16.36	8900532	1:16.11	+0,74	34.81	1:16.11
5. Miriam Visserman	Octopus	1:15.20	8704364	1:16.83	+0,82	34.78	1:16.83
6. Kitty van Gendt	PSV	1:20.52	8701288	1:17.20	+0,88	36.45	1:17.20
7. Annelette de Vries	De Veene	1:18.90	8603908	1:18.63	+0,84	34.93	1:18.63
8. Patricia Becks	Zegenwerp	1:16.50	8705946	1:20.55	+0,88	37.68	1:20.55
9. Maaïke van Diggele	ZPB H&L Productions	1:19.28	8700868	1:21.40	+0,98	36.38	1:21.40
10. Laura Oosterbroek	Swol 1894	1:18.92	8803264	1:22.35	+0,69	36.92	1:22.35
11. Liset de Veer	Aqua-Novio'94	1:23.41	8704190	1:25.55	+0,85	37.72	1:25.55
12. Gosina van Stralen	HZ&PC Heerenveen	1:20.60	8603450	1:25.59	+0,85	36.96	1:25.59
13. Henrike de Vries	De Veene	1:27.02	8904490	1:28.39	+1,00	38.34	1:28.39
14. Laura Visserman	De Amer	1:24.70	8704362	1:29.51	+0,91	41.18	1:29.51
15. Eline Schoenmaker	De Duinkickers	1:23.54	9003322	1:30.08	+0,83	42.10	1:30.08
16. Joëlle Vaes	DIO	1:26.66	9007576	1:30.77	+0,81	39.25	1:30.77
17. Ildiko van der Ploeg	De Warande	1:18.60	9002960	1:32.08	+0,76	39.40	1:32.08
18. Loes van Bremen	SCOM	1:35.00	8600212	1:37.72	+1,01	41.96	1:37.72

Masters 25+

1. Pauline Gouwens	De Otters Het Gooi	1:05.51	8400790	1:07.08	+0,81	30.09	1:07.08
2. Nadya Putter	Vlaardingen	1:11.37	8301630	1:10.41	+0,88	33.10	1:10.41
3. Kristel Spijker	OEZA	1:21.67	8403396	1:20.74	+0,87	35.59	1:20.74
4. Ramona Linting	HoogenboomTours/BZ&PC	1:19.26	8301274	1:21.58	+0,84	35.72	1:21.58
5. Judith Kremers	De Spatters	1:26.08	8102094	1:22.29	+0,77	38.46	1:22.29
6. Fenke Legerstee	SCOM	1:34.55	8501856	1:24.80	+0,88	37.97	1:24.80
7. Sandra Zwaanswijk	Aquarius	1:21.40	8503934	1:26.36	+0,77	37.94	1:26.36
8. Andrea van Leeuwen	De Zijl/LGB	1:26.26	8100904	1:26.44	+0,89	37.76	1:26.44
9. Mariska Pouls	Dedemsvaart-AC	1:22.80	8301608	1:26.53	+0,88	37.50	1:26.53
10. Miranda Mud	HZ&PC Heerenveen	1:36.06	8201156	1:43.10	+0,82	44.82	1:43.10

Programmanr. 31, Dames, 100m vlinderslag

Masters 30+

1. Delia Badoux	ZC Ooievaar (SG)	1:07.46	8000042	1:10.31	+0,89	31.57	1:10.31
2. Fanni Asztalos	Budapesti Delfinek	1:09.27	77FANN	1:14.44	+0,94	34.83	1:14.44
3. Mirjam den Houdijker	ZPB H&L Productions	1:35.75	7801096	1:40.66	+0,84	44.72	1:40.66

Masters 35+

1. Dianne Nien	RZ	1:17.32	7100452	1:21.96	+0,88	38.02	1:21.96
2. Tony de Groot	De Futen	1:28.27	7300758	1:29.71	+0,90	40.30	1:29.71
3. Annet Kootstra	Swol 1894	1:35.23	7100344	1:30.91	+0,92	40.97	1:30.91
4. Natacha Van Hoof	ShaRK	1:44.90	ShaRK/260/73	1:43.31	+0,86	47.54	1:43.31
5. Angeline Hamstra	SCOM	1:38.86	7200782	1:43.60	+0,96	47.40	1:43.60

Masters 40+

1. Anita Smits	DIO	1:08.50	6900522	1:10.62	+0,83	32.57	1:10.62
2. Csilla Csikany	Budapesti Delfinek	1:11.35	68CSIK	1:15.78	+0,87	33.95	1:15.78
3. Cynthia Noordermeer	Het Y	1:20.24	7000358	1:20.92	+0,86	37.68	1:20.92
4. Karin van den Heuvel	AquAmigos	1:24.91	6600188	1:30.98	+0,97	41.65	1:30.98

Masters 45+

1. Wilma van Velsen	Montferland	1:21.83	6400444	1:20.65	+0,87	35.19	1:20.65
2. Margriet Grove	Oceanus	1:16.66	6200080	1:21.23	+0,91	36.69	1:21.23
3. Alie Visser	HZ&PC Heerenveen	1:43.45	6400494	1:44.76	+0,92	47.81	1:44.76

Masters 50+

1. Mathilde Vink	Swol 1894	1:12.61	5800128	1:15.78	+1,00	35.68	1:15.78
2. Patty Verhagen	AquAmigos	1:23.87	5900146	1:25.45	+1,11	40.41	1:25.45
3. Janny van Eijk	ZV De Bron	1:23.17	5800022	1:27.34	+0,95	40.01	1:27.34
4. Pia van der Molen	HZ&PC Heerenveen	1:41.93	6000116	1:44.33	+0,86	46.15	1:44.33
5. Tonny den Braber	SCOM	1:48.58	5700022	1:59.06	+1,11	54.50	1:59.06

Programmanr. 32
09.05.2010 - 11:41

Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1. Marc Catsburg	MNC Dordrecht	59.15	9000533	1:01.62	+0,86	28.70	1:01.62
2. Sander van den Berg	NIMO	1:04.74	8700211	1:06.99	+0,87	29.97	1:06.99
3. Bart Drechsel	WZK Zwemmen	1:03.00	8604135	1:07.38	+0,78	29.85	1:07.38
4. Ruben Stolk	ZOB'66	1:07.24	9005665	1:08.01	+0,74	30.62	1:08.01
5. Frederik Tamminga	AZ&PC	1:06.01	8703293	1:09.47	+0,86	31.48	1:09.47
6. Tim Bunnik	Triton	1:08.50	9000505	1:09.62	+0,92	31.89	1:09.62
7. Rick Hellenbrand	NIMO	1:10.25	8901173	1:11.41	+0,92	33.01	1:11.41
8. Sven van Zanten	De Duinkickers	1:08.06	9003405	1:13.41	+0,83	31.00	1:13.41
Masters 25+							
1. Tommy van Overmeeren	De Schelde	1:02.41	8402887	1:05.83	+0,84	30.59	1:05.83
2. Thommy Nickel	Van Vliet-Barracuda	1:04.73	8401627	1:06.61	+0,90	30.73	1:06.61
3. Rob van Vliet	AZ&PC	1:03.65	8402459	1:07.21	+0,88	30.50	1:07.21
4. Marcel Reefhuis	De Veene	1:08.96	8101381	1:07.26	+0,82	30.84	1:07.26
5. Remco van Althuis	SBC2000	1:04.95	8300029	1:07.80	+0,85	31.87	1:07.80
6. Maarten de Geus	WZK Zwemmen	1:05.30	8300737	1:10.46	+0,79	30.97	1:10.46
7. Pascal van Kassel	Triton	1:08.99	8501289	1:12.54	+0,82	32.39	1:12.54
8. Vincent Joskin	CHTHN	1:15.27	CHTHN/101/85	1:13.75	+0,86	34.30	1:13.75

Programmanr. 32, Heren, 100m vlinderslag

Masters 30+

1. Vladan Markovic	SC Zlatni Delfin	57.73	77MARK	58.44	+0,84	27.17	58.44
<i>Kampioenschaps Record, Servisch Masters Record</i>							
2. Erik Kusters	Dedemsvaart-AC	1:09.46	8000837	1:05.86	+0,86	30.19	1:05.86
3. Vincent Bastin	CHTHN	1:06.91	CHTHN/342/77	1:08.85	+0,76	30.86	1:08.85
4. Markus van Rest	ZV Westland Dijkglas	1:04.03	7701197	1:08.89	+0,93	30.37	1:08.89
5. Remco Jorink	Octopus	1:07.54	8000719	1:09.56	+0,88	31.41	1:09.56
6. Paul Bishop	Upstream Amsterdam	1:10.50	7701297	1:12.60	+0,80	32.53	1:12.60
7. Joris Haest	PSV	1:08.40	7900441	1:16.42	+0,84	34.20	1:16.42

Masters 35+

1. Oscar van Holsteyn	AquAmigos	1:07.91	7100373	1:08.29	+0,81	31.07	1:08.29
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Masters 40+

1. Arjon de Bok	De Biesboschwemmers	1:05.46	6900125	1:09.64	+0,86	31.25	1:09.64
2. René Beetsma	HZ&PC Heerenveen	1:07.77	6900069	1:09.75	+0,87	31.74	1:09.75
3. Erik van Dartel	PSV	1:08.57	6700185	1:14.05	+1,01	33.40	1:14.05
4. Arjen Kervezee	Het Y	1:22.55	7000563	1:16.70	+0,93	32.43	1:16.70
5. Oliver Podebrad	SC Wiesbaden 1911	1:25.75	262705	1:24.03	+0,90	38.53	1:24.03
6. Taco Eikelenboom	De Futen	1:19.71	6900275	1:25.11	+1,05	35.43	1:25.11
7. Gerko Versluis	Zuiderzeewemmers	1:22.92	6901439	1:35.52	+1,01	38.58	1:35.52
8. Hayo v.d. Werf	Het Y	1:40.51	6701085	1:42.69	+0,84	48.04	1:42.69

Masters 45+

1. Bart van Betuw	Zegenwerp	1:19.65	6500087	1:25.78	+0,87	38.17	1:25.78
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Masters 50+

1. Hugo Bregman	WVZ	59.67	5800069	1:01.24	+0,85	28.58	1:01.24
2. Jan Willem Heuten	WS Twente	1:27.89	6000883	1:26.03	+0,95	39.50	1:26.03

Masters 55+

1. Pieter Husslage	Old Dutch	1:24.95	5300091	1:32.30	+1,04	42.54	1:32.30
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Masters 60+

1. Donald Uijtenbogaart	Het Y	1:21.12	4700107	1:21.82	+0,88	37.95	1:21.82
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Masters 65+

1. Rob Hanou	PSV	1:33.53	4300109	1:41.38	+1,08	44.94	1:41.38
2. Manfred Bottin	SV Langenfeld 1912	1:41.99	057993	1:57.49	+1,16	54.17	1:57.49

Masters 70+

1. Nico Geers	Z&PC De Gouwe	1:43.84	3800007	1:48.50	+1,11	51.60	1:48.50
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Programmanr. 33
09.05.2010 - 11:50

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd		tijd	RT
80+, Dames					
1.	PSV 1 <i>Nederlands Masters Record</i> Kitty van Gendt Kim van der Beek	PSV	4:22.30	4:41.24	+0,84
		+0,84 34.98 1:12.31	Elles van Leeuwen	+0,75 34.70 1:12.96	
		+0,51 32.23 1:07.99	Nienke van Stipriaan	+0,50 31.97 1:07.98	
80+, Heren					
1.	MNC Dordrecht 1 <i>Nederlands Masters Record</i> Nick van Ingen Martijn Dolk	MNC Dordrecht	3:44.15	3:49.14	+0,84
		+0,84 26.41 55.35	Niels van der Hoek	+0,52 28.45 59.92	
		+0,36 27.23 57.66	Marc Catsburg	+0,40 26.79 56.21	
2.	Tritium (SG) 1 Pieter van Os Mark Effing	Tritium (SG)	3:53.43	3:54.47	+0,88
		+0,88 27.98 59.42	Ronald Vullings	+0,43 27.31 58.56	
		+0,38 28.70 59.41	Joppe Schuurmans	+0,14 27.93 57.08	
3.	NIMO 1 Sander Slaghuis Freddie Geerlings	NIMO	3:57.23	4:09.79	+0,87
		+0,87 29.19 1:02.27	Rick Hellenbrand	+0,78 31.01 1:04.92	
		+0,55 29.07 1:01.09	Sander van den Berg	+0,45 28.71 1:01.51	
80+, Gemengd					
1.	WZK Zwemmen 1 <i>Nederlands Masters Record</i> Karin Simons Alex Vermeulen	WZK Zwemmen	4:02.73	4:28.41	+0,87
		+0,87 33.95 1:15.73	Petra Vermeulen	+0,47 35.43 1:15.21	
		+0,33 28.45 59.91	Erik Simons	+0,39 27.37 57.56	
100+, Dames					
1.	PSV 3 <i>Wereld Masters Record</i> Liselotte Joling Bianca van Ringelestijn	PSV	4:51.48	4:47.09	+1,00
		+1,00 34.73 1:13.75	Renee de Kok	+0,41 34.91 1:12.55	
		+0,53 31.46 1:07.51	Jolanda van Gendt	+0,60 34.02 1:13.28	
100+, Heren					
1.	CHTHN 1 <i>Wereld Masters Record</i> Sylvain Faticoni Vincent Joskin	CHTHN	4:12.50	4:10.74	+0,72
		+0,72 29.22 1:00.19	Frederic Masset	+0,63 29.50 1:01.97	
		+0,78 33.43 1:06.78	Vincent Bastin	+0,64 29.63 1:01.80	
2.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i> Binne Veenstra Jelmer Waterlander	HZ&PC Heerenveen	4:00.63	4:15.88	+0,94
		+0,94 29.62 1:02.48	Gerard Eghuizen	+0,53 33.24 1:12.83	
		+0,50 27.38 58.80	Anne Huininga	+0,43 29.30 1:01.77	
100+, Gemengd					
1.	Octopus 1 <i>Nederlands Masters Record</i> Miriam Visserman Annebeth van Ark	Octopus	4:27.65	4:28.26	+0,85
		+0,85 33.56 1:09.83	Albert van Piekeren	+0,47 29.89 1:03.70	
		+0,43 34.86 1:14.38	Remco Jorink	+0,41 28.26 1:00.35	
2.	Deltasteur 1 Rene Beens Gerlinde van de Wetering	Deltasteur	4:43.65	4:48.85	+0,86
		+0,86 31.10 1:07.15	Margriet Leeffers	+0,70 36.35 1:18.45	
		+0,51 35.80 1:15.91	Johan Wezenberg	+0,64 30.00 1:07.34	

Programmanr. 33, 4 x 100m vrije slag

120+, Dames

1.	Budapesti Delfinek 1 <i>Wereld Masters Record</i>	Budapesti Delfinek	4:30.00		4:36.17	+0,92		
	Fanni Asztalos	+0,92	33.18	1:08.58	Csilla Csikany	+0,70	34.53	1:13.39
	Jolan Molnar	+0,78	32.30	1:08.41	Melinda Marosi	+0,71	32.71	1:05.79
2.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	5:20.03		5:27.40	+0,77		
	Miranda Mud	+0,77	39.99	1:26.03	Pia van der Molen	+0,25	37.36	1:20.18
	Gosina van Stralen	+0,46	34.78	1:14.68	Paulien v.d Molen	+0,45	39.00	1:26.51

120+, Heren

1.	PSV 3 <i>Wereld Masters Record</i>	PSV	3:48.03		3:54.70	+0,87		
	Ian van der Hulst	+0,87	27.83	57.88	Kees-Jan van Overbeeke	+0,34	28.95	1:02.89
	Ronald Smits	+0,38	28.52	1:00.15	Stefan Oosting	+0,44	25.66	53.78
2.	De Futen 1	De Futen	4:05.00		4:00.83	+0,86		
	Mike Hereijgers	+0,86	28.28	1:00.04	Erwin Zuidervelt	+0,32	29.15	1:02.30
	Dennis Kos	+0,29	27.58	58.83	Arnold de Rover	+0,32	28.25	59.66
3.	De Schelde 1	De Schelde	4:05.46		4:05.89	+0,85		
	Tommy van Overmeeren	+0,85	29.60	1:01.65	Ronnie Babijn	+0,61	30.30	1:02.06
	José de Pooter	+0,33	30.14	1:04.57	Cees van Houwelingen	+0,52	27.87	57.61
4.	Triton 1	Triton	4:08.78		4:17.13	+0,75		
	Remco Joukes	+0,75	29.32	1:04.05	Pascal van Kassel	+0,39	28.28	1:02.28
	Paul Bunnik	+0,54	32.55	1:10.51	Tim Bunnik	+0,32	28.16	1:00.29

160+, Dames

1.	AZ&PC 1 <i>Wereld Masters Record</i>	AZ&PC	4:27.42		4:28.33	+0,81		
	Marja Bloemzaad	+0,81	33.13	1:08.73	Atie Pijtak-Radersma	+0,19	31.73	1:05.93
	Petra Frowijn	+0,51	31.98	1:06.57	Lidia v. Bon-Rosenbrand	+0,40	31.28	1:07.10
2.	Oceanus 1	Oceanus	5:08.52		5:08.67	+0,85		
	Annette de Visser	+0,85	33.64	1:11.19	Margriet Grove	+0,46	35.11	1:13.85
	Tineke van Diggelen	+0,21	43.11	1:34.72	Laura Staal	+0,66	33.23	1:08.91
3.	Gay Swim Amsterdam 1	Gay Swim Amsterdam	5:18.01		5:13.97	+0,93		
	Monique Dijkstra	+0,93	31.78	1:07.11	AnneMarie Smit		36.04	1:17.17
	Tynke van Schaik	+0,66	44.08	1:34.51	Yolanda Mante	+0,20	35.38	1:15.18

160+, Heren

1.	WS Twente 1 <i>Wereld Masters Record</i>	WS Twente	4:33.14		4:32.24	+0,92		
	Jack Barends	+0,92	32.06	1:07.99	Bart van Calker	+0,30	33.15	1:10.94
	Martin Hendrikse	+0,54	34.17	1:11.27	Casper de Zeeuw	+0,46	30.50	1:02.04

160+, Gemengd

1.	BRABO 1 <i>Europees Masters Record</i>	BRABO	4:50.00		5:00.14	+0,78		
	Johan Vandewalle	+0,78	35.10	1:15.40	Rita Schelkens	+0,36	39.85	1:29.77
	Ariane Ruymaekers	+0,13	37.66	1:20.78	Wim Goris	+0,34	26.27	54.19

200+, Dames

1.	PSV 2 <i>Wereld Masters Record</i>	PSV	5:06.10		5:09.74	+0,80		
	Gudule van der Meer	+0,80	32.47	1:08.24	Machteld Massee	+0,55	40.72	1:26.20
	Lottie Geurts	+0,83	43.58	1:29.09	Saskia Phaff	+0,20	30.82	1:06.21

Programmanr. 33, 4 x 100m vrije slag

200+, Heren

1. PSV 2	PSV			4:26.69		4:43.07	+0,96
<i>Europees Masters Record</i>							
Michiel Klaren	+0,96	34.22	1:11.26	Erik van Dartel	+0,48	31.94	1:07.45
Harold Matla	+0,47	31.98	1:06.90	Rob Hanou	+0,58	36.01	1:17.46

200+, Gemengd

1. WS Twente 1	WS Twente			4:50.75		4:56.93	+1,04
<i>Wereld Masters Record</i>							
Frans van Enst	+1,04	35.46	1:18.10	Hugo Staudt	+0,38	33.56	1:09.89
Marijke Kraak	+0,58	37.32	1:18.00	Inez Heideman	+0,39	32.86	1:10.94