

1 - ONMK 2009 sessie 1

08.05.2009 - 12:30

Programmanr. 1  
08.05.2009 - 12:30

Dames, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>					
1.	Larissa Brak <i>Kampioenschaps Record</i>	De Zijl/LGB	5:25.20	8800572	<b>5:30.99</b> +0,89
	50m: 35.42 35.42 100m: 1:18.69 43.27	150m: 2:04.76 46.07 200m: 2:48.25 43.49	250m: 3:31.18 300m: 4:15.84	42.93 350m: 4:54.14 44.66 400m: 5:30.99	38.30 36.85
2.	Suzanne Duijkers	ZON/S&S	5:45.99	8701024	<b>5:41.96</b> +0,93
	50m: 35.13 35.13 100m: 1:16.03 40.90	150m: 2:01.85 45.82 200m: 2:46.43 44.58	250m: 3:35.85 300m: 4:25.09	49.42 350m: 5:04.36 49.24 400m: 5:41.96	39.27 37.60
3.	Karin van Dijk	HZ&PC Heerenveen	5:46.16	8600850	<b>5:50.72</b> +0,95
	50m: 35.35 35.35 100m: 1:18.19 42.84	150m: 2:07.53 49.34 200m: 2:55.91 48.38	250m: 3:41.58 300m: 4:29.48	45.67 350m: 5:09.50 47.90 400m: 5:50.72	40.02 41.22
4.	Susanne Blom	De Inktvis	6:10.60	8500282	<b>6:08.85</b> +1,00
	50m: 37.49 37.49 100m: 1:25.74 48.25	150m: 2:14.84 49.10 200m: 3:02.36 47.52	250m: 3:54.62 300m: 4:49.46	52.26 350m: 5:29.87 54.84 400m: 6:08.85	40.41 38.98
<b>Masters 25+</b>					
1.	Nadya Putter <i>Kampioenschaps Record</i>	Vlaardingen	5:36.97	8301630	<b>5:37.45</b> +0,88
	50m: 34.65 34.65 100m: 1:14.15 39.50	150m: 1:58.69 44.54 200m: 2:42.09 43.40	250m: 3:30.84 300m: 4:20.40	48.75 350m: 5:00.11 49.56 400m: 5:37.45	39.71 37.34
2.	Roos van Esch	TRB-RES	5:34.58	8200468	<b>5:40.52</b> +0,95
	50m: 35.16 35.16 100m: 1:15.67 40.51	150m: 2:00.50 44.83 200m: 2:43.29 42.79	250m: 3:34.23 300m: 4:25.00	50.94 350m: 5:02.99 50.77 400m: 5:40.52	37.99 37.53
3.	Annette Vogelsang	ZV De Bron	7:20.51	8402632	<b>7:05.75</b> +0,90
	50m: 41.42 41.42 100m: 1:33.52 52.10	150m: 2:27.52 54.00 200m: 3:21.61 54.09	250m: 4:22.41 300m: 5:25.66	1:00.80 350m: 6:15.21 1:03.25 400m: 7:05.75	49.55 50.54
4.	Rianne van Vegchelen	Deltasteur	7:51.93	8101530	<b>7:43.54</b> +1,07
	50m: 51.16 51.16 100m: 1:52.63 1:01.47	150m: 2:55.68 1:03.05 200m: 3:57.17 1:01.49	250m: 5:02.17 300m: 6:06.24	1:05.00 350m: 6:55.26 1:04.07 400m: 7:43.54	49.02 48.28
<b>Masters 30+</b>					
1.	Elvira Jonkers	De Pinquin	5:35.64	7900420	<b>6:03.14</b> +0,98
	50m: 34.10 34.10 100m: 1:16.30 42.20	150m: 2:07.28 50.98 200m: 2:56.44 49.16	250m: 3:47.09 300m: 4:39.42	50.65 350m: 5:21.67 52.33 400m: 6:03.14	42.25 41.47
2.	Jolanda van Gendt	PSV	6:10.06	7800266	<b>6:14.78</b> +0,90
	50m: 39.80 39.80 100m: 1:27.77 47.97	150m: 2:13.41 45.64 200m: 2:58.28 44.87	250m: 3:52.54 300m: 4:47.04	54.26 350m: 5:30.23 54.50 400m: 6:14.78	43.19 44.55
3.	Margriet Leeffers	Deltasteur	7:30.90	7800448	<b>7:25.19</b> +0,92
	50m: 49.45 49.45 100m: 1:46.28 56.83	150m: 2:44.55 58.27 200m: 3:42.46 57.91	250m: 4:42.63 300m: 5:43.53	1:00.17 350m: 6:34.06 1:00.90 400m: 7:25.19	50.53 51.13
<b>Masters 35+</b>					
1.	Marleen Vos	Aquapoldro	5:39.65	7400598	<b>5:49.87</b> +0,86
	50m: 36.99 36.99 100m: 1:21.72 44.73	150m: 2:07.63 45.91 200m: 2:53.20 45.57	250m: 3:41.50 300m: 4:30.50	48.30 350m: 5:10.68 49.00 400m: 5:49.87	40.18 39.19
2.	Aida Ponce del Castillo	CNSW	5:37.15	CNSW/358/74	<b>6:13.96</b> +0,92
	50m: 40.40 40.40 100m: 1:29.73 49.33	150m: 2:15.41 45.68 200m: 3:00.96 45.55	250m: 3:56.15 300m: 4:50.87	55.19 350m: 5:33.34 54.72 400m: 6:13.96	42.47 40.62
3.	Annet Kootstra	Swol 1894	6:45.44	7100344	<b>6:45.29</b> +0,95
	50m: 41.81 41.81 100m: 1:33.27 51.46	150m: 2:28.95 55.68 200m: 3:22.77 53.82	250m: 4:19.42 300m: 5:17.65	56.65 350m: 6:02.20 58.23 400m: 6:45.29	44.55 43.09
4.	Tony de Groot	De Futen	7:06.26	7300758	<b>6:56.32</b> +0,97
	50m: 44.67 44.67 100m: 1:38.27 53.60	150m: 2:33.30 55.03 200m: 3:26.22 52.92	250m: 4:26.64 300m: 5:27.69	1:00.42 350m: 6:13.49 1:01.05 400m: 6:56.32	45.80 42.83
5.	Meke Oomens	Old Dutch	6:53.25	7000370	<b>7:03.61</b> +1,07
	50m: 47.25 47.25 100m: 1:42.79 55.54	150m: 2:40.58 57.79 200m: 3:36.81 56.23	250m: 4:28.45 300m: 5:23.85	51.64 350m: 6:14.28 55.40 400m: 7:03.61	50.43 49.33

Programmanr. 1, Dames, 400m wisselslag

Masters 40+

1.	Anita Smits <i>Nederlands Masters Record</i>	DIO	5:45.34	6900522	<b>5:46.84</b>	+0,85
	50m: 35.40 35.40	150m: 2:03.14 47.18	250m: 3:40.46 49.97	350m: 5:09.58 38.13		
	100m: 1:15.96 40.56	200m: 2:50.49 47.35	300m: 4:31.45 50.99	400m: 5:46.84 37.26		
2.	Karin van den Heuvel	AquAmigos	6:32.10	6600188	<b>6:39.89</b>	+1,04
	50m: 41.88 41.88	150m: 2:27.77 56.39	250m: 4:13.15 52.39	350m: 5:54.52 46.28		
	100m: 1:31.38 49.50	200m: 3:20.76 52.99	300m: 5:08.24 55.09	400m: 6:39.89 45.37		
3.	Hetty Smalheer	SCOM	7:01.19	6700352	<b>7:11.18</b>	+1,11
	50m: 47.65 47.65	150m: 2:40.76 56.58	250m: 4:34.34 58.77	350m: 6:22.55 48.68		
	100m: 1:44.18 56.53	200m: 3:35.57 54.81	300m: 5:33.87 59.53	400m: 7:11.18 48.63		

Masters 50+

1.	Janny van Eijk	ZV De Bron	7:03.23	5800022	<b>7:06.97</b>	+1,05
	50m: 42.30 42.30	150m: 2:28.50 56.61	250m: 4:28.47 1:00.05	350m: 6:19.20 50.48		
	100m: 1:31.89 49.59	200m: 3:28.42 59.92	300m: 5:28.72 1:00.25	400m: 7:06.97 47.77		
2.	Monica Bakker	ZVZ	7:13.86	5600082	<b>7:14.57</b>	+1,09
	50m: 47.35 47.35	150m: 2:38.57 55.89	250m: 4:34.10 59.95	350m: 6:25.20 50.20		
	100m: 1:42.68 55.33	200m: 3:34.15 55.58	300m: 5:35.00 1:00.90	400m: 7:14.57 49.37		

Masters 60+

1.	Marja van der Meer	Neptunus	7:57.89	4700014	<b>8:00.51</b>	+0,99
	50m: 51.62 51.62	150m: 2:54.83 1:02.40	250m: 5:06.42 1:10.25	350m: 7:08.25 52.43		
	100m: 1:52.43 1:00.81	200m: 3:56.17 1:01.34	300m: 6:15.82 1:09.40	400m: 8:00.51 52.26		

Masters 65+

1.	Matty van der Veen <i>Nederlands Masters Record</i>	Old Dutch	8:18.72	4400020	<b>8:16.24</b>	+1,14
	50m: 57.59 57.59	150m: 3:11.87 1:08.29	250m: 5:21.09 1:02.98	350m: 7:21.11 55.89		
	100m: 2:03.58 1:05.99	200m: 4:18.11 1:06.24	300m: 6:25.22 1:04.13	400m: 8:16.24 55.13		

Programmanr. 2  
08.05.2009 - 12:55

Heren, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>					
1.	Harm Rozenga <i>Kampioenschaps Record</i>	WVZ	5:15.89	8902685	<b>5:28.04</b> +0,95
	50m: 33.65 33.65	150m: 1:55.98 41.88	250m: 3:25.20 47.69	350m: 4:51.75 37.62	
	100m: 1:14.10 40.45	200m: 2:37.51 41.53	300m: 4:14.13 48.93	400m: 5:28.04 36.29	
2.	Ruud van den Berg	De Duck	6:17.42	8500155	<b>6:26.62</b> +1,03
	50m: 38.78 38.78	150m: 2:20.55 52.06	250m: 4:03.53 53.26	350m: 5:41.74 46.75	
	100m: 1:28.49 49.71	200m: 3:10.27 49.72	300m: 4:54.99 51.46	400m: 6:26.62 44.88	
<b>Masters 25+</b>					
1.	Rob van Vliet <i>Nederlands Masters Record</i>	WZK Zwemmen	4:48.51	8402459	<b>4:57.19</b> +0,91
	50m: 30.42 30.42	150m: 1:46.20 40.20	250m: 3:06.27 40.79	350m: 4:24.10 35.69	
	100m: 1:06.00 35.58	200m: 2:25.48 39.28	300m: 3:48.41 42.14	400m: 4:57.19 33.09	
2.	Alexander Hulleman	De Zijl/LGB	5:07.69	8300989	<b>5:12.31</b> +1,03
	50m: 32.21 32.21	150m: 1:50.10 41.35	250m: 3:15.77 45.00	350m: 4:36.58 35.45	
	100m: 1:08.75 36.54	200m: 2:30.77 40.67	300m: 4:01.13 45.36	400m: 5:12.31 35.73	
3.	Leander Noordijk	De Schotejil	5:16.20	8101221	<b>5:21.79</b> +0,92
	50m: 31.52 31.52	150m: 1:53.85 43.14	250m: 3:21.62 46.95	350m: 4:47.21 37.19	
	100m: 1:10.71 39.19	200m: 2:34.67 40.82	300m: 4:10.02 48.40	400m: 5:21.79 34.58	
4.	Jeroen Vogelsang	Het Y	5:29.61	8001645	<b>5:27.40</b> +0,88
	50m: 32.92 32.92	150m: 1:58.94 46.72	250m: 3:28.59 44.88	350m: 4:51.87 38.33	
	100m: 1:12.22 39.30	200m: 2:43.71 44.77	300m: 4:13.54 44.95	400m: 5:27.40 35.53	

Programmanr. 2, Heren, 400m wisselslag, Masters 25+

rang	naam	vereniging	inschrijftijd	tijd	RT
5.	Marcel Reefhuis	De Veene	5:20.71	8101381	5:30.77 +0,85
	50m: 32.92	150m: 1:54.45	250m: 3:23.77	46.65	350m: 4:51.98
	100m: 1:11.14	200m: 2:37.12	300m: 4:12.07	48.30	400m: 5:30.77
6.	Sebastian Baars	WS Twente	5:32.17	8300053	5:39.78 +0,98
	50m: 34.37	150m: 2:01.97	250m: 3:33.82	48.34	350m: 5:01.49
	100m: 1:16.93	200m: 2:45.48	300m: 4:22.52	48.70	400m: 5:39.78
7.	Remco van Althuis	SBC2000	5:46.48	8300029	6:00.89 +0,86
	50m: 34.05	150m: 2:04.75	250m: 3:42.84	50.85	350m: 5:20.42
	100m: 1:15.46	200m: 2:51.99	300m: 4:37.89	55.05	400m: 6:00.89
DIS	Albert van Piekeren	Octopus	5:23.43	8401767	
	<i>AA - Te vroeg weg of bewogen bij start.</i>				

Masters 30+

1.	Freddie Geerlings	NIMO	5:08.31	7900379	5:17.67 +0,84
	50m: 32.97	150m: 1:56.20	250m: 3:19.24	42.02	350m: 4:40.57
	100m: 1:14.02	200m: 2:37.22	300m: 4:02.58	43.34	400m: 5:17.67
2.	Pieter Ponne	HZ&PC Heerenveen	6:21.31	7600749	6:14.65 +0,88
	50m: 36.95	150m: 2:12.15	250m: 3:52.74	53.81	350m: 5:32.08
	100m: 1:23.89	200m: 2:58.93	300m: 4:48.55	55.81	400m: 6:14.65

Masters 35+

1.	Stefan Dortmund	Electrolux AZC	5:32.90	7201167	5:22.48 +0,91
	50m: 31.85	150m: 1:52.21	250m: 3:21.00	46.06	350m: 4:45.33
	100m: 1:08.04	200m: 2:34.94	300m: 4:06.17	45.17	400m: 5:22.48
2.	Gerard Eghuizen	HZ&PC Heerenveen	5:42.88	7400197	6:12.46 +1,01
	50m: 34.27	150m: 2:06.57	250m: 3:46.18	55.00	350m: 5:27.26
	100m: 1:21.74	200m: 2:51.18	300m: 4:42.42	56.24	400m: 6:12.46

Masters 40+

1.	Rene Beetsma	HZ&PC Heerenveen	5:05.86	6900069	5:22.15 +0,97
	50m: 32.63	150m: 1:54.57	250m: 3:22.32	45.68	350m: 4:46.09
	100m: 1:11.65	200m: 2:36.64	300m: 4:08.46	46.14	400m: 5:22.15
2.	Norbert Nagy	Sprint Fortuna SC	5:31.40	69nagy	5:25.01 +0,79
	50m: 33.54	150m: 1:57.12	250m: 3:25.56	44.63	350m: 4:48.37
	100m: 1:12.14	200m: 2:40.93	300m: 4:11.46	45.90	400m: 5:25.01
3.	Sander van den Berg	WS Twente	5:43.84	6801357	5:45.25 +0,92
	50m: 33.98	150m: 2:02.78	250m: 3:35.46	47.57	350m: 5:04.60
	100m: 1:16.34	200m: 2:47.89	300m: 4:25.21	49.75	400m: 5:45.25

Masters 45+

1.	Arnold de Rover	De Futen	5:30.32	6400645	5:26.85 +0,90
	50m: 32.53	150m: 1:55.87	250m: 3:27.04	48.15	350m: 4:50.36
	100m: 1:10.32	200m: 2:38.89	300m: 4:14.17	47.13	400m: 5:26.85
2.	Jan Brink	De Stormvogel	5:40.70	6200091	5:28.51 +0,84
	50m: 34.81	150m: 1:58.50	250m: 3:27.96	49.18	350m: 4:52.54
	100m: 1:17.73	200m: 2:38.78	300m: 4:15.36	47.40	400m: 5:28.51
3.	Ronald Grove	Oceanus	5:46.20	6100161	5:43.72 +0,91
	50m: 34.72	150m: 2:06.22	250m: 3:39.52	47.09	350m: 5:05.55
	100m: 1:18.40	200m: 2:52.43	300m: 4:27.35	47.83	400m: 5:43.72
4.	Aan Pander	Gay Swim Amsterdam	6:38.76	6400569	6:16.61 +1,01
	50m: 39.57	150m: 2:18.99	250m: 4:02.08	53.58	350m: 5:38.39
	100m: 1:28.97	200m: 3:08.50	300m: 4:55.83	53.75	400m: 6:16.61
5.	Paul van der Voort	De Zwoer	6:05.84	6200715	6:16.65 +1,14
	50m: 38.57	150m: 2:16.72	250m: 4:00.82	55.44	350m: 5:38.21
	100m: 1:26.63	200m: 3:05.38	300m: 4:57.01	56.19	400m: 6:16.65
6.	Ralph Caster	RZ	6:26.57	6100069	6:22.31 +0,92
	50m: 39.41	150m: 2:16.51	250m: 3:59.84	53.22	350m: 5:38.11
	100m: 1:25.55	200m: 3:06.62	300m: 4:55.26	55.42	400m: 6:22.31
7.	Jan Smalheer	SCOM	6:40.43	6400701	6:38.44 +1,17
	50m: 41.54	150m: 2:24.22	250m: 4:12.38	57.58	350m: 5:54.64
	100m: 1:30.02	200m: 3:14.80	300m: 5:10.46	58.08	400m: 6:38.44

Programmanr. 2, Heren, 400m wisselslag, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	RT		
8.	Michiel Tonsbeek	DWT	8:24.21	6000889	8:19.82 +1,18		
	50m: 58.86	150m: 3:22.06	1:04.55	250m: 5:27.99	1:03.48	350m: 7:25.91	54.49
	100m: 2:17.51	200m: 4:24.51	1:02.45	300m: 6:31.42	1:03.43	400m: 8:19.82	53.91

Masters 50+

1.	Hugo Bregman	WVZ	4:58.99	5800069	5:06.60 +0,90		
	<i>Nederlands Masters Record</i>						
	50m: 30.61	150m: 1:46.05	40.36	250m: 3:11.41	45.70	350m: 4:32.52	36.40
	100m: 1:05.69	200m: 2:25.71	39.66	300m: 3:56.12	44.71	400m: 5:06.60	34.08
2.	Paul Bunnik	Triton	6:35.36	5600413	6:46.69 +1,06		
	50m: 40.79	150m: 2:26.71	54.09	250m: 4:17.96	57.36	350m: 6:00.69	45.34
	100m: 1:32.62	200m: 3:20.60	53.89	300m: 5:15.35	57.39	400m: 6:46.69	46.00
3.	Peter Verberne	ACZ	7:05.34	5900719	7:17.83 +1,24		
	50m: 48.93	150m: 2:44.35	54.78	250m: 4:40.87	1:04.69	350m: 6:32.16	46.81
	100m: 1:49.57	200m: 3:36.18	51.83	300m: 5:45.35	1:04.48	400m: 7:17.83	45.67

Masters 55+

1.	Peter Gulyas	Totkomlosi Rozmarok	6:33.30	51gulyas	6:47.67 +0,97		
	50m: 42.36	150m: 2:24.46	52.45	250m: 4:11.81	55.56	350m: 5:58.96	49.89
	100m: 1:32.01	200m: 3:16.25	51.79	300m: 5:09.07	57.26	400m: 6:47.67	48.71

Masters 65+

1.	Rob Hanou	PSV	6:39.66	4300109	6:36.34 +1,11		
	<i>Nederlands Masters Record</i>						
	50m: 41.23	150m: 2:28.96	55.62	250m: 4:17.44	52.55	350m: 5:55.29	43.27
	100m: 1:33.34	200m: 3:24.89	55.93	300m: 5:12.02	54.58	400m: 6:36.34	41.05

Masters 70+

1.	Nico Geers	Van Uden-De Gouwe	7:16.88	3800007	7:21.76 +1,00		
	<i>Kampioenschaps Record, tt 100 vliinder NMR</i>						
	50m: 48.76	150m: 2:40.29	56.45	250m: 4:43.58	1:08.82	350m: 6:37.52	46.92
	100m: 1:43.84	200m: 3:34.76	54.47	300m: 5:50.60	1:07.02	400m: 7:21.76	44.24
2.	Rob van Gestel	PSV	8:21.58	3500005	8:38.20 +1,18		
	50m: 57.11	150m: 3:11.15	1:06.26	250m: 5:27.30	1:08.54	350m: 7:41.50	1:02.25
	100m: 2:04.89	200m: 4:18.76	1:07.61	300m: 6:39.25	1:11.95	400m: 8:38.20	56.70

Masters 75+

1.	Georges Verhelst	RZV	8:53.27	RZV/160/31	8:48.10 +1,03		
	<i>Kampioenschaps Record, Belgisch Masters Record</i>						
	50m: 1:04.44	150m: 3:20.10	1:06.07	250m: 5:31.75	1:07.82	350m: 7:45.22	1:04.33
	100m: 2:14.03	200m: 4:23.93	1:03.83	300m: 6:40.89	1:09.14	400m: 8:48.10	1:02.88

Programmanr. 3  
08.05.2009 - 13:42

Dames, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT		
1.	Marion van den Berg	DWK	18:09.79	8600272	17:30.58 +0,97		
	<i>Nederlands Masters Record, tt 400 en 800 meter NMR</i>						
	50m: 30.09	450m: 5:08.91	35.80	850m: 9:52.47	35.86	1250m: 14:37.70	35.32
	100m: 1:04.12	500m: 5:44.09	35.18	900m: 10:28.00	35.53	1300m: 15:12.87	35.17
	150m: 1:38.71	550m: 6:19.98	35.89	950m: 11:04.01	36.01	1350m: 15:48.44	35.57
	200m: 2:13.13	600m: 6:55.28	35.30	1000m: 11:40.24	36.23	1400m: 16:22.34	33.90
	250m: 2:48.27	650m: 7:30.45	35.17	1050m: 12:16.74	36.50	1450m: 16:57.82	35.48
	300m: 3:22.97	700m: 8:05.62	35.17	1100m: 12:52.63	35.89	1500m: 17:30.58	32.76
	350m: 3:58.27	750m: 8:41.31	35.69	1150m: 13:27.40	34.77		
	400m: 4:33.11	800m: 9:16.61	35.30	1200m: 14:02.38	34.98		

Programmanr. 3, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	tijd	RT	
2.	Karin van Dijk	HZ&PC Heerenveen	20:19.64	8600850	20:24.56 +0,95	
	50m: 34.36	34.36	450m: 5:54.64	40.92	850m: 11:25.12	41.78
	100m: 1:12.81	38.45	500m: 6:35.30	40.66	900m: 12:06.74	41.62
	150m: 1:52.02	39.21	550m: 7:16.61	41.31	950m: 12:48.32	41.58
	200m: 2:31.67	39.65	600m: 7:57.59	40.98	1000m: 13:30.07	41.75
	250m: 3:10.52	38.85	650m: 8:38.76	41.17	1050m: 14:11.90	41.83
	300m: 3:52.25	41.73	700m: 9:20.30	41.54	1100m: 14:54.18	42.28
	350m: 4:33.03	40.78	750m: 10:01.67	41.37	1150m: 15:35.70	41.52
	400m: 5:13.72	40.69	800m: 10:43.34	41.67	1200m: 16:17.61	41.91
3.	Marjolein Tissingh	HZ&PC Heerenveen	20:05.75	8904130	20:31.06 +0,91	
	50m: 34.77	34.77	450m: 6:03.17	41.64	850m: 11:33.74	41.14
	100m: 1:14.04	39.27	500m: 6:44.95	41.78	900m: 12:14.98	41.24
	150m: 1:55.12	41.08	550m: 7:26.67	41.72	950m: 12:56.25	41.27
	200m: 2:36.50	41.38	600m: 8:08.72	42.05	1000m: 13:37.84	41.59
	250m: 3:17.67	41.17	650m: 8:50.11	41.39	1050m: 14:19.78	41.94
	300m: 3:59.06	41.39	700m: 9:31.24	41.13	1100m: 15:01.44	41.66
	350m: 4:40.25	41.19	750m: 10:11.99	40.75	1150m: 15:43.42	41.98
	400m: 5:21.53	41.28	800m: 10:52.60	40.61	1200m: 16:25.07	41.65
4.	Susanne Blom	De Inktvis	20:08.45	8500282	20:40.45 +1,00	
	50m: 34.30	34.30	450m: 5:57.36	41.20	850m: 11:31.31	42.11
	100m: 1:12.86	38.56	500m: 6:38.59	41.23	900m: 12:13.68	42.37
	150m: 1:52.68	39.82	550m: 7:19.83	41.24	950m: 12:55.81	42.13
	200m: 2:33.07	40.39	600m: 8:01.32	41.49	1000m: 13:37.85	42.04
	250m: 3:13.26	40.19	650m: 8:42.61	41.29	1050m: 14:19.70	41.85
	300m: 3:54.03	40.77	700m: 9:24.46	41.85	1100m: 15:01.93	42.23
	350m: 4:35.01	40.98	750m: 10:06.39	41.93	1150m: 15:43.61	41.68
	400m: 5:16.16	41.15	800m: 10:49.20	42.81	1200m: 16:25.57	41.96
5.	Bianca van Ringelestijn	PSV	20:35.12	8502466	20:42.08 +1,06	
	50m: 34.63	34.63	450m: 5:58.90	40.55	850m: 11:34.14	42.05
	100m: 1:13.81	39.18	500m: 6:39.99	41.09	900m: 12:16.86	42.72
	150m: 1:53.71	39.90	550m: 7:21.31	41.32	950m: 12:58.40	41.54
	200m: 2:34.91	41.20	600m: 8:03.81	42.50	1000m: 13:41.95	43.55
	250m: 3:15.28	40.37	650m: 8:45.02	41.21	1050m: 14:23.91	41.96
	300m: 3:56.22	40.94	700m: 9:27.73	42.71	1100m: 15:05.75	41.84
	350m: 4:37.14	40.92	750m: 10:10.00	42.27	1150m: 15:47.90	42.15
	400m: 5:18.35	41.21	800m: 10:52.09	42.09	1200m: 16:31.24	43.34
6.	Sandra Schellekens	Neptunus'58	21:54.99	8503416	21:57.56 +0,93	
	50m: 37.07	37.07	450m: 6:23.19	44.01	850m: 12:18.75	44.63
	100m: 1:19.01	41.94	500m: 7:07.43	44.24	900m: 13:03.07	44.32
	150m: 2:01.60	42.59	550m: 7:51.73	44.30	950m: 13:48.40	45.33
	200m: 2:44.66	43.06	600m: 8:35.86	44.13	1000m: 14:32.90	44.50
	250m: 3:28.30	43.64	650m: 9:20.44	44.58	1050m: 15:17.78	44.88
	300m: 4:11.29	42.99	700m: 10:04.78	44.34	1100m: 16:02.37	44.59
	350m: 4:54.97	43.68	750m: 10:49.61	44.83	1150m: 16:47.70	45.33
	400m: 5:39.18	44.21	800m: 11:34.12	44.51	1200m: 17:32.35	44.65
7.	Fenke Legerstee	SCOM	24:20.34	8501856	24:22.14 +0,98	
	50m: 40.51	40.51	450m: 7:07.00	49.01	850m: 13:35.98	49.10
	100m: 1:26.73	46.22	500m: 7:55.73	48.73	900m: 14:25.72	49.74
	150m: 2:14.62	47.89	550m: 8:44.80	49.07	950m: 15:16.28	50.56
	200m: 3:02.51	47.89	600m: 9:32.78	47.98	1000m: 16:05.77	49.49
	250m: 3:51.48	48.97	650m: 10:22.63	49.85	1050m: 16:55.38	49.61
	300m: 4:40.09	48.61	700m: 11:09.75	47.12	1100m: 17:45.65	50.27
	350m: 5:29.26	49.17	750m: 11:58.32	48.57	1150m: 18:35.28	49.63
	400m: 6:17.99	48.73	800m: 12:46.88	48.56	1200m: 19:24.58	49.30
8.	Hanne Keijzer	Zuiderzeewimmers	25:08.63	8503932	24:59.98 +0,99	
	50m: 42.14	42.14	450m: 7:20.66	50.56	850m: 14:04.88	50.31
	100m: 1:29.41	47.27	500m: 8:11.18	50.52	900m: 14:55.22	50.34
	150m: 2:18.68	49.27	550m: 9:01.81	50.63	950m: 15:45.26	50.04
	200m: 3:08.63	49.95	600m: 9:52.50	50.69	1000m: 16:36.24	50.98
	250m: 3:58.51	49.88	650m: 10:42.84	50.34	1050m: 17:26.86	50.62
	300m: 4:49.17	50.66	700m: 11:33.49	50.65	1100m: 18:17.36	50.50
	350m: 5:39.66	50.49	750m: 12:23.78	50.29	1150m: 19:07.37	50.01
	400m: 6:30.10	50.44	800m: 13:14.57	50.79	1200m: 19:58.24	50.87
NG.ZA	Sunanda van Heteren	PCG	21:13.43	8901728		

Masters 25+

1.	Linda Hoogendam	D'Elft	21:19.57	8300892	20:58.54 +0,77	
	50m: 33.92	33.92	450m: 6:04.78	42.10	850m: 11:46.72	42.82
	100m: 1:13.08	39.16	500m: 6:46.99	42.21	900m: 12:29.13	42.41
	150m: 1:53.64	40.56	550m: 7:29.60	42.61	950m: 13:12.64	43.51
	200m: 2:34.80	41.16	600m: 8:12.40	42.80	1000m: 13:55.60	42.96
	250m: 3:16.64	41.84	650m: 8:55.74	43.34	1050m: 14:38.99	43.39
	300m: 3:58.93	42.29	700m: 9:38.70	42.96	1100m: 15:22.41	43.42
	350m: 4:40.26	41.33	750m: 10:21.77	43.07	1150m: 16:06.36	43.95
	400m: 5:22.68	42.42	800m: 11:03.90	42.13	1200m: 16:49.33	42.97



Programmanr. 3, Dames, 1500m vrije slag

Masters 30+

1. Helma Koot	AZ&PC	22:27.70	7600336	21:59.20	+0,94
50m: 39.02 39.02	450m: 6:30.04 44.05	850m: 12:25.39 44.69	1250m: 18:20.52 43.71		
100m: 1:21.57 42.55	500m: 7:15.12 45.08	900m: 13:10.35 44.96	1300m: 19:04.63 44.11		
150m: 2:04.83 43.26	550m: 7:58.69 43.57	950m: 13:55.06 44.71	1350m: 19:48.79 44.16		
200m: 2:49.20 44.37	600m: 8:42.69 44.00	1000m: 14:40.17 45.11	1400m: 20:32.60 43.81		
250m: 3:33.05 43.85	650m: 9:27.20 44.51	1050m: 15:24.35 44.18	1450m: 21:16.81 44.21		
300m: 4:17.62 44.57	700m: 10:11.66 44.46	1100m: 16:08.64 44.29	1500m: 21:59.20 42.39		
350m: 5:01.36 43.74	750m: 10:56.07 44.41	1150m: 16:52.30 43.66			
400m: 5:45.99 44.63	800m: 11:40.70 44.63	1200m: 17:36.81 44.51			
2. Clementine van Bruxvoort	ZPB H&L Productions	30:16.18	7700138	29:53.80	+0,93
50m: 48.82 48.82	450m: 8:41.22 59.43	850m: 16:45.21 1:02.76	1250m: 24:55.33 1:01.37		
100m: 1:43.96 55.14	500m: 9:41.18 59.96	900m: 17:46.87 1:01.66	1300m: 25:58.04 1:02.71		
150m: 2:41.56 57.60	550m: 10:40.83 59.65	950m: 18:47.19 1:00.32	1350m: 26:57.87 59.83		
200m: 3:41.10 59.54	600m: 11:41.06 1:00.23	1000m: 19:48.17 1:00.98	1400m: 27:59.53 1:01.66		
250m: 4:41.18 1:00.08	650m: 12:40.63 59.57	1050m: 20:50.27 1:02.10	1450m: 29:00.22 1:00.69		
300m: 5:41.24 1:00.06	700m: 13:41.88 1:01.25	1100m: 21:51.18 1:00.91	1500m: 29:53.80 53.58		
350m: 6:40.93 59.69	750m: 14:42.50 1:00.62	1150m: 22:52.29 1:01.11			
400m: 7:41.79 1:00.86	800m: 15:42.45 59.95	1200m: 23:53.96 1:01.67			

Masters 35+

1. Grith Sigsgaard	Het Y	18:45.00	7200772	18:59.03	+0,95
50m: 33.88 33.88	450m: 5:30.28 37.58	850m: 10:33.95 38.80	1250m: 15:45.20 39.29		
100m: 1:10.42 36.54	500m: 6:07.87 37.59	900m: 11:12.50 38.55	1300m: 16:24.04 38.84		
150m: 1:47.72 37.30	550m: 6:45.71 37.84	950m: 11:51.34 38.84	1350m: 17:03.03 38.99		
200m: 2:24.40 36.68	600m: 7:23.39 37.68	1000m: 12:30.82 39.48	1400m: 17:41.72 38.69		
250m: 3:01.58 37.18	650m: 8:01.52 38.13	1050m: 13:09.55 38.73	1450m: 18:20.86 39.14		
300m: 3:38.33 36.75	700m: 8:39.14 37.62	1100m: 13:48.46 38.91	1500m: 18:59.03 38.17		
350m: 4:15.68 37.35	750m: 9:17.21 38.07	1150m: 14:27.38 38.92			
400m: 4:52.70 37.02	800m: 9:55.15 37.94	1200m: 15:05.91 38.53			
2. Karin Stein	Vlaardingen	19:45.96	7100554	19:49.70	+1,00
50m: 35.47 35.47	450m: 5:50.90 40.30	850m: 11:11.70 40.01	1250m: 16:31.61 40.25		
100m: 1:13.41 37.94	500m: 6:31.02 40.12	900m: 11:51.62 39.92	1300m: 17:11.67 40.06		
150m: 1:52.59 39.18	550m: 7:11.22 40.20	950m: 12:31.57 39.95	1350m: 17:51.83 40.16		
200m: 2:32.06 39.47	600m: 7:51.21 39.99	1000m: 13:11.50 39.93	1400m: 18:31.97 40.14		
250m: 3:11.53 39.47	650m: 8:31.45 40.24	1050m: 13:51.32 39.82	1450m: 19:11.74 39.77		
300m: 3:51.04 39.51	700m: 9:11.55 40.10	1100m: 14:31.20 39.88	1500m: 19:49.70 37.96		
350m: 4:30.92 39.88	750m: 9:51.71 40.16	1150m: 15:11.03 39.83			
400m: 5:10.60 39.68	800m: 10:31.69 39.98	1200m: 15:51.36 40.33			
3. Cynthia Noordermeer	Zaanstad (SG)	20:14.20	7000358	20:33.80	+0,84
50m: 36.22 36.22	450m: 5:59.21 41.07	850m: 11:32.18 41.49	1250m: 17:07.72 41.76		
100m: 1:15.04 38.82	500m: 6:40.70 41.49	900m: 12:14.05 41.87	1300m: 17:49.60 41.88		
150m: 1:54.60 39.56	550m: 7:21.95 41.25	950m: 12:55.86 41.81	1350m: 18:31.12 41.52		
200m: 2:34.90 40.30	600m: 8:03.98 42.03	1000m: 13:37.76 41.90	1400m: 19:12.68 41.56		
250m: 3:15.00 40.10	650m: 8:45.61 41.63	1050m: 14:19.84 42.08	1450m: 19:53.65 40.97		
300m: 3:55.86 40.86	700m: 9:27.32 41.71	1100m: 15:01.94 42.10	1500m: 20:33.80 40.15		
350m: 4:36.87 41.01	750m: 10:08.90 41.58	1150m: 15:43.60 41.66			
400m: 5:18.14 41.27	800m: 10:50.69 41.79	1200m: 16:25.96 42.36			
4. Annet Kootstra	Swol 1894	22:59.37	7100344	23:22.92	+0,99
50m: 40.51 40.51	450m: 6:51.44 47.00	850m: 13:09.50 47.80	1250m: 19:28.84 47.71		
100m: 1:25.28 44.77	500m: 7:38.25 46.81	900m: 13:56.71 47.21	1300m: 20:16.72 47.88		
150m: 2:11.57 46.29	550m: 8:25.79 47.54	950m: 14:43.97 47.26	1350m: 21:04.30 47.58		
200m: 2:57.43 45.86	600m: 9:12.54 46.75	1000m: 15:31.58 47.61	1400m: 21:50.92 46.62		
250m: 3:44.33 46.90	650m: 10:00.46 47.92	1050m: 16:18.77 47.19	1450m: 22:37.96 47.04		
300m: 4:31.01 46.68	700m: 10:47.37 46.91	1100m: 17:06.23 47.46	1500m: 23:22.92 44.96		
350m: 5:18.04 47.03	750m: 11:34.47 47.10	1150m: 17:53.89 47.66			
400m: 6:04.44 46.40	800m: 12:21.70 47.23	1200m: 18:41.13 47.24			
5. Tony de Groot	De Futen	22:37.36	7300758	23:51.62	+0,99
50m: 39.75 39.75	450m: 6:57.20 47.96	850m: 13:25.89 48.03	1250m: 19:53.40 49.24		
100m: 1:23.98 44.23	500m: 7:45.91 48.71	900m: 14:14.89 49.00	1300m: 20:42.48 49.08		
150m: 2:10.41 46.43	550m: 8:34.04 48.13	950m: 15:03.20 48.31	1350m: 21:30.22 47.74		
200m: 2:57.74 47.33	600m: 9:22.97 48.93	1000m: 15:52.01 48.81	1400m: 22:19.25 49.03		
250m: 3:45.12 47.38	650m: 10:11.30 48.33	1050m: 16:39.22 47.21	1450m: 23:06.74 47.49		
300m: 4:32.96 47.84	700m: 11:00.34 49.04	1100m: 17:27.29 48.07	1500m: 23:51.62 44.88		
350m: 5:20.73 47.77	750m: 11:48.83 48.49	1150m: 18:15.56 48.27			
400m: 6:09.24 48.51	800m: 12:37.86 49.03	1200m: 19:04.16 48.60			
6. Meke Oomens	Old Dutch	24:16.04	7000370	25:20.54	+1,07
50m: 45.66 45.66	450m: 7:33.44 51.60	850m: 14:21.17 50.92	1250m: 21:08.07 50.69		
100m: 1:35.47 49.81	500m: 8:24.48 51.04	900m: 15:12.21 51.04	1300m: 21:58.82 50.75		
150m: 2:26.55 51.08	550m: 9:15.69 51.21	950m: 16:03.09 50.88	1350m: 22:49.54 50.72		
200m: 3:17.73 51.18	600m: 10:06.31 50.62	1000m: 16:53.82 50.73	1400m: 23:40.55 51.01		
250m: 4:08.91 51.18	650m: 10:57.19 50.88	1050m: 17:45.22 51.40	1450m: 24:31.02 50.47		
300m: 4:59.84 50.93	700m: 11:48.08 50.89	1100m: 18:36.16 50.94	1500m: 25:20.54 49.52		
350m: 5:50.96 51.12	750m: 12:39.49 51.41	1150m: 19:26.81 50.65			
400m: 6:41.84 50.88	800m: 13:30.25 50.76	1200m: 20:17.38 50.57			

Programmanr. 3, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd		tijd	RT
DIS	Natacha Van Hoof	ShaRK	23:15.95	ShaRK/260/73		
	AA - Te vroeg weg of bewogen bij start.					

Masters 40+

1.	Laura Staal	Oceanus	21:05.31	6700358	20:50.39	+0,92		
	50m: 36.55	36.55	450m: 6:13.76	42.34	850m: 11:49.98	42.05	1250m: 17:25.76	42.31
	100m: 1:17.45	40.90	500m: 6:55.42	41.66	900m: 12:31.71	41.73	1300m: 18:07.22	41.46
	150m: 1:59.42	41.97	550m: 7:37.83	42.41	950m: 13:13.91	42.20	1350m: 18:49.37	42.15
	200m: 2:41.50	42.08	600m: 8:19.81	41.98	1000m: 13:55.57	41.66	1400m: 19:30.75	41.38
	250m: 3:24.30	42.80	650m: 9:02.12	42.31	1050m: 14:37.48	41.91	1450m: 20:11.50	40.75
	300m: 4:06.64	42.34	700m: 9:43.58	41.46	1100m: 15:19.27	41.79	1500m: 20:50.39	38.89
	350m: 4:49.44	42.80	750m: 10:26.08	42.50	1150m: 16:01.46	42.19		
	400m: 5:31.42	41.98	800m: 11:07.93	41.85	1200m: 16:43.45	41.99		
2.	Jantine Braakman	ZV De Bron	22:31.84	6500036	22:10.41	+0,95		
	50m: 38.04	38.04	450m: 6:32.60	44.06	850m: 12:27.49	43.78	1250m: 18:28.04	45.51
	100m: 1:20.98	42.94	500m: 7:17.16	44.56	900m: 13:12.10	44.61	1300m: 19:14.41	46.37
	150m: 2:04.89	43.91	550m: 8:01.11	43.95	950m: 13:56.51	44.41	1350m: 19:59.25	44.84
	200m: 2:49.66	44.77	600m: 8:45.67	44.56	1000m: 14:41.51	45.00	1400m: 20:44.86	45.61
	250m: 3:34.53	44.87	650m: 9:30.02	44.35	1050m: 15:26.05	44.54	1450m: 21:28.87	44.01
	300m: 4:19.59	45.06	700m: 10:14.65	44.63	1100m: 16:11.68	45.63	1500m: 22:10.41	41.54
	350m: 5:03.96	44.37	750m: 10:58.88	44.23	1150m: 16:56.70	45.02		
	400m: 5:48.54	44.58	800m: 11:43.71	44.83	1200m: 17:42.53	45.83		
3.	Karin van den Heuvel	AquAmigos	21:54.86	6600188	22:48.99	+1,01		
	50m: 40.17	40.17	450m: 6:42.23	46.46	850m: 12:53.83	45.20	1250m: 19:01.68	44.86
	100m: 1:23.67	43.50	500m: 7:28.95	46.72	900m: 13:39.75	45.92	1300m: 19:46.71	45.03
	150m: 2:08.41	44.74	550m: 8:14.77	45.82	950m: 14:25.92	46.17	1350m: 20:31.67	44.96
	200m: 2:53.43	45.02	600m: 9:01.17	46.40	1000m: 15:12.44	46.52	1400m: 21:16.04	44.37
	250m: 3:39.07	45.64	650m: 9:48.06	46.89	1050m: 15:58.16	45.72	1450m: 22:03.10	47.06
	300m: 4:24.33	45.26	700m: 10:34.92	46.86	1100m: 16:44.45	46.29	1500m: 22:48.99	45.89
	350m: 5:10.27	45.94	750m: 11:22.60	47.68	1150m: 17:30.63	46.18		
	400m: 5:55.77	45.50	800m: 12:08.63	46.03	1200m: 18:16.82	46.19		
4.	Hetty Smalheer	SCOM	25:15.50	6700352	25:53.73	+1,22		
	50m: 44.75	44.75	450m: 7:34.94	51.08	850m: 14:30.67	52.22	1250m: 21:30.39	52.29
	100m: 1:34.40	49.65	500m: 8:26.97	52.03	900m: 15:22.75	52.08	1300m: 22:23.92	53.53
	150m: 2:24.25	49.85	550m: 9:18.58	51.61	950m: 16:14.48	51.73	1350m: 23:15.66	51.74
	200m: 3:17.50	53.25	600m: 10:10.39	51.81	1000m: 17:07.78	53.30	1400m: 24:10.98	55.32
	250m: 4:09.80	52.30	650m: 11:01.61	51.22	1050m: 18:00.92	53.14	1450m: 25:04.14	53.16
	300m: 5:01.17	51.37	700m: 11:54.90	53.29	1100m: 18:53.23	52.31	1500m: 25:53.73	49.59
	350m: 5:52.50	51.33	750m: 12:46.19	51.29	1150m: 19:45.00	51.77		
	400m: 6:43.86	51.36	800m: 13:38.45	52.26	1200m: 20:38.10	53.10		

Masters 45+

1.	Marlien Wijnhof	Nat Utrecht	23:23.01	6100300	23:39.79	+0,92		
	50m: 41.27	41.27	450m: 7:00.65	47.72	850m: 13:25.23	47.80	1250m: 19:46.59	47.83
	100m: 1:26.92	45.65	500m: 7:48.93	48.28	900m: 14:12.91	47.68	1300m: 20:33.85	47.26
	150m: 2:14.16	47.24	550m: 8:37.65	48.72	950m: 15:01.03	48.12	1350m: 21:21.00	47.15
	200m: 3:01.35	47.19	600m: 9:25.38	47.73	1000m: 15:49.09	48.06	1400m: 22:08.46	47.46
	250m: 3:49.02	47.67	650m: 10:13.37	47.99	1050m: 16:36.39	47.30	1450m: 22:55.81	47.35
	300m: 4:36.38	47.36	700m: 11:01.66	48.29	1100m: 17:23.61	47.22	1500m: 23:39.79	43.98
	350m: 5:24.96	48.58	750m: 11:50.08	48.42	1150m: 18:11.27	47.66		
	400m: 6:12.93	47.97	800m: 12:37.43	47.35	1200m: 18:58.76	47.49		
2.	Uschi Koster	WWV	26:43.23	6400372	26:09.29	+1,40		
	50m: 45.53	45.53	450m: 7:45.39	52.39	850m: 14:49.36	52.79	1250m: 21:56.95	52.38
	100m: 1:37.64	52.11	500m: 8:38.81	53.42	900m: 15:43.58	54.22	1300m: 22:50.30	53.35
	150m: 2:29.32	51.68	550m: 9:31.22	52.41	950m: 16:37.06	53.48	1350m: 23:42.05	51.75
	200m: 3:23.07	53.75	600m: 10:23.58	52.36	1000m: 17:30.88	53.82	1400m: 24:36.09	54.04
	250m: 4:14.93	51.86	650m: 11:16.22	52.64	1050m: 18:23.42	52.54	1450m: 25:25.35	49.26
	300m: 5:08.26	53.33	700m: 12:09.64	53.42	1100m: 19:18.07	54.65	1500m: 26:09.29	43.94
	350m: 5:59.76	51.50	750m: 13:02.81	53.17	1150m: 20:10.35	52.28		
	400m: 6:53.00	53.24	800m: 13:56.57	53.76	1200m: 21:04.57	54.22		
3.	Pia vd Molen	HZ&PC Heerenveen	27:14.81	6000116	26:52.83	+1,00		
	50m: 41.94	41.94	450m: 7:48.44	54.78	850m: 15:07.87	55.97	1250m: 22:21.56	55.03
	100m: 1:30.22	48.28	500m: 8:43.46	55.02	900m: 16:01.96	54.09	1300m: 23:16.83	55.27
	150m: 2:22.75	52.53	550m: 9:37.99	54.53	950m: 16:57.38	55.42	1350m: 24:11.94	55.11
	200m: 3:16.84	54.09	600m: 10:32.30	54.31	1000m: 17:50.47	53.09	1400m: 25:06.21	54.27
	250m: 4:11.01	54.17	650m: 11:27.67	55.37	1050m: 18:44.33	53.86	1450m: 26:01.20	54.99
	300m: 5:05.17	54.16	700m: 12:22.59	54.92	1100m: 19:37.67	53.34	1500m: 26:52.83	51.63
	350m: 6:00.06	54.89	750m: 13:18.18	55.59	1150m: 20:32.19	54.52		
	400m: 6:53.66	53.60	800m: 14:11.90	53.72	1200m: 21:26.53	54.34		

Programmanr. 3, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	RT			
4.	Magda Wallaert	CNBA	27:42.15	CNBA/649/60	26:58.50 +1,20			
	50m: 45.49	45.49	450m: 7:51.27	53.17	850m: 15:04.33	54.16	1250m: 22:23.36	55.20
	100m: 1:35.80	50.31	500m: 8:45.10	53.83	900m: 15:58.99	54.66	1300m: 23:18.31	54.95
	150m: 2:29.03	53.23	550m: 9:39.56	54.46	950m: 16:53.38	54.39	1350m: 24:13.65	55.34
	200m: 3:22.32	53.29	600m: 10:33.13	53.57	1000m: 17:48.33	54.95	1400m: 25:09.41	55.76
	250m: 4:15.88	53.56	650m: 11:27.20	54.07	1050m: 18:42.08	53.75	1450m: 26:05.06	55.65
	300m: 5:09.49	53.61	700m: 12:21.22	54.02	1100m: 19:37.82	55.74	1500m: 26:58.50	53.44
	350m: 6:03.50	54.01	750m: 13:15.15	53.93	1150m: 20:32.53	54.71		
	400m: 6:58.10	54.60	800m: 14:10.17	55.02	1200m: 21:28.16	55.63		
5.	Jaqueline Brouwer	ZV De Bron	28:28.06	6100296	28:23.33 +1,05			
	50m: 47.43	47.43	450m: 8:09.98	56.90	850m: 15:50.68	58.13	1250m: 23:37.57	57.81
	100m: 1:39.67	52.24	500m: 9:07.28	57.30	900m: 16:48.78	58.10	1300m: 24:36.15	58.58
	150m: 2:33.88	54.21	550m: 10:04.43	57.15	950m: 17:46.32	57.54	1350m: 25:35.39	59.24
	200m: 3:28.71	54.83	600m: 11:01.19	56.76	1000m: 18:43.46	57.14	1400m: 26:32.09	56.70
	250m: 4:24.48	55.77	650m: 11:59.99	58.80	1050m: 19:42.99	59.53	1450m: 27:29.26	57.17
	300m: 5:20.46	55.98	700m: 12:56.81	56.82	1100m: 20:42.42	59.43	1500m: 28:23.33	54.07
	350m: 6:16.56	56.10	750m: 13:54.87	58.06	1150m: 21:41.33	58.91		
	400m: 7:13.08	56.52	800m: 14:52.55	57.68	1200m: 22:39.76	58.43		
DIS	Susanna Rosén	Ystads Simsällskap	18:34.34	AA5563				
	<i>AF - Niet de aangegeven afstand gezwommen (geen tijd noteren).</i>							

Masters 50+

1.	Patty Verhagen	AquAmigos	21:11.98	5900146	21:19.24 +1,01			
	<i>Nederlands Masters Record</i>							
	50m: 38.53	38.53	450m: 6:18.02	42.84	850m: 11:59.64	42.99	1250m: 17:44.36	43.17
	100m: 1:19.49	40.96	500m: 7:00.82	42.80	900m: 12:42.67	43.03	1300m: 18:27.32	42.96
	150m: 2:01.13	41.64	550m: 7:43.39	42.57	950m: 13:25.66	42.99	1350m: 19:10.95	43.63
	200m: 2:43.22	42.09	600m: 8:26.10	42.71	1000m: 14:08.65	42.99	1400m: 19:54.39	43.44
	250m: 3:25.91	42.69	650m: 9:08.63	42.53	1050m: 14:51.88	43.23	1450m: 20:37.74	43.35
	300m: 4:09.03	43.12	700m: 9:51.33	42.70	1100m: 15:34.88	43.00	1500m: 21:19.24	41.50
	350m: 4:52.22	43.19	750m: 10:34.03	42.70	1150m: 16:18.26	43.38		
	400m: 5:35.18	42.96	800m: 11:16.65	42.62	1200m: 17:01.19	42.93		
2.	Mies Kuipers	Old Dutch	36:13.86	5800202	35:32.39 +1,11			
	50m: 1:00.36	1:00.36	450m: 10:28.79	1:10.66	850m: 20:06.64	1:11.64	1250m: 29:42.50	1:10.66
	100m: 2:10.83	1:10.47	500m: 11:40.27	1:11.48	900m: 21:20.46	1:13.82	1300m: 30:53.32	1:10.82
	150m: 3:21.56	1:10.73	550m: 12:51.21	1:10.94	950m: 22:31.49	1:11.03	1350m: 32:05.69	1:12.37
	200m: 4:33.45	1:11.89	600m: 14:04.33	1:13.12	1000m: 23:45.67	1:14.18	1400m: 33:18.25	1:12.56
	250m: 5:44.43	1:10.98	650m: 15:15.57	1:11.24	1050m: 24:54.29	1:08.62	1450m: 34:28.03	1:09.78
	300m: 6:56.18	1:11.75	700m: 16:28.63	1:13.06	1100m: 26:07.73	1:13.44	1500m: 35:32.39	1:04.36
	350m: 8:06.57	1:10.39	750m: 17:41.29	1:12.66	1150m: 27:18.66	1:10.93		
	400m: 9:18.13	1:11.56	800m: 18:55.00	1:13.71	1200m: 28:31.84	1:13.18		

Masters 55+

1.	Ineke Weekers	PSV	22:43.71	5300050	21:44.99 +0,83			
	<i>Europees Masters Record, tt 400 en 800 meter NMR</i>							
	50m: 38.80	38.80	450m: 6:23.36	42.95	850m: 12:13.21	43.46	1250m: 18:05.43	43.88
	100m: 1:21.14	42.34	500m: 7:07.56	44.20	900m: 12:57.61	44.40	1300m: 18:49.93	44.50
	150m: 2:03.44	42.30	550m: 7:50.80	43.24	950m: 13:41.18	43.57	1350m: 19:34.67	44.74
	200m: 2:46.81	43.37	600m: 8:35.04	44.24	1000m: 14:25.36	44.18	1400m: 20:18.99	44.32
	250m: 3:30.13	43.32	650m: 9:18.06	43.02	1050m: 15:08.81	43.45	1450m: 21:02.33	43.34
	300m: 4:13.72	43.59	700m: 10:01.97	43.91	1100m: 15:52.99	44.18	1500m: 21:44.99	42.66
	350m: 4:56.88	43.16	750m: 10:45.08	43.11	1150m: 16:36.99	44.00		
	400m: 5:40.41	43.53	800m: 11:29.75	44.67	1200m: 17:21.55	44.56		
2.	Corine Kalbfeisch	DWT	26:53.44	5200024	27:36.15 +1,33			
	50m: 47.11	47.11	450m: 8:18.39	57.28	850m: 15:43.44	55.35	1250m: 23:04.79	56.58
	100m: 1:41.62	54.51	500m: 9:13.93	55.54	900m: 16:37.85	54.41	1300m: 23:59.88	55.09
	150m: 2:37.71	56.09	550m: 10:10.83	56.90	950m: 17:32.78	54.93	1350m: 24:55.71	55.83
	200m: 3:34.53	56.82	600m: 11:05.18	54.35	1000m: 18:27.80	55.02	1400m: 25:50.51	54.80
	250m: 4:31.77	57.24	650m: 12:01.30	56.12	1050m: 19:23.38	55.58	1450m: 26:46.16	55.65
	300m: 5:27.70	55.93	700m: 12:57.18	55.88	1100m: 20:17.77	54.39	1500m: 27:36.15	49.99
	350m: 6:24.94	57.24	750m: 13:52.89	55.71	1150m: 21:13.34	55.57		
	400m: 7:21.11	56.17	800m: 14:48.09	55.20	1200m: 22:08.21	54.87		
3.	Gonnie Bak	PSV	31:09.97	5100002	29:37.69 +1,00			
	50m: 47.81	47.81	450m: 8:36.65	59.42	850m: 16:36.13	59.87	1250m: 24:38.70	1:00.51
	100m: 1:44.55	56.74	500m: 9:36.26	59.61	900m: 17:36.21	1:00.08	1300m: 25:39.42	1:00.72
	150m: 2:41.89	57.34	550m: 10:35.64	59.38	950m: 18:36.75	1:00.54	1350m: 26:40.28	1:00.86
	200m: 3:40.86	58.97	600m: 11:35.46	59.82	1000m: 19:36.79	1:00.04	1400m: 27:40.09	59.81
	250m: 4:40.02	59.16	650m: 12:35.28	59.82	1050m: 20:37.89	1:01.10	1450m: 28:40.20	1:00.11
	300m: 5:39.29	59.27	700m: 13:35.02	59.74	1100m: 21:37.50	59.61	1500m: 29:37.69	57.49
	350m: 6:38.15	58.86	750m: 14:35.24	1:00.22	1150m: 22:37.33	59.83		
	400m: 7:37.23	59.08	800m: 15:36.26	1:01.02	1200m: 23:38.19	1:00.86		

Masters 60+



Programmanr. 3, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	tijd	RT			
1.	Annie Smits	PSV	27:09.75	4600016	28:01.89 +1,21			
	50m: 51.24	51.24	450m: 8:31.47	56.77	850m: 16:01.58	55.20	1250m: 23:28.49	55.82
	100m: 1:48.61	57.37	500m: 9:28.23	56.76	900m: 16:57.35	55.77	1300m: 24:24.22	55.73
	150m: 2:45.97	57.36	550m: 10:24.57	56.34	950m: 17:53.21	55.86	1350m: 25:19.63	55.41
	200m: 3:44.61	58.64	600m: 11:20.99	56.42	1000m: 18:48.87	55.66	1400m: 26:16.02	56.39
	250m: 4:42.37	57.76	650m: 12:17.75	56.76	1050m: 19:44.55	55.68	1450m: 27:09.79	53.77
	300m: 5:40.63	58.26	700m: 13:14.72	56.97	1100m: 20:40.83	56.28	1500m: 28:01.89	52.10
	350m: 6:37.89	57.26	750m: 14:09.90	55.18	1150m: 21:36.20	55.37		
	400m: 7:34.70	56.81	800m: 15:06.38	56.48	1200m: 22:32.67	56.47		

Masters 65+

1.	Greet Brehler-middag	Hatto Heim	30:49.39	4400004	31:02.04 +1,21			
	50m: 54.72	54.72	450m: 9:03.30	1:02.05	850m: 17:20.74	1:02.56	1250m: 25:47.28	1:03.21
	100m: 1:54.22	59.50	500m: 10:05.16	1:01.86	900m: 18:22.88	1:02.14	1300m: 26:50.73	1:03.45
	150m: 2:53.98	59.76	550m: 11:07.22	1:02.06	950m: 19:25.99	1:03.11	1350m: 27:53.04	1:02.31
	200m: 3:54.69	1:00.71	600m: 12:09.38	1:02.16	1000m: 20:28.31	1:02.32	1400m: 28:56.97	1:03.93
	250m: 4:56.15	1:01.46	650m: 13:12.35	1:02.97	1050m: 21:31.69	1:03.38	1450m: 30:00.44	1:03.47
	300m: 5:57.70	1:01.55	700m: 14:14.53	1:02.18	1100m: 22:36.22	1:04.53	1500m: 31:02.04	1:01.60
	350m: 6:59.32	1:01.62	750m: 15:16.45	1:01.92	1150m: 23:40.27	1:04.05		
	400m: 8:01.25	1:01.93	800m: 16:18.18	1:01.73	1200m: 24:44.07	1:03.80		

Masters 75+

1.	Annie de Vos	Old Dutch	34:49.43	3400004	36:38.30 +0,64			
	<i>Kampioenschaps Record</i>							
	50m: 59.40	59.40	450m: 10:33.91	1:13.07	850m: 20:23.30	1:13.92	1250m: 30:23.99	1:14.61
	100m: 2:08.36	1:08.96	500m: 11:47.87	1:13.96	900m: 21:39.06	1:15.76	1300m: 31:39.29	1:15.30
	150m: 3:20.53	1:12.17	550m: 13:01.27	1:13.40	950m: 22:53.53	1:14.47	1350m: 32:53.89	1:14.60
	200m: 4:32.81	1:12.28	600m: 14:14.77	1:13.50	1000m: 24:08.71	1:15.18	1400m: 34:09.71	1:15.82
	250m: 5:43.70	1:10.89	650m: 15:27.75	1:12.98	1050m: 25:22.94	1:14.23	1450m: 35:23.89	1:14.18
	300m: 6:56.41	1:12.71	700m: 16:41.56	1:13.81	1100m: 26:39.32	1:16.38	1500m: 36:38.30	1:14.41
	350m: 8:07.85	1:11.44	750m: 17:55.19	1:13.63	1150m: 27:53.41	1:14.09		
	400m: 9:20.84	1:12.99	800m: 19:09.38	1:14.19	1200m: 29:09.38	1:15.97		

Programmanr. 4  
08.05.2009 - 15:48

Heren, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT			
<b>Masters 20+</b>								
1.	Erik Simons	WZK Zwemmen	16:29.41	8902845	17:39.53 +0,85			
	<i>Kampioenschaps Record</i>							
	50m: 29.78	29.78	450m: 5:08.86	35.40	850m: 9:56.25	36.14	1250m: 14:44.09	36.10
	100m: 1:03.21	33.43	500m: 5:44.38	35.52	900m: 10:32.04	35.79	1300m: 15:19.70	35.61
	150m: 1:37.06	33.85	550m: 6:20.46	36.08	950m: 11:08.15	36.11	1350m: 15:55.54	35.84
	200m: 2:11.89	34.83	600m: 6:56.32	35.86	1000m: 11:43.62	35.47	1400m: 16:31.00	35.46
	250m: 2:46.68	34.79	650m: 7:32.59	36.27	1050m: 12:20.01	36.39	1450m: 17:05.92	34.92
	300m: 3:22.07	35.39	700m: 8:08.14	35.55	1100m: 12:55.88	35.87	1500m: 17:39.53	33.61
	350m: 3:57.78	35.71	750m: 8:44.16	36.02	1150m: 13:32.43	36.55		
	400m: 4:33.46	35.68	800m: 9:20.11	35.95	1200m: 14:07.99	35.56		
2.	Nicolas Degalan	CNBA	17:32.25	CNBA/777/89	17:57.15 +0,84			
	50m: 31.89	31.89	450m: 5:17.31	36.06	850m: 10:10.84	36.69	1250m: 14:58.50	36.02
	100m: 1:06.53	34.64	500m: 5:53.64	36.33	900m: 10:46.62	35.78	1300m: 15:35.05	36.55
	150m: 1:42.06	35.53	550m: 6:30.26	36.62	950m: 11:22.22	35.60	1350m: 16:11.07	36.02
	200m: 2:17.49	35.43	600m: 7:06.88	36.62	1000m: 11:58.04	35.82	1400m: 16:47.45	36.38
	250m: 2:53.16	35.67	650m: 7:43.25	36.37	1050m: 12:33.32	35.28	1450m: 17:22.44	34.99
	300m: 3:29.38	36.22	700m: 8:20.58	37.33	1100m: 13:09.78	36.46	1500m: 17:57.15	34.71
	350m: 4:05.21	35.83	750m: 8:57.16	36.58	1150m: 13:45.75	35.97		
	400m: 4:41.25	36.04	800m: 9:34.15	36.99	1200m: 14:22.48	36.73		

Masters 25+

Programmanr. 4, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	tijd	RT			
1.	Erik Schröder	TriVia	16:30.33	8402025	16:44.41 +1,01			
	<i>Nederlands Masters Record, tt 800 meter NMR</i>							
	50m: 29.45	29.45	450m: 4:59.06	34.02	850m: 9:29.03	33.87	1250m: 13:59.28	33.88
	100m: 1:02.04	32.59	500m: 5:32.52	33.46	900m: 10:02.87	33.84	1300m: 14:33.28	34.00
	150m: 1:35.63	33.59	550m: 6:06.39	33.87	950m: 10:36.75	33.88	1350m: 15:06.69	33.41
	200m: 2:09.19	33.56	600m: 6:40.15	33.76	1000m: 11:10.36	33.61	1400m: 15:40.35	33.66
	250m: 2:43.03	33.84	650m: 7:13.84	33.69	1050m: 11:44.15	33.79	1450m: 16:13.36	33.01
	300m: 3:17.15	34.12	700m: 7:47.58	33.74	1100m: 12:17.91	33.76	1500m: 16:44.41	31.05
	350m: 3:51.08	33.93	750m: 8:21.46	33.88	1150m: 12:51.69	33.78		
	400m: 4:25.04	33.96	800m: 8:55.16	33.70	1200m: 13:25.40	33.71		
2.	Alexander Hulleman	De Zijl/LGB	17:32.78	8300989	17:42.13 +0,92			
	50m: 33.27	33.27	450m: 5:16.94	35.99	850m: 9:58.75	35.34	1250m: 14:43.38	35.85
	100m: 1:08.10	34.83	500m: 5:52.01	35.07	900m: 10:34.26	35.51	1300m: 15:19.35	35.97
	150m: 1:42.68	34.58	550m: 6:27.58	35.57	950m: 11:09.80	35.54	1350m: 15:55.47	36.12
	200m: 2:17.98	35.30	600m: 7:02.69	35.11	1000m: 11:45.25	35.45	1400m: 16:31.41	35.94
	250m: 2:53.69	35.71	650m: 7:37.94	35.25	1050m: 12:20.84	35.59	1450m: 17:07.16	35.75
	300m: 3:29.61	35.92	700m: 8:12.95	35.01	1100m: 12:56.37	35.53	1500m: 17:42.13	34.97
	350m: 4:05.25	35.64	750m: 8:48.09	35.14	1150m: 13:31.83	35.46		
	400m: 4:40.95	35.70	800m: 9:23.41	35.32	1200m: 14:07.53	35.70		
3.	Gergely Molnar	Sprint Fortuna SC	17:17.00	80molnar	18:10.60 +0,86			
	50m: 31.02	31.02	450m: 5:17.75	36.08	850m: 10:08.42	36.68	1250m: 15:04.81	37.54
	100m: 1:06.07	35.05	500m: 5:53.69	35.94	900m: 10:45.06	36.64	1300m: 15:42.03	37.22
	150m: 1:41.77	35.70	550m: 6:30.01	36.32	950m: 11:21.98	36.92	1350m: 16:19.06	37.03
	200m: 2:18.04	36.27	600m: 7:05.96	35.95	1000m: 11:58.92	36.94	1400m: 16:56.76	37.70
	250m: 2:54.34	36.30	650m: 7:42.21	36.25	1050m: 12:35.45	36.53	1450m: 17:34.59	37.83
	300m: 3:30.00	35.66	700m: 8:18.55	36.34	1100m: 13:12.41	36.96	1500m: 18:10.60	36.01
	350m: 4:06.02	36.02	750m: 8:55.09	36.54	1150m: 13:49.79	37.38		
	400m: 4:41.67	35.65	800m: 9:31.74	36.65	1200m: 14:27.27	37.48		
4.	Jeroen Vogelsang	Het Y	18:58.26	8001645	19:32.57 +0,94			
	50m: 32.85	32.85	450m: 5:36.36	39.41	850m: 10:53.53	40.80	1250m: 16:18.37	41.41
	100m: 1:09.12	36.27	500m: 6:15.88	39.52	900m: 11:34.58	41.05	1300m: 16:58.76	40.39
	150m: 1:45.63	36.51	550m: 6:55.36	39.48	950m: 12:14.51	39.93	1350m: 17:39.69	40.93
	200m: 2:23.35	37.72	600m: 7:35.00	39.64	1000m: 12:55.03	40.52	1400m: 18:18.47	38.78
	250m: 3:01.30	37.95	650m: 8:15.34	40.34	1050m: 13:34.98	39.95	1450m: 18:56.10	37.63
	300m: 3:39.87	38.57	700m: 8:55.19	39.85	1100m: 14:14.36	39.38	1500m: 19:32.57	36.47
	350m: 4:18.42	38.55	750m: 9:33.40	38.21	1150m: 14:55.68	41.32		
	400m: 4:56.95	38.53	800m: 10:12.73	39.33	1200m: 15:36.96	41.28		
5.	Remco van Althuis	SBC2000	21:52.22	8300029	21:03.85 +0,90			
	50m: 32.50	32.50	450m: 6:00.10	42.99	850m: 11:43.13	42.77	1250m: 17:28.17	44.21
	100m: 1:09.91	37.41	500m: 6:42.63	42.53	900m: 12:25.73	42.60	1300m: 18:12.09	43.92
	150m: 1:49.28	39.37	550m: 7:25.07	42.44	950m: 13:08.40	42.67	1350m: 18:55.88	43.79
	200m: 2:29.79	40.51	600m: 8:08.10	43.03	1000m: 13:51.06	42.66	1400m: 19:40.20	44.32
	250m: 3:10.66	40.87	650m: 8:50.91	42.81	1050m: 14:34.15	43.09	1450m: 20:23.51	43.31
	300m: 3:52.37	41.71	700m: 9:34.43	43.52	1100m: 15:16.91	42.76	1500m: 21:03.85	40.34
	350m: 4:34.54	42.17	750m: 10:17.46	43.03	1150m: 16:00.47	43.56		
	400m: 5:17.11	42.57	800m: 11:00.36	42.90	1200m: 16:43.96	43.49		
6.	Robin den Oudsten	PSV	24:30.00	8002153	24:22.38 +1,09			
	50m: 42.70	42.70	450m: 7:07.49	49.59	850m: 13:44.22	49.37	1250m: 20:20.25	49.99
	100m: 1:27.60	44.90	500m: 7:56.93	49.44	900m: 14:33.60	49.38	1300m: 21:08.87	48.62
	150m: 2:14.44	46.84	550m: 8:46.72	49.79	950m: 15:23.05	49.45	1350m: 21:57.92	49.05
	200m: 3:02.33	47.89	600m: 9:37.17	50.45	1000m: 16:12.87	49.82	1400m: 22:47.12	49.20
	250m: 3:50.78	48.45	650m: 10:26.57	49.40	1050m: 17:02.20	49.33	1450m: 23:36.20	49.08
	300m: 4:39.38	48.60	700m: 11:15.85	49.28	1100m: 17:51.63	49.43	1500m: 24:22.38	46.18
	350m: 5:28.55	49.17	750m: 12:05.66	49.81	1150m: 18:41.20	49.57		
	400m: 6:17.90	49.35	800m: 12:54.85	49.19	1200m: 19:30.26	49.06		
NG.ZA	Steve Clement	Swimming Luxembourg	24:01.75	203				

Masters 30+

1.	Koen de Haan	PSV	20:00.00	7801671	19:56.07 +0,95			
	50m: 33.30	33.30	450m: 5:46.08	40.09	850m: 11:11.62	41.14	1250m: 16:38.84	40.45
	100m: 1:10.03	36.73	500m: 6:26.41	40.33	900m: 11:53.01	41.39	1300m: 17:19.53	40.69
	150m: 1:48.17	38.14	550m: 7:06.64	40.23	950m: 12:34.02	41.01	1350m: 17:59.96	40.43
	200m: 2:26.92	38.75	600m: 7:47.03	40.39	1000m: 13:14.81	40.79	1400m: 18:38.67	38.71
	250m: 3:05.97	39.05	650m: 8:27.54	40.51	1050m: 13:55.34	40.53	1450m: 19:17.45	38.78
	300m: 3:45.51	39.54	700m: 9:08.48	40.94	1100m: 14:36.90	41.56	1500m: 19:56.07	38.62
	350m: 4:25.51	40.00	750m: 9:49.21	40.73	1150m: 15:17.84	40.94		
	400m: 5:05.99	40.48	800m: 10:30.48	41.27	1200m: 15:58.39	40.55		

Masters 35+

Programmanr. 4, Heren, 1500m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	tijd	RT			
1.	Casper van der Burgh	LZ 1886	19:04.23	7201413	18:55.14 +0,97			
	50m: 33.20	33.20	450m: 5:36.78	37.75	850m: 10:40.74	37.85	1250m: 15:47.15	38.15
	100m: 1:10.23	37.03	500m: 6:14.37	37.59	900m: 11:18.80	38.06	1300m: 16:25.31	38.16
	150m: 1:48.29	38.06	550m: 6:52.13	37.76	950m: 11:57.05	38.25	1350m: 17:04.13	38.82
	200m: 2:26.45	38.16	600m: 7:30.41	38.28	1000m: 12:35.32	38.27	1400m: 17:42.68	38.55
	250m: 3:04.78	38.33	650m: 8:08.17	37.76	1050m: 13:13.64	38.32	1450m: 18:20.95	38.27
	300m: 3:43.02	38.24	700m: 8:46.36	38.19	1100m: 13:51.91	38.27	1500m: 18:55.14	34.19
	350m: 4:21.17	38.15	750m: 9:24.77	38.41	1150m: 14:30.41	38.50		
	400m: 4:59.03	37.86	800m: 10:02.89	38.12	1200m: 15:09.00	38.59		
2.	Jerry Grondel	PLONS	20:12.11	7201223	20:29.75 +0,82			
	50m: 33.74	33.74	450m: 5:54.61	41.07	850m: 11:23.59	41.20	1250m: 16:59.70	42.45
	100m: 1:11.21	37.47	500m: 6:34.77	40.16	900m: 12:05.67	42.08	1300m: 17:42.37	42.67
	150m: 1:50.37	39.16	550m: 7:15.00	40.23	950m: 12:47.44	41.77	1350m: 18:24.81	42.44
	200m: 2:31.36	40.99	600m: 7:56.37	41.37	1000m: 13:29.46	42.02	1400m: 19:07.66	42.85
	250m: 3:11.33	39.97	650m: 8:37.85	41.48	1050m: 14:10.68	41.22	1450m: 19:48.84	41.18
	300m: 3:52.51	41.18	700m: 9:19.97	42.12	1100m: 14:52.34	41.66	1500m: 20:29.75	40.91
	350m: 4:32.55	40.04	750m: 10:00.73	40.76	1150m: 15:34.31	41.97		
	400m: 5:13.54	40.99	800m: 10:42.39	41.66	1200m: 16:17.25	42.94		
3.	Roy Danckaerts	De Fuut	19:26.18	7000231	20:53.48 +0,93			
	50m: 35.64	35.64	450m: 6:03.45	41.93	850m: 11:37.91	42.51	1250m: 17:20.18	43.05
	100m: 1:14.46	38.82	500m: 6:44.98	41.53	900m: 12:20.17	42.26	1300m: 18:02.98	42.80
	150m: 1:54.37	39.91	550m: 7:26.76	41.78	950m: 13:02.67	42.50	1350m: 18:45.80	42.82
	200m: 2:34.82	40.45	600m: 8:08.52	41.76	1000m: 13:45.31	42.64	1400m: 19:28.12	42.32
	250m: 3:15.59	40.77	650m: 8:50.52	42.00	1050m: 14:28.28	42.97	1450m: 20:11.51	43.39
	300m: 3:58.05	42.46	700m: 9:32.13	41.61	1100m: 15:10.88	42.60	1500m: 20:53.48	41.97
	350m: 4:39.82	41.77	750m: 10:13.76	41.63	1150m: 15:54.18	43.30		
	400m: 5:21.52	41.70	800m: 10:55.40	41.64	1200m: 16:37.13	42.95		
4.	Arnold Jonker	HZ&PC Heerenveen	26:16.88	7000529	26:19.47 +0,89			
	50m: 45.37	45.37	450m: 7:39.87	52.04	850m: 14:42.25	53.71	1250m: 21:54.90	54.12
	100m: 1:35.21	49.84	500m: 8:33.11	53.24	900m: 15:35.88	53.63	1300m: 22:49.43	54.53
	150m: 2:25.43	50.22	550m: 9:25.60	52.49	950m: 16:28.78	52.90	1350m: 23:43.39	53.96
	200m: 3:18.61	53.18	600m: 10:17.66	52.06	1000m: 17:23.87	55.09	1400m: 24:36.72	53.33
	250m: 4:10.07	51.46	650m: 11:09.96	52.30	1050m: 18:17.65	53.78	1450m: 25:28.45	51.73
	300m: 5:03.18	53.11	700m: 12:02.85	52.89	1100m: 19:11.08	53.43	1500m: 26:19.47	51.02
	350m: 5:55.22	52.04	750m: 12:55.23	52.38	1150m: 20:05.16	54.08		
	400m: 6:47.83	52.61	800m: 13:48.54	53.31	1200m: 21:00.78	55.62		

Masters 40+

1.	Norbert Nagy	Sprint Fortuna SC	18:17.21	69nagy	18:50.31 +0,82			
	<i>Hongaars Masters Record</i>							
	50m: 32.65	32.65	450m: 5:28.03	37.43	850m: 10:32.85	38.23	1250m: 15:40.79	38.49
	100m: 1:08.57	35.92	500m: 6:05.49	37.46	900m: 11:11.59	38.74	1300m: 16:19.67	38.88
	150m: 1:44.70	36.13	550m: 6:43.23	37.74	950m: 11:49.93	38.34	1350m: 16:58.69	39.02
	200m: 2:21.76	37.06	600m: 7:21.31	38.08	1000m: 12:28.55	38.62	1400m: 17:37.11	38.42
	250m: 2:58.47	36.71	650m: 7:59.26	37.95	1050m: 13:06.54	37.99	1450m: 18:14.62	37.51
	300m: 3:35.57	37.10	700m: 8:37.91	38.65	1100m: 13:45.53	38.99	1500m: 18:50.31	35.69
	350m: 4:13.08	37.51	750m: 9:15.91	38.00	1150m: 14:23.46	37.93		
	400m: 4:50.60	37.52	800m: 9:54.62	38.71	1200m: 15:02.30	38.84		
2.	Rene Beetsma	HZ&PC Heerenveen	19:09.94	6900069	18:56.81 +0,97			
	50m: 32.77	32.77	450m: 5:31.53	38.51	850m: 10:40.74	39.07	1250m: 15:48.09	38.01
	100m: 1:08.64	35.87	500m: 6:09.53	38.00	900m: 11:19.32	38.58	1300m: 16:26.61	38.52
	150m: 1:45.69	37.05	550m: 6:47.98	38.45	950m: 11:57.57	38.25	1350m: 17:05.09	38.48
	200m: 2:22.71	37.02	600m: 7:26.49	38.51	1000m: 12:36.06	38.49	1400m: 17:43.22	38.13
	250m: 3:00.08	37.37	650m: 8:05.00	38.51	1050m: 13:14.22	38.16	1450m: 18:21.04	37.82
	300m: 3:37.50	37.42	700m: 8:43.67	38.67	1100m: 13:52.88	38.66	1500m: 18:56.81	35.77
	350m: 4:15.12	37.62	750m: 9:22.67	39.00	1150m: 14:31.01	38.13		
	400m: 4:53.02	37.90	800m: 10:01.67	39.00	1200m: 15:10.08	39.07		
3.	Jo-an Mudde	Zeester-Meerval	18:57.79	6701457	19:14.01 +0,94			
	50m: 33.18	33.18	450m: 5:37.18	38.54	850m: 10:48.80	39.16	1250m: 16:01.84	38.92
	100m: 1:09.40	36.22	500m: 6:15.82	38.64	900m: 11:28.38	39.58	1300m: 16:41.45	39.61
	150m: 1:46.54	37.14	550m: 6:54.80	38.98	950m: 12:07.35	38.97	1350m: 17:20.05	38.60
	200m: 2:24.53	37.99	600m: 7:33.56	38.76	1000m: 12:46.50	39.15	1400m: 17:58.67	38.62
	250m: 3:02.60	38.07	650m: 8:12.33	38.77	1050m: 13:25.66	39.16	1450m: 18:36.92	38.25
	300m: 3:41.34	38.74	700m: 8:51.70	39.37	1100m: 14:04.89	39.23	1500m: 19:14.01	37.09
	350m: 4:19.67	38.33	750m: 9:30.47	38.77	1150m: 14:43.72	38.83		
	400m: 4:58.64	38.97	800m: 10:09.64	39.17	1200m: 15:22.92	39.20		
4.	Erik van Dartel	PSV	18:53.79	6700185	20:04.60 +1,02			
	50m: 33.40	33.40	450m: 5:42.75	40.19	850m: 11:10.63	41.40	1250m: 16:40.27	42.03
	100m: 1:10.43	37.03	500m: 6:23.11	40.36	900m: 11:51.87	41.24	1300m: 17:21.10	40.83
	150m: 1:47.96	37.53	550m: 7:03.91	40.80	950m: 12:33.53	41.66	1350m: 18:03.18	42.08
	200m: 2:25.94	37.98	600m: 7:44.64	40.73	1000m: 13:14.69	41.16	1400m: 18:43.10	39.92
	250m: 3:04.40	38.46	650m: 8:25.88	41.24	1050m: 13:55.78	41.09	1450m: 19:24.34	41.24
	300m: 3:43.24	38.84	700m: 9:06.92	41.04	1100m: 14:36.44	40.66	1500m: 20:04.60	40.26
	350m: 4:22.57	39.33	750m: 9:48.21	41.29	1150m: 15:17.97	41.53		
	400m: 5:02.56	39.99	800m: 10:29.23	41.02	1200m: 15:58.24	40.27		

Programmanr. 4, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT			
5.	Alessandro Fabrini	SS LAZIO NUOTO	21:04.56	laz007978	21:39.78 +1,06			
	50m: 40.05	40.05	450m: 6:37.57	43.56	850m: 12:22.38	42.91	1250m: 18:09.75	42.80
	100m: 1:23.90	43.85	500m: 7:21.61	44.04	900m: 13:06.25	43.87	1300m: 18:53.58	43.83
	150m: 2:08.15	44.25	550m: 8:04.77	43.16	950m: 13:49.89	43.64	1350m: 19:36.45	42.87
	200m: 2:53.71	45.56	600m: 8:48.47	43.70	1000m: 14:33.38	43.49	1400m: 20:19.35	42.90
	250m: 3:37.97	44.26	650m: 9:30.70	42.23	1050m: 15:16.40	43.02	1450m: 20:59.88	40.53
	300m: 4:23.88	45.91	700m: 10:13.51	42.81	1100m: 16:00.04	43.64	1500m: 21:39.78	39.90
	350m: 5:08.48	44.60	750m: 10:56.12	42.61	1150m: 16:43.22	43.18		
	400m: 5:54.01	45.53	800m: 11:39.47	43.35	1200m: 17:26.95	43.73		

Masters 45+

1.	Jan Brink	De Stormvogel	20:28.38	6200091	19:42.95 +0,88			
	50m: 36.77	36.77	450m: 6:04.40	41.05	850m: 11:17.30	38.36	1250m: 16:28.06	39.18
	100m: 1:16.87	40.10	500m: 6:44.71	40.31	900m: 11:55.44	38.14	1300m: 17:07.28	39.22
	150m: 1:57.91	41.04	550m: 7:24.29	39.58	950m: 12:34.04	38.60	1350m: 17:47.10	39.82
	200m: 2:39.09	41.18	600m: 8:04.00	39.71	1000m: 13:12.62	38.58	1400m: 18:26.47	39.37
	250m: 3:20.31	41.22	650m: 8:42.72	38.72	1050m: 13:51.88	39.26	1450m: 19:05.82	39.35
	300m: 4:01.07	40.76	700m: 9:21.67	38.95	1100m: 14:30.75	38.87	1500m: 19:42.95	37.13
	350m: 4:42.35	41.28	750m: 10:00.39	38.72	1150m: 15:10.03	39.28		
	400m: 5:23.35	41.00	800m: 10:38.94	38.55	1200m: 15:48.88	38.85		
2.	Hans Roodzant	Torpedo	20:17.89	6000979	19:43.59 +0,92			
	50m: 36.25	36.25	450m: 5:52.09	39.70	850m: 11:08.98	39.68	1250m: 16:27.55	39.85
	100m: 1:15.23	38.98	500m: 6:31.44	39.35	900m: 11:48.72	39.74	1300m: 17:07.65	40.10
	150m: 1:55.08	39.85	550m: 7:11.31	39.87	950m: 12:28.44	39.72	1350m: 17:47.45	39.80
	200m: 2:34.41	39.33	600m: 7:50.79	39.48	1000m: 13:08.09	39.65	1400m: 18:27.01	39.56
	250m: 3:14.08	39.67	650m: 8:30.82	40.03	1050m: 13:48.01	39.92	1450m: 19:06.14	39.13
	300m: 3:53.32	39.24	700m: 9:10.17	39.35	1100m: 14:27.74	39.73	1500m: 19:43.59	37.45
	350m: 4:32.98	39.66	750m: 9:49.89	39.72	1150m: 15:07.82	40.08		
	400m: 5:12.39	39.41	800m: 10:29.30	39.41	1200m: 15:47.70	39.88		
3.	Marcel Stroet	ZV De Bron	20:10.97	6400929	19:57.37 +0,88			
	50m: 34.67	34.67	450m: 5:50.64	40.03	850m: 11:11.45	40.23	1250m: 16:35.65	40.65
	100m: 1:12.87	38.20	500m: 6:30.55	39.91	900m: 11:51.75	40.30	1300m: 17:16.13	40.48
	150m: 1:52.07	39.20	550m: 7:10.83	40.28	950m: 12:32.35	40.60	1350m: 17:56.61	40.48
	200m: 2:31.57	39.50	600m: 7:50.78	39.95	1000m: 13:12.71	40.36	1400m: 18:37.17	40.56
	250m: 3:11.57	40.00	650m: 8:30.93	40.15	1050m: 13:53.10	40.39	1450m: 19:17.56	40.39
	300m: 3:51.16	39.59	700m: 9:10.88	39.95	1100m: 14:33.73	40.63	1500m: 19:57.37	39.81
	350m: 4:31.07	39.91	750m: 9:51.13	40.25	1150m: 15:14.44	40.71		
	400m: 5:10.61	39.54	800m: 10:31.22	40.09	1200m: 15:55.00	40.56		
4.	Ronald Grove	Oceanus	20:06.49	6100161	20:18.71 +0,90			
	50m: 35.27	35.27	450m: 5:58.93	40.66	850m: 11:25.46	40.68	1250m: 16:54.46	41.57
	100m: 1:14.69	39.42	500m: 6:39.95	41.02	900m: 12:06.29	40.83	1300m: 17:36.23	41.77
	150m: 1:54.89	40.20	550m: 7:20.61	40.66	950m: 12:47.28	40.99	1350m: 18:17.54	41.31
	200m: 2:35.12	40.23	600m: 8:00.95	40.34	1000m: 13:28.25	40.97	1400m: 18:58.85	41.31
	250m: 3:15.76	40.64	650m: 8:41.70	40.75	1050m: 14:09.17	40.92	1450m: 19:40.41	41.56
	300m: 3:56.51	40.75	700m: 9:22.65	40.95	1100m: 14:50.15	40.98	1500m: 20:18.71	38.30
	350m: 4:37.69	41.18	750m: 10:03.71	41.06	1150m: 15:31.30	41.15		
	400m: 5:18.27	40.58	800m: 10:44.78	41.07	1200m: 16:12.89	41.59		
5.	Arnold de Rover	De Futen	20:23.54	6400645	20:50.54 +0,99			
	50m: 36.07	36.07	450m: 6:05.72	42.48	850m: 11:43.91	42.27	1250m: 17:21.39	41.70
	100m: 1:15.87	39.80	500m: 6:47.82	42.10	900m: 12:25.70	41.79	1300m: 18:03.17	41.78
	150m: 1:56.30	40.43	550m: 7:30.40	42.58	950m: 13:08.13	42.43	1350m: 18:45.74	42.57
	200m: 2:37.15	40.85	600m: 8:12.47	42.07	1000m: 13:49.76	41.63	1400m: 19:27.98	42.24
	250m: 3:18.45	41.30	650m: 8:54.63	42.16	1050m: 14:32.20	42.44	1450m: 20:10.42	42.44
	300m: 3:59.98	41.53	700m: 9:36.69	42.06	1100m: 15:14.36	42.16	1500m: 20:50.54	40.12
	350m: 4:41.90	41.92	750m: 10:19.65	42.96	1150m: 15:56.94	42.58		
	400m: 5:23.24	41.34	800m: 11:01.64	41.99	1200m: 16:39.69	42.75		
6.	Paul van der Voort	De Zwoer	21:17.96	6200715	21:30.48 +1,21			
	50m: 36.01	36.01	450m: 6:21.72	43.95	850m: 12:06.89	43.64	1250m: 17:56.71	43.78
	100m: 1:17.56	41.55	500m: 7:04.72	43.00	900m: 12:50.81	43.92	1300m: 18:48.80	44.09
	150m: 2:01.61	44.05	550m: 7:48.85	44.13	950m: 13:34.72	43.91	1350m: 19:24.69	43.89
	200m: 2:44.14	42.53	600m: 8:31.47	42.62	1000m: 14:18.77	44.05	1400m: 20:07.20	42.51
	250m: 3:28.78	44.64	650m: 9:14.54	43.07	1050m: 15:03.15	44.38	1450m: 20:49.25	42.05
	300m: 4:12.26	43.48	700m: 9:57.70	43.16	1100m: 15:46.41	43.26	1500m: 21:30.48	41.23
	350m: 4:55.57	43.31	750m: 10:41.10	43.40	1150m: 16:29.60	43.19		
	400m: 5:37.77	42.20	800m: 11:23.25	42.15	1200m: 17:12.93	43.33		
7.	Joost de Kroon	AquAmigos	22:06.19	6400999	21:37.15 +1,07			
	50m: 37.56	37.56	450m: 6:20.58	42.72	850m: 12:10.42	44.30	1250m: 18:03.67	43.86
	100m: 1:19.98	42.42	500m: 7:03.91	43.33	900m: 12:54.54	44.12	1300m: 18:48.34	44.67
	150m: 2:02.86	42.88	550m: 7:46.64	42.73	950m: 13:37.91	43.37	1350m: 19:32.17	43.83
	200m: 2:46.55	43.69	600m: 8:31.16	44.52	1000m: 14:22.89	44.98	1400m: 20:15.12	42.95
	250m: 3:29.64	43.09	650m: 9:14.41	43.25	1050m: 15:06.56	43.67	1450m: 20:56.44	41.32
	300m: 4:12.52	42.88	700m: 9:58.09	43.68	1100m: 15:51.46	44.90	1500m: 21:37.15	40.71
	350m: 4:55.05	42.53	750m: 10:41.41	43.32	1150m: 16:35.29	43.83		
	400m: 5:37.86	42.81	800m: 11:26.12	44.71	1200m: 17:19.81	44.52		

Programmanr. 4, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	RT			
8.	Peter Marc de Rooij	Zwemlust/Utrecht (SG)	21:13.51	6100829	22:39.26 +0,87			
	50m: 37.25	37.25	450m: 6:35.28	45.58	850m: 12:44.32	45.69	1250m: 18:56.12	45.83
	100m: 1:19.72	42.47	500m: 7:21.67	46.39	900m: 13:31.19	46.87	1300m: 19:42.51	46.39
	150m: 2:03.33	43.61	550m: 8:07.90	46.23	950m: 14:17.10	45.91	1350m: 20:28.33	45.82
	200m: 2:48.02	44.69	600m: 8:54.06	46.16	1000m: 15:04.51	47.41	1400m: 21:13.10	44.77
	250m: 3:32.54	44.52	650m: 9:39.69	45.63	1050m: 15:50.56	46.05	1450m: 21:56.71	43.61
	300m: 4:17.88	45.34	700m: 10:26.55	46.86	1100m: 16:37.52	46.96	1500m: 22:39.26	42.55
	350m: 5:03.28	45.40	750m: 11:11.88	45.33	1150m: 17:23.13	45.61		
	400m: 5:49.70	46.42	800m: 11:58.63	46.75	1200m: 18:10.29	47.16		
9.	Bart van Calker	WS Twente	24:41.92	6100067	22:52.37 +1,08			
	50m: 41.69	41.69	450m: 6:56.59	46.13	850m: 13:05.09	44.94	1250m: 19:10.06	45.44
	100m: 1:26.85	45.16	500m: 7:43.53	46.94	900m: 13:50.66	45.57	1300m: 19:56.13	46.07
	150m: 2:14.74	47.89	550m: 8:31.10	47.57	950m: 14:35.81	45.15	1350m: 20:42.22	46.09
	200m: 3:01.78	47.04	600m: 9:17.67	46.57	1000m: 15:21.52	45.71	1400m: 21:28.32	46.10
	250m: 3:49.30	47.52	650m: 10:03.99	46.32	1050m: 16:06.82	45.30	1450m: 22:12.67	44.35
	300m: 4:36.41	47.11	700m: 10:49.37	45.38	1100m: 16:52.86	46.04	1500m: 22:52.37	39.70
	350m: 5:23.42	47.01	750m: 11:34.75	45.38	1150m: 17:38.55	45.69		
	400m: 6:10.46	47.04	800m: 12:20.15	45.40	1200m: 18:24.62	46.07		
10.	Jan Smalheer	SCOM	23:38.53	6400701	23:09.58 +1,14			
	50m: 38.56	38.56	450m: 6:47.39	45.67	850m: 13:04.77	47.69	1250m: 19:19.10	46.56
	100m: 1:21.68	43.12	500m: 7:34.23	46.84	900m: 13:51.89	47.12	1300m: 20:05.88	46.78
	150m: 2:07.36	45.68	550m: 8:21.05	46.82	950m: 14:39.09	47.20	1350m: 20:53.35	47.47
	200m: 2:53.36	46.00	600m: 9:07.37	46.32	1000m: 15:25.72	46.63	1400m: 21:39.13	45.78
	250m: 3:40.41	47.05	650m: 9:54.84	47.47	1050m: 16:13.02	47.30	1450m: 22:25.35	46.22
	300m: 4:27.55	47.14	700m: 10:41.45	46.61	1100m: 16:58.88	45.86	1500m: 23:09.58	44.23
	350m: 5:14.92	47.37	750m: 11:29.53	48.08	1150m: 17:45.78	46.90		
	400m: 6:01.72	46.80	800m: 12:17.08	47.55	1200m: 18:32.54	46.76		
11.	Jan Willem Heuten	WS Twente	24:25.47	6000883	24:24.02 +1,40			
	50m: 40.34	40.34	450m: 7:12.54	49.99	850m: 13:50.49	49.92	1250m: 20:25.28	49.67
	100m: 1:26.46	46.12	500m: 8:02.20	49.66	900m: 14:39.47	48.98	1300m: 21:14.60	49.32
	150m: 2:15.39	48.93	550m: 8:52.19	49.99	950m: 15:28.50	49.03	1350m: 22:03.91	49.31
	200m: 3:05.27	49.88	600m: 9:42.01	49.82	1000m: 16:17.41	48.91	1400m: 22:51.41	47.50
	250m: 3:55.37	50.10	650m: 10:32.18	50.17	1050m: 17:07.35	49.94	1450m: 23:40.28	48.87
	300m: 4:44.35	48.98	700m: 11:21.73	49.55	1100m: 17:56.50	49.15	1500m: 24:24.02	43.74
	350m: 5:33.92	49.57	750m: 12:11.47	49.74	1150m: 18:46.18	49.68		
	400m: 6:22.55	48.63	800m: 13:00.57	49.10	1200m: 19:35.61	49.43		
12.	Henk Gierveld	Nat Utrecht	25:09.90	6000869	24:30.56 +1,17			
	50m: 42.38	42.38	450m: 7:10.02	50.02	850m: 13:48.81	50.65	1250m: 20:25.97	50.17
	100m: 1:27.34	44.96	500m: 7:59.57	49.55	900m: 14:39.01	50.20	1300m: 21:15.98	50.01
	150m: 2:14.42	47.08	550m: 8:49.42	49.85	950m: 15:28.26	49.25	1350m: 22:05.22	49.24
	200m: 3:02.33	47.91	600m: 9:38.71	49.29	1000m: 16:18.08	49.82	1400m: 22:54.26	49.04
	250m: 3:51.73	49.40	650m: 10:28.69	49.98	1050m: 17:07.73	49.65	1450m: 23:44.49	50.23
	300m: 4:40.57	48.84	700m: 11:18.30	49.61	1100m: 17:56.95	49.22	1500m: 24:30.56	46.07
	350m: 5:30.16	49.59	750m: 12:08.59	50.29	1150m: 18:46.39	49.44		
	400m: 6:20.00	49.84	800m: 12:58.16	49.57	1200m: 19:35.80	49.41		
13.	Michael van Vliet	Zwemvereniging Hoorn	26:15.01	6201073	25:49.27 +1,07			
	50m: 41.91	41.91	450m: 7:23.75	51.94	850m: 14:22.24	53.25	1250m: 21:26.15	54.49
	100m: 1:28.45	46.54	500m: 8:14.99	51.24	900m: 15:14.53	52.29	1300m: 22:19.25	53.10
	150m: 2:17.34	48.89	550m: 9:07.69	52.70	950m: 16:08.21	53.68	1350m: 23:12.60	53.35
	200m: 3:07.22	49.88	600m: 10:00.49	52.80	1000m: 17:00.71	52.50	1400m: 24:05.45	52.85
	250m: 3:57.87	50.65	650m: 10:53.37	52.88	1050m: 17:53.53	52.82	1450m: 24:58.63	53.18
	300m: 4:48.97	51.10	700m: 11:44.99	51.62	1100m: 18:45.86	52.33	1500m: 25:49.27	50.64
	350m: 5:40.50	51.53	750m: 12:37.67	52.68	1150m: 19:39.04	53.18		
	400m: 6:31.81	51.31	800m: 13:28.99	51.32	1200m: 20:31.66	52.62		
14.	Louis Matthijse	PSV	28:08.89	6100787	28:10.90 +1,01			
	50m: 45.44	45.44	450m: 8:07.93	55.76	850m: 15:45.41	57.40	1250m: 23:27.10	57.49
	100m: 1:38.44	53.00	500m: 9:05.52	57.59	900m: 16:42.50	57.09	1300m: 24:24.30	57.20
	150m: 2:32.47	54.03	550m: 10:02.40	56.88	950m: 17:40.06	57.56	1350m: 25:21.58	57.28
	200m: 3:27.55	55.08	600m: 10:59.43	57.03	1000m: 18:36.93	56.87	1400m: 26:18.76	57.18
	250m: 4:23.45	55.90	650m: 11:56.55	57.12	1050m: 19:34.51	57.58	1450m: 27:15.69	56.93
	300m: 5:19.34	55.89	700m: 12:53.54	56.99	1100m: 20:31.20	56.69	1500m: 28:10.90	55.21
	350m: 6:15.20	55.86	750m: 13:50.91	57.37	1150m: 21:28.60	57.40		
	400m: 7:12.17	56.97	800m: 14:48.01	57.10	1200m: 22:29.61	1:01.01		
15.	Perry Dekker	ZV De Bron	28:49.49	6201081	29:41.73 +1,19			
	50m: 50.24	50.24	450m: 8:59.75	1:01.97	850m: 16:53.17	59.22	1250m: 24:50.53	1:00.43
	100m: 1:47.96	57.72	500m: 9:59.86	1:00.11	900m: 17:53.16	59.99	1300m: 25:50.82	1:00.29
	150m: 2:49.44	1:01.48	550m: 10:58.87	59.01	950m: 18:52.00	58.84	1350m: 26:49.37	58.55
	200m: 3:50.86	1:01.42	600m: 11:58.08	59.21	1000m: 19:51.57	59.57	1400m: 27:48.46	59.09
	250m: 4:53.34	1:02.48	650m: 12:56.61	58.53	1050m: 20:50.39	58.82	1450m: 28:46.14	57.68
	300m: 5:55.02	1:01.68	700m: 13:56.04	59.43	1100m: 21:51.01	1:00.62	1500m: 29:41.73	55.59
	350m: 6:56.90	1:01.88	750m: 14:53.83	57.79	1150m: 22:49.48	58.47		
	400m: 7:57.78	1:00.88	800m: 15:53.95	1:00.12	1200m: 23:50.10	1:00.62		



Programmanr. 4, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd		tijd	RT
NG.ZA	Salvo Andronico	Swimming Luxembourg	19:54.22	113		

Masters 50+

1.	Richard Broer	PLONS	20:39.72	5900077	19:39.20	+1,03
	50m: 34.70	34.70	450m: 5:47.13	39.20	850m: 11:06.23	39.80
	100m: 1:12.72	38.02	500m: 6:26.73	39.60	900m: 11:46.45	40.22
	150m: 1:51.74	39.02	550m: 7:06.58	39.85	950m: 12:25.67	39.22
	200m: 2:30.60	38.86	600m: 7:46.51	39.93	1000m: 13:04.94	39.27
	250m: 3:09.82	39.22	650m: 8:26.47	39.96	1050m: 13:45.09	40.15
	300m: 3:48.77	38.95	700m: 9:06.86	40.39	1100m: 14:24.82	39.73
	350m: 4:28.20	39.43	750m: 9:46.58	39.72	1150m: 15:04.79	39.97
	400m: 5:07.93	39.73	800m: 10:26.43	39.85	1200m: 15:45.08	40.29
2.	Henk Slomp	De Pinquin	22:45.18	5500359	21:45.07	+1,02
	50m: 35.67	35.67	450m: 6:20.82	44.18	850m: 12:13.64	43.79
	100m: 1:15.47	39.80	500m: 7:04.65	43.83	900m: 12:57.13	43.49
	150m: 1:58.10	42.63	550m: 7:48.92	44.27	950m: 13:41.61	44.48
	200m: 2:41.19	43.09	600m: 8:33.16	44.24	1000m: 14:25.53	43.92
	250m: 3:24.55	43.36	650m: 9:17.27	44.11	1050m: 15:09.64	44.11
	300m: 4:08.44	43.89	700m: 10:01.38	44.11	1100m: 15:54.08	44.44
	350m: 4:52.48	44.04	750m: 10:45.17	43.79	1150m: 16:37.43	43.35
	400m: 5:36.64	44.16	800m: 11:29.85	44.68	1200m: 17:22.19	44.76
3.	Emiel van Elderen	Vlaardingen	22:27.68	5600383	22:39.87	+1,24
	50m: 38.79	38.79	450m: 6:34.74	45.46	850m: 12:42.79	46.49
	100m: 1:19.97	41.18	500m: 7:20.34	45.60	900m: 13:28.39	45.60
	150m: 2:03.83	43.86	550m: 8:06.55	46.21	950m: 14:14.75	46.36
	200m: 2:47.81	43.98	600m: 8:51.50	44.95	1000m: 15:00.47	45.72
	250m: 3:32.90	45.09	650m: 9:37.93	46.43	1050m: 15:46.72	46.25
	300m: 4:17.83	44.93	700m: 10:23.31	45.38	1100m: 16:32.20	45.48
	350m: 5:04.06	46.23	750m: 11:10.31	47.00	1150m: 17:19.00	46.80
	400m: 5:49.28	45.22	800m: 11:56.30	45.99	1200m: 18:04.78	45.78
4.	Paul Bunnik	Triton	22:33.32	5600413	23:52.53	+1,09
	50m: 35.95	35.95	450m: 6:51.05	48.78	850m: 13:20.80	49.31
	100m: 1:16.47	40.52	500m: 7:38.73	47.68	900m: 14:10.02	49.22
	150m: 2:02.05	45.58	550m: 8:27.66	48.93	950m: 14:58.53	48.51
	200m: 2:49.31	47.26	600m: 9:16.58	48.92	1000m: 15:47.81	49.28
	250m: 3:36.04	46.73	650m: 10:04.74	48.16	1050m: 16:36.39	48.58
	300m: 4:24.27	48.23	700m: 10:52.64	47.90	1100m: 17:25.74	49.35
	350m: 5:13.87	49.60	750m: 11:42.23	49.59	1150m: 18:15.40	49.66
	400m: 6:02.27	48.40	800m: 12:31.49	49.26	1200m: 19:05.12	49.72
5.	Peter Verberne	ACZ	23:14.95	5900719	24:26.41	+1,24
	50m: 41.92	41.92	450m: 7:13.56	49.64	850m: 13:50.43	49.98
	100m: 1:29.60	47.68	500m: 8:02.59	49.03	900m: 14:40.05	49.62
	150m: 2:17.99	48.39	550m: 8:52.53	49.94	950m: 15:29.87	49.82
	200m: 3:06.79	48.80	600m: 9:41.50	48.97	1000m: 16:19.07	49.20
	250m: 3:56.21	49.42	650m: 10:31.32	49.82	1050m: 17:09.04	49.97
	300m: 4:45.04	48.83	700m: 11:20.55	49.23	1100m: 17:58.50	49.46
	350m: 5:34.51	49.47	750m: 12:10.88	50.33	1150m: 18:48.12	49.62
	400m: 6:23.92	49.41	800m: 13:00.45	49.57	1200m: 19:37.10	48.98
6.	Peter van Genderen	Old Dutch	27:54.65	5500405	26:45.48	+1,18
	50m: 41.89	41.89	450m: 7:40.90	54.77	850m: 14:53.86	55.68
	100m: 1:29.25	47.36	500m: 8:34.76	53.86	900m: 15:47.41	53.55
	150m: 2:20.67	51.42	550m: 9:29.16	54.40	950m: 16:42.60	55.19
	200m: 3:12.67	52.00	600m: 10:22.65	53.49	1000m: 17:37.07	54.47
	250m: 4:05.55	52.88	650m: 11:17.05	54.40	1050m: 18:32.06	54.99
	300m: 4:59.35	53.80	700m: 12:10.56	53.51	1100m: 19:25.64	53.58
	350m: 5:53.53	54.18	750m: 13:05.30	54.74	1150m: 20:21.95	56.31
	400m: 6:46.13	52.60	800m: 13:58.18	52.88	1200m: 21:17.44	55.49
7.	Rene Groot	ZV De Bron	27:02.91	5900617	28:01.79	+1,18
	50m: 47.95	47.95	450m: 8:12.51	57.42	850m: 15:48.64	57.00
	100m: 1:39.47	51.52	500m: 9:09.81	57.30	900m: 16:45.81	57.17
	150m: 2:34.14	54.67	550m: 10:07.11	57.30	950m: 17:43.06	57.25
	200m: 3:29.88	55.74	600m: 11:03.16	56.05	1000m: 18:41.24	58.18
	250m: 4:26.98	57.10	650m: 12:00.46	57.30	1050m: 19:39.84	58.60
	300m: 5:22.91	55.93	700m: 12:57.69	57.23	1100m: 20:35.18	55.34
	350m: 6:19.17	56.26	750m: 13:54.08	56.39	1150m: 21:31.01	55.83
	400m: 7:15.09	55.92	800m: 14:51.64	57.56	1200m: 22:27.11	56.10

Masters 55+

Programmanr. 4, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	tijd	RT			
1.	Hugo Staudt	WS Twente	24:51.74	5300253	23:49.81 +0,90			
	50m: 42.02	42.02	450m: 7:05.27	49.17	850m: 13:29.00	47.86	1250m: 19:53.32	50.41
	100m: 1:27.65	46.63	500m: 7:53.26	47.99	900m: 14:17.07	48.07	1300m: 20:41.20	47.88
	150m: 2:15.90	48.25	550m: 8:42.36	49.10	950m: 15:04.90	47.83	1350m: 21:29.82	48.62
	200m: 3:02.66	46.76	600m: 9:29.53	47.17	1000m: 15:52.29	47.39	1400m: 22:17.14	47.32
	250m: 3:51.34	48.68	650m: 10:17.66	48.13	1050m: 16:40.14	47.85	1450m: 23:05.38	48.24
	300m: 4:39.04	47.70	700m: 11:05.34	47.68	1100m: 17:28.19	48.05	1500m: 23:49.81	44.43
	350m: 5:28.04	49.00	750m: 11:53.67	48.33	1150m: 18:16.03	47.84		
	400m: 6:16.10	48.06	800m: 12:41.14	47.47	1200m: 19:02.91	46.88		
2.	Michel Hougardy	CNBA	25:17.81	CNBA/648/51	25:04.81 +0,99			
	50m: 42.75	42.75	450m: 7:23.23	50.46	850m: 14:07.73	49.78	1250m: 20:52.07	50.82
	100m: 1:29.60	46.85	500m: 8:14.59	51.36	900m: 14:58.62	50.89	1300m: 21:42.60	50.53
	150m: 2:18.03	48.43	550m: 9:05.16	50.57	950m: 15:48.99	50.37	1350m: 22:33.08	50.48
	200m: 3:08.75	50.72	600m: 9:55.92	50.76	1000m: 16:38.98	49.99	1400m: 23:24.80	51.72
	250m: 3:58.97	50.22	650m: 10:46.33	50.41	1050m: 17:29.21	50.23	1450m: 24:14.93	50.13
	300m: 4:50.42	51.45	700m: 11:37.12	50.79	1100m: 18:19.67	50.46	1500m: 25:04.81	49.88
	350m: 5:40.96	50.54	750m: 12:26.78	49.66	1150m: 19:10.29	50.62		
	400m: 6:32.77	51.81	800m: 13:17.95	51.17	1200m: 20:01.25	50.96		

Masters 60+

1.	Ludwig Lorenz	SG Gladbeck	23:49.18	127866	23:21.96 +0,98			
	50m: 43.68	43.68	450m: 7:00.56	46.89	850m: 13:16.64	47.24	1250m: 19:32.80	46.99
	100m: 1:31.18	47.50	500m: 7:47.02	46.46	900m: 14:04.71	48.07	1300m: 20:20.13	47.33
	150m: 2:18.70	47.52	550m: 8:33.78	46.76	950m: 14:51.01	46.30	1350m: 21:06.52	46.39
	200m: 3:05.95	47.25	600m: 9:20.81	47.03	1000m: 15:38.43	47.42	1400m: 21:53.37	46.85
	250m: 3:53.34	47.39	650m: 10:08.17	47.36	1050m: 16:25.15	46.72	1450m: 22:39.70	46.33
	300m: 4:40.13	46.79	700m: 10:55.32	47.15	1100m: 17:12.13	46.98	1500m: 23:21.96	42.26
	350m: 5:26.95	46.82	750m: 11:42.28	46.96	1150m: 17:58.52	46.39		
	400m: 6:13.67	46.72	800m: 12:29.40	47.12	1200m: 18:45.81	47.29		

Masters 65+

1.	Rob Hanou	PSV	24:02.11	4300109	23:16.69 +1,09			
	<i>Kampioenschaps Record</i>							
	50m: 39.93	39.93	450m: 6:57.16	47.13	850m: 13:15.92	47.81	1250m: 19:31.06	46.63
	100m: 1:26.08	46.15	500m: 7:44.81	47.65	900m: 14:02.71	46.79	1300m: 20:17.04	45.98
	150m: 2:13.72	47.64	550m: 8:31.87	47.06	950m: 14:50.36	47.65	1350m: 21:04.14	47.10
	200m: 3:01.10	47.38	600m: 9:18.86	46.99	1000m: 15:37.74	47.38	1400m: 21:50.32	46.18
	250m: 3:48.48	47.38	650m: 10:06.22	47.36	1050m: 16:24.66	46.92	1450m: 22:35.53	45.21
	300m: 4:36.08	47.60	700m: 10:53.45	47.23	1100m: 17:11.37	46.71	1500m: 23:16.69	41.16
	350m: 5:23.13	47.05	750m: 11:41.39	47.94	1150m: 17:57.78	46.41		
	400m: 6:10.03	46.90	800m: 12:28.11	46.72	1200m: 18:44.43	46.65		
2.	Manfred Bottin	SV Langenfeld 1912	25:20.31	057993	25:59.37 +1,17			
	50m: 43.35	43.35	450m: 7:38.91	52.35	850m: 14:33.03	52.15	1250m: 21:35.53	51.67
	100m: 1:33.04	49.69	500m: 8:30.50	51.59	900m: 15:25.87	52.84	1300m: 22:28.25	52.72
	150m: 2:25.42	52.38	550m: 9:22.23	51.73	950m: 16:18.41	52.54	1350m: 23:22.08	53.83
	200m: 3:17.35	51.93	600m: 10:14.17	51.94	1000m: 17:10.59	52.18	1400m: 24:14.54	52.46
	250m: 4:09.28	51.93	650m: 11:05.78	51.61	1050m: 18:02.96	52.37	1450m: 25:07.55	53.01
	300m: 5:01.91	52.63	700m: 11:57.11	51.33	1100m: 18:57.16	54.20	1500m: 25:59.37	51.82
	350m: 5:54.95	53.04	750m: 12:48.72	51.61	1150m: 19:49.93	52.77		
	400m: 6:46.56	51.61	800m: 13:40.88	52.16	1200m: 20:43.86	53.93		
3.	Bob Arendsen	De Futen	27:04.29	4400005	27:58.61 +1,41			
	50m: 47.99	47.99	450m: 8:20.10	57.74	850m: 15:54.61	57.18	1250m: 23:25.10	56.10
	100m: 1:41.33	53.34	500m: 9:16.82	56.72	900m: 16:50.64	56.03	1300m: 24:20.69	55.59
	150m: 2:37.29	55.96	550m: 10:13.97	57.15	950m: 17:48.00	57.36	1350m: 25:17.23	56.54
	200m: 3:34.14	56.85	600m: 11:10.55	56.58	1000m: 18:43.40	55.40	1400m: 26:12.73	55.50
	250m: 4:31.45	57.31	650m: 12:07.01	56.46	1050m: 19:40.54	57.14	1450m: 27:08.68	55.95
	300m: 5:28.57	57.12	700m: 13:03.74	56.73	1100m: 20:36.15	55.61	1500m: 27:58.61	49.93
	350m: 6:25.72	57.15	750m: 14:01.77	58.03	1150m: 21:32.88	56.73		
	400m: 7:22.36	56.64	800m: 14:57.43	55.66	1200m: 22:29.00	56.12		

Masters 70+

1.	Nico Geers	Van Uden-De Gouwe	23:33.45	3800007	23:52.88 +1,01			
	<i>Kampioenschaps Record</i>							
	50m: 42.16	42.16	450m: 7:03.89	48.23	850m: 13:32.84	47.96	1250m: 20:00.83	47.84
	100m: 1:28.78	46.62	500m: 7:53.37	49.48	900m: 14:21.94	49.10	1300m: 20:50.78	49.95
	150m: 2:15.32	46.54	550m: 8:40.88	47.51	950m: 15:09.93	47.99	1350m: 21:38.07	47.29
	200m: 3:02.70	47.38	600m: 9:30.42	49.54	1000m: 15:59.84	49.91	1400m: 22:26.21	48.14
	250m: 3:50.73	48.03	650m: 10:18.08	47.66	1050m: 16:47.11	47.27	1450m: 23:11.25	45.04
	300m: 4:39.75	49.02	700m: 11:07.60	49.52	1100m: 17:36.57	49.46	1500m: 23:52.88	41.63
	350m: 5:27.58	47.83	750m: 11:56.20	48.60	1150m: 18:24.08	47.51		
	400m: 6:15.66	48.08	800m: 12:44.88	48.68	1200m: 19:12.99	48.91		

Programmanr. 4, Heren, 1500m vrije slag, Masters 70+

rang	naam	vereniging	inschrijftijd	tijd	RT			
2.	Gregor Pompen	Aqua-Novio '94	26:20.51	3700021	26:29.81 +1,10			
	50m: 47.45	47.45	450m: 7:52.08	53.84	850m: 14:56.99	53.68	1250m: 22:06.33	53.67
	100m: 1:38.44	50.99	500m: 8:45.08	53.00	900m: 15:50.80	53.81	1300m: 22:59.88	53.55
	150m: 2:32.10	53.66	550m: 9:38.10	53.02	950m: 16:44.78	53.98	1350m: 23:54.54	54.66
	200m: 3:24.43	52.33	600m: 10:30.83	52.73	1000m: 17:37.89	53.11	1400m: 24:47.71	53.17
	250m: 4:17.92	53.49	650m: 11:23.82	52.99	1050m: 18:31.70	53.81	1450m: 25:40.32	52.61
	300m: 5:10.95	53.03	700m: 12:16.84	53.02	1100m: 19:25.27	53.57	1500m: 26:29.81	49.49
	350m: 6:04.98	54.03	750m: 13:10.44	53.60	1150m: 20:18.74	53.47		
	400m: 6:58.24	53.26	800m: 14:03.31	52.87	1200m: 21:12.66	53.92		
3.	Rudolf Degenaar	De Schelde	28:11.00	3900033	29:47.00 +1,18			
	50m: 53.25	53.25	450m: 8:56.68	58.84	850m: 16:54.45	59.89	1250m: 24:52.34	1:00.27
	100m: 1:54.50	1:01.25	500m: 9:55.32	58.64	900m: 17:55.28	1:00.83	1300m: 25:52.77	1:00.43
	150m: 2:56.32	1:01.82	550m: 10:54.10	58.78	950m: 18:53.98	58.70	1350m: 26:51.54	58.77
	200m: 3:56.55	1:00.23	600m: 11:54.15	1:00.05	1000m: 19:54.51	1:00.53	1400m: 27:50.61	59.07
	250m: 4:55.45	58.90	650m: 12:55.31	1:01.16	1050m: 20:54.15	59.64	1450m: 28:49.90	59.29
	300m: 5:54.34	58.89	700m: 13:55.01	59.70	1100m: 21:52.69	58.54	1500m: 29:47.00	57.10
	350m: 6:54.60	1:00.26	750m: 14:54.06	59.05	1150m: 22:52.29	59.60		
	400m: 7:57.84	1:03.24	800m: 15:54.56	1:00.50	1200m: 23:52.07	59.78		

Programmanr. 5  
08.05.2009 - 18:16

Dames, 200m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>									
1.	Bianca van Ringelestijn	PSV	2:44.93 8502466	<b>2:44.74</b>	+0,71	37.34	1:18.86	2:02.26	2:44.74
	<i>Kampioenschaps Record</i>								
2.	Sunanda van Heteren	PCG	2:42.99 8901728	<b>2:54.78</b>	+0,73	41.03	1:24.90	2:10.54	2:54.78
3.	Kitty van Gendt	PSV	3:02.20 8701288	<b>3:04.63</b>	+0,74	42.66	1:29.13	2:17.55	3:04.63
<b>Masters 25+</b>									
1.	Nadya Putter	Vlaardingen	2:44.01 8301630	<b>2:38.87</b>	+0,75	37.68	1:17.43	1:58.06	2:38.87
2.	Bianca Cox	PSV	2:33.60 8000214	<b>2:39.15</b>	+0,77	37.04	1:16.98	1:59.00	2:39.15
3.	Elke Blox	Tiamat	2:44.30 8200154	<b>2:50.56</b>	+0,82	39.47	1:21.98	2:06.68	2:50.56
4.	Linda Hoogendam	D'Elft	3:04.39 8300892	<b>2:53.86</b>	+0,83	40.45	1:25.33	2:10.35	2:53.86
5.	Maria van Schagen	ZV De Bron	4:06.36 8202142	<b>4:06.67</b>	+0,92	55.88	1:57.92	3:03.73	4:06.67
<b>Masters 30+</b>									
1.	Jolanda van Gendt	PSV	2:45.51 7800266	<b>2:51.49</b>	+0,75	39.72	1:22.92	2:07.36	2:51.49
2.	Helma Koot	AZ&PC	3:03.35 7600336	<b>3:01.05</b>	+0,91	43.17	1:28.80	2:15.34	3:01.05
3.	Liselotte Joling	PSV	2:59.87 7500268	<b>3:16.58</b>	+0,87	46.76	1:36.34	2:27.50	3:16.58
4.	Margriet Leeffers	Deltasteur	3:37.86 7800448	<b>3:30.68</b>	+0,80	48.52	1:41.81	2:36.93	3:30.68
<b>Masters 35+</b>									
1.	Aida Ponce del Castillo	CNSW	2:51.85 CNSW/358/74	<b>2:50.64</b>	+0,67	39.27	1:22.26	2:06.82	2:50.64
2.	Tina Renken	AZ&PC	2:57.92 7200800	<b>3:01.57</b>	+0,78	43.28	1:29.09	2:15.55	3:01.57
3.	Henriëtte Manting	GZVW	3:03.52 7100246	<b>3:08.28</b>	+0,74	41.61	1:29.28	2:19.14	3:08.28
4.	Tony de Groot	De Futen	3:17.37 7300758	<b>3:16.70</b>	* +0,90	45.49	1:36.19	2:27.89	3:16.70
<b>Masters 40+</b>									
1.	F. Heijdeman-Duran	AZ&PC	2:59.51 6900222	<b>3:06.70</b>	+0,76	45.22	1:31.86	2:19.33	3:06.70
2.	Desiree van der Lem	Kon. AZ 1870	3:14.39 6800282	<b>3:26.54</b>	+0,79	46.68	1:38.16	2:33.00	3:26.54
3.	Conny v. Velden	AZ&PC	3:58.30 6500446	<b>3:50.18</b>	+0,77	54.00	1:52.46	2:51.71	3:50.18
<b>Masters 45+</b>									
1.	Annemarie Vuist	Swol 1894	3:03.76 6300282	<b>3:09.99</b>	+0,84	45.06	1:32.89	2:21.90	3:09.99
2.	Marleen Segers	AZV	3:00.04 AZV/056/61	<b>3:11.47</b>	+0,77	44.32	1:33.57	2:23.71	3:11.47
3.	Ellen Parma	Triton	3:20.70 6200366	<b>3:14.91</b>	+0,91	45.77	1:34.68	2:26.33	3:14.91
4.	Alie Visser	HZ&PC Heerenveen	3:37.20 6400494	<b>3:33.83</b>	+0,79	46.61	1:40.93	2:37.98	3:33.83
AFGEM	Jacqueline Rolloos	De Lansingh	2:56.71 6300222						

Programmanr. 5, Dames, 200m rugslag

Masters 50+

1. Jacqueline Covents	GBZ	4:10.78	GBZ/033/59	<b>4:15.49</b>	+1,04	57.92	2:05.79	3:12.10	4:15.49
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Masters 55+

1. Conny Boer-Buys	Vlaardingen	3:18.75	5000006	<b>3:07.78</b>	+0,83	43.44	1:31.51	2:21.77	3:07.78
<i>Nederlands Masters Record, tt 100 meter NMR</i>									
2. Christien Nieuwenhuis	Swol 1894	3:16.39	5100022	<b>3:22.76</b>	+0,88	47.77	1:39.36	2:31.50	3:22.76
3. A. Gilding-Tussaud	WS Twente	3:51.50	5000038	<b>3:46.44</b>	+0,74	50.56	1:49.69	2:49.83	3:46.44
4. Corine Kalbfleisch	DWT	3:50.40	5200024	<b>3:57.53</b>	+0,96	54.00	1:54.60	2:58.99	3:57.53

Masters 60+

1. Loekie v. Huissteden	AZ&PC	4:40.23	4500002	<b>4:18.87</b>	* +0,85	1:00.00	2:08.49	3:15.07	4:18.87
2. Hanny Bottin	SV Langenfeld 1912	5:06.88	057992	<b>5:15.68</b>	+0,97	1:12.49	2:31.45	3:56.68	5:15.68

Masters 65+

1. Nicole Davidson	ShaRK	4:19.06	ShaRK/184/44	<b>4:21.07</b>	+0,61	59.52	2:06.13	3:16.20	4:21.07
2. Leny Kamp	Aquapoldro	4:26.22	4400008	<b>4:25.44</b>	+0,72	59.84	2:07.54	3:17.97	4:25.44

Masters 70+

1. Jeltje van Bergen	De Pinquin	4:22.43	3500002	<b>4:21.73</b>	+0,81	57.37	2:04.16	3:14.08	4:21.73
2. Tineke de Bueger	Old Dutch	4:59.00	3700010	<b>5:08.57</b>	+1,03	1:09.14	2:32.89	3:54.88	5:08.57

Masters 75+

1. Annie de Vos	Old Dutch	4:35.21	3400004	<b>4:42.24</b>	+0,85	1:04.53	2:14.85	3:28.10	4:42.24
<i>Kampioenschaps Record</i>									

Programmanr. 6  
08.05.2009 - 18:35

Heren, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>									
1. Jan-Willem v.d. Graaff	Het Y	2:20.83	8901023	<b>2:17.75</b>	+0,60	32.59	1:07.62	1:43.01	2:17.75
<i>Kampioenschaps Record</i>									
2. Raoul Engelenburg	De Dolfijn	2:18.13	8900843	<b>2:22.40</b>	+0,60	33.68	1:10.06	1:46.77	2:22.40
3. Harm Rozenga	WVZ	2:14.70	8902685	<b>2:23.53</b>	+0,82	34.49	1:12.08	1:49.34	2:23.53
4. Niels Albrechts	De Schotejil	2:32.01	8800039	<b>2:36.29</b>	+0,69	37.95	1:17.58	1:57.84	2:36.29
AFGEM Floris Manni	Octopus	2:24.41	8805679						
<b>Masters 25+</b>									
1. Thommy Nickel	Van Vliet Barracuda	2:26.12	8401627	<b>2:23.88</b>	+0,75	33.53	1:09.15	1:46.56	2:23.88
2. Leander Noordijk	De Schotejil	2:20.23	8101221	<b>2:26.13</b>	+0,84	35.08	1:12.46	1:50.11	2:26.13
3. Marcel Reefhuis	De Veene	2:22.20	8101381	<b>2:26.14</b>	+0,66	35.20	1:12.95	1:50.25	2:26.14
<b>Masters 30+</b>									
1. Dennis Brouwers	HZPC	2:15.41	7800167	<b>2:21.29</b>	+0,67	34.66	1:10.70	1:46.11	2:21.29
<i>Nederlands Masters Record</i>									
2. Stan Dekker	PLONS	2:33.65	7901823	<b>2:30.21</b>	+0,73	34.79	1:12.76	1:51.47	2:30.21
3. Freddie Geerlings	NIMO	2:25.71	7900379	<b>2:31.63</b>	+0,79	35.22	1:12.56	1:52.69	2:31.63
4. Pieter Ponne	HZ&PC Heerenveen	2:54.61	7600749	<b>2:54.09</b>	+0,74	39.52	1:24.24	2:09.62	2:54.09

Programmanr. 6, Heren, 200m rugslag

Masters 35+

1. Paul van den Heuvel	Arethusa	2:34.28	7000441	<b>2:39.05</b>	+0,74	37.22	1:17.89	1:59.73	2:39.05
2. Casper de Zeeuw	WS Twente	2:47.50	7001137	<b>2:44.75</b>	+0,64	40.17	1:22.28	2:04.19	2:44.75
3. Gerard Eghuizen	HZ&PC Heerenveen	2:39.78	7400197	<b>2:45.03</b>	+0,78	36.08	1:14.98	1:58.89	2:45.03
DIS Arnold Jonker	HZ&PC Heerenveen	3:34.79	7000529	<b>3:36.53</b>	+0,67	49.99	1:45.56	2:41.75	3:36.53

RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.

Masters 40+

1. Zoltán Balajti	Budapesti Delfinek	2:25.35	66balajti	<b>2:25.81</b>	+0,66	32.88	1:09.54	1:47.33	2:25.81
2. Ron Korzelijs	AZ&PC	2:37.84	6500513	<b>2:36.09</b>	+0,79	37.19	1:16.57	1:56.44	2:36.09
3. Patrick Juncker	Swimming Luxembourg	2:49.89	136	<b>2:45.80</b>	+0,79	39.63	1:21.16	2:03.39	2:45.80
	<i>Luxemburgs Masters Record</i>								
4. Frans Oldersma	TriVia	2:53.13	6600565	<b>2:50.15</b>	+0,74	40.28	1:23.37	2:07.36	2:50.15
5. Marcel van der Lem	Kon. AZ 1870	2:48.73	6500563	<b>2:56.30</b>	+0,80	40.01	1:23.63	2:10.09	2:56.30
6. Pieter-Sjoerd de Wijn	Aqua-Novio '94	3:13.93	6501027	<b>3:18.39</b>	+0,82	47.65	1:38.56	2:29.97	3:18.39

Masters 45+

1. Jan Brink	De Stormvogel	2:25.32	6200091	<b>2:33.14</b>	+0,76	36.56	1:15.14	1:54.65	2:33.14
2. Hardy Worbs	SV Bayer Uerdingen 08	2:44.40	157515	<b>2:41.08</b>	+0,69	37.82	1:19.56	2:00.14	2:41.08
3. Arnold de Rover	De Futen	2:41.95	6400645	<b>2:44.65</b>		38.39	1:19.08	2:02.11	2:44.65
4. Ron Phaff	PSV	2:41.85	6200495	<b>2:45.69</b>	+0,70	38.71	1:20.51	2:02.14	2:45.69
5. André Schutte	De Stormvogel	2:59.29	6000521	<b>3:03.41</b>	+0,98	41.85	1:27.67	2:15.35	3:03.41
6. Jack Barends	WS Twente	3:15.79	6201011	<b>3:08.54</b>	+0,92	45.60	1:34.53	2:22.23	3:08.54
7. Lieven De Rijcke	GBZ	3:17.82	GBZ/130/60	<b>3:20.76</b>	+0,80	44.73	1:35.30	2:28.02	3:20.76
8. Filip Timmermans	ShaRK	3:38.83	ShaRK/163/60	<b>3:42.29</b>	+0,94	51.31	1:48.33	2:46.35	3:42.29
9. Michiel Tonsbeek	DWT	3:39.42	6000889	<b>3:56.91</b>	+0,84	57.35	1:58.03	3:00.30	3:56.91

Masters 50+

1. Andre Storm	Zoetermeer	2:52.76	5600407	<b>2:49.42</b>	+0,65	38.11	1:21.37	2:06.53	2:49.42
2. Wim de Lange	Electrolux AZC	2:52.91	5800533	<b>2:58.98</b>	+0,67	41.64	1:25.56	2:12.53	2:58.98
3. Henk Slomp	De Pinquin	3:05.82	5500359	<b>3:08.82</b>	+0,80	42.39	1:30.06	2:20.91	3:08.82

Masters 55+

1. Hans Piederiet	Numansdorp	2:46.48	5400177	<b>2:53.63</b>	+0,86	39.74	1:23.63	2:09.52	2:53.63
	<i>Kampioenschaps Record</i>								
2. Peter Gulyas	Totkomlosi Rozmarok	3:03.62	51gulyas	<b>3:05.88</b>	+0,73	43.89	1:31.09	2:19.33	3:05.88

Masters 60+

1. Ludwig Lorenz	SG Gladbeck	3:19.92	127866	<b>3:17.71</b>	+1,23	47.49	1:38.32	2:29.69	3:17.71
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Masters 65+

1. Frans van Enst	De Veene	3:10.45	4000011	<b>3:13.23</b>	+0,64	42.94	1:29.54	2:20.67	3:13.23
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Masters 70+

1. Jan Eichhorn	Rapido '82	3:41.75	3700015	<b>3:45.68</b>	+0,75	48.67	1:45.42	2:43.35	3:45.68
2. Gregor Pompen	Aqua-Novio '94	3:52.36	3700021	<b>4:01.27</b>	+0,71	52.60	1:54.97	2:59.24	4:01.27
3. Rob van Gestel	PSV	3:51.22	3500005	<b>4:07.28</b>	+1,17	59.89	2:03.42	3:07.91	4:07.28

Masters 75+

1. Georges Verhelst	RZV	3:58.54	RZV/160/31	<b>3:51.22</b>	+0,80	51.55	1:50.06	2:50.75	3:51.22
2. Guy Fricot	CCS	5:41.74	CCS/010/33	<b>5:40.46</b>	+1,01	1:18.25	2:46.43	4:14.82	5:40.46

Masters 80+

1. Hugo Speelmans	ShaRK	4:51.73	ShaRK/229/27	<b>4:47.81</b>	+0,72	1:08.37	2:22.49	3:36.81	4:47.81
	<i>Belgisch Master Record</i>								



2 - ONMK 2009 sessie 2

09.05.2009 - 8:30

Programmanr. 8  
09.05.2009 - 8:30

Heren, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>					
1.	Jan-Willem v.d. Graaff <i>Kampioenschaps Record</i>	Het Y	4:22.41	8901023	4:24.45 +0,80
	50m: 29.97 29.97 100m: 1:02.64 32.67	150m: 1:36.53 33.89 200m: 2:10.16 33.63	250m: 2:43.91 33.75 300m: 3:17.88 33.97	350m: 3:52.13 34.25 400m: 4:24.45 32.32	
2.	Raoul Engelenburg	De Dolfijn	4:17.84	8900843	4:27.99 +0,88
	50m: 30.96 30.96 100m: 1:04.24 33.28	150m: 1:38.50 34.26 200m: 2:12.93 34.43	250m: 2:47.02 34.09 300m: 3:21.21 34.19	350m: 3:55.17 33.96 400m: 4:27.99 32.82	
3.	Nicolas Degalan	CNBA	4:26.17	CNBA/777/89	4:32.55 +0,79
	50m: 30.53 30.53 100m: 1:03.97 33.44	150m: 1:38.17 34.20 200m: 2:12.93 34.76	250m: 2:48.15 35.22 300m: 3:23.40 35.25	350m: 3:58.87 35.47 400m: 4:32.55 33.68	
4.	Niels Albrechts	De Schotejil	4:39.16	8800039	4:48.27 +0,91
	50m: 31.66 31.66 100m: 1:07.60 35.94	150m: 1:44.37 36.77 200m: 2:20.91 36.54	250m: 2:57.82 36.91 300m: 3:35.41 37.59	350m: 4:12.89 37.48 400m: 4:48.27 35.38	
5.	Martijn van Hoorn	De Schotejil	5:18.08	8901343	5:21.78 +0,86
	50m: 33.79 33.79 100m: 1:12.84 39.05	150m: 1:53.60 40.76 200m: 2:35.76 42.16	250m: 3:16.94 41.18 300m: 4:00.63 43.69	350m: 4:41.77 41.14 400m: 5:21.78 40.01	
6.	Leander van Diggelen	ZPCH	5:05.69	8800763	5:22.44 +0,91
	50m: 33.17 33.17 100m: 1:11.12 37.95	150m: 1:50.61 39.49 200m: 2:32.03 41.42	250m: 3:14.71 42.68 300m: 3:56.94 42.23	350m: 4:40.41 43.47 400m: 5:22.44 42.03	
<b>Masters 25+</b>					
1.	Erik Schröder <i>Nederlands Masters Record</i>	TriVia	4:04.49	8402025	4:12.70 +0,88
	50m: 28.05 28.05 100m: 58.99 30.94	150m: 1:31.39 32.40 200m: 2:03.92 32.53	250m: 2:36.21 32.29 300m: 3:09.12 32.91	350m: 3:41.35 32.23 400m: 4:12.70 31.35	
2.	Alexander Hulleman	De Zijl/LGB	4:23.97	8300989	4:27.01 +0,94
	50m: 30.50 30.50 100m: 1:03.22 32.72	150m: 1:36.47 33.25 200m: 2:10.82 34.35	250m: 2:44.73 33.91 300m: 3:19.34 34.61	350m: 3:53.62 34.28 400m: 4:27.01 33.39	
3.	Sylvain Faticoni	CHTHN	4:35.70	CHTHN/066/83	4:35.73 +0,70
	50m: 30.88 30.88 100m: 1:04.81 33.93	150m: 1:39.64 34.83 200m: 2:15.28 35.64	250m: 2:50.51 35.23 300m: 3:26.04 35.53	350m: 4:02.07 36.03 400m: 4:35.73 33.66	
4.	Gergely Molnar	Sprint Fortuna SC	4:19.20	80molnar	4:38.00 +0,89
	50m: 30.40 30.40 100m: 1:04.39 33.99	150m: 1:39.32 34.93 200m: 2:15.24 35.92	250m: 2:50.69 35.45 300m: 3:26.71 36.02	350m: 4:02.80 36.09 400m: 4:38.00 35.20	
5.	Marcel Reefhuis	De Veene	4:43.60	8101381	4:43.12 +0,86
	50m: 31.59 31.59 100m: 1:06.68 35.09	150m: 1:42.50 35.82 200m: 2:18.91 36.41	250m: 2:55.01 36.10 300m: 3:31.80 36.79	350m: 4:08.03 36.23 400m: 4:43.12 35.09	
6.	Erik Drewes	De Biesboschwemmers	5:00.73	8400543	4:46.95 +0,77
	50m: 32.06 32.06 100m: 1:07.95 35.89	150m: 1:45.35 37.40 200m: 2:23.29 37.94	250m: 2:59.74 36.45 300m: 3:36.45 36.71	350m: 4:12.13 35.68 400m: 4:46.95 34.82	
7.	Jeroen Vogelsang	Het Y	4:45.70	8001645	4:47.37 +1,13
	50m: 30.67 30.67 100m: 1:04.66 33.99	150m: 1:40.87 36.21 200m: 2:17.92 37.05	250m: 2:55.24 37.32 300m: 3:32.94 37.70	350m: 4:10.52 37.58 400m: 4:47.37 36.85	
8.	Leander Noordijk	De Schotejil	4:38.92	8101221	4:47.40 +0,95
	50m: 31.49 31.49 100m: 1:06.57 35.08	150m: 1:43.54 36.97 200m: 2:21.14 37.60	250m: 2:58.81 37.67 300m: 3:36.78 37.97	350m: 4:13.41 36.63 400m: 4:47.40 33.99	
9.	Sebastian Baars	WS Twente	5:14.95	8300053	5:02.88 +0,94
	50m: 32.17 32.17 100m: 1:08.85 36.68	150m: 1:46.93 38.08 200m: 2:25.80 38.87	250m: 3:04.96 39.16 300m: 3:44.68 39.72	350m: 4:24.45 39.77 400m: 5:02.88 38.43	

Programmanr. 8, Heren, 400m vrije slag

Masters 30+

1.	Ralf Peters		KZPC	4:42.97	7600737	<b>4:37.00</b>	+0,82	
	50m: 29.62	29.62	150m: 1:38.71	35.52	250m: 2:49.90	35.91	350m: 4:01.69	36.00
	100m: 1:03.19	33.57	200m: 2:13.99	35.28	300m: 3:25.69	35.79	400m: 4:37.00	35.31
2.	Martijn Butter		OEZA	4:41.68	7900231	<b>4:39.23</b>	+0,92	
	50m: 31.14	31.14	150m: 1:40.64	35.07	250m: 2:51.95	35.46	350m: 4:04.59	36.25
	100m: 1:05.57	34.43	200m: 2:16.49	35.85	300m: 3:28.34	36.39	400m: 4:39.23	34.64
3.	Ivo Roozeboom		DES	4:41.49	7700801	<b>4:41.73</b>	+0,92	
	50m: 30.93	30.93	150m: 1:42.66	36.57	250m: 2:56.33	37.00	350m: 4:08.62	36.09
	100m: 1:06.09	35.16	200m: 2:19.33	36.67	300m: 3:32.53	36.20	400m: 4:41.73	33.11
4.	Koen de Haan		PSV	5:12.54	7801671	<b>4:57.84</b>	+0,90	
	50m: 31.55	31.55	150m: 1:45.30	37.59	250m: 3:02.08	38.46	350m: 4:19.73	38.67
	100m: 1:07.71	36.16	200m: 2:23.62	38.32	300m: 3:41.06	38.98	400m: 4:57.84	38.11
5.	Svet Gavrilox		GLS Ketelbinkie	5:07.24	7501263	<b>5:11.58</b>	+0,81	
	50m: 34.67	34.67	150m: 1:52.11	38.91	250m: 3:11.85	39.64	350m: 4:32.33	39.73
	100m: 1:13.20	38.53	200m: 2:32.21	40.10	300m: 3:52.60	40.75	400m: 5:11.58	39.25
6.	Pieter Ponne		HZ&PC Heerenveen	6:07.08	7600749	<b>5:34.18</b>	+0,93	
	50m: 36.08	36.08	150m: 1:59.68	42.74	250m: 3:27.19	44.02	350m: 4:56.10	44.66
	100m: 1:16.94	40.86	200m: 2:43.17	43.49	300m: 4:11.44	44.25	400m: 5:34.18	38.08
7.	Jeroen Tebbens		IJZPC	6:56.31	7601405	<b>6:41.42</b>	+1,05	
	50m: 42.27	42.27	150m: 2:20.55	49.93	250m: 4:05.89	52.32	350m: 5:50.94	51.63
	100m: 1:30.62	48.35	200m: 3:13.57	53.02	300m: 4:59.31	53.42	400m: 6:41.42	50.48
8.	Geoffrey van der Maat		PSV	7:16.34	7801673	<b>7:15.42</b>	+1,05	
	50m: 42.63	42.63	150m: 2:27.77	54.86	250m: 4:23.12	58.09	350m: 6:20.53	57.85
	100m: 1:32.91	50.28	200m: 3:25.03	57.26	300m: 5:22.68	59.56	400m: 7:15.42	54.89

Masters 35+

1.	Arjen Kervezee		Het Y	5:09.57	7000563	<b>4:59.13</b>	+0,91	
	50m: 31.15	31.15	150m: 1:44.45	37.64	250m: 3:01.82	39.33	350m: 4:20.73	38.89
	100m: 1:06.81	35.66	200m: 2:22.49	38.04	300m: 3:41.84	40.02	400m: 4:59.13	38.40
2.	Jerry Grondel		PLONS	5:12.28	7201223	<b>5:01.27</b>	+0,77	
	50m: 30.80	30.80	150m: 1:39.65	35.53	250m: 2:57.71	40.08	350m: 4:20.25	41.48
	100m: 1:04.12	33.32	200m: 2:17.63	37.98	300m: 3:38.77	41.06	400m: 5:01.27	41.02
3.	Oscar van Holsteyn		AquAmigos	5:01.00	7100373	<b>5:04.65</b>	+0,88	
	50m: 32.76	32.76	150m: 1:48.20	38.64	250m: 3:07.27	39.71	350m: 4:26.31	39.39
	100m: 1:09.56	36.80	200m: 2:27.56	39.36	300m: 3:46.92	39.65	400m: 5:04.65	38.34
4.	Roy Danckaerts		De Fuut	4:53.51	7000231	<b>5:07.39</b>	+0,93	
	50m: 32.10	32.10	150m: 1:46.82	37.85	250m: 3:06.01	39.70	350m: 4:26.78	39.97
	100m: 1:08.97	36.87	200m: 2:26.31	39.49	300m: 3:46.81	40.80	400m: 5:07.39	40.61
5.	Stefan Dortmund		Electrolux AZC	4:53.87	7201167	<b>5:17.11</b>	+0,88	
	50m: 34.73	34.73	150m: 1:52.67	39.90	250m: 3:12.76	40.22	350m: 4:35.89	42.18
	100m: 1:12.77	38.04	200m: 2:32.54	39.87	300m: 3:53.71	40.95	400m: 5:17.11	41.22
6.	Tiemen Stegenga		HZ&PC Heerenveen	5:42.56	7101379	<b>5:30.71</b>	+0,86	
	50m: 33.99	33.99	150m: 1:54.94	41.72	250m: 3:21.66	43.67	350m: 4:49.19	44.21
	100m: 1:13.22	39.23	200m: 2:37.99	43.05	300m: 4:04.98	43.32	400m: 5:30.71	41.52
7.	Marc Weijers		PSV	6:50.56	7101347	<b>6:26.16</b>	+1,13	
	50m: 41.24	41.24	150m: 2:15.58	48.41	250m: 3:57.01	52.03	350m: 5:39.44	51.52
	100m: 1:27.17	45.93	200m: 3:04.98	49.40	300m: 4:47.92	50.91	400m: 6:26.16	46.72

Masters 40+

1.	Norbert Nagy		Sprint Fortuna SC	4:42.45	69nagy	<b>4:40.72</b>	+0,73	
	50m: 31.90	31.90	150m: 1:41.49	34.89	250m: 2:53.31	35.76	350m: 4:04.80	35.12
	100m: 1:06.60	34.70	200m: 2:17.55	36.06	300m: 3:29.68	36.37	400m: 4:40.72	35.92
2.	Rene Beetsma		HZ&PC Heerenveen	4:54.25	6900069	<b>4:47.83</b>	+0,88	
	50m: 31.64	31.64	150m: 1:42.45	35.77	250m: 2:56.47	37.03	350m: 4:11.33	37.25
	100m: 1:06.68	35.04	200m: 2:19.44	36.99	300m: 3:34.08	37.61	400m: 4:47.83	36.50
3.	Sander van den Berg		WS Twente	5:06.06	6801357	<b>5:05.17</b>	+0,90	
	50m: 32.27	32.27	150m: 1:47.15	37.35	250m: 3:05.01	39.01	350m: 4:24.59	40.00
	100m: 1:09.80	37.53	200m: 2:26.00	38.85	300m: 3:44.59	39.58	400m: 5:05.17	40.58
4.	Erik van Dartel		PSV	4:42.19	6700185	<b>5:11.47</b>	+1,05	
	50m: 32.52	32.52	150m: 1:47.23	38.51	250m: 3:07.85	40.87	350m: 4:30.63	42.07
	100m: 1:08.72	36.20	200m: 2:26.98	39.75	300m: 3:48.56	40.71	400m: 5:11.47	40.84
5.	Karl-Heinz Eberhard		SC Wiesbaden 1911	5:15.20	231828	<b>5:16.91</b>	+0,84	
	50m: 33.03	33.03	150m: 1:51.00	39.89	250m: 3:13.91	41.76	350m: 4:38.47	41.97
	100m: 1:11.11	38.08	200m: 2:32.15	41.15	300m: 3:56.50	42.59	400m: 5:16.91	38.44

Programmanr. 8, Heren, 400m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT			
6.	Alessandro Fabrini	SS LAZIO NUOTO	5:14.61	laz007978	5:23.06 +1,01			
	50m: 35.96	35.96	150m: 1:57.03	40.96	250m: 3:19.43	41.21	350m: 4:42.74	41.45
	100m: 1:16.07	40.11	200m: 2:38.22	41.19	300m: 4:01.29	41.86	400m: 5:23.06	40.32
7.	Frans Oldersma	TriVia	5:45.87	6600565	5:30.02 +0,99			
	50m: 35.25	35.25	150m: 1:55.48	41.06	250m: 3:21.25	43.12	350m: 4:48.67	43.45
	100m: 1:14.42	39.17	200m: 2:38.13	42.65	300m: 4:05.22	43.97	400m: 5:30.02	41.35
8.	Oliver Podebrad	SC Wiesbaden 1911	5:50.70	262705	5:33.13 +0,97			
	50m: 37.05	37.05	150m: 1:59.48	41.95	250m: 3:25.70	42.86	350m: 4:51.73	42.53
	100m: 1:17.53	40.48	200m: 2:42.84	43.36	300m: 4:09.20	43.50	400m: 5:33.13	41.40
9.	Phil Trethewie	Old Dutch	6:11.81	6501315	5:34.02 +0,97			
	50m: 36.58	36.58	150m: 2:00.80	43.17	250m: 3:27.54	43.29	350m: 4:54.41	43.07
	100m: 1:17.63	41.05	200m: 2:44.25	43.45	300m: 4:11.34	43.80	400m: 5:34.02	39.61
10.	Henk van Zetten	Octopus	6:28.02	6701261	6:38.07 +0,95			
	50m: 41.60	41.60	150m: 2:20.24	50.72	250m: 4:04.12	51.29	350m: 5:50.53	51.80
	100m: 1:29.52	47.92	200m: 3:12.83	52.59	300m: 4:58.73	54.61	400m: 6:38.07	47.54

Masters 45+

1.	John Stoffer	Zoetermeer	5:01.22	6300725	5:13.58 +0,94			
	50m: 34.10	34.10	150m: 1:52.65	40.38	250m: 3:14.32	40.98	350m: 4:35.03	39.93
	100m: 1:12.27	38.17	200m: 2:33.34	40.69	300m: 3:55.10	40.78	400m: 5:13.58	38.55
2.	Olaf Chalmer-Rasmussen	Swimming Luxembourg	5:27.17	123	5:16.65 +0,97			
	50m: 35.26	35.26	150m: 1:54.12	39.85	250m: 3:15.72	40.74	350m: 4:37.77	40.74
	100m: 1:14.27	39.01	200m: 2:34.98	40.86	300m: 3:57.03	41.31	400m: 5:16.65	38.88
3.	Peter Fölker	Aqua-Novio '94	5:13.09	6401021	5:16.66 +0,74			
	50m: 35.22	35.22	150m: 1:53.97	39.98	250m: 3:15.62	40.78	350m: 4:37.66	41.24
	100m: 1:13.99	38.77	200m: 2:34.84	40.87	300m: 3:56.42	40.80	400m: 5:16.66	39.00
4.	Fred Vollebergh	De Pinquin	5:05.92	6100641	5:24.80 +0,82			
	50m: 34.27	34.27	150m: 1:53.71	39.93	250m: 3:18.25	42.37	350m: 4:43.67	42.28
	100m: 1:13.78	39.51	200m: 2:35.88	42.17	300m: 4:01.39	43.14	400m: 5:24.80	41.13
5.	Joost de Kroon	AquAmigos	5:31.15	6400999	5:29.00 +1,10			
	50m: 37.50	37.50	150m: 2:02.73	43.76	250m: 3:28.93	43.13	350m: 4:51.84	40.91
	100m: 1:18.97	41.47	200m: 2:45.80	43.07	300m: 4:10.93	42.00	400m: 5:29.00	37.16
6.	Paul van der Voort	De Zwoer	5:18.17	6200715	5:29.33 +1,25			
	50m: 36.14	36.14	150m: 2:01.07	43.47	250m: 3:28.00	43.46	350m: 4:52.25	41.86
	100m: 1:17.60	41.46	200m: 2:44.54	43.47	300m: 4:10.39	42.39	400m: 5:29.33	37.08
7.	Bart van Calker	WS Twente	5:44.82	6100067	5:39.05 +1,07			
	50m: 37.00	37.00	150m: 2:00.41	43.07	250m: 3:28.01	43.79	350m: 4:55.87	43.61
	100m: 1:17.34	40.34	200m: 2:44.22	43.81	300m: 4:12.26	44.25	400m: 5:39.05	43.18
8.	Jack Barends	WS Twente	5:51.15	6201011	5:52.25 +0,99			
	50m: 38.50	38.50	150m: 2:04.86	44.38	250m: 3:36.12	46.24	350m: 5:08.12	46.40
	100m: 1:20.48	41.98	200m: 2:49.88	45.02	300m: 4:21.72	45.60	400m: 5:52.25	44.13
9.	Wilko Versleeuwen	PSV	6:32.76	6301189	6:31.51 +0,97			
	50m: 41.92	41.92	150m: 2:19.39	50.21	250m: 4:02.42	51.96	350m: 5:44.08	50.50
	100m: 1:29.18	47.26	200m: 3:10.46	51.07	300m: 4:53.58	51.16	400m: 6:31.51	47.43
10.	Johan van de Ven	PSV	6:59.88	6400903	6:38.96 +0,91			
	50m: 44.95	44.95	150m: 2:25.16	50.73	250m: 4:07.76	50.99	350m: 5:50.43	51.09
	100m: 1:34.43	49.48	200m: 3:16.77	51.61	300m: 4:59.34	51.58	400m: 6:38.96	48.53
11.	Aris Jan van Ek	IJZPC	7:05.87	6100125	6:52.31 +0,97			
	50m: 42.75	42.75	150m: 2:23.25	51.63	250m: 4:11.27	54.99	350m: 6:02.41	56.30
	100m: 1:31.62	48.87	200m: 3:16.28	53.03	300m: 5:06.11	54.84	400m: 6:52.31	49.90
12.	Perry Dekker	ZV De Bron	7:19.61	6201081	7:32.51 +1,20			
	50m: 43.71	43.71	150m: 2:36.89	59.10	250m: 4:35.49	59.10	350m: 6:35.17	58.50
	100m: 1:37.79	54.08	200m: 3:36.39	59.50	300m: 5:36.67	1:01.18	400m: 7:32.51	57.34

Masters 50+

1.	Richard Broer	PLONS	4:56.05	5900077	5:04.02 +1,05			
	50m: 32.90	32.90	150m: 1:49.17	39.20	250m: 3:08.79	39.88	350m: 4:26.66	39.75
	100m: 1:09.97	37.07	200m: 2:28.91	39.74	300m: 3:46.91	38.12	400m: 5:04.02	37.36
2.	Andre Storm	Zoetermeer	5:16.30	5600407	5:15.28 +0,92			
	50m: 34.31	34.31	150m: 1:55.06	41.22	250m: 3:16.75	40.43	350m: 4:37.36	39.81
	100m: 1:13.84	39.53	200m: 2:36.32	41.26	300m: 3:57.55	40.80	400m: 5:15.28	37.92
3.	Henk Slomp	De Pinquin	5:38.21	5500359	5:26.87 +1,11			
	50m: 34.56	34.56	150m: 1:56.89	42.25	250m: 3:22.97	42.72	350m: 4:48.58	42.15
	100m: 1:14.64	40.08	200m: 2:40.25	43.36	300m: 4:06.43	43.46	400m: 5:26.87	38.29

Programmanr. 8, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT
4.	Willem Zwiers	AquAmigos	5:39.11	5800505	5:29.30 +0,86
	50m: 35.77 35.77	150m: 1:57.26 41.05	250m: 3:23.41 42.76	350m: 4:49.32 42.98	
	100m: 1:16.21 40.44	200m: 2:40.65 43.39	300m: 4:06.34 42.93	400m: 5:29.30 39.98	
5.	Hans Groothelm	DBD	5:33.31	5800151	5:30.50 +0,88
	50m: 37.39 37.39	150m: 2:00.92 42.41	250m: 3:27.23 43.42	350m: 4:53.05 43.07	
	100m: 1:18.51 41.12	200m: 2:43.81 42.89	300m: 4:09.98 42.75	400m: 5:30.50 37.45	

Masters 55+

1.	Fred Zanting	TriVia	6:23.07	5400323	6:05.97 +1,10
	50m: 39.94 39.94	150m: 2:11.33 46.56	250m: 3:46.11 47.71	350m: 5:19.93 46.89	
	100m: 1:24.77 44.83	200m: 2:58.40 47.07	300m: 4:33.04 46.93	400m: 6:05.97 46.04	

Masters 60+

1.	Donald Uijtenbogaart <i>Kampioenschaps Record</i>	Het Y	5:11.49	4700107	5:09.68 +0,90
	50m: 36.43 36.43	150m: 1:56.30 39.99	250m: 3:15.81 39.07	350m: 4:32.88 37.93	
	100m: 1:16.31 39.88	200m: 2:36.74 40.44	300m: 3:54.95 39.14	400m: 5:09.68 36.80	
2.	Dieter Lochner	SSF Bonn 05 e.V.	6:08.65	220908	5:56.17 +1,06
	50m: 37.11 37.11	150m: 2:04.51 44.93	250m: 3:37.89 46.47	350m: 5:12.79 47.27	
	100m: 1:19.58 42.47	200m: 2:51.42 46.91	300m: 4:25.52 47.63	400m: 5:56.17 43.38	
3.	Joop Draaisma	DZ&PC	6:07.87	4600155	5:56.18 +0,96
	50m: 37.30 37.30	150m: 2:04.69 45.30	250m: 3:38.39 47.44	350m: 5:12.23 47.20	
	100m: 1:19.39 42.09	200m: 2:50.95 46.26	300m: 4:25.03 46.64	400m: 5:56.18 43.95	
4.	Mar van Geel	Old Dutch	6:53.09	4700135	7:14.25 +1,08
	50m: 43.18 43.18	150m: 2:30.26 55.42	250m: 4:22.33 57.13	350m: 6:17.58 57.97	
	100m: 1:34.84 51.66	200m: 3:25.20 54.94	300m: 5:19.61 57.28	400m: 7:14.25 56.67	

Masters 65+

1.	Rob Hanou	PSV	5:50.61	4300109	6:08.21 +1,12
	50m: 39.31 39.31	150m: 2:11.07 47.23	250m: 3:47.05 48.18	350m: 5:23.01 47.85	
	100m: 1:23.84 44.53	200m: 2:58.87 47.80	300m: 4:35.16 48.11	400m: 6:08.21 45.20	
2.	Frans van Enst	De Veene	6:10.69	4000011	6:28.32 +1,07
	50m: 41.55 41.55	150m: 2:19.73 49.84	250m: 4:01.37 50.39	350m: 5:41.58 49.56	
	100m: 1:29.89 48.34	200m: 3:10.98 51.25	300m: 4:52.02 50.65	400m: 6:28.32 46.74	
3.	Manfred Bottin	SV Langenfeld 1912	6:36.75	057993	6:34.02 +1,19
	50m: 41.25 41.25	150m: 2:19.41 49.66	250m: 4:01.01 50.44	350m: 5:43.44 50.87	
	100m: 1:29.75 48.50	200m: 3:10.57 51.16	300m: 4:52.57 51.56	400m: 6:34.02 50.58	
4.	Wim ter Laak	Katwijk	9:25.14	4000027	8:55.16 +1,24
	50m: 53.86 53.86	150m: 3:13.41 1:11.45	250m: 5:36.24 1:10.74	350m: 7:51.80 1:06.69	
	100m: 2:01.96 1:08.10	200m: 4:25.50 1:12.09	300m: 6:45.11 1:08.87	400m: 8:55.16 1:03.36	

Masters 70+

1.	Nico Geers <i>Kampioenschaps Record</i>	Van Uden-De Gouwe	5:33.22	3800007	5:49.34 +0,97
	50m: 38.77 38.77	150m: 2:09.23 46.30	250m: 3:39.40 45.15	350m: 5:08.40 44.37	
	100m: 1:22.93 44.16	200m: 2:54.25 45.02	300m: 4:24.03 44.63	400m: 5:49.34 40.94	

Programmanr. 9  
09.05.2009 - 9:19

Dames, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>					
1.	Bianca van Ringelestijn	PSV	5:08.25	8502466	5:12.35 +0,97
	50m: 33.17	150m: 1:50.80	250m: 3:10.49	39.74 350m: 4:33.71	40.92
	100m: 1:11.34	200m: 2:30.75	300m: 3:52.79	42.30 400m: 5:12.35	38.64
2.	Siska Post	DIO	5:12.54	8805562	5:18.66 +0,86
	50m: 36.29	150m: 1:56.43	250m: 3:18.13	41.07 350m: 4:39.98	41.28
	100m: 1:15.60	200m: 2:37.06	300m: 3:58.70	40.57 400m: 5:18.66	38.68
3.	Marjolein Tissingh	HZ&PC Heerenveen	5:28.92	8904130	5:20.42 +0,90
	50m: 34.38	150m: 1:54.66	250m: 3:17.89	41.79 350m: 4:41.12	41.39
	100m: 1:13.46	200m: 2:36.10	300m: 3:59.73	41.84 400m: 5:20.42	39.30
4.	Sandra Schellekens	Neptunus'58	5:24.95	8503416	5:25.68 +0,98
	50m: 36.59	150m: 1:59.26	250m: 3:23.02	42.23 350m: 4:47.01	42.09
	100m: 1:17.07	200m: 2:40.79	300m: 4:04.92	41.90 400m: 5:25.68	38.67
5.	Annelette de Vries	De Veene	5:23.19	8603908	5:26.56 +0,87
	50m: 35.32	150m: 1:57.75	250m: 3:23.34	43.35 350m: 4:47.56	41.68
	100m: 1:15.46	200m: 2:39.99	300m: 4:05.88	42.54 400m: 5:26.56	39.00
6.	Nikki Roon	Triton	5:32.91	8803712	5:42.47 +0,96
	50m: 37.09	150m: 2:00.75	250m: 3:29.60	45.01 350m: 4:59.13	45.34
	100m: 1:17.86	200m: 2:44.59	300m: 4:13.79	44.19 400m: 5:42.47	43.34
7.	Henrike de Vries	De Veene	5:50.76	8904490	5:48.35 +1,10
	50m: 38.86	150m: 2:04.49	250m: 3:34.36	45.56 350m: 5:05.00	46.02
	100m: 1:20.65	200m: 2:48.80	300m: 4:18.98	44.62 400m: 5:48.35	43.35
8.	Miriam Visserman	Octopus	5:47.84	8704364	5:49.31 +0,79
	50m: 38.62	150m: 2:05.94	250m: 3:36.50	45.76 350m: 5:06.85	44.84
	100m: 1:21.49	200m: 2:50.74	300m: 4:22.01	45.51 400m: 5:49.31	42.46
9.	Liesbeth van Mill	DWK	6:08.51	8702786	5:55.52 +0,87
	50m: 39.74	150m: 2:11.20	250m: 3:43.45	46.25 350m: 5:13.17	45.14
	100m: 1:24.92	200m: 2:57.20	300m: 4:28.03	44.58 400m: 5:55.52	42.35
10.	Annebeth van Ark	Octopus	6:14.84	8805588	5:55.56 +0,84
	50m: 38.76	150m: 2:10.43	250m: 3:43.21	46.77 350m: 5:14.04	44.54
	100m: 1:23.50	200m: 2:56.44	300m: 4:29.50	46.29 400m: 5:55.56	41.52
11.	Gosina van Stralen	HZ&PC Heerenveen	5:49.32	8603450	6:05.03 +0,84
	50m: 36.57	150m: 2:03.84	250m: 3:38.75	48.23 350m: 5:16.30	49.34
	100m: 1:18.49	200m: 2:50.52	300m: 4:26.96	48.21 400m: 6:05.03	48.73
12.	Kitty van Gendt	PSV	5:49.40	8701288	6:05.15 +0,87
	50m: 39.02	150m: 2:09.02	250m: 3:43.74	47.38 350m: 5:20.63	48.48
	100m: 1:22.86	200m: 2:56.36	300m: 4:32.15	48.41 400m: 6:05.15	44.52
13.	Sabina Caruso	RSW (SG)	7:03.88	8500542	7:18.19 +1,07
	50m: 47.59	150m: 2:37.02	250m: 4:31.16	56.70 350m: 6:26.21	57.63
	100m: 1:40.67	200m: 3:34.46	300m: 5:28.58	57.42 400m: 7:18.19	51.98
<b>Masters 25+</b>					
1.	Jette Mundt	Hanse SV Rostock	4:56.81	108728	4:58.51 +0,85
	50m: 33.65	150m: 1:48.74	250m: 3:05.22	38.39 350m: 4:21.72	37.88
	100m: 1:11.11	200m: 2:26.83	300m: 3:43.84	38.62 400m: 4:58.51	36.79
2.	Roos van Esch	TRB-RES	4:46.42	8200468	5:00.83 +0,93
	50m: 33.47	150m: 1:47.60	250m: 3:05.06	39.19 350m: 4:22.74	38.79
	100m: 1:09.78	200m: 2:25.87	300m: 3:43.95	38.89 400m: 5:00.83	38.09
3.	Anke Lambooj	AZL	4:51.28	8001182	5:09.73 +0,89
	50m: 33.95	150m: 1:50.97	250m: 3:11.42	40.09 350m: 4:30.90	39.59
	100m: 1:11.65	200m: 2:31.33	300m: 3:51.31	39.89 400m: 5:09.73	38.83
4.	Linda Hoogendam	D'Elft	5:13.24	8300892	5:13.70 +0,74
	50m: 33.88	150m: 1:53.25	250m: 3:14.92	41.17 350m: 4:35.97	39.31
	100m: 1:12.67	200m: 2:33.75	300m: 3:56.66	41.74 400m: 5:13.70	37.73
5.	Yvonne Gerritsen	DES	5:10.46	8000342	5:24.40 +0,85
	50m: 36.11	150m: 1:57.39	250m: 3:20.90	41.50 350m: 4:44.07	41.43
	100m: 1:15.92	200m: 2:39.40	300m: 4:02.64	41.74 400m: 5:24.40	40.33
6.	Andrea van Leeuwen	De Zijl/LGB	5:17.83	8100904	5:33.66 +0,95
	50m: 36.86	150m: 2:02.22	250m: 3:27.83	42.24 350m: 4:52.28	41.95
	100m: 1:19.80	200m: 2:45.59	300m: 4:10.33	42.50 400m: 5:33.66	41.38



Programmanr. 9, Dames, 400m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	tijd	RT
7.	Annette Vogelsang	ZV De Bron	6:08.44	8402632	6:03.30 * +0,93
	50m: 38.46 38.46	150m: 2:06.19 44.56	250m: 3:39.14 47.97	350m: 5:15.25 49.19	
	100m: 1:21.63 43.17	200m: 2:51.17 44.98	300m: 4:26.06 46.92	400m: 6:03.30 48.05	
8.	Rianne van Vegchelen	Deltasteur	6:38.12	8101530	6:39.51 +1,02
	50m: 41.76 41.76	150m: 2:22.18 51.02	250m: 4:05.81 52.33	350m: 5:49.84 50.92	
	100m: 1:31.16 49.40	200m: 3:13.48 51.30	300m: 4:58.92 53.11	400m: 6:39.51 49.67	
DIS	Maria van Schagen	ZV De Bron	7:59.13	8202142	
	<i>AF - Niet de aangegeven afstand gezwommen (geen tijd noteren).</i>				

Masters 30+

1.	Elvira Jonkers	De Pinquin	5:15.34	7900420	5:23.71 +0,88
	50m: 34.48 34.48	150m: 1:54.69 41.35	250m: 3:19.73 42.14	350m: 4:45.74 42.56	
	100m: 1:13.34 38.86	200m: 2:37.59 42.90	300m: 4:03.18 43.45	400m: 5:23.71 37.97	
2.	Inez Heideman	WS Twente	5:37.90	7500198	5:31.27 +0,86
	50m: 35.65 35.65	150m: 1:57.02 41.68	250m: 3:21.98 42.75	350m: 4:48.68 43.49	
	100m: 1:15.34 39.69	200m: 2:39.23 42.21	300m: 4:05.19 43.21	400m: 5:31.27 42.59	
3.	Eveline Hacquebord	IJZPC	5:56.89	7901206	5:39.36 +0,97
	50m: 38.09 38.09	150m: 2:02.16 42.87	250m: 3:29.32 43.69	350m: 4:57.54 44.57	
	100m: 1:19.29 41.20	200m: 2:45.63 43.47	300m: 4:12.97 43.65	400m: 5:39.36 41.82	
4.	Jolanda van Gendt	PSV	5:37.44	7800266	5:43.64 +0,85
	50m: 36.96 36.96	150m: 2:02.32 43.84	250m: 3:32.21 45.06	350m: 5:00.60 44.22	
	100m: 1:18.48 41.52	200m: 2:47.15 44.83	300m: 4:16.38 44.17	400m: 5:43.64 43.04	
5.	Liselotte Joling	PSV	5:40.55	7500268	5:43.88 * +1,05
	50m: 39.99 39.99	150m: 2:07.69 44.77	250m: 3:35.73 43.08	350m: 5:03.30 43.21	
	100m: 1:22.92 42.93	200m: 2:52.65 44.96	300m: 4:20.09 44.36	400m: 5:43.88 40.58	
6.	Clementine van Bruxvoort	ZPB H&L Productions	7:32.34	7700138	7:33.78 +0,94
	50m: 48.38 48.38	150m: 2:42.85 58.30	250m: 4:40.62 59.56	350m: 6:39.00 59.34	
	100m: 1:44.55 56.17	200m: 3:41.06 58.21	300m: 5:39.66 59.04	400m: 7:33.78 54.78	

Masters 35+

1.	Grith Sigsgaard	Het Y	4:49.20	7200772	4:50.30 +0,93
	50m: 33.02 33.02	150m: 1:45.24 36.61	250m: 2:59.15 37.00	350m: 4:13.29 37.46	
	100m: 1:08.63 35.61	200m: 2:22.15 36.91	300m: 3:35.83 36.68	400m: 4:50.30 37.01	
2.	Marleen Vos	Aquapoldro	5:05.03	7400598	5:09.81 +0,85
	50m: 35.82 35.82	150m: 1:53.03 38.83	250m: 3:12.14 39.52	350m: 4:31.41 39.69	
	100m: 1:14.20 38.38	200m: 2:32.62 39.59	300m: 3:51.72 39.58	400m: 5:09.81 38.40	
3.	Annette de Visser	Oceanus	5:10.80	7100602	5:15.13 +0,84
	50m: 34.35 34.35	150m: 1:53.21 40.31	250m: 3:14.42 40.67	350m: 4:35.85 40.74	
	100m: 1:12.90 38.55	200m: 2:33.75 40.54	300m: 3:55.11 40.69	400m: 5:15.13 39.28	
4.	Dianne Nien	RZ	5:30.95	7100452	5:29.07 +0,92
	50m: 36.17 36.17	150m: 1:58.11 41.71	250m: 3:23.04 42.92	350m: 4:48.09 42.59	
	100m: 1:16.40 40.23	200m: 2:40.12 42.01	300m: 4:05.50 42.46	400m: 5:29.07 40.98	
5.	Aida Ponce del Castillo	CNSW	4:54.08	CNSW/358/74	5:38.16 +0,99
	50m: 37.23 37.23	150m: 2:02.46 42.87	250m: 3:29.84 43.56	350m: 4:56.21 42.42	
	100m: 1:19.59 42.36	200m: 2:46.28 43.82	300m: 4:13.79 43.95	400m: 5:38.16 41.95	
6.	Tony de Groot	De Futen	5:47.48	7300758	5:49.79 +0,99
	50m: 36.25 36.25	150m: 2:01.79 44.24	250m: 3:34.22 46.84	350m: 5:07.58 46.47	
	100m: 1:17.55 41.30	200m: 2:47.38 45.59	300m: 4:21.11 46.89	400m: 5:49.79 42.21	
7.	Zita Pozsonyi	Sprint Fortuna SC	5:24.00	73pozsonyi	5:54.07 +1,03
	50m: 38.58 38.58	150m: 2:06.99 44.72	250m: 3:38.35 45.35	350m: 5:09.74 45.12	
	100m: 1:22.27 43.69	200m: 2:53.00 46.01	300m: 4:24.62 46.27	400m: 5:54.07 44.33	
8.	Annet Kootstra	Swol 1894	5:58.61	7100344	5:57.95 +1,02
	50m: 39.33 39.33	150m: 2:07.80 44.39	250m: 3:39.86 45.11	350m: 5:12.67 45.36	
	100m: 1:23.41 44.08	200m: 2:54.75 46.95	300m: 4:27.31 47.45	400m: 5:57.95 45.28	
9.	Natacha Van Hoof	ShaRK	6:07.51	ShaRK/260/73	6:00.90 +1,40
	50m: 39.77 39.77	150m: 2:08.57 45.58	250m: 3:41.89 47.05	350m: 5:16.22 47.23	
	100m: 1:22.99 43.22	200m: 2:54.84 46.27	300m: 4:28.99 47.10	400m: 6:00.90 44.68	
10.	Meke Oomens	Old Dutch	6:33.74	7000370	6:23.94 +1,05
	50m: 42.66 42.66	150m: 2:19.54 49.11	250m: 3:58.63 49.95	350m: 5:37.34 49.49	
	100m: 1:30.43 47.77	200m: 3:08.68 49.14	300m: 4:47.85 49.22	400m: 6:23.94 46.60	
11.	Ingrid Versteegen	DBD	6:36.81	7300770	6:25.84 +0,93
	50m: 43.39 43.39	150m: 2:20.86 49.43	250m: 4:00.51 49.82	350m: 5:39.77 49.23	
	100m: 1:31.43 48.04	200m: 3:10.69 49.83	300m: 4:50.54 50.03	400m: 6:25.84 46.07	

Programmanr. 9, Dames, 400m vrije slag

Masters 40+

1.	Anita Smits <i>Nederlands Masters Record</i>	DIO	5:00.66	6900522	<b>5:01.97</b>	+0,80
	50m: 33.83 33.83	150m: 1:49.62 38.13	250m: 3:07.27 38.53	350m: 4:24.59 38.02		
	100m: 1:14.49 37.66	200m: 2:28.74 39.12	300m: 3:46.57 39.30	400m: 5:01.97 37.38		
2.	Laura Staal	Oceanus	5:14.19	6700358	<b>5:15.63</b>	+0,96
	50m: 35.35 35.35	150m: 1:54.99 40.34	250m: 3:16.08 40.56	350m: 4:37.73 40.47		
	100m: 1:14.65 39.30	200m: 2:35.52 40.53	300m: 3:57.26 41.18	400m: 5:15.63 37.90		
3.	Jantine Braakman	ZV De Bron	5:29.41	6500036	<b>5:35.27</b>	+0,93
	50m: 37.00 37.00	150m: 2:03.28 44.10	250m: 3:30.96 43.91	350m: 4:55.77 42.18		
	100m: 1:19.18 42.18	200m: 2:47.05 43.77	300m: 4:13.59 42.63	400m: 5:35.27 39.50		
4.	Nicole Vrijhoeven	PSV	5:30.89	6900834	<b>5:36.70</b>	+0,90
	50m: 37.85 37.85	150m: 2:01.43 42.73	250m: 3:28.15 43.46	350m: 4:55.09 43.26		
	100m: 1:18.70 40.85	200m: 2:44.69 43.26	300m: 4:11.83 43.68	400m: 5:36.70 41.61		
5.	Kristien Van De Moortel	ShaRK	5:56.65	ShaRK/315/69	<b>6:18.52</b>	+0,87
	50m: 40.46 40.46	150m: 2:14.11 47.17	250m: 3:52.04 48.42	350m: 5:30.80 49.13		
	100m: 1:26.94 46.48	200m: 3:03.62 49.51	300m: 4:41.67 49.63	400m: 6:18.52 47.72		
6.	Emmy Radelaar	De Fuut	6:24.30	6600572	<b>6:23.65</b>	+1,00
	50m: 43.23 43.23	150m: 2:19.15 48.89	250m: 3:58.26 49.69	350m: 5:37.19 49.32		
	100m: 1:30.26 47.03	200m: 3:08.57 49.42	300m: 4:47.87 49.61	400m: 6:23.65 46.46		
7.	Conny v. Velden	AZ&PC	7:08.47	6500446	<b>6:58.57</b>	+1,15
	50m: 44.37 44.37	150m: 2:29.36 53.37	250m: 4:18.54 55.12	350m: 6:08.80 55.44		
	100m: 1:35.99 51.62	200m: 3:23.42 54.06	300m: 5:13.36 54.82	400m: 6:58.57 49.77		

Masters 45+

1.	Susanna Rosén <i>Kampioenschaps Record, Zweeds Masters Record</i>	Ystads Simsällskap	4:38.83	AA5563	<b>4:46.38</b>	+0,78
	50m: 32.67 32.67	150m: 1:43.61 35.93	250m: 2:56.56 36.62	350m: 4:09.98 36.77		
	100m: 1:07.68 35.01	200m: 2:19.94 36.33	300m: 3:33.21 36.65	400m: 4:46.38 36.40		
2.	Jacqueline Rolloos	De Lansingh	5:41.31	6300222	<b>5:44.55</b>	+0,97
	50m: 38.32 38.32	150m: 2:05.27 43.41	250m: 3:34.51 44.27	350m: 5:03.15 43.98		
	100m: 1:21.86 43.54	200m: 2:50.24 44.97	300m: 4:19.17 44.66	400m: 5:44.55 41.40		
3.	Marlien Wijnhof	Nat Utrecht	5:53.36	6100300	<b>5:53.41</b>	+0,95
	50m: 38.81 38.81	150m: 2:08.25 45.45	250m: 3:40.18 45.72	350m: 5:10.97 45.06		
	100m: 1:22.80 43.99	200m: 2:54.46 46.21	300m: 4:25.91 45.73	400m: 5:53.41 42.44		
4.	Uschi Koster	WWV	6:32.11	6400372	<b>6:38.21</b>	+1,06
	50m: 43.85 43.85	150m: 2:25.21 52.02	250m: 4:09.45 52.01	350m: 5:52.22 51.47		
	100m: 1:33.19 49.34	200m: 3:17.44 52.23	300m: 5:00.75 51.30	400m: 6:38.21 45.99		
5.	Pia vd Molen	HZ&PC Heerenveen	6:34.08	6000116	<b>6:38.27</b>	+0,94
	50m: 40.29 40.29	150m: 2:18.39 50.86	250m: 4:02.90 52.17	350m: 5:48.40 51.59		
	100m: 1:27.53 47.24	200m: 3:10.73 52.34	300m: 4:56.81 53.91	400m: 6:38.27 49.87		

Masters 50+

1.	Patty Verhagen <i>Kampioenschaps Record</i>	AquAmigos	5:13.70	5900146	<b>5:24.26</b>	+0,98
	50m: 36.74 36.74	150m: 1:57.09 40.79	250m: 3:20.04 41.20	350m: 4:43.56 41.85		
	100m: 1:16.30 39.56	200m: 2:38.84 41.75	300m: 4:01.71 41.67	400m: 5:24.26 40.70		
2.	Mies Kuipers	Old Dutch	9:11.60	5800202	<b>9:06.16</b>	+1,06
	50m: 58.90 58.90	150m: 3:22.60 1:13.36	250m: 5:45.97 1:10.97	350m: 8:07.74 1:10.13		
	100m: 2:09.24 1:10.34	200m: 4:35.00 1:12.40	300m: 6:57.61 1:11.64	400m: 9:06.16 58.42		

Masters 55+

1.	Conny Boer-Buys <i>Nederlands Masters Record</i>	Vlaardingen	5:44.70	5000006	<b>5:33.86</b>	+0,94
	50m: 36.62 36.62	150m: 2:01.07 43.61	250m: 3:28.13 43.61	350m: 4:54.49 42.55		
	100m: 1:17.46 40.84	200m: 2:44.52 43.45	300m: 4:11.94 43.81	400m: 5:33.86 39.37		

Masters 60+

1.	Marja van der Meer	Neptunus	6:59.03	4700014	<b>6:45.09</b>	+0,96
	50m: 43.77 43.77	150m: 2:25.03 51.65	250m: 4:09.04 52.37	350m: 5:53.88 52.81		
	100m: 1:33.38 49.61	200m: 3:16.67 51.64	300m: 5:01.07 52.03	400m: 6:45.09 51.21		

Programmanr. 9, Dames, 400m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	tijd	RT
2.	Barbro Grufman	Hellas Masters	7:10.70	AA0248	7:09.13 +1,14
	50m: 47.09 47.09	150m: 2:37.59 55.90	250m: 4:28.73 55.71	350m: 6:18.12 54.84	
	100m: 1:41.69 54.60	200m: 3:33.02 55.43	300m: 5:23.28 54.55	400m: 7:09.13 51.01	
3.	Annie Smits	PSV	6:41.39	4600016	7:09.23 +1,19
	50m: 47.87 47.87	150m: 2:38.63 55.91	250m: 4:29.40 55.22	350m: 6:18.46 54.62	
	100m: 1:42.72 54.85	200m: 3:34.18 55.55	300m: 5:23.84 54.44	400m: 7:09.23 50.77	

Masters 65+

1.	Greet Brehler-middag	Hatto Heim	7:59.97	4400004	7:47.59 +1,13
	50m: 51.39 51.39	150m: 2:50.16 1:00.95	250m: 4:50.76 1:01.44	350m: 6:51.03 1:00.07	
	100m: 1:49.21 57.82	200m: 3:49.32 59.16	300m: 5:50.96 1:00.20	400m: 7:47.59 56.56	
2.	Pálma Csepeli	Békéscsaba Senior Swimclub	10:31.04	44csepeli	9:37.35 +1,09
	50m: 1:04.08 1:04.08	150m: 3:30.74 1:15.46	250m: 6:00.16 1:17.74	350m: 8:28.55 1:17.58	
	100m: 2:15.28 1:11.20	200m: 4:42.42 1:11.68	300m: 7:10.97 1:10.81	400m: 9:37.35 1:08.80	
3.	Liesbeth ter Laak	Katwijk	11:18.99	4200008	10:54.68 +1,18
	50m: 1:10.53 1:10.53	150m: 3:52.41 1:22.27	250m: 6:40.68 1:23.27	350m: 9:32.64 1:25.93	
	100m: 2:30.14 1:19.61	200m: 5:17.41 1:25.00	300m: 8:06.71 1:26.03	400m: 10:54.68 1:22.04	

Masters 70+

1.	Lottie Geurts	PSV	6:50.22	3500008	7:20.54 +1,19
	50m: 50.52 50.52	150m: 2:42.84 56.78	250m: 4:38.22 58.07	350m: 6:31.82 56.90	
	100m: 1:46.06 55.54	200m: 3:40.15 57.31	300m: 5:34.92 56.70	400m: 7:20.54 48.72	

Masters 75+

1.	Annie de Vos	Old Dutch	8:44.83	3400004	9:11.63
	50m: 1:00.94 1:00.94	150m: 3:20.18 1:09.63	250m: 5:40.86 1:09.94	350m: 8:02.20 1:10.63	
	100m: 2:10.55 1:09.61	200m: 4:30.92 1:10.74	300m: 6:51.57 1:10.71	400m: 9:11.63 1:09.43	

Programmanr. 10  
09.05.2009 - 10:26

Heren, 200m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>									
1.	Remko Hooft	De Duinkickers	2:36.61 8701405	<b>2:41.53</b>	+0,71	35.71	1:17.79	2:01.01	2:41.53
	<i>Kampioenschaps Record</i>								
2.	Herman van Dijk	HZ&PC Heerenveen	2:40.89 8900691	<b>2:41.74</b>	+0,99	35.47	1:16.43	1:59.03	2:41.74
3.	Stefan van der Grift	Octopus	2:42.64 8701121	<b>2:46.45</b>	+0,79	37.00	1:19.49	2:03.08	2:46.45
4.	Frank Heus	EZ&PC	3:01.06 8904085	<b>3:09.08</b>	+0,93	41.26	1:29.45	2:19.33	3:09.08
5.	Melano Winter	RSW (SG)	2:59.67 8703847	<b>3:09.84</b>	+0,84	43.13	1:32.69	2:21.53	3:09.84
	NG.ZA Dennis Stegerhütte	KZPC	2:38.80 8604397						
<b>Masters 25+</b>									
1.	Sören Laub	SV Mannheim	2:39.44 77705	<b>2:41.11</b>	+0,82	36.69	1:19.25	2:01.38	2:41.11
2.	Albert van Piekeren	Octopus	2:39.95 8401767	<b>2:41.33</b>	+0,84	36.56	1:17.76	1:59.56	2:41.33
3.	Rob van Vliet	WZK Zwemmen	2:33.92 8402459	<b>2:41.49</b>	+0,90	36.50	1:17.45	1:59.92	2:41.49
4.	Paul Oudendijk	OEZA	2:38.11 8101287	<b>2:42.01</b>	+0,94	37.32	1:19.15	2:01.90	2:42.01
5.	Tommy van Overmeeren	De Schelde	2:39.41 8402887	<b>2:48.72</b>	+0,85	36.27	1:18.41	2:03.71	2:48.72
6.	Jeroen Vogelsang	Het Y	2:48.56 8001645	<b>2:51.15</b>	+0,91	37.83	1:21.72	2:05.61	2:51.15
7.	Dennis de Groot	De Zwoer	2:53.37 8300785	<b>2:52.53</b>	+0,84	39.29	1:23.98	2:08.44	2:52.53
8.	Sebastian Baars	WS Twente	2:59.63 8300053	<b>2:58.80</b>	+1,00	38.90	1:23.68	2:10.84	2:58.80
9.	Dennis Klop	De Biesboschzwemmers	3:01.33 8302643	<b>2:59.17</b>	+0,83	40.23	1:25.52	2:12.89	2:59.17
10.	Thommy Nickel	Van Vliet Barracuda	2:44.25 8401627	<b>2:59.53</b>	+0,85	40.12	1:25.51	2:12.31	2:59.53

Programmanr. 10, Heren, 200m schoolslag

Masters 30+

1. Freddie Geerlings	NIMO	2:35.83	7900379	<b>2:42.07</b>	+0,85	36.10	1:17.27	2:00.05	2:42.07
2. Vincent Versteeg	Zwemlust/Utrecht (SG)	2:40.07	7701003	<b>2:46.80</b>	+0,75	36.50	1:19.68	2:03.05	2:46.80
3. Bram Mommers	AquAmigos	2:46.42	7600647	<b>2:51.50</b>	+0,92	38.16	1:22.74	2:07.01	2:51.50
4. Vincent Bastin	CHTHN	2:48.86	CHTHN/295/77	<b>2:52.23</b>	+0,82	38.91	1:22.62	2:07.89	2:52.23
5. Rinke Nijland	IJZPC	3:19.90	7901735	<b>3:16.55</b>	+0,83	44.97	1:36.47	2:28.20	3:16.55
6. Olivier Kalek	CNBA	3:20.09	CNBA/785/75	<b>3:17.87</b>	+0,88	41.09	1:29.90	2:23.48	3:17.87
7. Han Ruijs	RZ	3:02.27	7901867	<b>3:19.03</b>	+0,80	39.36	1:26.76	2:21.26	3:19.03

Masters 35+

1. Stefan Dortmund	Electrolux AZC	2:49.48	7201167	<b>2:46.21</b>	+0,88	39.57	1:23.24	2:04.83	2:46.21
2. Andreas Kaptur	SG Gladbeck	2:44.06	125218	<b>2:49.26</b>	+0,92	38.40	1:22.02	2:06.18	2:49.26
3. Paul van den Heuvel	Arethusa	2:49.03	7000441	<b>2:52.15</b>	+0,95	38.75	1:22.76	2:07.92	2:52.15
4. Jan-Willem van Herpen	Arethusa	2:58.30	7001347	<b>3:03.47</b>	+0,82	39.34	1:25.88	2:13.70	3:03.47
5. Arnold Jonker	HZ&PC Heerenveen	3:32.82	7000529	<b>3:46.83</b>	+0,94	52.05	1:48.68	2:47.98	3:46.83

Masters 40+

1. Patrick Juncker	Swimming Luxembourg	2:48.41	136	<b>2:46.11</b>	+0,85	37.87	1:19.95	2:02.77	2:46.11
<i>Kampioenschaps Record, Luxemburgs Masters Record</i>									
2. Harold Matla	PSV	2:46.62	6800591	<b>2:49.03</b>	+0,93	38.94	1:22.92	2:06.85	2:49.03
3. Sander van den Berg	WS Twente	3:06.90	6801357	<b>3:02.48</b>	+0,92	40.30	1:27.21	2:15.24	3:02.48
4. Marcel van der Lem	Kon. AZ 1870	3:01.76	6500563	<b>3:08.66</b>	+0,83	41.86	1:29.36	2:18.95	3:08.66
5. Ronald Vos	SCOM	3:22.84	6901403	<b>3:13.74</b>	+1,06	42.58	1:30.34	2:21.33	3:13.74
6. Henk van Zetten	Octopus	3:33.41	6701261	<b>3:38.07</b>	+0,88	49.45	1:44.15	2:42.25	3:38.07
AFGEM Jan de Lange	WS Twente	3:29.07	6501273						
AFGEM Ronald Stolk	De Fuut	2:53.77	6601253						

Masters 45+

1. Cees van Houwelingen	De Schelde	2:41.42	6300351	<b>2:48.72</b>	+0,94	37.79	1:20.95	2:05.45	2:48.72
<i>Kampioenschaps Record</i>									
2. Ronald Grove	Oceanus	2:57.76	6100161	<b>2:53.09</b>	+0,83	37.55	1:22.35	2:08.61	2:53.09
3. Arnold de Rover	De Futen	2:47.72	6400645	<b>2:56.55</b>	+0,90	39.75	1:24.41	2:09.57	2:56.55
4. Ron Phaff	PSV	2:53.89	6200495	<b>3:00.16</b>	+0,82	38.94	1:23.88	2:09.43	3:00.16
5. Ralph Caster	RZ	2:52.29	6100069	<b>3:02.71</b>	+0,91	40.75	1:27.32	2:15.04	3:02.71
6. Jan Vlasblom	PLONS	3:05.97	6100823	<b>3:04.22</b>	+0,85	40.53	1:27.08	2:15.07	3:04.22
7. Eric Henrard	AZV	3:10.37	AZV/017/60	<b>3:11.67</b>	+0,96	44.93	1:33.55	2:22.93	3:11.67
8. Michiel Klaren	PSV	3:14.53	6201087	<b>3:20.32</b>	+1,03	44.33	1:34.18	2:27.39	3:20.32
9. Jan Willem Heuten	WS Twente	3:42.12	6000883	<b>3:36.51</b>	+0,92	48.79	1:44.75	2:42.08	3:36.51
10. Wilko Versleeuwen	PSV	3:35.48	6301189	<b>3:42.84</b>	+1,04	51.43	1:49.70	2:47.30	3:42.84

Masters 50+

1. Albert Boonstra	Aqua-Novio '94	2:54.65	5700425	<b>2:49.80</b>	+0,83	38.48	1:22.87	2:06.94	2:49.80
<i>Kampioenschaps Record</i>									
2. Peter Romkes	Luctor et Emergo	3:05.74	5900389	<b>3:02.36</b>	+0,78	40.62	1:27.45	2:16.54	3:02.36
3. Willem Zwiers	AquAmigos	3:03.68	5800505	<b>3:08.83</b>	+0,82	41.94	1:30.79	2:20.73	3:08.83
4. Vincent de Keijzer	PLONS	3:10.03	5800207	<b>3:11.55</b>	+0,88	42.48	1:31.81	2:22.58	3:11.55
5. Paul Bunnik	Triton	3:20.75	5600413	<b>3:25.65</b>	+0,99	44.10	1:37.75	2:33.53	3:25.65
6. Luc Nijs	AZV	3:23.45	AZV/080/59	<b>3:27.58</b>	+1,00	45.14	1:37.28	2:32.12	3:27.58

Masters 55+

1. Joseph Frizzo	U.S.T. Hayange Omnisports	2:59.90	886047	<b>3:10.22</b>	+0,87	41.34	1:29.46	2:19.79	3:10.22
2. Peter Gulyas	Totkomlosi Rozmarok	3:17.76	51gulyas	<b>3:16.17</b>	+0,91	44.72	1:35.03	2:26.80	3:16.17

Masters 60+

1. Donald Uijtenbogaart	Het Y	3:09.10	4700107	<b>3:12.17</b>	+0,91	44.43	1:33.24	2:22.99	3:12.17
2. Joop Draaisma	DZ&PC	3:33.52	4600155	<b>3:28.42</b>	+1,04	46.21	1:39.32	2:34.24	3:28.42
3. Jos van Alphen	PSV	3:57.68	4600157	<b>3:59.15</b>	+1,10	54.24	1:52.71	2:55.45	3:59.15
4. Mar van Geel	Old Dutch	3:53.91	4700135	<b>4:03.97</b>	+1,09	53.41	1:55.84	3:01.64	4:03.97
5. Henk Oostendorp	ZV De Bron	4:09.08	4800093	<b>4:09.77</b>	+1,16	55.87	1:59.33	3:05.68	4:09.77

Programmanr. 10, Heren, 200m schoolslag

Masters 65+

1. Rob Hanou	PSV	3:14.54	4300109	<b>3:19.47</b>	+1,10	44.67	1:35.96	2:29.06	3:19.47
2. Nico Baay	Old Dutch	3:40.53	4200053	<b>3:30.31</b>	+0,82	46.02	1:37.57	2:33.39	3:30.31
3. Ruud Sloof	De Rijn	3:35.24	4400073	<b>3:38.51</b>	+1,06	49.40	1:45.64	2:42.95	3:38.51

Masters 70+

1. Rob van Gestel	PSV	3:58.39	3500005	<b>4:07.82</b>	+1,26	56.29	1:58.78	3:03.29	4:07.82
2. Pieter Scharphorn	Neptunus	4:42.54	3800037	<b>4:49.11</b>	+1,35	1:01.63	2:12.12	3:29.90	4:49.11
NG.ZA Herman Rademaker	De Dolfijn	4:13.08	3600011						

Masters 75+

1. Georges Verhelst	RZV	4:07.25	RZV/160/31	<b>4:10.18</b>	+1,09	57.42	2:00.66	3:06.24	4:10.18
<i>Kampioenschaps Record</i>									
2. Guy Fricot	CCS	6:14.37	CCS/010/33	<b>6:25.34</b>	+1,21	1:25.62	3:07.77	4:46.68	6:25.34

Programmanr. 11  
09.05.2009 - 10:58

Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Larissa Brak	De Zijl/LGB	2:42.32 8800572	<b>2:48.09</b>	+0,87	37.25	1:20.27	2:04.72	2:48.09
<i>Nederlands Masters Record</i>								
2. Karin van Dijk	HZ&PC Heerenveen	2:52.53 8600850	<b>2:55.71</b>	+0,97	39.73	1:24.41	2:10.31	2:55.71
3. Susanne van der Linden	DIO	2:54.08 8802736	<b>3:04.64</b>	+0,87	41.80	1:28.03	2:16.39	3:04.64
4. Monique van Gortel	Octopus	3:26.10 8601274	<b>3:24.99</b>	+0,76	46.10	1:37.84	2:31.60	3:24.99
5. Liesbeth van Mill	DWK	3:30.75 8702786	<b>3:29.07</b>	+0,88	46.99	1:40.09	2:33.75	3:29.07
AFGEM Marijke Monsma	DWK	3:01.92 8502100						

Masters 25+

1. Yvonne Gerritsen	DES	3:07.06 8000342	<b>3:12.18</b>	+0,86	43.34	1:32.26	2:22.64	3:12.18
2. Ariane Redecke	Aquapoldro	3:28.28 8202288	<b>3:35.50</b>	+1,04	47.61	1:40.94	2:37.69	3:35.50

Masters 30+

1. Marit Breifeld	Hamburger Schwimm-Club	2:48.99 058376	<b>2:48.76</b>	+0,78	38.26	1:22.25	2:05.83	2:48.76
<i>Kampioenschaps Record</i>								
2. Peggy Loffeld	KZPC	2:57.28 7700468	<b>3:05.58</b>	+0,81	40.94	1:27.60	2:15.02	3:05.58
3. Elvira Jonkers	De Pinquin	2:56.76 7900420	<b>3:12.74</b>	+1,01	44.42	1:34.57	2:24.60	3:12.74
4. Claudia van Drunen	AquAmigos	3:08.39 7700810	<b>3:14.93</b>	+0,82	43.29	1:33.09	2:23.98	3:14.93

Masters 35+

1. Inga Wagner	Hamburger Schwimm-Club	3:05.38 129302	<b>3:06.04</b>	+0,91	43.49	1:30.31	2:18.32	3:06.04
2. Marleen Vos	Aquapoldro	3:01.57 7400598	<b>3:10.39</b>	+0,85	44.46	1:32.50	2:21.59	3:10.39
3. Meke Oomens	Old Dutch	3:25.98 7000370	<b>3:29.26</b>	+1,08	46.53	1:39.13	2:33.68	3:29.26
DIS Karin Stein	Vlaardingen	2:55.34 7100554	<b>2:59.36</b>	+1,01	40.50	1:27.20	2:13.95	2:59.36

*SJ - Na start- en/of keerpunt een verkeerde arm- en/of beenslag gemaakt.*

Masters 40+

1. Annette Wijnja-Visser	De Biesboschzwemmers	3:08.63 6700528	<b>3:08.46</b>	+0,95	41.76	1:29.60	2:19.08	3:08.46
<i>Nederlands Masters Record</i>								
2. F. Heijdeman-Duran	AZ&PC	3:09.48 6900222	<b>3:14.38</b>	+0,85	44.54	1:33.49	2:23.22	3:14.38
3. Henriett Cseszregi	Budapesti Delfinek	3:20.50 69cseszregi	<b>3:22.48</b>	+0,85	44.93	1:35.37	2:28.14	3:22.48
4. Karin van den Heuvel	AquAmigos	3:18.46 6600188	<b>3:30.94</b>	+0,98	48.92	1:42.29	2:36.26	3:30.94
5. Ilse Vos	De Hokseberg	3:32.65 6800644	<b>3:32.51</b>	+1,01	47.62	1:40.57	2:35.89	3:32.51
6. Friderika Kerekes	AZ&PC	3:39.21 6500540	<b>3:39.90</b>	+0,85	46.85	1:41.73	2:38.11	3:39.90
7. Desiree van der Lem	Kon. AZ 1870	3:08.22 6800282	<b>3:40.28</b>	+1,01	47.65	1:43.29	2:41.17	3:40.28
NG.ZA Anikó Kűzdy	Budapesti Delfinek	3:43.60 69kűzdy						



Programmanr. 11, Dames, 200m schoolslag

Masters 45+

1. Annemarie Vuist	Swol 1894	3:21.60	6300282	<b>3:23.45</b>	+0,98	47.59	1:39.08	2:31.76	3:23.45
2. Annemiek Meijburg	IJZPC	3:47.48	6300462	<b>3:44.42</b>	+1,12	50.05	1:46.07	2:45.92	3:44.42
3. Herlinde Segers	GBZ	3:52.55	GBZ/151/60	<b>3:50.31</b>	+1,21	53.79	1:51.81	2:51.60	3:50.31
4. Jaqueline Brouwer	ZV De Bron	4:06.51	6100296	<b>4:06.93</b>	+0,99	55.67	1:59.72	3:04.77	4:06.93

Masters 50+

1. Marijke van Hoek	De Stormvogel	3:27.60	5800050	<b>3:31.32</b>	+0,85	46.79	1:41.14	2:36.26	3:31.32
2. Monika Zilliken	SC Wiesbaden 1911	3:34.67	231829	<b>3:35.41</b>	+1,00	46.05	1:40.65	2:36.88	3:35.41
3. Janny van Eijk	ZV De Bron	3:37.55	5800022	<b>3:39.46</b>	+1,01	50.81	1:46.36	2:44.25	3:39.46

Masters 55+

1. Ineke Weekers	PSV	3:23.98	5300050	<b>3:11.46</b>	+0,91	44.77	1:34.06	2:22.94	3:11.46
<i>Nederlands Masters Record, tt 100 meter NMR</i>									
2. Mieke van der Fluit	SBC2000	3:25.44	5400012	<b>3:27.83</b>	+1,19	49.62	1:42.20	2:35.88	3:27.83
3. Tineke van Diggelen	Oceanus	4:03.93	5200048	<b>4:12.02</b>	+1,02	57.48	2:01.07	3:07.18	4:12.02

Masters 60+

1. Loekie v. Huissteden	AZ&PC	4:28.59	4500002	<b>4:29.01</b>	+1,04	1:01.77	2:10.26	3:19.71	4:29.01
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Masters 65+

1. Matty van der Veen	Old Dutch	3:58.72	4400020	<b>4:06.04</b>	+1,14	56.79	1:59.94	3:04.13	4:06.04
2. Liesbeth ter Laak	Katwijk	5:01.77	4200008	<b>5:03.46</b>	+1,22	1:10.04	2:27.10	3:46.45	5:03.46

Masters 70+

1. Tineke de Bueger	Old Dutch	4:20.63	3700010	<b>4:41.82</b>	+1,15	1:05.77	2:20.09	3:32.24	4:41.82
2. Lea Maes	GBZ	4:45.95	GBZ/041/37	<b>4:49.65</b>	+1,15	1:08.67	2:23.42	3:38.67	4:49.65

Masters 80+

1. Anneke Logtenberg	Old Dutch	5:09.36	2900004	<b>5:54.19</b>	+1,10	1:22.90	2:56.68	4:31.79	5:54.19
2. Marianne Maandonks	PSV	6:40.04	2600004	<b>6:36.31</b>	* +1,07	1:28.03	3:09.23	4:54.11	6:36.31

Programmanr. 12  
09.05.2009 - 11:24

Heren, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Merijn Ellenkamp	DWK	1:00.85	8500691	<b>1:00.53</b>	+0,65	29.47	1:00.53
<i>Kampioenschaps Record</i>							
2. Raoul Engelenburg	De Dolfijn	1:03.12	8900843	<b>1:07.31</b>	+0,63	32.85	1:07.31
3. Jasper de Jong	MNC Dordrecht	1:02.96	8501219	<b>1:07.50</b>	+0,63	31.36	1:07.50
4. Alex Vermeulen	WZK Zwemmen	1:07.24	8905811	<b>1:09.00</b>	+0,67	33.87	1:09.00
5. Pascal van Kassel	Triton	1:06.18	8501289	<b>1:10.08</b>	+0,70	34.36	1:10.08
6. Niels Albrechts	De Schotejil	1:08.44	8800039	<b>1:11.37</b>	+0,65	34.97	1:11.37
7. Remco Joukes	Triton	1:08.01	8801763	<b>1:12.03</b>	+0,70	34.06	1:12.03
DIS Koen Florijn	MNC Dordrecht	1:04.12	8600851	<b>1:12.19</b>	+0,83	35.20	1:12.19
<i>RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.</i>							
AFGEM Floris Manni	Octopus	1:06.54	8805679				

Programmanr. 12, Heren, 100m rugslag

Masters 25+

1. Leander Noordijk	De Schotejil	1:05.33	8101221	<b>1:05.97</b>	+0,79	32.13	1:05.97
2. Thommy Nickel	Van Vliet Barracuda	1:08.11	8401627	<b>1:06.93</b>	+0,69	32.67	1:06.93
3. Paul Oudendijk	OEZA	1:06.06	8101287	<b>1:07.21</b>	+0,71	33.07	1:07.21
4. Marcel Reefhuis	De Veene	1:06.06	8101381	<b>1:07.91</b>	+0,74	33.36	1:07.91
5. Albert van Piekeren	Octopus	1:07.51	8401767	<b>1:08.62</b>	+0,72	32.94	1:08.62
6. Nol van Thull	ZOB'66	1:05.38	8001513	<b>1:08.68</b>	+0,73	33.09	1:08.68
7. Erik Drewes	De Biesboschwimmers	1:13.16	8400543	<b>1:11.31</b>	+0,66	34.23	1:11.31

Masters 30+

1. Dennis Brouwers	HZPC	1:03.95	7800167	<b>1:05.31</b>	+0,71	31.98	1:05.31
2. Ruud Holswilder	Vlaardingen	1:04.97	7800435	<b>1:06.00</b>	+0,71	31.84	1:06.00
3. Ivo Roozeboom	DES	1:06.55	7700801	<b>1:06.37</b>	+0,76	32.50	1:06.37
4. Martijn Butter	OEZA	1:09.97	7900231	<b>1:09.03</b>	+0,81	33.40	1:09.03
5. Stan Dekker	PLONS	1:10.11	7901823	<b>1:10.27</b>	+0,70	32.77	1:10.27
6. Roger Flinterman	Zoetermeer	1:10.18	7601261	<b>1:10.53</b>	+0,72	33.80	1:10.53
7. Gino Martijn	RZ	1:17.80	7901865	<b>1:18.41</b>	+0,61	38.42	1:18.41
8. Pieter Ponne	HZ&PC Heerenveen	1:13.76	7600749	<b>1:19.02</b>	+0,74	38.08	1:19.02

Masters 35+

1. Andreas Kaptur	SG Gladbeck	1:11.40	125218	<b>1:09.27</b>	+0,74	33.50	1:09.27
2. Björn Möller	Swimming Luxembourg	1:11.20	5956	<b>1:12.39</b>	+0,76	34.96	1:12.39
<i>Luxemburgs Masters Record</i>							
3. Casper de Zeeuw	WS Twente	1:16.69	7001137	<b>1:13.56</b>	+0,73	36.39	1:13.56
4. Paul van den Heuvel	Arethusa	1:13.19	7000441	<b>1:14.30</b>	+0,75	36.57	1:14.30

Masters 40+

1. Zoltán Balajti	Budapesti Delfinek	1:04.38	66balajti	<b>1:04.65</b>	+0,64	31.26	1:04.65
2. Geert Wijn	De Gelenberg	1:10.19	6701104	<b>1:12.04</b>	+0,68	34.12	1:12.04
3. Ron Korzelius	AZ&PC	1:12.31	6500513	<b>1:13.54</b>	+0,76	35.93	1:13.54
4. Marcel van der Lem	Kon. AZ 1870	1:13.42	6500563	<b>1:18.57</b>	+0,77	38.50	1:18.57
5. Frans Oldersma	TriVia	1:19.62	6600565	<b>1:18.67</b>	+0,78	39.04	1:18.67
6. Dirk Krüger	Stader Schwimmverein	1:30.50	270628	<b>1:28.68</b>	+0,73	42.99	1:28.68

Masters 45+

1. Bert Schlicher	RZ	1:07.82	6400669	<b>1:07.19</b>	+0,68	33.03	1:07.19
<i>Nederlands Masters Record</i>							
2. Michel Wendel	U.S.T. Hayange Omnisports	1:12.64	103162	<b>1:16.80</b>	+0,72	37.15	1:16.80
3. Ron Phaff	PSV	1:13.93	6200495	<b>1:18.15</b>	+0,65	38.65	1:18.15
4. Peter Fölker	Aqua-Novio '94	1:15.19	6401021	<b>1:19.59</b>	+0,69	39.36	1:19.59
5. Aan Pander	Gay Swim Amsterdam	1:25.00	6400569	<b>1:22.17</b>	+0,83	40.34	1:22.17
6. Jack Barends	WS Twente	1:29.72	6201011	<b>1:24.88</b>	+0,90	41.25	1:24.88
7. Michiel Klaren	PSV	1:23.10	6201087	<b>1:25.04</b>	+0,68	41.34	1:25.04
8. Lieven De Rijcke	GBZ	1:28.00	GBZ/130/60	<b>1:27.52</b>	+0,73	39.87	1:27.52
9. Filip Timmermans	ShaRK	1:39.86	ShaRK/163/60	<b>1:42.41</b>	+0,81	50.62	1:42.41
10. Aris Jan van Ek	IJZPC	1:42.53	6100125	<b>1:47.01</b>	+0,79	52.27	1:47.01

Masters 50+

1. Andre Storm	Zoetermeer	1:16.71	5600407	<b>1:16.28</b>	+0,57	35.41	1:16.28
2. Wim de Lange	Electrolux AZC	1:19.23	5800533	<b>1:21.74</b>	+0,73	39.63	1:21.74
3. Henk Slomp	De Pinquin	1:24.66	5500359	<b>1:27.31</b>	+0,82	41.37	1:27.31
4. Peter Verberne	ACZ	1:31.86	5900719	<b>1:29.09</b>	+0,77	42.43	1:29.09

Masters 55+

1. Brend Brevé	PSV	1:13.71	5200265	<b>1:15.11</b>	+0,68	37.79	1:15.11
<i>Kampioenschaps Record</i>							
2. Hans Piederiet	Numansdorp	1:14.04	5400177	<b>1:16.88</b>	+0,72	37.04	1:16.88
3. Peter Gulyas	Totkomlosi Rozmarok	1:23.26	51gulyas	<b>1:23.84</b>	+0,70	42.31	1:23.84
4. Rob Berkhof	Swol 1894	1:29.24	5200245	<b>1:28.33</b>	+0,76	44.21	1:28.33

Programmanr. 12, Heren, 100m rugslag

Masters 65+

1. Frans van Enst	De Veene	1:22.31	4000011	<b>1:26.03</b>	+0,72	43.24	1:26.03
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Masters 70+

1. Jan Eichhorn	Rapido '82	1:39.51	3700015	<b>1:42.08</b>	+0,90	49.91	1:42.08
2. Rob van Gestel	PSV	1:49.26	3500005	<b>1:52.37</b>	+0,88	56.82	1:52.37
3. Pieter Scharphorn	Neptunus	2:06.68	3800037	<b>2:08.32</b>	+0,89	1:00.46	2:08.32

Masters 75+

1. Jef van Roy	KAZSC	1:47.16	AZSC/572/32	<b>1:47.86</b>	+0,80	50.90	1:47.86
2. Guy Fricot	CCS	2:42.65	CCS/010/33	<b>2:48.74</b>	+1,02	1:19.80	2:48.74

Masters 80+

1. Hugo Speelmans	ShaRK	2:09.06	ShaRK/229/27	<b>2:18.56</b>	+0,63	1:07.26	2:18.56
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Programmanr. 13  
09.05.2009 - 11:39

Dames, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Sabrina Buur	DWK	1:13.57	8500526	<b>1:11.44</b>	+0,73	34.29	1:11.44
<i>Kampioenschaps Record</i>							
2. Danya Muilwijk	Van Vliet Barracuda	1:11.83	8803100	<b>1:12.69</b>	+0,73	35.67	1:12.69
3. Karin Simons	WZK Zwemmen	1:15.23	8903804	<b>1:16.81</b>	+0,74	36.81	1:16.81
4. Karin Kraaijeveld	MNC Dordrecht	1:14.14	8501710	<b>1:17.13</b>	+0,79	37.56	1:17.13
5. Daphne v Korlaar	EZ&PC	1:17.48	8902418	<b>1:21.84</b>	+0,72	39.56	1:21.84
6. Kitty van Gendt	PSV	1:24.64	8701288	<b>1:24.37</b>	+0,68	41.45	1:24.37
7. Aurélie Lebreton	Swimming Luxembourg	1:23.06	5954	<b>1:24.76</b>	+0,75	40.65	1:24.76
8. Celine Hubert	DES	1:19.91	8907276	<b>1:25.75</b>	+0,72	39.91	1:25.75
9. Sandra Zwaanswijk	Aquarius	1:22.36	8503934	<b>1:25.92</b>	+0,69	41.72	1:25.92
10. Miriam Visserman	Octopus	1:23.57	8704364	<b>1:29.26</b>	+0,70	43.28	1:29.26
11. Annebeth van Ark	Octopus	1:30.92	8805588	<b>1:29.70</b>	+0,77	42.99	1:29.70
12. Dominique Sik	Octopus	1:31.86	8804000	<b>1:33.25</b>	+0,71	44.30	1:33.25
<b>Masters 25+</b>							
1. Bianca Cox	PSV	1:11.06	8000214	<b>1:14.29</b>	+0,78	35.37	1:14.29
2. Elke Blox	Tiamat	1:14.21	8200154	<b>1:18.71</b>	+0,73	37.69	1:18.71
3. Daniëlle Ploeger	De Pinquin	1:20.86	8101942	<b>1:20.07</b>	+0,71	38.83	1:20.07
4. Tanja Sterenberg	WWV	1:23.31	8301916	<b>1:21.52</b>	+0,79	39.72	1:21.52
5. Esther Versteeg	Van Vliet Barracuda	1:23.25	8302112	<b>1:21.53</b>	+0,66	39.52	1:21.53
6. Francijna de Kooter	De Biesboschzwemmers	1:20.44	8000634	<b>1:22.28</b>	+0,73	38.48	1:22.28
7. Linda Hoogendam	D'Elft	1:25.94	8300892	<b>1:22.35</b>	+0,83	39.98	1:22.35
8. Renee de Kok	PSV	1:26.59	8403350	<b>1:31.77</b>	+0,82	43.98	1:31.77
9. Mirjam Minderhoud	Zignea	1:31.92	8301398	<b>1:32.99</b>	+0,74	44.45	1:32.99
10. Angelique Rotteveel	De Hokseberg	1:34.13	8402090	<b>1:36.74</b>	+0,68	46.32	1:36.74
<b>Masters 30+</b>							
1. Jolanda van Gendt	PSV	1:19.95	7800266	<b>1:21.45</b>	+0,74	39.38	1:21.45
2. Petra Verstegen	WVZ	1:20.64	7700906	<b>1:28.11</b>	+0,76	42.18	1:28.11
3. Martine Sonneveld	De Pinquin	1:32.03	7801038	<b>1:28.56</b>	+0,75	41.55	1:28.56
4. Clementine van Bruxvoort	ZPB H&L Productions	1:42.75	7700138	<b>1:44.95</b>	+0,84	51.86	1:44.95

Programmanr. 13, Dames, 100m rugslag

Masters 35+

1. Gudule van der Meer	PSV	1:17.00	7200396	<b>1:18.44</b>	+0,70	38.09	1:18.44
2. Aida Ponce del Castillo	CNSW	1:20.59	CNSW/358/74	<b>1:20.26</b>	+0,71	39.30	1:20.26
3. Tina Renken	AZ&PC	1:23.66	7200800	<b>1:22.68</b>	+0,72	40.47	1:22.68
4. Henriëtte Manting	GZVW	1:23.91	7100246	<b>1:24.95</b>	+0,69	39.84	1:24.95
5. Dianne Nien	RZ	1:25.00	7100452	<b>1:29.50</b>	+0,73	42.85	1:29.50
6. Sylvia Tetteroo	IJZPC	1:45.39	7300476	<b>1:41.46</b>	+0,81	48.10	1:41.46

Masters 40+

1. Laura Staal	Oceanus	1:20.29	6700358	<b>1:18.83</b>	+0,78	38.73	1:18.83
2. Caroline Schreuder	Triton	1:23.09	6700550	<b>1:21.83</b>	+0,78	39.82	1:21.83
3. Hanny Rotteveel	Zignea	1:27.81	6600538	<b>1:24.71</b>	+0,93	42.90	1:24.71
4. Wendy Knoops	RZ	1:31.59	6800720	<b>1:27.40</b>	+0,77	42.62	1:27.40
5. Françoise Heijdemann-Duran	AZ&PC	1:26.56	6900222	<b>1:27.45</b>	+0,70	42.97	1:27.45
6. Desiree van der Lem	Kon. AZ 1870	1:29.21	6800282	<b>1:35.41</b>	+0,81	45.26	1:35.41
7. Conny v. Velden	AZ&PC	1:47.43	6500446	<b>1:47.74</b>	+0,84	51.74	1:47.74

Masters 45+

1. Susanna Rosén	Ystads Simsällskap	1:10.40	AA5563	<b>1:13.64</b>	+0,68	35.08	1:13.64
<i>Kampioenschaps Record, Zweeds Masters Record</i>							
2. Jacqueline Rolloos	De Lansingh	1:23.52	6300222	<b>1:25.27</b>	+0,81	42.37	1:25.27
3. Marleen Segers	AZV	1:21.16	AZV/056/61	<b>1:26.24</b>	+0,73	41.50	1:26.24
4. Annemarie Vuist	Swol 1894	1:28.24	6300282	<b>1:30.82</b>	+0,84	45.18	1:30.82
5. Ellen Parma	Triton	1:32.06	6200366	<b>1:31.99</b>	+0,86	44.54	1:31.99
6. Alie Visser	HZ&PC Heerenveen	1:36.63	6400494	<b>1:36.95</b>	+0,71	45.50	1:36.95

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	1:19.97	5600048	<b>1:21.72</b>	+0,71	39.85	1:21.72
2. Jacqueline Covents	GBZ	1:56.83	GBZ/033/59	<b>1:56.29</b>	+0,82	54.03	1:56.29

Masters 55+

1. Conny Boer-Buys	Vlaardingen	1:26.03	5000006	<b>1:25.24</b>	+0,79	41.97	1:25.24
<i>Nederlands Masters Record</i>							
2. Christien Nieuwenhuis	Swol 1894	1:33.87	5100022	<b>1:36.05</b>	+0,75	47.17	1:36.05
3. Antoinette Gilding-Tussaud	WS Twente	1:45.14	5000038	<b>1:46.15</b>	+0,73	51.56	1:46.15
4. Tineke van Diggelen	Oceanus	1:51.24	5200048	<b>1:52.68</b>	+0,84	56.50	1:52.68

Masters 60+

1. Loekie v. Huissteden	AZ&PC	2:05.51	4500002	<b>2:06.75</b>	+0,93	1:01.04	2:06.75
2. Hanny Bottin	SV Langenfeld 1912	2:20.03	057992	<b>2:27.68</b>	+1,18	1:10.10	2:27.68

Masters 65+

1. Nicole Davidson	ShaRK	2:00.24	ShaRK/184/44	<b>1:59.86</b>	+0,73	56.36	1:59.86
2. Leny Kamp	Aquapoldro	2:06.80	4400008	<b>2:04.45</b>	+0,66	59.19	2:04.45
3. Pálma Csepeli	Békéscsaba Senior Swimclub	2:16.08	44csepeli	<b>2:15.55</b>	+0,85	1:05.93	2:15.55

Masters 70+

1. Jeltje van Bergen	De Pinquin	1:56.40	3500002	<b>1:58.32</b>	+0,92	54.91	1:58.32
2. Tineke de Bueger	Old Dutch	2:18.17	3700010	<b>2:33.22</b>			2:33.22

Masters 75+

1. Annie de Vos	Old Dutch	2:15.16	3400004	<b>2:13.14</b>	+0,89	1:03.62	2:13.14
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Masters 80+

1. Virginia Keteleer	ShaRK	2:19.99	ShaRK/155/25	<b>2:23.36</b>	+1,48	1:11.72	2:23.36
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Programmanr. 14  
09.05.2009 - 11:55

Gemengd, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	Triton 1 <i>Kampioenschaps Record</i>	Triton 1:53.43	<b>1:55.84</b>	+0,74
	Remco Joukes	88 +0,74 27.75	Caroline Schreuder	67 +0,51 31.58
	Nikki Roon	88 +0,58 31.16	Pascal van Kassel	85 +0,54 25.35
2.	WS Twente 1	WS Twente 2:01.85	<b>2:00.11</b>	+0,93
	Emmy Soer	85 +0,93 30.61	Inez Heideman	75 +0,34 30.04
	Sebastiaan Baars	83 +0,33 29.46	Sander van den Berg	68 +0,48 30.00
3.	De Veene 1	De Veene 2:07.41	<b>2:03.28</b>	+0,87
	Annelette de Vries	86 +0,87 29.76	Henrike de Vries	89 +0,93 33.07
	Frans van Enst	40 +0,64 33.15	Marcel Reefhuis	81 +0,24 27.30
4.	EZ&PC 1	EZ&PC 2:01.57	<b>2:03.31</b>	+0,77
	Moniek Munneke	84 +0,77 31.49	Annemarie Jakobs	86 +0,31 31.07
	Tom Roelofs	85 +0,64 31.73	Frank Heus	89 +0,36 29.02
5.	Swimming Luxembourg 1	Swimming Luxembourg 2:02.00	<b>2:07.26</b>	+0,85
	Benoit Triay	83 +0,85 31.38	Jana Whitehouse	82 +1,02 35.22
	Aurélie Lebreton	86 +0,71 32.69	Björn Möller	72 +0,17 27.97
6.	Octopus 1	Octopus 2:15.54	<b>2:07.61</b>	+0,91
	Albert van Piekeren	84 +0,91 29.70	Stefan van der Grift	87 +0,47 29.19
	Dominique Sik	88 +0,41 35.66	Miriam Visserman	87 +0,54 33.06
7.	HZ&PC Heerenveen 1	HZ&PC Heerenveen 2:13.28	<b>2:09.64</b>	+0,99
	Arnold Jonker	70 +0,99 35.74	Marjolein Tissingh	89 +0,49 32.29
	Karin van Dijk	86 +0,47 32.66	Herman van Dijk	89 +0,46 28.95
8.	Octopus 2	Octopus 2:34.95	<b>2:22.91</b>	+0,58
	Annebeth van Ark	88 +0,58 35.33	Monique van Gortel	86 +0,39 37.16
	Henk van Zetten	67 +0,28 33.86	Henrie Renshoff	65 +0,95 36.56
<b>100+</b>				
1.	PSV 2 <i>Kampioenschaps Record</i>	PSV 1:55.95	<b>1:57.68</b>	+0,91
	Koen de Haan	78 +0,91 27.83	Bianca Cox	80 +0,22 30.91
	Renee de Kok	84 +0,33 33.37	Ronald Smits	78 +0,09 25.57
<b>120+</b>				
1.	WWV 1 <i>Kampioenschaps Record</i>	WWV 1:53.83	<b>1:58.16</b>	+0,91
	Tanja Sterenberg	83 +0,91 31.76	Marieke Sterenberg	82 +0,56 32.11
	Robert Vink	63 +0,46 27.42	Kees-Jan van Overbeeke	62 +0,16 26.87
<b>160+</b>				
1.	RZ 1 <i>Kampioenschaps Record</i>	RZ 2:09.45	<b>2:02.11</b>	+0,86
	Wendy Knoops	68 +0,86 33.46	Dianne Nien	71 +0,57 31.81
	Ralph Caster	61 +0,55 30.24	Bert Schlicher	64 +0,47 26.60
2.	PSV 1	PSV 2:03.79	<b>2:06.06</b>	+0,93
	Gudule van der Meer	72 +0,93 32.89	Erik van Dartel	67 +0,49 28.58
	Nicole Vrijhoeven	69 33.45	Ron Phaff	62 31.14
3.	Stader Schwimmverein 1	Stader Schwimmverein 2:05.44	<b>2:08.68</b>	+0,87
	Katja Warneke	78 +0,87 32.63	Jan Eversen	65 +0,78 29.03
	Heike Pagels	58 +0,78 40.19	Andreas Walter	62 +0,67 26.83
4.	HZ&PC Heerenveen 2	HZ&PC Heerenveen 2:10.10	<b>2:10.21</b>	+0,89
	Tiemen Stegenga	71 +0,89 30.37	Pia vd Molen	60 +0,39 34.69
	Alie Visser	64 +0,74 38.07	Rene Beetsma	69 +0,16 27.08
5.	WS Twente 2	WS Twente 2:11.34	<b>2:10.36</b>	+0,89
	Jack Barends	62 +0,89 32.29	Bart van Calker	61 +0,42 31.25
	Marijke Kraak	60 +0,37 33.57	Jeannette Ruesink	63 +0,26 33.25
6.	WWV 2	WWV 2:16.70	<b>2:14.53</b>	+0,80
	Rob Toebees	66 +0,80 31.65	Tineke Freriks	62 +0,49 36.32
	Uschi Koster	64 +0,55 35.89	Jan Lammers	60 +0,61 30.67



Programmanr. 14, Gemengd, 4 x 50m vrije slag, 160+

rang	vereniging	inschrijftijd	tijd	RT
7.	U.S.T. Hayange Omnisports 1	U.S.T. Hayange Omnisports	2:32.57	<b>2:30.71</b> +1,05
	Christelle Gaillot	78 +1,05 44.05	Isabelle Fautre	66 +0,75 47.86
	Joseph Frizzo	54 +0,69 29.70	Michel Wendel	64 +0,04 29.10

200+

1.	PSV 3	PSV	2:05.43	<b>2:03.51</b> +0,83
	<i>Nederlands Masters Record</i>			
	Joop Ariaens	59 +0,83 28.10	Agnes van Doesburg	60 +0,51 33.03
	Marleen Willems	60 +0,44 33.43	Brend Brevé	52 +0,58 28.95
2.	Old Dutch 1	Old Dutch	2:45.78	<b>2:28.02</b> +1,03
	Mar van Geel	47 +1,03 37.97	Matty van der Veen	44 +0,58 44.83
	Meke Oomens	70 +0,50 37.25	Phil Trethewie	65 +0,36 27.97

280+

1.	PSV 4	PSV	2:29.72	<b>2:38.54</b> +0,98
	<i>Kampioenschaps Record</i>			
	Cor Sprengers	35 +0,98 35.73	Annie Smits	46 +0,42 43.78
	Rob van Gestel	35 +0,55 38.94	Lottie Geurts	35 +0,58 40.09
2.	ShaRK 1	ShaRK	3:00.00	<b>2:59.39</b> +1,02
	Filip Timmermans	60 +1,02 37.67	Hugo Speelmans	27 +0,27 45.70
	Nicole Davidson	44 +0,53 51.18	Virginia Keteleer	25 +0,58 44.84

3 - ONMK 2009 sessie 3

09.05.2009 - 13:30

Programmanr. 16  
09.05.2009 - 13:30

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>					
1.	Erik Simons	WZK Zwemmen	8:44.24	8902845	<b>9:01.43</b> +0,85
	<i>Kampioenschaps Record</i>				
	50m: 29.31 29.31	250m: 2:43.69 34.07	450m: 5:00.98 34.50	650m: 7:19.84 34.65	
	100m: 1:02.29 32.98	300m: 3:17.97 34.28	500m: 5:35.53 34.55	700m: 7:54.41 34.57	
	150m: 1:35.69 33.40	350m: 3:52.12 34.15	550m: 6:10.13 34.60	750m: 8:28.75 34.34	
	200m: 2:09.62 33.93	400m: 4:26.48 34.36	600m: 6:45.19 35.06	800m: 9:01.43 32.68	
2.	Jan-Willem v.d. Graaff	Het Y	9:08.29	8901023	<b>9:03.13</b> +0,79
	50m: 31.41 31.41	250m: 2:49.22 34.71	450m: 5:06.50 33.82	650m: 7:23.65 33.91	
	100m: 1:05.39 33.98	300m: 3:23.99 34.77	500m: 5:41.04 34.54	700m: 7:57.78 34.13	
	150m: 1:39.96 34.57	350m: 3:58.01 34.02	550m: 6:15.17 34.13	750m: 8:31.09 33.31	
	200m: 2:14.51 34.55	400m: 4:32.68 34.67	600m: 6:49.74 34.57	800m: 9:03.13 32.04	
3.	Raoul Engelenburg	De Dolfijn	9:13.10	8900843	<b>9:15.70</b> +0,85
	50m: 31.83 31.83	250m: 2:52.89 35.30	450m: 5:15.11 35.46	650m: 7:34.84 34.17	
	100m: 1:06.60 34.77	300m: 3:28.70 35.81	500m: 5:50.85 35.74	700m: 8:08.87 34.03	
	150m: 1:41.94 35.34	350m: 4:04.03 35.33	550m: 6:25.75 34.90	750m: 8:42.44 33.57	
	200m: 2:17.59 35.65	400m: 4:39.65 35.62	600m: 7:00.67 34.92	800m: 9:15.70 33.26	
4.	Merijn Ellenkamp	DWK	9:17.80	8500691	<b>9:32.58</b> +0,78
	50m: 31.83 31.83	250m: 2:54.76 35.59	450m: 5:16.63 35.19	650m: 7:41.27 36.94	
	100m: 1:07.56 35.73	300m: 3:30.05 35.29	500m: 5:52.22 35.59	700m: 8:18.42 37.15	
	150m: 1:43.28 35.72	350m: 4:05.77 35.72	550m: 6:27.90 35.68	750m: 8:55.89 37.47	
	200m: 2:19.17 35.89	400m: 4:41.44 35.67	600m: 7:04.33 36.43	800m: 9:32.58 36.69	
5.	Nicolas Degalan	CNBA	9:17.84	CNBA/777/89	<b>9:53.83</b> +0,82
	50m: 31.36 31.36	250m: 2:52.06 35.24	450m: 5:17.38 39.50	650m: 7:57.24 38.31	
	100m: 1:05.53 34.17	300m: 3:27.17 35.11	500m: 5:58.20 40.82	700m: 8:36.56 39.32	
	150m: 1:40.93 35.40	350m: 4:02.08 34.91	550m: 6:37.90 39.70	750m: 9:15.62 39.06	
	200m: 2:16.82 35.89	400m: 4:37.88 35.80	600m: 7:18.93 41.03	800m: 9:53.83 38.21	
6.	Rodrigo Moctezuma	De Futen	10:29.13	8902179	<b>10:40.09</b> +0,81
	50m: 32.49 32.49	250m: 3:07.14 40.97	450m: 5:53.65 43.00	650m: 8:39.90 41.77	
	100m: 1:08.40 35.91	300m: 3:47.83 40.69	500m: 6:35.66 42.01	700m: 9:21.09 41.19	
	150m: 1:46.59 38.19	350m: 4:28.13 40.30	550m: 7:16.75 41.09	750m: 10:01.62 40.53	
	200m: 2:26.17 39.58	400m: 5:10.65 42.52	600m: 7:58.13 41.38	800m: 10:40.09 38.47	

Programmanr. 16, Heren, 800m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	tijd	RT			
7.	Ferdy van Mastrigt	RSW (SG)	11:46.43	8802315	11:34.87 +0,96			
	50m: 34.54	34.54	250m: 3:24.97	45.19	450m: 6:26.48	45.29	650m: 9:27.25	45.08
	100m: 1:14.48	39.94	300m: 4:10.08	45.11	500m: 7:11.77	45.29	700m: 10:11.02	43.77
	150m: 1:56.09	41.61	350m: 4:55.84	45.76	550m: 7:57.38	45.61	750m: 10:54.62	43.60
	200m: 2:39.78	43.69	400m: 5:41.19	45.35	600m: 8:42.17	44.79	800m: 11:34.87	40.25
<b>Masters 25+</b>								
1.	Erik Schröder	TriVia	8:42.72	8402025	8:41.99 +0,99			
	<i>Nederlands Masters Record</i>							
	50m: 29.11	29.11	250m: 2:40.21	33.12	450m: 4:53.95	33.34	650m: 7:06.75	33.08
	100m: 1:01.26	32.15	300m: 3:13.51	33.30	500m: 5:27.47	33.52	700m: 7:39.89	33.14
	150m: 1:33.91	32.65	350m: 3:46.98	33.47	550m: 6:00.71	33.24	750m: 8:11.92	32.03
	200m: 2:07.09	33.18	400m: 4:20.61	33.63	600m: 6:33.67	32.96	800m: 8:41.99	30.07
2.	Alexander Hulleman	De Zijl/LGB	9:11.48	8300989	9:14.31 +0,92			
	50m: 31.09	31.09	250m: 2:48.53	34.87	450m: 5:09.60	35.14	650m: 7:29.77	34.83
	100m: 1:04.52	33.43	300m: 3:24.05	35.52	500m: 5:44.61	35.01	700m: 8:04.96	35.19
	150m: 1:38.79	34.27	350m: 3:59.10	35.05	550m: 6:19.59	34.98	750m: 8:39.89	34.93
	200m: 2:13.66	34.87	400m: 4:34.46	35.36	600m: 6:54.94	35.35	800m: 9:14.31	34.42
3.	Rob van Vliet	WZK Zwemmen	8:54.28	8402459	9:20.55 +0,91			
	50m: 30.66	30.66	250m: 2:49.90	35.22	450m: 5:12.64	36.15	650m: 7:35.04	35.47
	100m: 1:04.95	34.29	300m: 3:25.36	35.46	500m: 5:48.40	35.76	700m: 8:10.81	35.77
	150m: 1:39.76	34.81	350m: 4:00.98	35.62	550m: 6:24.14	35.74	750m: 8:45.98	35.17
	200m: 2:14.68	34.92	400m: 4:36.49	35.51	600m: 6:59.57	35.43	800m: 9:20.55	34.57
4.	Gergely Molnar	Sprint Fortuna SC	9:02.50	80molnar	9:32.36 +0,84			
	50m: 30.29	30.29	250m: 2:51.71	36.24	450m: 5:17.32	36.70	650m: 7:43.68	36.65
	100m: 1:04.50	34.21	300m: 3:28.10	36.39	500m: 5:54.01	36.69	700m: 8:20.17	36.49
	150m: 1:39.95	35.45	350m: 4:04.48	36.38	550m: 6:30.46	36.45	750m: 8:56.81	36.64
	200m: 2:15.47	35.52	400m: 4:40.62	36.14	600m: 7:07.03	36.57	800m: 9:32.36	35.55
5.	Sylvain Faticoni	CHTHN	9:34.03	CHTHN/066/83	9:36.01 +0,72			
	50m: 31.69	31.69	250m: 2:52.97	35.67	450m: 5:19.81	36.82	650m: 7:48.35	37.05
	100m: 1:06.22	34.53	300m: 3:29.47	36.50	500m: 5:57.13	37.32	700m: 8:25.35	37.00
	150m: 1:41.52	35.30	350m: 4:05.93	36.46	550m: 6:33.78	36.65	750m: 9:01.71	36.36
	200m: 2:17.30	35.78	400m: 4:42.99	37.06	600m: 7:11.30	37.52	800m: 9:36.01	34.30
6.	Jeroen Vogelsang	Het Y	9:47.32	8001645	9:57.97 +1,17			
	50m: 31.21	31.21	250m: 2:55.96	37.15	450m: 5:27.67	37.97	650m: 8:03.63	39.12
	100m: 1:05.87	34.66	300m: 3:33.22	37.26	500m: 6:06.24	38.57	700m: 8:42.84	39.21
	150m: 1:42.19	36.32	350m: 4:11.28	38.06	550m: 6:45.69	39.45	750m: 9:21.50	38.66
	200m: 2:18.81	36.62	400m: 4:49.70	38.42	600m: 7:24.51	38.82	800m: 9:57.97	36.47
7.	Sebastian Hoppe	SV Blau-Weiss Bochum	10:32.99	260235	10:28.37 +0,82			
	50m: 34.67	34.67	250m: 3:09.31	39.55	450m: 5:50.48	40.17	650m: 8:31.29	39.45
	100m: 1:12.25	37.58	300m: 3:49.71	40.40	500m: 6:31.47	40.99	700m: 9:11.26	39.97
	150m: 1:50.12	37.87	350m: 4:29.83	40.12	550m: 7:11.69	40.22	750m: 9:49.62	38.36
	200m: 2:29.76	39.64	400m: 5:10.31	40.48	600m: 7:51.84	40.15	800m: 10:28.37	38.75
8.	Victor den Heijer	Wave	9:41.94	8300867	10:40.89 +0,78			
	50m: 32.35	32.35	250m: 3:06.76	40.07	450m: 5:51.37	41.71	650m: 8:39.27	42.15
	100m: 1:09.73	37.38	300m: 3:46.67	39.91	500m: 6:32.78	41.41	700m: 9:20.03	40.76
	150m: 1:47.67	37.94	350m: 4:27.96	41.29	550m: 7:15.39	42.61	750m: 10:01.94	41.91
	200m: 2:26.69	39.02	400m: 5:09.66	41.70	600m: 7:57.12	41.73	800m: 10:40.89	38.95
9.	Remco van Althuis	SBC2000	11:38.76	8300029	10:54.89 +0,83			
	50m: 31.07	31.07	250m: 3:07.28	41.54	450m: 5:58.67	42.87	650m: 8:50.37	42.15
	100m: 1:06.73	35.66	300m: 3:49.93	42.65	500m: 6:41.19	42.52	700m: 9:33.77	43.40
	150m: 1:45.28	38.55	350m: 4:32.60	42.67	550m: 7:24.89	43.70	750m: 10:15.59	41.82
	200m: 2:25.74	40.46	400m: 5:15.80	43.20	600m: 8:08.22	43.33	800m: 10:54.89	39.30
DIS	Rory Bob de Haan	Anker Team Groningen	9:15.86	8100609				
	<i>AF - Niet de aangegeven afstand gezwommen (geen tijd noteren).</i>							
NG.ZA	Robin den Oudsten	PSV	12:44.18	8002153				
NG.ZA	Steve Clement	Swimming Luxembourg	12:38.37	203				
NG.ZA	Remco Veerkamp	Zuiderzeewemmers	13:25.50	8102311				
<b>Masters 30+</b>								
1.	Martijn Butter	OEZA	9:58.28	7900231	9:43.32 +0,94			
	50m: 32.03	32.03	250m: 2:56.83	36.45	450m: 5:23.99	36.64	650m: 7:52.55	37.44
	100m: 1:07.52	35.49	300m: 3:33.92	37.09	500m: 6:01.06	37.07	700m: 8:30.19	37.64
	150m: 1:43.61	36.09	350m: 4:10.44	36.52	550m: 6:37.85	36.79	750m: 9:06.73	36.54
	200m: 2:20.38	36.77	400m: 4:47.35	36.91	600m: 7:15.11	37.26	800m: 9:43.32	36.59
2.	Ivo Roozeboom	DES	9:47.46	7700801	9:46.63 +0,90			
	50m: 31.18	31.18	250m: 2:58.59	36.96	450m: 5:28.12	37.46	650m: 7:57.13	37.00
	100m: 1:07.53	36.35	300m: 3:36.09	37.50	500m: 6:05.63	37.51	700m: 8:34.81	37.68
	150m: 1:44.27	36.74	350m: 4:12.98	36.89	550m: 6:42.69	37.06	750m: 9:11.75	36.94
	200m: 2:21.63	37.36	400m: 4:50.66	37.68	600m: 7:20.13	37.44	800m: 9:46.63	34.88

Programmanr. 16, Heren, 800m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	tijd	RT			
3.	Freddie Geerlings	NIMO	10:18.20	7900379	9:56.02 +0,99			
	50m: 32.81	32.81	250m: 2:58.53	36.82	450m: 5:29.75	37.94	650m: 8:03.51	38.77
	100m: 1:08.76	35.95	300m: 3:36.12	37.59	500m: 6:08.12	38.37	700m: 8:41.71	38.20
	150m: 1:44.58	35.82	350m: 4:13.95	37.83	550m: 6:46.07	37.95	750m: 9:19.70	37.99
	200m: 2:21.71	37.13	400m: 4:51.81	37.86	600m: 7:24.74	38.67	800m: 9:56.02	36.32
4.	Koen de Haan	PSV	10:30.00	7801671	10:21.90 +0,92			
	50m: 33.51	33.51	250m: 3:08.28	39.36	450m: 5:46.82	40.10	650m: 8:25.71	39.07
	100m: 1:10.96	37.45	300m: 3:47.72	39.44	500m: 6:26.93	40.11	700m: 9:05.26	39.55
	150m: 1:49.69	38.73	350m: 4:27.53	39.81	550m: 7:06.95	40.02	750m: 9:44.72	39.46
	200m: 2:28.92	39.23	400m: 5:06.72	39.19	600m: 7:46.64	39.69	800m: 10:21.90	37.18
5.	Geoffrey van der Maat	PSV	14:56.73	7801673	15:14.52 +1,04			
	50m: 45.71	45.71	250m: 4:30.52	58.57	450m: 8:28.94	59.94	650m: 12:29.12	59.84
	100m: 1:38.89	53.18	300m: 5:29.65	59.13	500m: 9:28.89	59.95	700m: 13:30.58	1:01.46
	150m: 2:34.40	55.51	350m: 6:28.97	59.32	550m: 10:28.86	59.97	750m: 14:27.15	56.57
	200m: 3:31.95	57.55	400m: 7:29.00	1:00.03	600m: 11:29.28	1:00.42	800m: 15:14.52	47.37

Masters 35+

1.	Robin Sprinkhuizen	De Zijl/LGB	9:35.51	7400767	9:35.85 +0,89			
	50m: 32.08	32.08	250m: 2:54.26	35.29	450m: 5:18.09	36.44	650m: 7:46.18	37.53
	100m: 1:08.04	35.96	300m: 3:30.10	35.84	500m: 5:54.37	36.28	700m: 8:24.06	37.88
	150m: 1:43.59	35.55	350m: 4:05.71	35.61	550m: 6:31.33	36.96	750m: 9:01.03	36.97
	200m: 2:18.97	35.38	400m: 4:41.65	35.94	600m: 7:08.65	37.32	800m: 9:35.85	34.82
2.	Jerry Grondel	PLONS	10:29.19	7201223	10:41.62 +0,79			
	50m: 34.32	34.32	250m: 3:09.64	39.93	450m: 5:52.23	40.51	650m: 8:38.71	41.80
	100m: 1:11.35	37.03	300m: 3:50.17	40.53	500m: 6:33.71	41.48	700m: 9:21.12	42.41
	150m: 1:50.34	38.99	350m: 4:30.70	40.53	550m: 7:15.06	41.35	750m: 10:01.99	40.87
	200m: 2:29.71	39.37	400m: 5:11.72	41.02	600m: 7:56.91	41.85	800m: 10:41.62	39.63
3.	Casper de Zeeuw	WS Twente	10:39.14	7001137	11:06.08 +0,79			
	50m: 37.68	37.68	250m: 3:25.92	42.40	450m: 6:14.86	42.60	650m: 9:03.94	41.76
	100m: 1:19.22	41.54	300m: 4:08.11	42.19	500m: 6:57.69	42.83	700m: 9:45.55	41.61
	150m: 2:01.65	42.43	350m: 4:50.22	42.11	550m: 7:40.23	42.54	750m: 10:26.82	41.27
	200m: 2:43.52	41.87	400m: 5:32.26	42.04	600m: 8:22.18	41.95	800m: 11:06.08	39.26
4.	Tiemen Stegenga	HZ&PC Heerenveen	11:43.64	7101379	11:41.27 +0,88			
	50m: 35.81	35.81	250m: 3:29.19	44.95	450m: 6:31.13	45.39	650m: 9:31.70	45.10
	100m: 1:16.97	41.16	300m: 4:14.61	45.42	500m: 7:16.56	45.43	700m: 10:16.86	45.16
	150m: 2:00.17	43.20	350m: 5:00.11	45.50	550m: 8:01.81	45.25	750m: 11:00.82	43.96
	200m: 2:44.24	44.07	400m: 5:45.74	45.63	600m: 8:46.60	44.79	800m: 11:41.27	40.45
5.	Jeroen Haan	Swol 1894	12:15.42	7101405	12:20.79 +0,95			
	50m: 38.19	38.19	250m: 3:38.65	46.89	450m: 6:47.23	47.40	650m: 9:59.83	48.27
	100m: 1:21.59	43.40	300m: 4:25.38	46.73	500m: 7:34.82	47.59	700m: 10:47.67	47.84
	150m: 2:06.08	44.49	350m: 5:12.67	47.29	550m: 8:23.10	48.28	750m: 11:35.28	47.61
	200m: 2:51.76	45.68	400m: 5:59.83	47.16	600m: 9:11.56	48.46	800m: 12:20.79	45.51
6.	Arnold Jonker	HZ&PC Heerenveen	13:55.91	7000529	13:43.45 +0,87			
	50m: 45.42	45.42	250m: 4:11.53	52.31	450m: 7:39.50	51.82	650m: 11:08.01	52.56
	100m: 1:35.79	50.37	300m: 5:03.48	51.95	500m: 8:31.54	52.04	700m: 12:00.99	52.98
	150m: 2:27.34	51.55	350m: 5:55.26	51.78	550m: 9:23.48	51.94	750m: 12:52.61	51.62
	200m: 3:19.22	51.88	400m: 6:47.68	52.42	600m: 10:15.45	51.97	800m: 13:43.45	50.84
AFGEM	Roy Danckaarts	De Fuut	10:14.92	7000231				

Masters 40+

1.	Joost Kuijlaars	MNC Dordrecht	9:23.75	6600439	9:24.08 +0,85			
	<i>Nederlands Masters Record</i>							
	50m: 32.41	32.41	250m: 2:52.90	34.82	450m: 5:14.51	35.80	650m: 7:38.74	36.08
	100m: 1:07.82	35.41	300m: 3:28.06	35.16	500m: 5:50.66	36.15	700m: 8:14.47	35.73
	150m: 1:43.03	35.21	350m: 4:03.35	35.29	550m: 6:26.67	36.01	750m: 8:49.87	35.40
	200m: 2:18.08	35.05	400m: 4:38.71	35.36	600m: 7:02.66	35.99	800m: 9:24.08	34.21
2.	Norbert Nagy	Sprint Fortuna SC	9:48.90	69nagy	9:52.51 +0,77			
	50m: 33.00	33.00	250m: 3:00.64	38.15	450m: 5:32.79	37.82	650m: 8:04.38	37.84
	100m: 1:08.98	35.98	300m: 3:38.35	37.71	500m: 6:11.40	38.61	700m: 8:42.38	38.00
	150m: 1:45.11	36.13	350m: 4:16.71	38.36	550m: 6:48.44	37.04	750m: 9:17.89	35.51
	200m: 2:22.49	37.38	400m: 4:54.97	38.26	600m: 7:26.54	38.10	800m: 9:52.51	34.62
3.	Jo-an Mudde	Zeester-Meerval	9:51.67	6701457	9:55.16 +0,91			
	50m: 33.28	33.28	250m: 3:01.02	37.29	450m: 5:33.04	37.89	650m: 8:04.30	37.80
	100m: 1:09.64	36.36	300m: 3:38.94	37.92	500m: 6:11.37	38.33	700m: 8:42.03	37.73
	150m: 1:46.63	36.99	350m: 4:16.89	37.95	550m: 6:49.13	37.76	750m: 9:19.01	36.98
	200m: 2:23.73	37.10	400m: 4:55.15	38.26	600m: 7:26.50	37.37	800m: 9:55.16	36.15

Programmanr. 16, Heren, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT			
4.	Frederic Andres	Florange Olympique Club	10:37.92	103316	10:06.86 +0,84			
	50m: 35.27	35.27	250m: 3:10.10	38.70	450m: 5:42.56	37.39	650m: 8:14.98	38.54
	100m: 1:13.89	38.62	300m: 3:48.64	38.54	500m: 6:20.32	37.76	700m: 8:52.76	37.78
	150m: 1:52.63	38.74	350m: 4:27.33	38.69	550m: 6:58.19	37.87	750m: 9:30.85	38.09
	200m: 2:31.40	38.77	400m: 5:05.17	37.84	600m: 7:36.44	38.25	800m: 10:06.86	36.01
5.	Frans Oldersma	TriVia	11:22.67	6600565	11:21.40 +0,98			
	50m: 36.75	36.75	250m: 3:24.86	43.19	450m: 6:21.30	43.79	650m: 9:16.25	42.68
	100m: 1:16.88	40.13	300m: 4:09.51	44.65	500m: 7:06.03	44.73	700m: 9:59.57	43.32
	150m: 1:58.31	41.43	350m: 4:53.63	44.12	550m: 7:49.28	43.25	750m: 10:41.30	41.73
	200m: 2:41.67	43.36	400m: 5:37.51	43.88	600m: 8:33.57	44.29	800m: 11:21.40	40.10
6.	Pieter-Sjoerd de Wijn	Aqua-Novio '94	12:07.10	6501027	11:37.24 +0,87			
	50m: 36.78	36.78	250m: 3:27.87	44.77	450m: 6:28.45	45.05	650m: 9:28.95	45.52
	100m: 1:17.90	41.12	300m: 4:12.98	45.11	500m: 7:14.21	45.76	700m: 10:12.69	43.74
	150m: 2:00.11	42.21	350m: 4:57.80	44.82	550m: 7:58.57	44.36	750m: 10:56.91	44.22
	200m: 2:43.10	42.99	400m: 5:43.40	45.60	600m: 8:43.43	44.86	800m: 11:37.24	40.33
7.	Hayo v.d. Werf	Het Y	12:08.45	6701085	12:20.70 +0,81			
	50m: 42.32	42.32	250m: 3:46.90	46.34	450m: 6:54.87	46.82	650m: 10:02.44	46.18
	100m: 1:27.57	45.25	300m: 4:34.11	47.21	500m: 7:42.15	47.28	700m: 10:49.38	46.94
	150m: 2:13.99	46.42	350m: 5:20.63	46.52	550m: 8:28.86	46.71	750m: 11:35.53	46.15
	200m: 3:00.56	46.57	400m: 6:08.05	47.42	600m: 9:16.26	47.40	800m: 12:20.70	45.17
8.	Taco Eikelenboom	De Futen	12:18.94	6900275	12:30.83 +1,04			
	50m: 37.85	37.85	250m: 3:42.53	47.11	450m: 6:54.58	48.53	650m: 10:08.81	48.55
	100m: 1:23.10	45.25	300m: 4:30.01	47.48	500m: 7:43.34	48.76	700m: 10:57.32	48.51
	150m: 2:09.30	46.20	350m: 5:17.91	47.90	550m: 8:31.86	48.52	750m: 11:45.13	47.81
	200m: 2:55.42	46.12	400m: 6:06.05	48.14	600m: 9:20.26	48.40	800m: 12:30.83	45.70
9.	Henk van Zetten	Octopus	13:15.76	6701261	13:31.60 +0,94			
	50m: 42.32	42.32	250m: 4:05.95	50.97	450m: 7:32.82	52.43	650m: 11:00.52	53.46
	100m: 1:31.36	49.04	300m: 4:58.11	52.16	500m: 8:23.39	50.57	700m: 11:53.02	52.50
	150m: 2:22.21	50.85	350m: 5:49.61	51.50	550m: 9:15.71	52.32	750m: 12:43.72	50.70
	200m: 3:14.98	52.77	400m: 6:40.39	50.78	600m: 10:07.06	51.35	800m: 13:31.60	47.88
10.	Aegidius Kap	PLONS	14:00.86	6801233	14:27.64 +0,99			
	50m: 43.03	43.03	250m: 4:17.42	55.46	450m: 8:06.78	56.17	650m: 11:52.17	54.99
	100m: 1:32.72	49.69	300m: 5:14.73	57.31	500m: 9:05.24	58.46	700m: 12:47.24	55.07
	150m: 2:25.89	53.17	350m: 6:11.75	57.02	550m: 10:01.01	55.77	750m: 13:38.94	51.70
	200m: 3:21.96	56.07	400m: 7:10.61	58.86	600m: 10:57.18	56.17	800m: 14:27.64	48.70
NG.ZA	Erik van Dartel	PSV	9:49.37	6700185				
<b>Masters 45+</b>								
1.	Frank Gomoll	SG Gladbeck	9:45.70	112232	9:55.42 +0,85			
	<i>Kampioenschaps Record</i>							
	50m: 33.66	33.66	250m: 3:00.94	36.95	450m: 5:30.77	37.48	650m: 8:03.50	38.23
	100m: 1:10.60	36.94	300m: 3:38.09	37.15	500m: 6:08.82	38.05	700m: 8:41.40	37.90
	150m: 1:47.32	36.72	350m: 4:15.43	37.34	550m: 6:47.04	38.22	750m: 9:19.49	38.09
	200m: 2:23.99	36.67	400m: 4:53.29	37.86	600m: 7:25.27	38.23	800m: 9:55.42	35.93
2.	Arnold de Rover	De Futen	10:50.99	6400645	10:30.87 +0,88			
	50m: 34.03	34.03	250m: 3:11.17	39.56	450m: 5:49.91	39.87	650m: 8:30.76	40.43
	100m: 1:12.88	38.85	300m: 3:50.73	39.56	500m: 6:29.86	39.95	700m: 9:10.79	40.03
	150m: 1:52.50	39.62	350m: 4:30.50	39.77	550m: 7:10.12	40.26	750m: 9:51.48	40.69
	200m: 2:31.61	39.11	400m: 5:10.04	39.54	600m: 7:50.33	40.21	800m: 10:30.87	39.39
3.	Olaf Chalmer-Rasmussen	Swimming Luxembourg	11:45.23	123	11:06.74 +0,94			
	50m: 35.88	35.88	250m: 3:17.05	41.15	450m: 6:06.80	42.80	650m: 8:57.98	43.12
	100m: 1:14.83	38.95	300m: 3:59.35	42.30	500m: 6:49.57	42.77	700m: 9:41.72	43.74
	150m: 1:54.59	39.76	350m: 4:41.19	41.84	550m: 7:31.77	42.20	750m: 10:24.43	42.71
	200m: 2:35.90	41.31	400m: 5:24.00	42.81	600m: 8:14.86	43.09	800m: 11:06.74	42.31
4.	Paul van der Voort	De Zwoer	10:51.24	6200715	11:13.65 +1,20			
	50m: 36.35	36.35	250m: 3:27.79	43.16	450m: 6:19.15	42.99	650m: 9:11.74	43.14
	100m: 1:18.20	41.85	300m: 4:11.03	43.24	500m: 7:02.07	42.92	700m: 9:53.85	42.11
	150m: 2:00.98	42.78	350m: 4:53.52	42.49	550m: 7:45.80	43.73	750m: 10:34.80	40.95
	200m: 2:44.63	43.65	400m: 5:36.16	42.64	600m: 8:28.60	42.80	800m: 11:13.65	38.85
5.	Joost de Kroon	AquAmigos	11:13.39	6400999	11:18.57 +1,07			
	50m: 38.37	38.37	250m: 3:30.38	43.32	450m: 6:22.04	43.26	650m: 9:16.78	43.89
	100m: 1:21.01	42.64	300m: 4:13.37	42.99	500m: 7:06.15	44.11	700m: 9:59.39	42.61
	150m: 2:03.72	42.71	350m: 4:55.77	42.40	550m: 7:49.20	43.05	750m: 10:40.63	41.24
	200m: 2:47.06	43.34	400m: 5:38.78	43.01	600m: 8:32.89	43.69	800m: 11:18.57	37.94
6.	Eric Henrard	AZV	11:19.49	AZV/017/60	11:27.30 +0,97			
	50m: 38.42	38.42	250m: 3:27.98	43.43	450m: 6:23.92	43.54	650m: 9:19.40	43.64
	100m: 1:19.44	41.02	300m: 4:12.59	44.61	500m: 7:07.94	44.02	700m: 10:02.75	43.35
	150m: 2:01.84	42.40	350m: 4:56.33	43.74	550m: 7:51.52	43.58	750m: 10:45.82	43.07
	200m: 2:44.55	42.71	400m: 5:40.38	44.05	600m: 8:35.76	44.24	800m: 11:27.30	41.48

Programmanr. 16, Heren, 800m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	RT			
7.	Jan Smalheer	SCOM	12:33.59	6400701	11:52.55 +1,16			
	50m: 36.29	36.29	250m: 3:30.23	44.07	450m: 6:35.05	46.23	650m: 9:39.45	45.04
	100m: 1:17.69	41.40	300m: 4:16.24	46.01	500m: 7:22.29	47.24	700m: 10:25.11	45.66
	150m: 2:01.33	43.64	350m: 5:01.52	45.28	550m: 8:07.90	45.61	750m: 11:08.74	43.63
	200m: 2:46.16	44.83	400m: 5:48.82	47.30	600m: 8:54.41	46.51	800m: 11:52.55	43.81
8.	Peter Marc de Rooij	Zwemlust/Utrecht (SG)	10:55.37	6100829	11:52.61 +0,92			
	50m: 38.01	38.01	250m: 3:33.46	44.58	450m: 6:36.16	46.12	650m: 9:38.99	45.35
	100m: 1:21.04	43.03	300m: 4:18.65	45.19	500m: 7:22.38	46.22	700m: 10:25.07	46.08
	150m: 2:04.32	43.28	350m: 5:04.16	45.51	550m: 8:07.75	45.37	750m: 11:09.95	44.88
	200m: 2:48.88	44.56	400m: 5:50.04	45.88	600m: 8:53.64	45.89	800m: 11:52.61	42.66
9.	Bart van Calker	WS Twente	12:27.81	6100067	11:57.55 +1,06			
	50m: 40.30	40.30	250m: 3:42.65	46.52	450m: 6:44.32	45.34	650m: 9:45.42	45.50
	100m: 1:23.55	43.25	300m: 4:28.25	45.60	500m: 7:29.10	44.78	700m: 10:30.78	45.36
	150m: 2:09.58	46.03	350m: 5:14.56	46.31	550m: 8:14.74	45.64	750m: 11:16.71	45.93
	200m: 2:56.13	46.55	400m: 5:58.98	44.42	600m: 8:59.92	45.18	800m: 11:57.55	40.84
10.	Henk Gierveld	Nat Utrecht	13:01.70	6000869	12:40.22 +1,12			
	50m: 39.41	39.41	250m: 3:44.96	48.66	450m: 6:59.54	49.19	650m: 10:16.72	49.20
	100m: 1:23.20	43.79	300m: 4:33.43	48.47	500m: 7:49.59	50.05	700m: 11:06.53	49.81
	150m: 2:08.76	45.56	350m: 5:21.60	48.17	550m: 8:38.24	48.65	750m: 11:56.55	50.02
	200m: 2:56.30	47.54	400m: 6:10.35	48.75	600m: 9:27.52	49.28	800m: 12:40.22	43.67
11.	Jan Willem Heuten	WS Twente	12:46.51	6000883	12:48.71 +1,26			
	50m: 41.17	41.17	250m: 3:54.74	49.23	450m: 7:12.17	49.24	650m: 10:28.11	48.23
	100m: 1:27.41	46.24	300m: 4:44.48	49.74	500m: 8:01.49	49.32	700m: 11:16.44	48.33
	150m: 2:15.97	48.56	350m: 5:33.75	49.27	550m: 8:50.81	49.32	750m: 12:04.36	47.92
	200m: 3:05.51	49.54	400m: 6:22.93	49.18	600m: 9:39.88	49.07	800m: 12:48.71	44.35
12.	Michael van Vliet	Zwemvereniging Hoorn	13:54.12	6201073	13:39.60 +1,06			
	50m: 44.53	44.53	250m: 4:10.33	52.17	450m: 7:41.30	52.50	650m: 11:09.30	51.67
	100m: 1:34.25	49.72	300m: 5:03.05	52.72	500m: 8:33.75	52.45	700m: 12:00.28	50.98
	150m: 2:26.25	52.00	350m: 5:55.95	52.90	550m: 9:25.63	51.88	750m: 12:51.09	50.81
	200m: 3:18.16	51.91	400m: 6:48.80	52.85	600m: 10:17.63	52.00	800m: 13:39.60	48.51
13.	Filip Timmermans	ShaRK	14:14.11	ShaRK/163/60	13:40.71 +1,05			
	50m: 42.15	42.15	250m: 4:02.23	51.48	450m: 7:34.04	53.03	650m: 11:05.25	53.10
	100m: 1:29.51	47.36	300m: 4:55.09	52.86	500m: 8:27.20	53.16	700m: 11:58.20	52.95
	150m: 2:19.28	49.77	350m: 5:48.28	53.19	550m: 9:19.55	52.35	750m: 12:50.67	52.47
	200m: 3:10.75	51.47	400m: 6:41.01	52.73	600m: 10:12.15	52.60	800m: 13:40.71	50.04
14.	Johan van de Ven	PSV	14:16.21	6400903	13:51.50 +0,93			
	50m: 46.22	46.22	250m: 4:13.06	52.29	450m: 7:42.67	52.23	650m: 11:14.37	52.61
	100m: 1:36.79	50.57	300m: 5:05.83	52.77	500m: 8:35.41	52.74	700m: 12:08.69	54.32
	150m: 2:28.27	51.48	350m: 5:57.97	52.14	550m: 9:27.98	52.57	750m: 13:00.88	52.19
	200m: 3:20.77	52.50	400m: 6:50.44	52.47	600m: 10:21.76	53.78	800m: 13:51.50	50.62
15.	Louis Matthijse	PSV	14:32.11	6100787	14:11.27 +1,10			
	50m: 44.76	44.76	250m: 4:15.75	53.32	450m: 7:52.33	55.18	650m: 11:31.04	55.12
	100m: 1:36.18	51.42	300m: 5:08.97	53.22	500m: 8:46.56	54.23	700m: 12:25.20	54.16
	150m: 2:29.69	53.51	350m: 6:03.37	54.40	550m: 9:41.73	55.17	750m: 13:20.30	55.10
	200m: 3:22.43	52.74	400m: 6:57.15	53.78	600m: 10:35.92	54.19	800m: 14:11.27	50.97
DIS	Wilko Versleeuwen	PSV	13:34.47	6301189				
	<i>AA - Te vroeg weg of bewogen bij start.</i>							
NG.ZA	Salvo Andronico	Swimming Luxembourg	10:41.73	113				

Masters 50+

1.	Richard Broer	PLONS	10:54.12	5900077	10:20.82 +1,06			
	50m: 33.68	33.68	250m: 3:09.03	38.86	450m: 5:45.82	39.24	650m: 8:24.09	39.83
	100m: 1:11.12	37.44	300m: 3:47.85	38.82	500m: 6:25.26	39.44	700m: 9:03.67	39.58
	150m: 1:50.31	39.19	350m: 4:27.26	39.41	550m: 7:05.07	39.81	750m: 9:43.28	39.61
	200m: 2:30.17	39.86	400m: 5:06.58	39.32	600m: 7:44.26	39.19	800m: 10:20.82	37.54
2.	Henk Slomp	De Pinquin	11:13.86	5500359	11:20.98 +1,06			
	50m: 34.81	34.81	250m: 3:24.09	43.48	450m: 6:19.98	44.46	650m: 9:16.38	43.83
	100m: 1:14.65	39.84	300m: 4:08.11	44.02	500m: 7:04.26	44.28	700m: 10:00.63	44.25
	150m: 1:57.10	42.45	350m: 4:51.57	43.46	550m: 7:48.49	44.23	750m: 10:42.53	41.90
	200m: 2:40.61	43.51	400m: 5:35.52	43.95	600m: 8:32.55	44.06	800m: 11:20.98	38.45
3.	Hans Groothelm	DBD	11:28.64	5800151	11:24.56 +0,97			
	50m: 38.16	38.16	250m: 3:28.06	43.71	450m: 6:22.73	43.44	650m: 9:18.22	43.46
	100m: 1:20.08	41.92	300m: 4:11.82	43.76	500m: 7:06.56	43.83	700m: 10:01.92	43.70
	150m: 2:01.92	41.84	350m: 4:55.47	43.65	550m: 7:50.52	43.96	750m: 10:45.21	43.29
	200m: 2:44.35	42.43	400m: 5:39.29	43.82	600m: 8:34.76	44.24	800m: 11:24.56	39.35
4.	Paul Bunnik	Triton	11:58.97	5600413	12:30.25 +1,12			
	50m: 36.83	36.83	250m: 3:41.53	47.76	450m: 6:54.98	48.34	650m: 10:09.94	47.94
	100m: 1:20.43	43.60	300m: 4:29.57	48.04	500m: 7:44.40	49.42	700m: 10:59.67	49.73
	150m: 2:07.21	46.78	350m: 5:17.61	48.04	550m: 8:32.45	48.05	750m: 11:46.65	46.98
	200m: 2:53.77	46.56	400m: 6:06.64	49.03	600m: 9:22.00	49.55	800m: 12:30.25	43.60



Programmanr. 16, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT			
5.	Peter Verberne	ACZ	12:24.07	5900719	12:52.06 +1,22			
	50m: 40.30	40.30	250m: 3:50.66	49.34	450m: 7:09.97	49.62	650m: 10:27.68	48.95
	100m: 1:25.45	45.15	300m: 4:40.63	49.97	500m: 7:59.96	49.99	700m: 11:16.62	48.94
	150m: 2:12.98	47.53	350m: 5:30.74	50.11	550m: 8:49.09	49.13	750m: 12:05.22	48.60
	200m: 3:01.32	48.34	400m: 6:20.35	49.61	600m: 9:38.73	49.64	800m: 12:52.06	46.84
6.	Rene Groot	ZV De Bron	14:31.57	5900617	14:45.71 +1,10			
	50m: 43.70	43.70	250m: 4:22.41	55.25	450m: 8:10.54	57.77	650m: 11:58.20	56.72
	100m: 1:36.29	52.59	300m: 5:18.28	55.87	500m: 9:07.11	56.57	700m: 12:55.36	57.16
	150m: 2:31.81	55.52	350m: 6:16.44	58.16	550m: 10:04.31	57.20	750m: 13:51.95	56.59
	200m: 3:27.16	55.35	400m: 7:12.77	56.33	600m: 11:01.48	57.17	800m: 14:45.71	53.76

Masters 55+

1.	Hugo Staudt	WS Twente	12:45.13	5300253	12:13.68 +0,87			
	50m: 40.83	40.83	250m: 3:48.16	47.44	450m: 6:54.40	47.12	650m: 9:58.77	46.42
	100m: 1:26.82	45.99	300m: 4:34.44	46.28	500m: 7:40.73	46.33	700m: 10:44.84	46.07
	150m: 2:13.81	46.99	350m: 5:20.87	46.43	550m: 8:27.11	46.38	750m: 11:30.73	45.89
	200m: 3:00.72	46.91	400m: 6:07.28	46.41	600m: 9:12.35	45.24	800m: 12:13.68	42.95
2.	Mart van Lierop	DZT '62	12:10.99	5200121	12:31.47 +1,13			
	50m: 41.35	41.35	250m: 3:51.03	48.20	450m: 7:04.25	48.24	650m: 10:13.95	47.27
	100m: 1:27.67	46.32	300m: 4:39.26	48.23	500m: 7:51.83	47.58	700m: 11:00.81	46.86
	150m: 2:14.57	46.90	350m: 5:27.38	48.12	550m: 8:39.75	47.92	750m: 11:47.31	46.50
	200m: 3:02.83	48.26	400m: 6:16.01	48.63	600m: 9:26.68	46.93	800m: 12:31.47	44.16

Masters 60+

1.	Donald Uijtenbogaart	Het Y	10:38.93	4700107	10:29.08 +0,91			
	50m: 36.69	36.69	250m: 3:14.43	39.37	450m: 5:53.77	39.05	650m: 8:32.44	39.45
	100m: 1:15.71	39.02	300m: 3:54.81	40.38	500m: 6:33.70	39.93	700m: 9:12.48	40.04
	150m: 1:55.11	39.40	350m: 4:34.39	39.58	550m: 7:13.06	39.36	750m: 9:51.64	39.16
	200m: 2:35.06	39.95	400m: 5:14.72	40.33	600m: 7:52.99	39.93	800m: 10:29.08	37.44
2.	Ludwig Lorenz	SG Gladbeck	12:41.23	127866	12:16.13 +0,97			
	50m: 42.79	42.79	250m: 3:51.97	46.38	450m: 6:59.37	46.50	650m: 10:04.74	46.10
	100m: 1:30.54	47.75	300m: 4:39.04	47.07	500m: 7:45.84	46.47	700m: 10:50.94	46.20
	150m: 2:17.79	47.25	350m: 5:25.90	46.86	550m: 8:32.11	46.27	750m: 11:35.71	44.77
	200m: 3:05.59	47.80	400m: 6:12.87	46.97	600m: 9:18.64	46.53	800m: 12:16.13	40.42
3.	Han Roos	ZV De Bron	13:47.42	4500081	13:25.89 +1,13			
	50m: 42.55	42.55	250m: 4:07.10	51.20	450m: 7:31.85	49.76	650m: 10:55.79	49.92
	100m: 1:32.54	49.99	300m: 4:59.82	52.72	500m: 8:23.49	51.64	700m: 11:47.36	51.57
	150m: 2:23.15	50.61	350m: 5:50.17	50.35	550m: 9:13.70	50.21	750m: 12:36.57	49.21
	200m: 3:15.90	52.75	400m: 6:42.09	51.92	600m: 10:05.87	52.17	800m: 13:25.89	49.32
4.	Mar van Geel	Old Dutch	14:38.87	4700135	15:15.71 +1,06			
	50m: 44.73	44.73	250m: 4:33.76	59.50	450m: 8:31.29	59.55	650m: 12:30.37	59.63
	100m: 1:38.26	53.53	300m: 5:31.79	58.03	500m: 9:30.83	59.54	700m: 13:30.59	1:00.22
	150m: 2:36.99	58.73	350m: 6:32.25	1:00.46	550m: 10:31.29	1:00.46	750m: 14:28.13	57.54
	200m: 3:34.26	57.27	400m: 7:31.74	59.49	600m: 11:30.74	59.45	800m: 15:15.71	47.58

Masters 65+

1.	Rob Hanou	PSV	12:11.71	4300109	12:49.30 +1,10			
	50m: 40.46	40.46	250m: 3:53.85	48.75	450m: 7:10.84	49.01	650m: 10:28.47	48.94
	100m: 1:27.48	47.02	300m: 4:43.83	49.98	500m: 8:00.72	49.88	700m: 11:17.64	49.17
	150m: 2:15.83	48.35	350m: 5:31.96	48.13	550m: 8:50.38	49.66	750m: 12:04.56	46.92
	200m: 3:05.10	49.27	400m: 6:21.83	49.87	600m: 9:39.53	49.15	800m: 12:49.30	44.74
2.	Frans van Enst	De Veene	13:26.98	4000011	13:16.52 +1,05			
	50m: 42.52	42.52	250m: 4:06.65	51.55	450m: 7:30.17	50.26	650m: 10:52.96	50.60
	100m: 1:32.06	49.54	300m: 4:58.21	51.56	500m: 8:21.31	51.14	700m: 11:42.53	49.57
	150m: 2:23.43	51.37	350m: 5:49.17	50.96	550m: 9:12.06	50.75	750m: 12:31.69	49.16
	200m: 3:15.10	51.67	400m: 6:39.91	50.74	600m: 10:02.36	50.30	800m: 13:16.52	44.83
3.	Manfred Bottin	SV Langenfeld 1912	13:23.46	057993	13:25.68 +1,20			
	50m: 43.68	43.68	250m: 4:07.99	51.36	450m: 7:31.21	50.76	650m: 10:53.60	51.10
	100m: 1:34.05	50.37	300m: 4:58.83	50.84	500m: 8:21.88	50.67	700m: 11:44.67	51.07
	150m: 2:25.43	51.38	350m: 5:50.38	51.55	550m: 9:11.97	50.09	750m: 12:35.15	50.48
	200m: 3:16.63	51.20	400m: 6:40.45	50.07	600m: 10:02.50	50.53	800m: 13:25.68	50.53
4.	Wim ter Laak	Katwijk	18:51.98	4000027	18:32.27 +1,16			
	50m: 59.83	59.83	250m: 5:54.03	1:12.33	450m: 10:38.55	1:08.35	650m: 15:15.96	1:09.21
	100m: 2:12.27	1:12.44	300m: 7:08.63	1:14.60	500m: 11:47.02	1:08.47	700m: 16:24.16	1:08.20
	150m: 3:26.51	1:14.24	350m: 8:19.52	1:10.89	550m: 12:55.69	1:08.67	750m: 17:29.53	1:05.37
	200m: 4:41.70	1:15.19	400m: 9:30.20	1:10.68	600m: 14:06.75	1:11.06	800m: 18:32.27	1:02.74

Programmanr. 16, Heren, 800m vrije slag

Masters 70+

1. Nico Geers	Van Uden-De Gouwe	12:24.35	3800007	<b>12:26.90</b>	+1,01
<i>Kampioenschaps Record</i>					
50m: 41.06	41.06	250m: 3:46.18	47.20	450m: 6:56.49	47.70
100m: 1:26.59	45.53	300m: 4:33.57	47.39	500m: 7:45.82	49.33
150m: 2:12.58	45.99	350m: 5:21.02	47.45	550m: 8:33.95	48.13
200m: 2:58.98	46.40	400m: 6:08.79	47.77	600m: 9:23.27	49.32
650m: 10:11.03	47.76	700m: 10:59.07	48.04	750m: 11:44.82	45.75
800m: 12:26.90	42.08				
2. Rudolf Degenaar	De Schelde	14:54.83	3900033	<b>15:34.96</b>	+1,35
50m: 48.95	48.95	250m: 4:48.54	59.52	450m: 8:48.33	58.77
100m: 1:48.19	59.24	300m: 5:48.98	1:00.44	500m: 9:46.87	58.54
150m: 2:49.85	1:01.66	350m: 6:49.28	1:00.30	550m: 10:45.28	58.41
200m: 3:49.02	59.17	400m: 7:49.56	1:00.28	600m: 11:44.43	59.15
650m: 12:44.00	59.57	700m: 13:42.78	58.78	750m: 14:40.54	57.76
800m: 15:34.96	54.42				

Masters 75+

1. Georges Verhelst	RZV	15:44.92	RZV/160/31	<b>16:15.67</b>	+1,13
50m: 51.88	51.88	250m: 4:55.48	1:03.20	450m: 9:03.78	1:02.63
100m: 1:50.40	58.52	300m: 5:56.91	1:01.43	500m: 10:05.90	1:02.12
150m: 2:51.58	1:01.18	350m: 6:58.91	1:02.00	550m: 11:08.97	1:03.07
200m: 3:52.28	1:00.70	400m: 8:01.15	1:02.24	600m: 12:10.45	1:01.48
650m: 13:13.66	1:03.21	700m: 14:14.83	1:01.17	750m: 15:17.53	1:02.70
800m: 16:15.67	58.14				

Programmanr. 17  
09.05.2009 - 15:17

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Femke Hendrixx	DZT '62	2:16.38 8801698	<b>2:15.20</b>	+0,82	30.15	1:03.82	1:39.75	2:15.20
2. Linda Schellekens	BZV	2:19.64 8803854	<b>2:20.37</b>	+0,90	32.53	1:08.54	1:45.38	2:20.37
3. Larissa Brak	De Zijl/LGB	2:17.73 8800572	<b>2:22.98</b>	+0,86	33.01	1:09.89	1:46.73	2:22.98
4. Nathalie Groenevelt	DWK	2:25.02 8604920	<b>2:27.11</b>	+0,81	34.03	1:10.77	1:49.68	2:27.11
5. Sabrina Buur	DWK	2:25.29 8500526	<b>2:27.29</b>	+0,91	33.66	1:11.16	1:49.25	2:27.29
6. Marieke van der Vegt	De Golfbreker	2:30.66 8504026	<b>2:27.73</b>	+0,93	32.81	1:09.89	1:49.12	2:27.73
7. Bianca van Ringelestijn	PSV	2:31.85 8502466	<b>2:27.97</b>	+0,98	32.79	1:10.50	1:50.20	2:27.97
8. Karin Simons	WZK Zwemmen	2:24.20 8903804	<b>2:27.99</b>	+0,87	32.56	1:10.05	1:49.74	2:27.99
9. Annelette de Vries	De Veene	2:24.60 8603908	<b>2:29.66</b>	+0,91	33.39	1:11.44	1:50.71	2:29.66
10. Emmy Soer	WS Twente	2:22.24 8503618	<b>2:35.06</b>	+1,01	34.12	1:12.66	1:53.37	2:35.06
11. Sandra Schellekens	Neptunus'58	2:32.75 8503416	<b>2:35.59</b>	+0,90	35.60	1:15.45	1:56.07	2:35.59
12. Annemarie Jakobs	EZ&PC	2:30.20 8601744	<b>2:36.80</b>	+0,88	35.24	1:15.57	1:57.20	2:36.80
13. Nikki Roon	Triton	2:29.07 8803712	<b>2:38.19</b>	+0,93	34.88	1:14.30	1:56.49	2:38.19
14. Henrike de Vries	De Veene	2:31.95 8904490	<b>2:38.93</b>	+1,02	37.10	1:17.56	1:59.09	2:38.93
15. Miriam Visserman	Octopus	2:39.89 8704364	<b>2:43.51</b>	+0,78	36.45	1:18.01	2:01.95	2:43.51
16. Liesbeth van Mill	DWK	2:46.35 8702786	<b>2:46.46</b>	+0,85	37.90	1:20.16	2:03.69	2:46.46
17. Daphne v Korlaar	EZ&PC	2:34.32 8902418	<b>2:47.83</b>	+0,79	37.19	1:19.38	2:03.69	2:47.83
18. Kitty van Gendt	PSV	2:49.80 8701288	<b>2:48.16</b>	+0,97	38.33	1:21.06	2:05.88	2:48.16
19. Sanne Buurman	De Geul	2:45.16 8503888	<b>2:50.13</b>	+0,83	37.68	1:20.26	2:05.40	2:50.13
20. Eveline van Avezaath	TRB-RES	2:53.60 8700108	<b>2:53.81</b>	+0,96	37.56	1:22.15	2:09.78	2:53.81
21. Jolanda Slooter	SCOM	2:54.70 8502678	<b>2:58.03</b>	+0,90	37.21	1:20.24	2:08.92	2:58.03
22. Monique van Gortel	Octopus	2:48.73 8601274	<b>2:58.81</b>	+0,73	39.77	1:25.11	2:13.01	2:58.81
23. Annet Verbocht	DWK	2:54.02 8603732	<b>3:00.05</b>	+0,88	41.53	1:26.73	2:13.25	3:00.05

Masters 25+

1. Nadya Putter	Vlaardingen	2:21.80 8301630	<b>2:19.24</b>	+0,85	31.96	1:06.74	1:42.82	2:19.24
2. Roos van Esch	TRB-RES	2:15.75 8200468	<b>2:21.76</b>	+0,93	32.80	1:08.95	1:45.62	2:21.76
3. Anke Lambooi	AZL	2:16.07 8001182	<b>2:22.18</b>	+0,87	32.56	1:08.48	1:45.78	2:22.18
4. Bianca Cox	PSV	2:18.06 8000214	<b>2:23.81</b>	+0,88	32.99	1:09.79	1:46.74	2:23.81
5. Linda Hoogendam	D'Elft	2:30.68 8300892	<b>2:26.66</b>	+0,81	33.16	1:10.99	1:49.89	2:26.66
6. Moniek Munneke	EZ&PC	2:23.70 8401730	<b>2:28.47</b>	+0,87	34.31	1:12.43	1:51.04	2:28.47
7. Tanja Sterenberg	WWV	2:23.81 8301916	<b>2:28.77</b>	+0,96	33.65	1:10.51	1:49.24	2:28.77
8. Esther Versteeg	Van Vliet Barracuda	2:33.83 8302112	<b>2:32.03</b>	+0,90	35.80	1:14.41	1:54.01	2:32.03
9. Andrea van Leeuwen	De Zijl/LGB	2:28.16 8100904	<b>2:34.48</b>	+0,90	34.37	1:12.64	1:53.27	2:34.48
10. Annette Vogelsang	ZV De Bron	2:53.26 8402632	<b>2:48.90</b>	+0,92	36.95	1:19.13	2:03.36	2:48.90
11. Nienke Nieuwenhuis	Swol 1894	2:55.50 8101850	<b>2:51.77</b>	+0,88	37.64	1:20.98	2:07.46	2:51.77
12. Angelique Rotteveel	De Hokseberg	3:05.54 8402090	<b>2:59.69</b>	+0,97	39.04	1:24.99	2:13.13	2:59.69

Programmanr. 17, Dames, 200m vrije slag, Masters 25+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
13. Aniela Cebotaru	Nat Utrecht	3:06.72 8102112	<b>3:06.55</b>	+1,02	40.76	1:28.14	2:18.33	3:06.55
14. Rianne van Vegchelen	Deltasteur	3:09.58 8101530	<b>3:12.29</b>	+1,02	41.28	1:29.88	2:20.73	3:12.29

Masters 30+

1. Miriam Mueller	Hamburger Schwimm-Club	2:14.85 78mueller	<b>2:17.33</b>	+0,85	31.94	1:07.21	1:42.56	2:17.33
2. Eveline Hacquebord	IJZPC	2:34.04 7901206	<b>2:32.90</b>	+0,91	35.18	1:13.54	1:53.23	2:32.90
3. Inez Heideman	WS Twente	3:10.22 7500198	<b>2:35.55</b>	+0,86	34.13	1:13.40	1:54.65	2:35.55
4. Liselotte Joling	PSV	2:47.34 7500268	<b>2:45.59</b>	+1,07	39.29	1:22.58	2:04.54	2:45.59
5. Margriet Leeffers	Deltasteur	2:55.20 7800448	<b>2:55.28</b>	+0,96	38.00	1:21.55	2:08.94	2:55.28
6. Martine Sonneveld	De Pinquin	2:55.91 7801038	<b>2:57.55</b>	+0,92	36.74	1:20.67	2:09.38	2:57.55
AFGEM Katja Trosien	Swim-Team Elmshorn	2:07.72 120625						

Masters 35+

1. Grith Sigsgaard	Het Y	2:17.46 7200772	<b>2:21.11</b>	+0,91	32.42	1:08.82	1:45.20	2:21.11
2. Sandrine Erguy	Florange Olympique Club	2:23.87 1053631	<b>2:24.01</b>	+0,94	34.47	1:12.06	1:48.84	2:24.01
3. Karin Stein	Vlaardingen	2:31.87 7100554	<b>2:25.17</b>	+1,00	33.99	1:10.80	1:48.39	2:25.17
4. Lidia v. Bon	AZ&PC	2:29.49 7000054	<b>2:27.00</b>	+0,90	33.46	1:10.68	1:48.93	2:27.00
5. Annette de Visser	Oceanus	2:27.29 7100602	<b>2:29.45</b>	+0,87	33.95	1:11.49	1:50.55	2:29.45
6. Tony de Groot	De Futen	2:39.20 7300758	<b>2:42.36</b>	+0,92	34.36	1:14.43	1:58.35	2:42.36
7. Anja Reinhard	PLONS	2:51.27 7000818	<b>2:48.09</b>	+0,94	39.47	1:22.32	2:05.97	2:48.09
8. Natacha Van Hoof	ShaRK	2:50.96 ShaRK/260/73	<b>2:49.44</b>	+1,14	38.82	1:21.85	2:06.98	2:49.44
9. Zita Pozsonyi	Sprint Fortuna SC	2:38.04 73pozsonyi	<b>2:50.28</b>	+0,95	37.80	1:20.97	2:05.69	2:50.28
10. Henriëtte Manting	GZVW	2:42.37 7100246	<b>2:52.84</b>	+0,98	38.05	1:21.18	2:06.75	2:52.84
11. Ingrid Versteegen	DBD	3:11.50 7300770	<b>3:08.56</b>	+0,92	42.80	1:31.09	2:20.41	3:08.56
12. Sylvia Tetteroo	IJZPC	3:29.23 7300476	<b>3:42.68</b>	+0,92	46.21	1:41.96	2:43.46	3:42.68

Masters 40+

1. Saskia Phaff	PSV	2:18.55 6600242	<b>2:21.43</b>	+0,77	32.46	1:09.25	1:46.46	2:21.43
2. Anita Smits	DIO	2:23.10 6900522	<b>2:22.72</b>	+0,83	32.80	1:08.78	1:46.10	2:22.72
3. Jantine Braakman	ZV De Bron	2:33.56 6500036	<b>2:38.99</b>	+0,83	35.35	1:16.17	1:57.62	2:38.99
4. Nicole Vrijhoeven	PSV	2:45.31 6900834	<b>2:40.72</b>	+0,89	35.94	1:16.52	1:58.71	2:40.72
5. Ilse Vos	De Hokseberg	3:05.66 6800644	<b>2:54.13</b>	+1,11	40.62	1:25.26	2:11.09	2:54.13
6. Karin Rommers	PSV	2:55.21 6700610	<b>2:55.48</b>	+0,98	39.67	1:24.24	2:10.84	2:55.48
7. Kristien Van De Moortel	ShaRK	2:50.00 ShaRK/315/69	<b>2:57.98</b>	+0,84	39.47	1:24.86	2:12.30	2:57.98
8. Hetty Smalheer	SCOM	3:04.82 6700352	<b>3:00.27</b>	+1,08	41.94	1:28.33	2:15.04	3:00.27
9. Emmy Radelaar	De Fuut	2:56.96 6600572	<b>3:00.53</b>	+1,07	39.66	1:24.98	2:12.86	3:00.53
10. Conny v. Velden	AZ&PC	3:28.53 6500446	<b>3:14.45</b>	+1,04	42.48	1:31.74	2:23.40	3:14.45

Masters 45+

1. Jeannette Ruesink	WS Twente	2:39.03 6300212	<b>2:38.39</b>	+0,88	38.00	1:18.15	1:58.74	2:38.39
2. Marlien Wijnhof	Nat Utrecht	2:43.73 6100300	<b>2:42.49</b>	+0,91	36.76	1:17.63	1:59.85	2:42.49
3. Marleen Segers	AZV	2:46.42 AZV/056/61	<b>2:49.62</b>	+0,91	37.62	1:21.19	2:05.79	2:49.62
4. Marijke Kraak	WS Twente	2:54.84 6000240	<b>2:51.24</b>	+0,95	39.55	1:23.35	2:07.58	2:51.24
5. Inge Wolfs	PLONS	3:02.77 6000304	<b>3:07.76</b>	+0,91	41.93	1:28.51	2:16.46	3:07.76
6. Pia vd Molen	HZ&PC Heerenveen	3:05.85 6000116	<b>3:09.20</b>	+0,96	40.57	1:27.95	2:18.19	3:09.20
7. Uschi Koster	WWV	3:05.69 6400372	<b>3:10.63</b>	+1,03	44.97	1:34.49	2:24.74	3:10.63
8. Ellen Parma	Triton	3:06.28 6200366	<b>3:18.86</b>	+0,96	43.41	1:34.22	2:27.65	3:18.86
AFGEM Susanna Rosén	Ystads Simsällskap	2:14.03 AA5563						

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	2:28.31 5600048	<b>2:30.90</b>	+0,79	35.54	1:14.14	1:52.75	2:30.90
2. Patty Verhagen	AquAmigos	2:31.70 5900146	<b>2:34.55</b>	+0,96	36.45	1:14.97	1:55.04	2:34.55
3. Marijke van Hoek	De Stormvogel	3:02.97 5800050	<b>2:55.88</b>	+0,88	39.76	1:24.83	2:12.29	2:55.88
4. Mies Kuipers	Old Dutch	4:30.44 5800202	<b>4:20.76</b>	+0,98	57.79	2:07.00	3:19.05	4:20.76

Masters 55+

1. Conny Boer-Buys	Vlaardingen	2:41.18 5000006	<b>2:34.07</b>	+0,83	35.19	1:14.57	1:55.34	2:34.07
<i>Kampioenschaps Record</i>								
2. Christien Nieuwenhuis	Swol 1894	2:47.41 5100022	<b>2:44.15</b>	+0,85	35.74	1:16.97	2:00.37	2:44.15

Programmanr. 17, Dames, 200m vrije slag

Masters 60+

1. Marja van der Meer	Neptunus	3:15.54	4700014	<b>3:14.00</b>	+0,99	42.43	1:31.25	2:22.95	3:14.00
2. Annie Smits	PSV	3:16.37	4600016	<b>3:22.58</b>	+1,07	47.49	1:39.63	2:31.73	3:22.58
3. Barbro Grufman	Hellas Masters	3:31.06	AA0248	<b>3:24.43</b>	+1,28	47.37	1:39.15	2:33.29	3:24.43

Masters 65+

1. Matty van der Veen	Old Dutch	3:25.51	4400020	<b>3:24.67</b>	+1,11	46.06	1:37.59	2:31.01	3:24.67
2. Greet Brehler-middag	Hatto Heim	3:54.83	4400004	<b>3:46.55</b>	+1,18	50.00	1:47.93	2:48.01	3:46.55
3. Pálma Csepeli	Békéscsaba Senior Swimmclub	5:02.32	44csepeli	<b>4:39.50</b>	+0,97	1:04.97	2:15.03	3:30.99	4:39.50
4. Liesbeth ter Laak	Katwijk	5:22.91	4200008	<b>5:20.98</b>	+1,26	1:10.80	2:33.88	3:57.72	5:20.98

Masters 70+

1. Lottie Geurts	PSV	3:14.07	3500008	<b>3:24.69</b>	+1,16	45.86	1:39.75	2:33.47	3:24.69
2. Jeltje van Bergen	De Pinquin	3:39.08	3500002	<b>3:44.22</b>	+1,07	48.83	1:45.67	2:44.86	3:44.22

Masters 75+

1. Annie de Vos	Old Dutch	4:17.33	3400004	<b>4:33.68</b>		1:02.90	2:13.33	3:23.87	4:33.68
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Masters 80+

1. Virginia Keteleer	ShaRK	4:07.68	ShaRK/155/25	<b>4:13.98</b>	+1,25	57.55	2:01.69	3:08.84	4:13.98
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4 - ONMK 2009 sessie 4

09.05.2009 - 16:45

Programmanr. 18  
09.05.2009 - 16:45

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>					
1.	Merijn Ellenkamp <i>Kampioenschaps Record</i>	DWK	24.51	8500691	<b>24.89</b> +0,82
2.	Roderik Meijers	ZOB'66	24.54	8602063	<b>25.41</b> +0,77
3.	Martijn Bouwens	Zwemlust/Utrecht (SG)	24.73	8800461	<b>25.57</b> +0,81
4.	Mike Hereijgers	De Futen	25.67	8501007	<b>25.70</b> +0,79
5.	Tim Pattipeiluhu	RSW (SG)	25.47	8902409	<b>26.17</b> +0,88
6.	Pascal van Kassel	Triton	26.07	8501289	<b>26.29</b> +0,86
6.	Kevin van Susteren	RZC	25.64	8903085	<b>26.29</b> +0,76
8.	Rodrigo Moctezuma	De Futen	25.98	8902179	<b>26.46</b> +0,71
9.	Martijn van Hoorn	De Schotejil	26.41	8901343	<b>26.69</b> +0,85
10.	Raoul Engelenburg	De Dolfijn	25.94	8900843	<b>27.12</b> +0,84
11.	Alex Vermeulen	WZK Zwemmen	26.54	8905811	<b>27.17</b> +0,93
12.	Remco Joukes	Triton	26.57	8801763	<b>27.27</b> +0,75
13.	Jasper de Jong	MNC Dordrecht	26.39	8501219	<b>27.28</b> +0,79
14.	Nicolas Degalan	CNBA	27.29	CNBA/777/89	<b>27.50</b> +0,80
15.	Leander van Diggelen	ZPCH	28.41	8800763	<b>28.25</b> +0,88
16.	Vincent Verwaest	AZV	30.68	AZV/118/85	<b>29.07</b> +0,94
17.	Frank Heus	EZ&PC	28.77	8904085	<b>29.09</b> +0,84
18.	Horst Krüsemann	Hanse SV Rostock	29.72	076563	<b>29.34</b> +0,79
19.	Ruud van den Berg	De Duck	30.16	8500155	<b>29.40</b> +0,85
20.	Ferdy van Mastrikt	RSW (SG)	28.82	8802315	<b>29.50</b> +0,95
21.	Rick van der Linden	Wave	30.40	8802199	<b>29.51</b> +0,87
22.	Tom Roelofs	EZ&PC	29.82	8502181	<b>30.60</b> +0,84
23.	Willem Jacobs	Wave	32.73	8705037	<b>31.79</b> +0,68

Programmanr. 18, Heren, 50m vrije slag

Masters 25+

1.	Rudy Ted de Haan <i>Nederlands Masters Record</i>	Anker Team Groningen	23.34	8400805	<b>23.40</b>	+0,93
2.	Stefan Oosting	PSV	22.76	8101265	<b>23.78</b>	+0,88
3.	Nol van Thull	ZOB'66	25.17	8001513	<b>25.71</b>	+0,87
4.	Ivan van Ommе	De Geul	24.80	8201263	<b>25.97</b>	+0,75
5.	Victor den Heijer	Wave	25.94	8300867	<b>26.22</b>	+0,77
6.	Dirkjan Beugelsdijk	De Zijl/LGB	25.84	8100123	<b>26.89</b>	+0,84
7.	Thommy Nickel	Van Vliet Barracuda	26.83	8401627	<b>26.92</b>	+0,83
8.	Martin Haaijer	De Inktvis	26.43	8000499	<b>26.96</b>	+0,84
9.	Leander Noordijk	De Schotejil	26.13	8101221	<b>27.03</b>	+0,93
10.	Maarten de Geus	WZK Zwemmen	26.04	8300737	<b>27.05</b>	+0,73
11.	Sebastian Hoppe	SV Blau-Weiss Bochum	27.50	260235	<b>27.14</b>	+0,82
11.	Tommy van Overmeeren	De Schelde	25.58	8402887	<b>27.14</b>	+0,92
13.	Binne Veenstra	HZ&PC Heerenveen	28.16	8302155	<b>27.27</b>	+0,86
14.	Jim Geestman	RSW (SG)	26.83	8300699	<b>27.31</b>	+0,91
15.	Sylvain Faticoni	CHTHN	28.16	CHTHN/066/83	<b>27.35</b>	+0,70
16.	Marcel Reefhuis	De Veene	27.63	8101381	<b>27.58</b>	+0,81
17.	Sebastiaan Baars	WS Twente	30.07	8300053	<b>29.47</b>	+0,94
18.	Vincent Rijdsijk	PSV	28.67	8102301	<b>29.82</b>	+0,88
19.	Remko Karreman	RSW (SG)	28.80	8200859	<b>30.32</b>	+0,84
20.	Benoit Triay	Swimming Luxembourg	30.74	5953	<b>30.93</b>	+0,83
21.	Remco Veerkamp	Zuiderzeewimmers	35.13	8102311	<b>33.36</b>	+0,95
NG.ZA	Marek Mróz	UKS Wodnik 29 Katowice	24.14	ABG652725		

Masters 30+

1.	Ivo Roozeboom	DES	26.64	7700801	<b>26.27</b>	+0,89
2.	Ronald Smits	PSV	24.73	7800981	<b>26.41</b>	+0,72
3.	Mark Zwart	Zwemlust/Utrecht (SG)	25.50	7901461	<b>26.61</b>	+0,85
4.	Stan Dekker	PLONS	26.11	7901823	<b>26.72</b>	+0,88
5.	Gino Martijn	RZ	28.03	7901865	<b>28.24</b>	+0,73
6.	Niels van Wageningen	D'Elft	27.51	7601335	<b>28.25</b>	+0,88
7.	Marco Monster	De Duck	28.94	7801637	<b>28.73</b>	+0,83
8.	Johan Wezenberg	Deltasteur	27.95	7601023	<b>28.80</b>	+1,02
9.	Olivier Kalek	CNBA	28.65	CNBA/785/75	<b>28.81</b>	+0,84
10.	Rene Beens	Deltasteur	28.38	7800045	<b>29.40</b>	+0,84
11.	Han Ruijs	RZ	29.40	7901867	<b>30.00</b>	+0,78
12.	Rinke Nijland	IJZPC	32.00	7901735	<b>31.05</b>	+0,85
13.	Ralf Brull	RZ	31.87	7501297	<b>31.54</b>	+0,84
14.	Jeroen Tebbens	IJZPC	35.92	7601405	<b>35.50</b>	+0,85
DIS	Steven Prins	PLONS	28.72	7901833		

AA - Te vroeg weg of bewogen bij start.

Masters 35+

1.	André Sauerstein	Hanse SV Rostock	27.20	184149	<b>26.90</b>	+0,77
1.	Andreas Kaptur	SG Gladbeck	26.40	125218	<b>26.90</b>	+0,85
3.	Oscar van Holsteyn	AquAmigos	26.90	7100373	<b>27.19</b>	+0,81
4.	Björn Möller	Swimming Luxembourg	26.89	5956	<b>27.72</b>	+0,82
5.	Arjen Kervezee	Het Y	27.55	7000563	<b>28.38</b>	+0,97
6.	Jan-Willem van Herpen	Arethusa	28.27	7001347	<b>29.30</b>	+0,75
7.	Gertjan v.d. Knaap	De Duck	29.70	7300459	<b>30.15</b>	+0,87
8.	Tiemen Stegenga	HZ&PC Heerenveen	30.50	7101379	<b>30.28</b>	+0,84
9.	Klaus-Martin Schöttker	Hanse SV Rostock	30.89	184157	<b>31.28</b>	+0,82
10.	Tarcy Snel	Hellas-Glana	31.22	7301359	<b>31.42</b>	+0,98
11.	Jeroen Haan	Swol 1894	34.50	7101405	<b>31.65</b>	+0,83
12.	Dennis van Markesteijn	Olympia	32.62	7201333	<b>32.58</b>	+0,95



Programmanr. 18, Heren, 50m vrije slag

Masters 40+

1.	Geert Wijn	De Gelenberg	26.20	6701104	<b>26.66</b>	+0,78
2.	Frederic Andres	Florange Olympique Club	27.02	103316	<b>27.47</b>	+0,77
3.	Erik van Dartel	PSV	27.85	6700185	<b>27.69</b>	+0,99
4.	Karl-Heinz Eberhard	SC Wiesbaden 1911	28.30	231828	<b>27.73</b>	+0,80
5.	Fred Heemstra	DAW-FINENZO	27.29	6500357	<b>27.92</b>	+0,88
5.	Kees Akershoek	De Stelle	27.34	6900009	<b>27.92</b>	+0,85
7.	Rolf Nuyts	SVAZ	28.00	SVAZ/133/68	<b>28.51</b>	+0,66
8.	Paul de Boer	De Amer	28.68	6801413	<b>28.91</b>	+0,85
9.	Marcel van der Lem	Kon. AZ 1870	27.82	6500563	<b>29.21</b>	+0,77
10.	Jan Eversen	Stader Schwimmverein	28.66	227676	<b>29.65</b>	+0,84
11.	Marcel van Lochem	Zoetermeer	28.66	6500581	<b>29.88</b>	+0,94
12.	Sander van den Berg	WS Twente	30.10	6801357	<b>30.18</b>	+0,91
13.	Pieter-Sjoerd de Wijn	Aqua-Novio '94	30.56	6501027	<b>30.22</b>	+0,86
14.	Dirk Krüger	Stader Schwimmverein	31.46	270628	<b>30.23</b>	+0,87
15.	Oliver Podebrad	SC Wiesbaden 1911	33.20	262705	<b>31.54</b>	+0,96
16.	Rob Toebes	WWV	30.99	6601145	<b>31.65</b>	+0,81
17.	Sander Nieuwenhuys	De Fuut	32.36	6801423	<b>32.42</b>	+0,79
18.	Henrie Renshoff	Octopus	40.33	6501337	<b>35.85</b>	+1,15
19.	Arno van Os	Neptunus'58	33.99	6701437	<b>36.39</b>	+0,82
DIS	Johan Doesburg	De Inktvis	29.95	6801387		
<i>AA - Te vroeg weg of bewogen bij start.</i>						
AFGEM	Reno Groenestein	De Fuut	32.65	6601289		
AFGEM	Ronald Stolk	De Fuut	28.75	6601253		
AFGEM	René Correljé	PLONS	26.81	6801231		
AFGEM	Ronald Vos	SCOM	32.11	6901403		

Masters 45+

1.	Cees van Houweligen	De Schelde	25.87	6300351	<b>26.29</b>	+0,90
<i>Kampioenschaps Record</i>						
2.	Andreas Walter	Stader Schwimmverein	26.81	167364	<b>26.35</b>	+0,82
3.	Lionel Godeaux	CNSW	26.71	CNSW/014/60	<b>26.50</b>	+1,07
4.	Arnold de Rover	De Futen	27.34	6400645	<b>27.44</b>	+0,87
5.	Robert Vink	WWV	28.07	6301075	<b>27.74</b>	+0,86
6.	Fred Vollebergh	De Pinquin	28.07	6100641	<b>28.30</b>	+0,84
7.	Peter Fölker	Aqua-Novio '94	28.41	6401021	<b>28.87</b>	+0,78
8.	Marc Laurent	SVAZ	28.85	SVAZ/119/63	<b>28.95</b>	+0,91
9.	Aan Pander	Gay Swim Amsterdam	29.23	6400569	<b>28.98</b>	+0,93
10.	Theo Bakker	TriVia	28.06	6401231	<b>29.20</b>	+0,83
11.	Ivo Buchholz	WS Twente	28.15	6401165	<b>29.40</b>	+0,88
12.	John Stoffer	Zoetermeer	35.41	6300725	<b>29.59</b>	+0,86
13.	Hans vd Ven	Gay Swim Nijmegen Spetters	29.83	6000775	<b>29.76</b>	+0,88
14.	Michiel Klaren	PSV	33.89	6201087	<b>29.85</b>	+0,92
15.	Edzo Huisman	Aquapoldro	29.07	6301029	<b>30.13</b>	+0,97
16.	Ronald van Houtert	De Dommelbaarzen	29.93	6401239	<b>30.64</b>	+1,00
17.	Jack Barends	WS Twente	32.80	6201011	<b>31.17</b>	+0,87
18.	Jan Lammers	WWV	30.39	6000783	<b>31.21</b>	+0,91
18.	Mark Kas	PLONS	31.91	6100285	<b>31.21</b>	+0,87
20.	Jan Vlasblom	PLONS	33.44	6100823	<b>31.40</b>	+0,88
21.	Lieven De Rijcke	GBZ	31.42	GBZ/130/60	<b>31.86</b>	+0,93
22.	Rob van Wijk	DES	32.54	6401213	<b>33.25</b>	+0,93
23.	Peter van Dee	SCOM	33.33	6301179	<b>34.17</b>	+0,92
24.	Aris Jan van Ek	IJZPC	36.51	6100125	<b>35.45</b>	+0,91
25.	Han van Ruler	PLONS	36.76	6301165	<b>36.00</b>	+0,89
26.	Kees Gerritse	SCOM	42.97	6201017	<b>43.33</b>	+0,87

Masters 50+

1.	Albert Boonstra	Aqua-Novio '94	26.42	5700425	<b>26.35</b>	+0,78
2.	Arno Wouters	De Stormvogel	27.26	5800667	<b>27.32</b>	+0,87
3.	Andre Storm	Zoetermeer	29.52	5600407	<b>29.85</b>	+0,91
4.	Hans Groothelm	DBD	29.80	5800151	<b>30.20</b>	+0,89
5.	Wim de Lange	Electrolux AZC	30.06	5800533	<b>30.41</b>	+0,86
6.	Reginald vd Giessen	Arethusa	29.40	5800135	<b>30.49</b>	+0,87
7.	Paul Bunnik	Triton	30.91	5600413	<b>31.15</b>	+0,99
8.	Bart van Doesburg	PSV	31.82	5600463	<b>31.80</b>	+0,92

Programmanr. 18, Heren, 50m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd		tijd	RT
9.	Vincent de Keijzer	PLONS	32.53	5800207	<b>32.82</b>	+0,86
10.	Luc Nijs	AZV	33.51	AZV/080/59	<b>33.73</b>	+1,02

Masters 55+

1.	Brend Brevé	PSV	29.23	5200265	<b>28.83</b>	+0,88
2.	Peter Gulyas	Totkomlosi Rozmarok	29.32	51gulyas	<b>29.20</b>	+0,87
3.	Joseph Frizzo	U.S.T. Hayange Omnisports	30.86	886047	<b>30.78</b>	+0,82
4.	Arthur Jansen	Gay Swim Amsterdam	30.24	5400299	<b>30.90</b>	+0,86
5.	Arno Wolvers	Brunssum	32.63	5400277	<b>32.36</b>	+0,99
6.	Rob Berkhof	Swol 1894	33.79	5200245	<b>33.29</b>	+1,01
7.	Bram Stienstra	SCOM	38.25	5000177	<b>39.09</b>	+1,28
8.	Marios v.d. Bersselaar	Neptunus'58	38.36	5400329	<b>39.18</b>	+1,17
9.	Etienne Languillier	CNSW	55.19	CNSW/061/50	<b>56.87</b>	+1,29

Masters 60+

1.	Joop van Eijk	PLONS	32.51	4700025	<b>32.73</b>	+0,84
2.	Dieter Lochner	SSF Bonn 05 e.V.	32.18	220908	<b>32.77</b>	+1,01
3.	Joop Draaisma	DZ&PC	33.48	4600155	<b>33.11</b>	+0,98
4.	Mar van Geel	Old Dutch	37.64	4700135	<b>37.98</b>	+1,06
5.	Peter Ouweneel	RSW (SG)	40.65	4500077	<b>43.13</b>	+1,21

Masters 65+

1.	Frans van Enst	De Veene	32.89	4000011	<b>33.28</b>	+1,01
2.	Ruud Sloof	De Rijn	33.99	4400073	<b>34.13</b>	+1,11
3.	Nico Baay	Old Dutch	43.82	4200053	<b>41.41</b>	+0,78
4.	Wim ter Laak	Katwijk	46.53	4000027	<b>46.02</b>	+1,26

Masters 70+

1.	Nico Geers <i>Kampioenschaps Record</i>	Van Uden-De Gouwe	32.05	3800007	<b>32.22</b>	+0,92
2.	Cor Sprengers	PSV	34.66	3500019	<b>36.24</b>	+0,90
3.	Pieter Scharphorn	Neptunus	48.65	3800037	<b>48.43</b>	+1,35
4.	Hans Deelen	De Lansingh	52.03	3600021	<b>53.80</b>	+1,01

Masters 75+

1.	Jef van Roy	KAZSC	38.33	AZSC/572/32	<b>38.31</b>	+0,97
2.	Guy Fricot	CCS	1:21.05	CCS/010/33	<b>1:15.65</b>	+1,40

Programmanr. 19  
09.05.2009 - 17:10

Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
<b>Masters 20+</b>						
1.	Femke Hendriks <i>Kampioenschaps Record</i>	DZT '62	27.89	8801698	<b>27.55</b>	+0,79
2.	Karin Kraaijeveld	MNC Dordrecht	28.64	8501710	<b>28.61</b>	+0,90
3.	Linda Schellekens	BZV	29.98	8803854	<b>29.56</b>	+0,90
4.	Annelette de Vries	De Veene	28.91	8603908	<b>29.72</b>	+0,82
5.	Gerrie Zuyderwijk	TZC-Vahalis	29.74	8704828	<b>29.88</b>	+0,93
6.	Marieke van der Vegt	De Golfbreker	29.14	8504026	<b>30.25</b>	+0,91
7.	Danya Muilwijk	Van Vliet Barracuda	29.65	8803100	<b>30.56</b>	+0,88
8.	Emmy Soer	WS Twente	30.07	8503618	<b>30.76</b>	+1,01
9.	Annemarie Jakobs	EZ&PC	29.82	8601744	<b>31.00</b>	+0,88
10.	Sandra Schellekens	Neptunus'58	30.64	8503416	<b>31.14</b>	+0,94
11.	Nathalie Groenevelt	DWK	31.01	8604920	<b>31.40</b>	+0,79
12.	Sandra Zwaanswijk	Aquarius	30.73	8503934	<b>31.84</b>	+0,76
13.	Aurélie Lebreton	Swimming Luxembourg	30.91	5954	<b>31.98</b>	+0,93

Programmanr. 19, Dames, 50m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd		tijd	RT
14.	Nikki Roon	Triton	31.46	8803712	<b>32.10</b>	+0,91
15.	Jacqueline Wissink	PSV	33.50	8503286	<b>32.63</b>	+1,01
16.	Marieke van Dodeweerd	RZC	31.16	8600896	<b>32.70</b>	+0,90
17.	Tina Blei	Hanse SV Rostock	33.76	123491	<b>33.43</b>	+1,02
18.	Miriam Visserman	Octopus	36.14	8704364	<b>33.67</b>	+0,85
19.	Daphne v Korlaar	EZ&PC	32.51	8902418	<b>33.77</b>	+0,78
20.	Celine Hubert	DES	32.97	8907276	<b>33.94</b>	+0,78
21.	Chantal van Kranenburg	Aquarius	33.27	8604528	<b>34.43</b>	+0,89
22.	Jolanda Slooter	SCOM	34.03	8502678	<b>34.54</b>	+0,95
23.	Liesbeth van Mill	DWK	34.23	8702786	<b>34.98</b>	+0,91
24.	Monique van Gortel	Octopus	36.92	8601274	<b>35.19</b>	+0,71
25.	Eveline van Avezaath	TRB-RES	33.57	8700108	<b>35.34</b>	+0,98
26.	Fenke Legerstee	SCOM	37.31	8501856	<b>35.44</b>	+0,92
27.	Annebeth van Ark	Octopus	38.86	8805588	<b>36.14</b>	+0,87
28.	Sabina Caruso	RSW (SG)	37.00	8500542	<b>38.36</b>	+0,88
29.	Annet Verbocht	DWK	38.53	8603732	<b>38.59</b>	+0,95
DIS	Dominique Sik	Octopus	38.30	8804000		
<i>AA - Te vroeg weg of bewogen bij start.</i>						
AFGEM	Marijke Monsma	DWK	29.81	8502100		

Masters 25+

1.	Anke Lambooij	AZL	27.69	8001182	<b>28.59</b>	+0,86
2.	Jette Mundt	Hanse SV Rostock	29.88	108728	<b>29.24</b>	+0,78
3.	Berdie Eghuizen	HZ&PC Heerenveen	34.28	8301388	<b>29.71</b>	+0,81
4.	Tanja Sterenberg	WWV	28.77	8301916	<b>30.00</b>	+0,91
5.	Daniëlle Ploeger	De Pinquin	29.54	8101942	<b>30.44</b>	+0,85
6.	Franca Willeme	De Dinkel	30.16	8402760	<b>30.88</b>	+0,93
7.	Saskia van Leur	De Gelenberg	33.14	8403134	<b>31.52</b>	+1,06
8.	Esther Versteeg	Van Vliet Barracuda	31.76	8302112	<b>31.66</b>	+0,87
9.	Moniek Munneke	EZ&PC	31.00	8401730	<b>31.77</b>	+0,86
10.	Marieke Sterenberg	WWV	30.63	8203228	<b>31.98</b>	+0,85
11.	Andrea van Leeuwen	De Zijl/LGB	32.00	8100904	<b>32.01</b>	+0,92
12.	Francijna de Kooter	De Biesboschzwemmers	31.96	8000634	<b>32.23</b>	+0,92
13.	Nienke Nieuwenhuis	Swol 1894	31.74	8101850	<b>32.71</b>	
14.	Renee de Kok	PSV	32.32	8403350	<b>33.11</b>	+0,82
15.	Patricia Strohm	De Dinkel	32.24	8102110	<b>33.17</b>	+0,93
16.	Ariane Redecke	Aquapoldro	34.39	8202288	<b>34.47</b>	+1,05
17.	Hanneke Freriksen	WS Twente	32.81	8302744	<b>34.58</b>	+0,84
18.	Mirjam Minderhoud	Zignea	35.58	8301398	<b>36.22</b>	+1,00
19.	Aniela Cebotaru	Nat Utrecht	36.80	8102112	<b>37.39</b>	+1,07
AFGEM	Amanda Berendrecht	Oceanus	29.02	8300136		

Masters 30+

1.	Miriam Mueller	Hamburger Schwimm-Club	28.26	78mueller	<b>28.76</b>	+0,84
2.	Claudia van Drunen	AquAmigos	28.82	7700810	<b>29.04</b>	+0,74
3.	Emerentia Knebel	KZPC	29.92	7600322	<b>29.85</b>	+0,85
4.	Elvira Jonkers	De Pinquin	33.52	7900420	<b>29.92</b>	+0,85
5.	Inez Heideman	WS Twente	31.61	7500198	<b>30.39</b>	+0,86
6.	Geraldine Trainor	De Duck	30.79	7500544	<b>30.88</b>	+0,81
7.	Ivette Janssen	PSV	30.75	7900398	<b>31.30</b>	+0,88
8.	Jolika Csibra	DES	31.36	7600838	<b>31.81</b>	+0,95
9.	Katja Warneke	Stader Schwimmverein	31.31	254420	<b>32.07</b>	+0,89
10.	Petra Verstegen	WVZ	30.76	7700906	<b>32.21</b>	+0,94
11.	Martine Sonneveld	De Pinquin	33.43	7801038	<b>34.19</b>	+0,91
12.	Margriet Leeffers	Deltasteur	34.96	7800448	<b>34.37</b>	+0,87
13.	Wendy Stolker	IJZPC	33.23	7801116	<b>34.42</b>	+0,92
14.	Patricia van de Graaf	DES	34.29	7800284	<b>34.50</b>	+0,90
15.	Rachel Trainor	De Duck	34.17	7700670	<b>35.53</b>	+0,83
16.	Agnes Meijer	AquAmigos	36.70	78-00502	<b>37.21</b>	+1,12
17.	Natasja Kooiker	De Dinkel	36.23	7500786	<b>37.56</b>	+1,04
18.	Christelle Gaillot	U.S.T. Hayange Omnisports	35.86	1173000	<b>43.94</b>	+0,92
AFGEM	Katja Trosien	Swim-Team Elmshorn	27.13	120625		

Programmanr. 19, Dames, 50m vrije slag

Masters 35+

1.	Sandrine Erguy	Florange Olympique Club	29.25	1053631	<b>29.37</b>	+0,87
2.	Lidia v. Bon	AZ&PC	29.25	7000054	<b>29.99</b>	+0,87
3.	Trudie van Niejenhuis	DES	31.19	7100444	<b>31.38</b>	+0,75
4.	Annette de Visser	Oceanus	31.22	7100602	<b>31.47</b>	+0,85
5.	Tony de Groot	De Futen	32.03	7300758	<b>31.99</b>	+0,96
6.	Henriëtte Manting	GZVW	33.04	7100246	<b>32.91</b>	+0,93
7.	Meke Oomens	Old Dutch	36.79	7000370	<b>36.23</b>	+1,05
8.	Sylvia Tetteroo	IJZPC	43.24	7300476	<b>43.14</b>	+0,94
9.	Sylvia de Kort	Luctor et Emergo	51.20	7000852	<b>54.27</b>	+0,99

Masters 40+

1.	Saskia Phaff	PSV	28.70	6600242	<b>29.08</b>	+0,76
2.	Petra Frowijn	AZ&PC	29.42	6600098	<b>30.03</b>	+0,82
3.	Annette Wijnja-Visser	De Biesboschwimmers	31.40	6700528	<b>30.79</b>	+0,93
4.	Friderika Kerekes	AZ&PC	33.38	6500540	<b>32.59</b>	+0,74
5.	Hanny Rotteveel	Zignea	33.81	6600538	<b>33.36</b>	+1,17
6.	Esther Mijnen-Heilig	Zaanstad (SG)	36.86	6900846	<b>33.37</b>	+0,89
7.	Karin Rommers	PSV	35.21	6700610	<b>34.19</b>	+1,01
8.	Monique Gerritsen	WS Twente	33.85	6500188	<b>34.89</b>	+0,90
9.	Ilse Vos	De Hokseberg	35.58	6800644	<b>35.02</b>	+1,07
10.	Kristien Van De Moortel	ShaRK	34.29	ShaRK/315/69	<b>35.81</b>	+0,89
11.	Desiree van der Lem	Kon. AZ 1870	30.38	6800282	<b>36.17</b>	+0,91
12.	Mariska Rischen	TZC-Vahalis	36.26	6900862	<b>36.85</b>	+0,79
13.	Anne-Marie Weistra	Olympia	36.60	6800710	<b>36.98</b>	+0,85
14.	Emmy Radelaar	De Fuut	36.92	6600572	<b>38.20</b>	+0,89
15.	Karin Rikhof	De Dinkel	37.50	6600480	<b>39.04</b>	+1,00
16.	Silke Zyber	Stader Schwimmverein	39.16	227684	<b>40.20</b>	+0,86
17.	Isabelle Fautre	U.S.T. Hayange Omnisports	46.09	608913	<b>46.67</b>	

Masters 45+

1.	Marja Bloemzaad	AZ&PC	29.65	6100014	<b>29.76</b>	+0,81
2.	Anja Tijink	De Dinkel	29.70	6400296	<b>30.40</b>	+0,80
3.	Agnes van Doesburg	PSV	31.87	6000264	<b>33.39</b>	+0,87
4.	Marijke Kraak	WS Twente	34.86	6000240	<b>33.50</b>	+0,97
4.	Jeannette Ruesink	WS Twente	34.67	6300212	<b>33.50</b>	+0,86
6.	Marja Cools	PSV	33.79	6000296	<b>34.34</b>	+0,93
7.	Marleen Willems	PSV	35.40	6000194	<b>35.05</b>	+0,95
8.	Pia vd Molen	HZ&PC Heerenveen	33.13	6000116	<b>35.41</b>	+0,89
9.	Machteld Masee	PSV	37.54	6300458	<b>36.38</b>	+0,91
10.	Inge Wolfs	PLONS	37.10	6000304	<b>37.18</b>	+0,87
11.	Ellen Parma	Triton	37.04	6200366	<b>37.82</b>	+0,95
12.	Uschi Koster	WWV	36.87	6400372	<b>37.89</b>	+1,04
13.	Annemiek Meijburg	IJZPC	39.55	6300462	<b>38.61</b>	+1,20
14.	Alie Visser	HZ&PC Heerenveen	38.29	6400494	<b>39.04</b>	+0,94
14.	Tineke Freriks	WWV	37.97	6200344	<b>39.04</b>	+1,06
16.	Dianne de Haan	PSV	40.24	6300446	<b>39.60</b>	+0,96
17.	Herlinde Segers	GBZ	46.78	GBZ/151/60	<b>47.07</b>	+0,82
AFGEM	Susanna Rosén	Ystads Simsällskap	28.06	AA5563		

Masters 50+

1.	Atie Pijtak-Radersma	AZ&PC	30.60	5600048	<b>31.06</b>	+0,77
2.	Marijke van Hoek	De Stormvogel	35.20	5800050	<b>34.24</b>	+0,87
3.	Janny van Eijk	ZV De Bron	33.75	5800022	<b>34.77</b>	+1,08
4.	Elly Kiestra-Broertjes	Zignea	39.00	5600100	<b>38.32</b>	+1,13
5.	Jacqueline Coverts	GBZ	44.20	GBZ/033/59	<b>43.91</b>	+1,08
DIS	Heike Pagels	Stader Schwimmverein	38.43	227678		

AA - Te vroeg weg of bewogen bij start.

Programmanr. 19, Dames, 50m vrije slag

Masters 55+

1.	Conny Boer-Buys <i>Kampioenschaps Record</i>	Vlaardingen	31.51	5000006	<b>30.77</b>	+0,87
2.	Christien Nieuwenhuis	Swol 1894	31.42	5100022	<b>32.08</b>	+0,84
3.	Fernande Gourmet	CNSW	43.01	CNSW/011/52	<b>41.03</b>	+1,01
4.	Tineke van Diggelen	Oceanus	42.59	5200048	<b>41.40</b>	+0,91
5.	Antoinette Gilding-Tussaud	WS Twente	44.66	5000038	<b>44.24</b>	+1,08

Masters 60+

1.	Barbro Grufman	Hellas Masters	40.37	AA0248	<b>40.62</b>	+1,16
2.	Annie Smits	PSV	40.13	4600016	<b>42.64</b>	+0,99
3.	Adrie Oostendorp	ZV De Bron	1:03.51	4900024	<b>1:05.23</b>	+1,05

Masters 65+

1.	Greet Brehler-middag	Hatto Heim	44.64	4400004	<b>42.79</b>	+1,12
2.	Nicole Davidson	ShaRK	44.92	ShaRK/184/44	<b>44.64</b>	+1,13
3.	Liesbeth ter Laak	Katwijk	1:11.08	4200008	<b>1:10.28</b>	+1,19

Masters 70+

1.	Lottie Geurts	PSV	37.03	3500008	<b>40.48</b>	+1,13
2.	Jeltje van Bergen	De Pinquin	44.31	3500002	<b>45.77</b>	+1,09

Masters 75+

1.	Annie de Vos	Old Dutch	57.40	3400004	<b>1:00.40</b>	
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Masters 80+

1.	Virginia Keteleer	ShaRK	53.23	ShaRK/155/25	<b>50.97</b>	+1,23
2.	Anneke Logtenberg	Old Dutch	57.52	2900004	<b>58.30</b>	+1,12
3.	Marianne Maandonks	PSV	1:17.46	2600004	<b>1:16.27</b>	+1,07

Programmanr. 20  
09.05.2009 - 17:33

Heren, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
<b>Masters 20+</b>									
1.	Bart Drechsel <i>Kampioenschaps Record</i>	WZK Zwemmen	2:34.42 8604135	<b>2:36.34</b>	+0,81	32.55	1:11.62	1:52.79	2:36.34
2.	Niels Albrechts	De Schotejil	2:59.91 8800039	<b>2:56.89</b>	+0,91	36.95	1:22.58	2:10.12	2:56.89
3.	Melano Winter	RSW (SG)	2:55.93 8703847	<b>3:04.00</b>	+0,84	35.78	1:22.23	2:14.15	3:04.00
4.	Ferdy van Mastrigt	RSW (SG)	2:53.11 8802315	<b>3:14.10</b>	+0,94	35.17	1:19.62	2:15.37	3:14.10
<b>Masters 25+</b>									
1.	Rob van Vliet	WZK Zwemmen	2:20.25 8402459	<b>2:23.86</b>	+0,94	31.41	1:07.77	1:45.70	2:23.86
2.	Alexander Hulleman	De Zijl/LGB	2:24.96 8300989	<b>2:29.34</b>	+0,91	32.34	1:09.47	1:48.28	2:29.34
3.	Erik Drewes	De Biesboschzwemmers	2:33.36 8400543	<b>2:30.37</b>	+0,77	30.79	1:08.69	1:49.18	2:30.37
4.	Dirkjan Beugelsdijk	De Zijl/LGB	2:37.45 8100123	<b>2:35.46</b>	+0,85	34.29	1:15.23	1:56.11	2:35.46
5.	Dirk Hoek	De Zijl/LGB	2:23.70 8202445	<b>2:37.67</b>	+0,97	32.24	1:09.68	1:49.97	2:37.67
6.	Leander Noordijk	De Schotejil	2:30.81 8101221	<b>2:38.43</b>	+0,95	31.27	1:10.39	1:54.18	2:38.43
7.	Remco van Althuis	SBC2000	2:41.15 8300029	<b>2:40.37</b>	+0,90	33.61	1:13.77	1:56.90	2:40.37
8.	Marcel Reefhuis	De Veene	2:40.47 8101381	<b>2:46.45</b>	+0,85	32.79	1:13.50	1:57.27	2:46.45
9.	Jeroen Vogelsang	Het Y	2:45.00 8001645	<b>2:48.66</b>	+0,92	33.83	1:14.94	2:01.19	2:48.66
10.	Bob van den Broek	Nautilus	2:56.90 8100243	<b>2:52.95</b>	+0,81	36.64	1:19.41	2:04.28	2:52.95
AFGEM	Rory Bob de Haan	Anker Team Groningen	2:10.60 8100609						



Programmanr. 20, Heren, 200m vlinderslag

Masters 30+

1. Joris Haest	PSV	2:38.66	7900441	<b>2:44.75</b>	+0,85	33.89	1:15.05	1:59.80	2:44.75
2. Roger Flinterman	Zoetermeer	3:08.04	7601261	<b>3:10.10</b>	+1,09	39.20	1:27.00	2:18.54	3:10.10

Masters 35+

1. Stefan Dortmund	Electrolux AZC	2:31.27	7201167	<b>2:30.48</b>	+0,89	34.34	1:15.33	1:53.38	2:30.48
2. Robin Sprinkhuizen	De Zijl/LGB	2:24.84	7400767	<b>2:35.96</b>	+0,95	31.96	1:11.04	1:52.03	2:35.96
AFGEM Paul van den Heuvel	Arethusa	2:36.01	7000441						

Masters 40+

1. François Bockstaele	Lokerse Zwemvereniging	2:23.25	LZV/063/68	<b>2:23.80</b>	+0,90	32.03	1:09.42	1:47.01	2:23.80
2. Rene Beetsma	HZ&PC Heerenveen	2:23.76	6900069	<b>2:36.17</b>	+0,89	32.19	1:11.29	1:53.04	2:36.17
3. Hayo v.d. Werf	Het Y	4:00.22	6701085	<b>3:57.02</b>	+0,79	49.16	1:51.51	2:53.89	3:57.02
AFGEM Jan de Lange	WS Twente	4:10.01	6501273						

Masters 45+

1. Jo Rogiers	RSCM	2:24.48	RSCM/194/63	<b>2:23.82</b>	+0,89	32.11	1:08.15	1:45.16	2:23.82
<i>Belgisch Masters Record</i>									
2. Rene de Boer	DAW-FINENZO	2:35.97	6400087	<b>2:36.01</b>	+0,90	33.41	1:13.32	1:53.30	2:36.01
3. Ron van Vliet	De Stormvogel	2:52.32	6100849	<b>2:54.51</b>	+0,93	35.20	1:18.49	2:05.39	2:54.51
4. Frank van Vliet	PSV	2:59.39	6400927	<b>3:04.79</b>	+0,95	36.36	1:20.82	2:09.18	3:04.79
5. Paul van der Voort	De Zwoer	3:11.17	6200715	<b>3:12.78</b>	+1,20	40.01	1:29.04	2:20.95	3:12.78
AFGEM Frank Gomoll	SG Gladbeck	2:25.67	112232						

Masters 50+

1. Hugo Bregman	WVZ	2:15.29	5800069	<b>2:15.06</b>	+0,92	30.01	1:04.61	1:40.12	2:15.06
<i>Wereld Masters Record</i>									
2. Willem Zwiers	AquAmigos	3:06.40	5800505	<b>3:17.08</b>	+0,93	45.90	1:36.32	2:27.96	3:17.08
3. Peter Verberne	ACZ	3:53.85	5900719	<b>4:07.66</b>	+1,19	51.17	1:53.52	2:59.74	4:07.66

Masters 65+

1. Rob Hanou	PSV	3:16.08	4300109	<b>3:34.92</b>	+1,09	45.05	1:41.10	2:39.99	3:34.92
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Masters 70+

1. Nico Geers	Van Uden-De Gouwe	3:46.64	3800007	<b>3:53.64</b>	+1,11	51.76	1:50.46	2:52.30	3:53.64
<i>Kampioenschaps Record</i>									
2. Rob van Gestel	PSV	4:21.80	3500005	<b>4:48.67</b>	+1,18	1:02.64	2:15.84	3:31.35	4:48.67

Programmanr. 21  
09.05.2009 - 17:49

Dames, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
<b>Masters 20+</b>									
1. Suzanne Duijkers	ZON/S&S	2:44.52	8701024	<b>2:44.53</b>	+0,95	35.71	1:17.37	1:59.85	2:44.53
<i>Kampioenschaps Record</i>									
2. Marjolein Tissingh	HZ&PC Heerenveen	2:56.51	8904130	<b>2:54.09</b>	+0,88	36.14	1:19.09	2:06.01	2:54.09
3. Annelette de Vries	De Veene	3:05.38	8603908	<b>3:15.31</b>	+0,92	38.60	1:27.01	2:20.65	3:15.31
4. Fenke Legerstee	SCOM	3:17.29	8501856	<b>3:22.14</b>	+0,92	42.23	1:34.55	2:29.80	3:22.14

Programmanr. 21, Dames, 200m vlinderslag

Masters 25+

1. Roos van Esch	TRB-RES	2:34.23	8200468	<b>2:37.79</b>	+0,95	35.01	1:15.24	1:56.65	2:37.79
2. Nadya Putter	Vlaardingen	2:44.29	8301630	<b>2:38.08</b>	+0,86	33.68	1:12.95	1:54.62	2:38.08
3. Yvonne Gerritsen	DES	2:55.98	8000342	<b>3:00.96</b>	+0,88	38.22	1:23.61	2:12.05	3:00.96
4. Linda Hoogendam	D'Elft	3:19.64	8300892	<b>3:15.40</b>	+0,77	38.09	1:29.19	2:23.15	3:15.40
5. Angelique Rotteveel	De Hokseberg	3:30.20	8402090	<b>3:47.73</b>	+0,96	47.02	1:44.19	2:45.97	3:47.73

Masters 30+

1. Marit Breitfeld	Hamburger Schwimm-Club	2:35.65	058376	<b>2:34.68</b>	+0,75	33.46	1:12.46	1:53.03	2:34.68
2. Mirjam den Houdijker	ZPB H&L Productions	3:59.20	7801096	<b>3:48.01</b>	+0,89	46.13	1:43.57	2:45.95	3:48.01
3. C. van Bruxvoort	ZPB H&L Productions	4:11.55	7700138	<b>4:15.06</b>	+0,97	52.32	1:57.14	3:06.24	4:15.06

Masters 35+

1. Dianne Nien	RZ	2:58.38	7100452	<b>3:07.61</b>	+0,89	39.74	1:27.01	2:16.88	3:07.61
2. Natacha Van Hoof	ShaRK	3:56.27	ShaRK/260/73	<b>3:57.64</b>	+1,12	50.86	1:52.61	2:56.50	3:57.64

Masters 40+

1. Anita Smits	DIO	2:42.78	6900522	<b>2:41.99</b>	+0,88	35.09	1:16.74	1:59.86	2:41.99
<i>Nederlands Masters Record</i>									
2. Karin van den Heuvel	AquAmigos	3:11.12	6600188	<b>3:13.85</b>	+0,99	42.07	1:33.54	2:24.69	3:13.85
3. Hetty Smalheer	SCOM	3:36.01	6700352	<b>3:38.41</b>	+1,15	48.85	1:47.39	2:45.74	3:38.41
4. Tatiana Abu Nijmeh	Stockholmopolisens Sim IF	4:12.00	AA9265	<b>3:55.11</b>	+1,00	52.95	1:53.02	2:55.13	3:55.11

Masters 45+

1. Margriet Grove	Oceanus	2:50.04	6200080	<b>2:55.03</b>	+0,86	36.55	1:20.87	2:06.87	2:55.03
2. Ingrid van Cauteren	Lokerse Zwemvereniging	3:20.16	LZV/097/62	<b>3:20.77</b>	+0,83	41.27	1:30.79	2:25.71	3:20.77

Masters 50+

1. Mathilde Vink	Swol 1894	2:47.75	5800128	<b>2:46.59</b>	+1,00	37.02	1:18.66	2:01.75	2:46.59
<i>Europees Masters Record</i>									

Programmanr. 22  
09.05.2009 - 18:04

Heren, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
<b>Masters 20+</b>						
1.	Merijn Ellenkamp	DWK	32.46	8500691	<b>31.55</b>	+0,77
<i>Kampioenschaps Record</i>						
2.	Roderik Meijers	ZOB'66	32.30	8602063	<b>32.67</b>	+0,74
3.	Remko Hooft	De Duinkickers	32.46	8701405	<b>33.03</b>	+0,71
4.	Kevin van Susteren	RZC	32.03	8903085	<b>33.25</b>	+0,86
5.	Herman van Dijk	HZ&PC Heerenveen	33.42	8900691	<b>33.42</b>	+0,91
6.	Stefan van der Grift	Octopus	35.06	8701121	<b>34.54</b>	+0,82
7.	Thijs Tromper	De Schotejil	33.76	8703407	<b>35.74</b>	+0,88
8.	Martijn van Hoon	De Schotejil	35.93	8901343	<b>36.38</b>	+0,93
9.	Rodrigo Moctezuma	De Futen	34.64	8902179	<b>36.79</b>	+0,82
10.	Pascal van Kassel	Triton	36.44	8501289	<b>37.67</b>	+0,90
11.	Ruud van den Berg	De Duck	37.93	8500155	<b>37.75</b>	+0,90
11.	Remco Joukes	Triton	36.05	8801763	<b>37.75</b>	+0,80
13.	Frank Heus	EZ&PC	36.70	8904085	<b>38.82</b>	+0,88
14.	Nicolas Degalan	CNBA	37.32	CNBA/777/89	<b>39.15</b>	+0,80
15.	Rick van der Linden	Wave	38.26	8802199	<b>39.37</b>	+0,82
16.	Mike Hereijgers	De Futen	39.73	8501007	<b>39.52</b>	+0,74
17.	Leander van Diggelen	ZPCH	37.90	8800763	<b>40.95</b>	+0,93
NG.ZA	Dennis Stegerhütte	KZPC	31.97	8604397		

Programmanr. 22, Heren, 50m schoolslag

Masters 25+

1.	Rudy Ted de Haan <i>Nederlands Masters Record</i>	Anker Team Groningen	28.80	8400805	<b>29.36</b>	+0,84
2.	Tommy van Overmeeren	De Schelde	30.72	8402887	<b>32.64</b>	+0,80
3.	Ivan van Omme	De Geul	31.33	8201263	<b>32.76</b>	+0,78
4.	Sören Laub	SV Mannheim	32.88	77705	<b>33.01</b>	+0,86
5.	Dennis de Groot	De Zwoer	33.59	8300785	<b>33.61</b>	+0,82
6.	Paul Oudendijk	OEZA	33.37	8101287	<b>33.90</b>	+0,94
7.	Albert van Piekeren	Octopus	32.65	8401767	<b>34.40</b>	+0,95
7.	Victor den Heijer	Wave	31.83	8300867	<b>34.40</b>	+0,77
9.	Sebastian Hoppe	SV Blau-Weiss Bochum	36.41	260235	<b>34.92</b>	+0,74
10.	Jim Geestman	RSW (SG)	33.91	8300699	<b>35.21</b>	+0,91
11.	Thommy Nickel	Van Vliet Barracuda	34.09	8401627	<b>35.24</b>	+0,87
12.	Dennis Klop	De Biesboschzwemmers	36.27	8302643	<b>36.27</b>	+0,79
13.	Sebastiaan Baars	WS Twente	37.69	8300053	<b>36.96</b>	+0,95
NG.ZA	Marek Mróz	UKS Wodnik 29 Katowice	31.44	ABG652725		

Masters 30+

1.	Mark Zwart	Zwemlust/Utrecht (SG)	31.58	7901461	<b>32.40</b>	+0,93	
2.	Ron Langelaan	Oceanus	30.64	7800643	<b>32.62</b>	+0,91	
3.	Vincent Versteeg	Zwemlust/Utrecht (SG)	31.61	7701003	<b>32.72</b>	+0,74	
4.	Freddie Geerlings	NIMO	31.21	7900379	<b>32.85</b>	+0,84	
5.	Ronald Smits	PSV	32.25	7800981	<b>33.50</b>	+0,73	
6.	Vincent Bastin	CHTHN	35.30	CHTHN/295/77	<b>35.44</b>	+0,82	
7.	Han Ruijs	RZ	36.90	7901867	<b>36.32</b>	+0,88	
8.	Olivier Kalek	CNBA	38.10	CNBA/785/75	<b>38.63</b>	+0,85	
9.	Johan Wezenberg	Deltasteur	39.57	7601023	<b>39.15</b>	+1,05	
10.	Marco Monster	De Duck	40.08	7801637	<b>39.94</b>	+0,85	
11.	Rinke Nijland	IJZPC	40.62	7901735	<b>42.52</b>	+0,80	
12.	Rene Beens	Deltasteur	41.69	7800045	<b>44.55</b>	+0,85	
13.	Jeroen Tebbens	IJZPC	53.20	7601405	<b>52.48</b>	+0,87	
DIS	Ralf Brull	RZ	41.51	7501297			
	<i>AA - Te vroeg weg of bewogen bij start.</i>						
DIS	Niels van Wageningen	D'Elft	36.70	7601335			
	<i>AA - Te vroeg weg of bewogen bij start.</i>						

Masters 35+

1.	André Sauerstein	Hanse SV Rostock	32.85	184149	<b>33.57</b>	+0,71
2.	Stefan Dortmund	Electrolux AZC	35.69	7201167	<b>34.10</b>	+0,83
3.	Casper de Zeeuw	WS Twente	40.91	7001137	<b>35.70</b>	+0,76
4.	Jan-Willem van Herpen	Arethusa	34.81	7001347	<b>35.83</b>	+0,78
5.	Gerard Eghuizen	HZ&PC Heerenveen	35.50	7400197	<b>36.20</b>	+0,93
6.	Gertjan v.d. Knaap	De Duck	38.13	7300459	<b>38.34</b>	+0,93
7.	Klaus-Martin Schöttker	Hanse SV Rostock	39.38	184157	<b>40.31</b>	+0,88
8.	Dennis van Markesteijn	Olympia	42.56	7201333	<b>43.50</b>	+0,95

Masters 40+

1.	Harold Matla	PSV	31.80	6800591	<b>32.91</b>	+0,89
2.	Patrick Juncker	Swimming Luxembourg	33.67	136	<b>34.08</b>	+0,89
3.	Geert Wijn	De Gelenberg	32.68	6701104	<b>34.55</b>	+0,75
4.	Rene Beetsma	HZ&PC Heerenveen	34.02	6900069	<b>35.98</b>	+0,85
5.	Marcel van der Lem	Kon. AZ 1870	34.63	6500563	<b>36.93</b>	+0,79
6.	Marcel van Lochem	Zoetermeer	35.69	6500581	<b>37.05</b>	+0,93
7.	Paul de Boer	De Amer	37.67	6801413	<b>37.37</b>	+0,84
8.	Sander van den Berg	WS Twente	37.34	6801357	<b>37.84</b>	+0,92
9.	Johan Doesburg	De Inktvis	38.06	6801387	<b>38.39</b>	+1,03
10.	Oliver Podebrad	SC Wiesbaden 1911	41.41	262705	<b>39.34</b>	+0,99
11.	Rolf Nuyts	SVAZ	40.96	SVAZ/133/68	<b>40.22</b>	+0,72
12.	Pieter-Sjoerd de Wijn	Aqua-Novio '94	40.67	6501027	<b>40.63</b>	+0,93
13.	Henk van Zetten	Octopus	45.71	6701261	<b>43.59</b>	+0,90
14.	Arno van Os	Neptunus'58	42.07	6701437	<b>44.36</b>	+0,89
15.	Henrie Renshoff	Octopus	45.60	6501337	<b>45.61</b>	+1,19
AFGEM	Ronald Stolk	De Fuut	33.56	6601253		
AFGEM	Reno Groenestein	De Fuut	39.90	6601289		

Programmanr. 22, Heren, 50m schoolslag, Masters 40+

rang	naam	vereniging	inschrijftijd		tijd	RT
AFGEM	Ronald Vos	SCOM	40.85	6901403		
<b>Masters 45+</b>						
1.	Cees van Houweligen <i>Kampioenschaps Record</i>	De Schelde	33.86	6300351	<b>34.41</b>	+0,94
2.	Ralph Caster	RZ	35.56	6100069	<b>36.12</b>	+0,92
3.	Fred Vollebergh	De Pinquin	36.60	6100641	<b>36.49</b>	+0,80
4.	Theo Bakker	TriVia	35.95	6401231	<b>36.64</b>	+0,86
5.	Joost de Kroon	AquaAmigos	39.37	6400999	<b>37.23</b>	+0,92
6.	Peter Fölker	Aqua-Novio '94	36.59	6401021	<b>37.54</b>	+0,77
7.	Arnold de Rover	De Futen	38.06	6400645	<b>37.80</b>	+0,84
8.	Rob Hemesath	PSV	38.04	6100189	<b>37.90</b>	+0,83
9.	John Stoffer	Zoetermeer	38.67	6300725	<b>38.38</b>	+0,89
10.	Peter Soudant	PSV	38.49	6201007	<b>38.54</b>	+0,89
11.	Jan Smalheer	SCOM	39.57	6400701	<b>38.89</b>	+1,07
12.	Michiel Klaren	PSV	38.26	6201087	<b>38.97</b>	+0,96
13.	Ronald van Houtert	De Dommelbaarzen	41.98	6401239	<b>41.34</b>	+0,96
14.	Peter van Dee	SCOM	40.76	6301179	<b>41.73</b>	+0,87
15.	Edzo Huisman	Aquapoldro	41.36	6301029	<b>41.78</b>	+1,04
16.	Jack Barends	WS Twente	42.12	6201011	<b>41.96</b>	+0,98
17.	Robert Vink	WWV	43.13	6301075	<b>42.96</b>	+0,93
18.	Kees Gerritse	SCOM	50.11	6201017	<b>51.54</b>	+0,93
19.	Aris Jan van Ek	IJZPC	52.25	6100125	<b>53.35</b>	+1,10
DIS	Jan Lammers	WWV	42.26	6000783		
<i>AA - Te vroeg weg of bewogen bij start.</i>						
AFGEM	Eric Henrard	AZV	41.35	AZV/017/60		

**Masters 50+**

1.	Albert Boonstra	Aqua-Novio '94	33.99	5700425	<b>34.52</b>	+0,79
2.	Peter Romkes	Luctor et Emergo	35.26	5900389	<b>35.61</b>	+0,71
3.	Reginald vd Giessen	Arethusa	37.20	5800135	<b>37.74</b>	+0,78
4.	Willem Zwiers	AquaAmigos	36.92	5800505	<b>38.55</b>	+0,89
5.	Paul Bunnik	Triton	38.59	5600413	<b>39.85</b>	+0,97
6.	Wim de Lange	Electrolux AZC	39.13	5800533	<b>39.99</b>	+0,97
7.	Luc Nijs	AZV	39.95	AZV/080/59	<b>40.54</b>	+0,95
8.	Bart van Doesburg	PSV	41.19	5600463	<b>41.61</b>	+0,87
9.	Berry van Elderen	PSV	42.86	5600461	<b>43.12</b>	+1,00

**Masters 55+**

1.	Peter Gulyas	Totkomlosi Rozmarok	38.83	51gulyas	<b>37.95</b>	+0,94
2.	Joseph Frizzo	U.S.T. Hayange Omnisports	39.26	886047	<b>38.78</b>	+0,77
3.	Arno Wolvers	Brunssum	42.47	5400277	<b>42.63</b>	+0,99
4.	Laurens klein Breteler	WWV	43.36	5400109	<b>45.84</b>	+0,97
5.	Rob Berkhof	Swol 1894	46.51	5200245	<b>46.31</b>	+0,96
6.	Bram Stienstra	SCOM	48.12	5000177	<b>49.85</b>	+1,22
7.	Marios v.d. Bersselaar	Neptunus'58	48.77	5400329	<b>52.10</b>	+1,09
8.	Etienne Languillier	CNSW	1:00.23	CNSW/061/50	<b>1:05.13</b>	+1,35

**Masters 60+**

1.	Joop Draaisma	DZ&PC	40.42	4600155	<b>40.57</b>	+0,87
2.	Peter Ouweneel	RSW (SG)	49.77	4500077	<b>48.83</b>	+1,22
3.	Jos van Alphen	PSV	49.64	4600157	<b>49.61</b>	+1,05
4.	Henk Oostendorp	ZV De Bron	50.64	4800093	<b>52.01</b>	+0,98

**Masters 65+**

1.	Nico Baay	Old Dutch	44.19	4200053	<b>42.41</b>	+0,78
2.	Ruud Sloof	De Rijn	44.91	4400073	<b>44.36</b>	+1,05

Programmanr. 22, Heren, 50m schoolslag

Masters 70+

1.	Cor Sprengers	PSV	46.44	3500019	<b>47.22</b>	+1,03
2.	Herman Rademaker	De Dolfijn	49.12	3600011	<b>55.25</b>	+1,05
3.	Pieter Scharphorn	Neptunus	55.96	3800037	<b>57.25</b>	+1,23
4.	Hans Deelen	De Lansingh	1:05.69	3600021	<b>1:09.06</b>	+1,00

Masters 75+

1.	Georges Verhelst	RZV	48.79	RZV/160/31	<b>49.53</b>	+1,05
2.	Guy Fricot	CCS	1:21.06	CCS/010/33	<b>1:12.16</b>	+1,36

Programmanr. 23  
09.05.2009 - 18:26

Dames, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
<b>Masters 20+</b>						
1.	Larissa Brak	De Zijl/LGB	33.64	8800572	<b>34.76</b>	+0,87
	<i>Kampioenschaps Record</i>					
2.	Femke Hendriks	DZT '62	35.54	8801698	<b>35.61</b>	+0,80
3.	Karin van Dijk	HZ&PC Heerenveen	38.12	8600850	<b>38.19</b>	+0,98
4.	Marieke van der Vegt	De Golfbreker	38.01	8504026	<b>39.00</b>	+0,88
5.	Karin Kraaijeveld	MNC Dordrecht	38.76	8501710	<b>39.18</b>	+0,92
6.	Suzanne Duijkers	ZON/S&S	39.16	8701024	<b>40.98</b>	+0,91
7.	Gerrie Zuyderwijk	TZC-Vahalis	39.38	8704828	<b>41.52</b>	+0,89
8.	Jacqueline Wissink	PSV	43.50	8503286	<b>42.38</b>	+0,92
9.	Nathalie Groenevelt	DWK	40.48	8604920	<b>42.53</b>	+0,78
10.	Annemarie Jakobs	EZ&PC	40.70	8601744	<b>42.59</b>	+0,89
11.	Aur�lie Lebreton	Swimming Luxembourg	41.71	5954	<b>42.95</b>	+1,03
12.	Sanne Buurman	De Geul	42.52	8503888	<b>43.82</b>	+0,86
13.	Sandra Zwaanswijk	Aquarius	43.13	8503934	<b>43.87</b>	+0,75
14.	Marieke van Dodeweerd	RZC	39.08	8600896	<b>44.19</b>	+0,91
15.	Monique van Gortel	Octopus	44.66	8601274	<b>44.62</b>	+0,74
16.	Jolanda Slooter	SCOM	42.79	8502678	<b>45.00</b>	+0,93
17.	Marieke van de Nieuwenhuijzen	ZV De Bron	46.55	8803172	<b>45.84</b>	+1,05
18.	Margriet Aan het Rot	Octopus	45.42	8603088	<b>46.47</b>	+0,87
19.	Tina Blei	Hanse SV Rostock	46.42	123491	<b>46.99</b>	+0,86
20.	Chantal van Kranenburg	Aquarius	43.69	8604528	<b>47.19</b>	+0,97
21.	Dominique Sik	Octopus	47.16	8804000	<b>47.24</b>	+0,87
22.	Sabina Caruso	RSW (SG)	46.38	8500542	<b>50.39</b>	+0,88
23.	Annebeth van Ark	Octopus	49.10	8805588	<b>52.47</b>	+0,79
AFGEM	Marijke Monsma	DWK	36.64	8502100		

Masters 25+

1.	Laura Badoux	Oceanus	34.60	8200038	<b>35.43</b>	+0,96
2.	Marleen Fijen	Nautilus	38.91	8300584	<b>39.46</b>	+0,78
2.	Yvonne Gerritsen	DES	39.09	8000342	<b>39.46</b>	+0,84
4.	Renee de Kok	PSV	40.18	8403350	<b>41.17</b>	+0,85
5.	Marieke Sterenberg	WWV	37.98	8202328	<b>41.19</b>	+0,73
6.	Saskia van Leur	De Gelenberg	41.83	8403134	<b>41.91</b>	+0,93
7.	Tanja Sterenberg	WWV	42.96	8301916	<b>42.67</b>	+0,93
7.	Annette Vogelsang	ZV De Bron	46.45	8402632	<b>42.67</b>	+0,94
9.	Francijna de Kooter	De Biesboschwimmers	42.67	8000634	<b>43.10</b>	+0,95
10.	Jana Whitehouse	Swimming Luxembourg	43.63	5955	<b>44.08</b>	+1,05
11.	Hanneke Freriksen	WS Twente	45.70	8302744	<b>46.14</b>	+0,87
12.	Maria van Schagen	ZV De Bron	1:12.85	8202142	<b>1:15.53</b>	+1,00



Programmanr. 23, Dames, 50m schoolslag

Masters 30+

1.	Marit Breitfeld <i>Kampioenschaps Record</i>	Hamburger Schwimm-Club	35.46	058376	<b>35.39</b>	+0,75
2.	Claudia van Drunen	AquAmigos	39.34	7700810	<b>39.12</b>	+0,77
3.	Elvira Jonkers	De Pinquin	40.18	7900420	<b>39.86</b>	+0,83
4.	Geraldine Trainor	De Duck	40.91	7500544	<b>41.01</b>	+0,86
5.	Inez Heideman	WS Twente	45.69	7500198	<b>41.79</b>	+0,85
6.	Katja Warneke	Stader Schwimmverein	41.11	254420	<b>44.10</b>	+0,91
7.	Patricia van de Graaf	DES	42.81	7800284	<b>44.27</b>	+0,89
8.	Petra Verstegen	WVZ	42.09	7700906	<b>44.37</b>	+0,98
9.	Rachel Trainor	De Duck	43.68	7700670	<b>44.81</b>	+0,84
10.	Jolika Csibra	DES	44.00	7600838	<b>45.79</b>	+0,91
11.	Wendy Stolker	IJZPC	46.55	7801116	<b>46.95</b>	+0,90
12.	Martine Sonneveld	De Pinquin	46.95	7801038	<b>47.78</b>	+0,95
13.	Margriet Leeffers	Deltasteur	47.51	7800448	<b>47.98</b>	+0,97

Masters 35+

1.	Karin Stein	Vlaardingen	38.11	7100554	<b>37.34</b>	+0,96
2.	Trudie van Niejenhuis	DES	41.42	7100444	<b>40.83</b>	+0,78
3.	Tony de Groot	De Futen	44.46	7300758	<b>43.84</b>	+0,95
4.	Meke Oomens	Old Dutch	47.08	7000370	<b>44.05</b>	+1,06
5.	Sylvia de Kort	Luctor et Emergo	1:02.92	7000852	<b>1:07.00</b>	+0,97

Masters 40+

1.	Annette Wijnja-Visser <i>Kampioenschaps Record</i>	De Biesboschzwemmers	38.56	6700528	<b>38.70</b>	+0,94
2.	Saskia Phaff	PSV	39.75	6600242	<b>39.43</b>	+0,76
3.	Petra Frowijn	AZ&PC	39.60	6600098	<b>40.05</b>	+0,90
4.	Françoise Heijdeman-Duran	AZ&PC	41.33	6900222	<b>41.17</b>	+0,87
5.	Henriett Cseszregi	Budapesti Delfinek	42.46	69cseszregi	<b>41.97</b>	+0,82
6.	Hanny Rotteveel	Zignea	42.99	6600538	<b>43.26</b>	+1,09
7.	Friderika Kerekes	AZ&PC	42.80	6500540	<b>43.52</b>	+0,80
8.	Monique Gerritsen	WS Twente	42.95	6500188	<b>43.65</b>	+0,97
9.	Esther Mijnen-Heilig	Zaanstad (SG)	46.68	6900846	<b>45.36</b>	+0,91
10.	Desiree van der Lem	Kon. AZ 1870	38.80	6800282	<b>45.63</b>	+0,90
11.	Ilse Vos	De Hokseberg	44.71	6800644	<b>45.70</b>	+1,05
12.	Karin van den Heuvel	AquAmigos	42.81	6600188	<b>46.86</b>	+0,92
13.	Karin Rommers	PSV	46.16	6700610	<b>48.16</b>	+0,92
14.	Silke Zyber	Stader Schwimmverein	52.04	227684	<b>51.16</b>	+0,86
15.	Mariska Rischen	TZC-Vahalis	49.18	6900862	<b>52.43</b>	+0,90
DIS	Anne-Marie Weistra <i>AA - Te vroeg weg of bewogen bij start.</i>	Olympia	48.42	6800710		
NG.ZA	Anikó Küzdy	Budapesti Delfinek	46.50	69küzdy		

Masters 45+

1.	Marja Bloemzaad <i>Kampioenschaps Record</i>	AZ&PC	38.32	6100014	<b>37.98</b>	+0,81
2.	Agnes van Doesburg	PSV	42.34	6000264	<b>42.67</b>	+0,89
3.	Marijke Kraak	WS Twente	44.61	6000240	<b>44.65</b>	+0,98
4.	Annemiek Meijburg	IJZPC	45.22	6300462	<b>45.93</b>	+0,98
5.	Inge Wolfs	PLONS	47.11	6000304	<b>46.30</b>	+0,88
6.	Machteld Masee	PSV	46.43	6300458	<b>48.33</b>	+0,84
7.	Herlinde Segers	GBZ	50.78	GBZ/151/60	<b>49.17</b>	+1,08
8.	Dianne de Haan	PSV	48.56	6300446	<b>50.42</b>	+1,00
9.	Jaqueline Brouwer	ZV De Bron	51.69	6100296	<b>50.87</b>	+0,98
10.	Noor Tebak	PSV	50.68	6200380	<b>52.75</b>	+0,95
DIS	Tineke Freriks <i>AA - Te vroeg weg of bewogen bij start.</i>	WWV	44.58	6200344		

Programmanr. 23, Dames, 50m schoolslag

Masters 50+

1.	Monika Zilliken <i>Kampioenschaps Record</i>	SC Wiesbaden 1911	40.41	231829	<b>40.62</b>	+0,85
2.	Marijke van Hoek	De Stormvogel	44.63	5800050	<b>44.17</b>	+0,89
3.	Janny van Eijk	ZV De Bron	45.90	5800022	<b>48.11</b>	+1,04
4.	Elly Kiestra-Broertjes	Zignea	52.04	5600100	<b>52.38</b>	+1,20
5.	Jacqueline Covents	GBZ	54.17	GBZ/033/59	<b>54.78</b>	+1,08

Masters 55+

1.	Ineke Weekers <i>Nederlands Masters Record</i>	PSV	45.00	5300050	<b>42.40</b>	+0,94
2.	Mieke van der Fluit	SBC2000	45.95	5400012	<b>46.07</b>	+1,00
3.	Tineke van Diggelen	Oceanus	52.86	5200048	<b>52.68</b>	+1,05

Masters 60+

1.	Irene de Boer	ZV De Bron	59.20	4600002	<b>56.45</b>	+1,01
2.	Adrie Oostendorp	ZV De Bron	1:13.39	4900024	<b>1:12.44</b>	+1,04

Masters 65+

1.	Matty van der Veen	Old Dutch	49.81	4400020	<b>50.23</b>	+1,05
2.	Nicole Davidson	ShaRK	53.38	ShaRK/184/44	<b>57.73</b>	+1,07
3.	Liesbeth ter Laak	Katwijk	1:05.30	4200008	<b>1:09.26</b>	+1,14

Masters 70+

1.	Tineke de Bueger	Old Dutch	58.85	3700010	<b>1:00.58</b>	+1,02
2.	Lea Maes	GBZ	59.98	GBZ/041/37	<b>1:03.51</b>	+1,15

Masters 75+

1.	Eliane Pellis <i>Kampioenschaps Record</i>	KAZSC	47.27	AZSC/672/33	<b>47.68</b>	+0,89
2.	Agnes van Obberghen	KAZSC	48.54	AZSC/696/31	<b>48.52</b>	+0,97

Masters 80+

1.	Anneke Logtenberg	Old Dutch	1:04.81	2900004	<b>1:12.72</b>	+1,34
2.	Marianne Maandonks	PSV	1:30.87	2600004	<b>1:24.80</b>	+1,03

Programmanr. 24  
09.05.2009 - 18:56

Heren, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	WZK Zwemmen 1 <i>Kampioenschaps Record</i>	WZK Zwemmen	1:43.12	<b>1:44.94</b> +0,79
	Maarten de Geus	83 +0,79	26.69	Bart Drechsel
	Alex Vermeulen	89 +0,32	26.97	Erik Simons
				86 +0,39 25.82
				89 +0,35 25.46
2.	De Schotejil 1	De Schotejil	1:49.58	<b>1:49.07</b> +0,78
	Thijs Tromper	87 +0,78	29.34	Martijn van Hoorn
	Niels Albrechts	88 +0,14	27.25	Leander Noordijk
				89 +0,68 26.29
				81 +0,37 26.19
3.	De Futen 1	De Futen	1:51.96	<b>1:49.54</b> +0,75
	Rodrigo Moctezuma	89 +0,75	26.37	Arnold de Rover
	Taco Eikelenboom	69 +0,61	30.62	Mike Hereijgers
				64 +0,47 27.28
				85 +0,33 25.27
4.	RSW (SG) 1	RSW (SG)	1:51.65	<b>1:50.16</b> +0,84
	Tim Pattipeiluhu	89 +0,84	25.91	Jim Geestman
	Ferd van Mastrigt	88 +0,76	29.55	Melano Winter
				83 +0,63 27.13
				87 +0,66 27.57
5.	Octopus 1	Octopus	2:20.03	<b>2:07.59</b> +0,84
	Stefan van der Griff	87 +0,84	29.06	Henk van Zetten
	Henrie Renshoff	65 +0,68	35.90	Albert van Piekeren
				67 +0,55 33.93
				84 +0,46 28.70

Programmanr. 24, Heren, 4 x 50m vrije slag

100+

1. De Zijl/LGB 1 <i>Kampioenschaps Record</i>	De Zijl/LGB		1:45.86		<b>1:46.71</b>	+0,85
Dirkjan Beugelsdijk	81	+0,85	26.74	Alexander Hulleman	83	+0,49 27.32
Dirk Hoek	82	+0,47	26.88	Robin Sprinkhuizen	74	+0,15 25.77

120+

1. PLONS 2 <i>Kampioenschaps Record</i>	PLONS		1:54.00		<b>1:50.25</b>	+0,78
Steven Prins	79	+0,78	28.75	Stan Dekker	79	+0,43 26.19
Jerry Grondel	72	+0,40	26.98	Richard Broer	59	+0,59 28.33
2. WS Twente 1	WS Twente		1:55.24		<b>1:55.48</b>	+0,85
Ivo Buchholz	64	+0,85	29.13	Sander van den Berg	68	+0,44 29.29
Sebastiaan Baars	83	+0,32	29.92	Casper de Zeeuw	70	+0,45 27.14
3. RZ 1	RZ		2:01.89		<b>1:59.48</b>	+0,90
Ralph Caster	61	+0,90	30.73	Ralf Brull	75	+0,24 31.62
Han Ruijs	79	+0,32	29.42	Gino Martijn	79	+0,55 27.71
4. HZ&PC Heerenveen 1	HZ&PC Heerenveen		2:00.86		<b>2:01.97</b>	+0,85
Rene Beetsma	69	+0,85	28.40	Tiemen Stegenga	71	+0,37 30.16
Arnold Jonker	70	+0,41	35.18	Gerard Eghuizen	74	+0,66 28.23

160+

1. PSV 1 <i>Kampioenschaps Record</i>	PSV		1:47.73		<b>1:45.16</b>	+0,81
Joop Ariaens	59	+0,81	27.86	Ronald Smits	78	+0,35 26.18
Brend Brevé	52	+0,53	28.07	Stefan Oosting	81	+0,43 23.05
2. Zoetermeer 1	Zoetermeer		1:53.34		<b>1:56.24</b>	+0,85
John Stoffer	63	+0,85	29.48	Roger Flinterman	76	+0,60 27.98
Andre Storm	56	+0,53	29.47	Marcel van Lochem	65	+0,52 29.31
3. WWV 1	WWV		1:56.25		<b>1:57.91</b>	+0,93
Jan Lammers	60	+0,93	31.34	Rob Toebe	66	+0,46 31.46
Robert Vink	63	+0,41	27.77	Kees-Jan van Overbeeke	62	+0,26 27.34
4. SCOM 1	SCOM		2:23.56		<b>2:28.83</b>	+1,20
Bram Stienstra	50	+1,20	39.24	Kees Gerritse	62	+0,41 43.19
Peter van Dee	63	+0,66	34.94	Jan Smalheer	64	+0,59 31.46

AFGEM De Fuut 1	De Fuut		2:01.87			
Sander Nieuwenhuys, Roy Danckaerts, Reno Groenestein, Ronald Stolk						

200+

1. PLONS 1 <i>Kampioenschaps Record</i>	PLONS		2:10.43		<b>2:06.97</b>	+0,91
Jan Vlasblom	61	+0,91	31.19	Joop van Eijk	47	+0,48 32.69
Vincent de Keijzer	58	+0,22	32.79	Mark Kas	61	+0,41 30.30

280+

1. PSV 2 <i>Nederlands Masters Record</i>	PSV		2:32.25		<b>2:30.39</b>	+0,95
Cor Sprengers	35	+0,95	37.43	Rob van Gestel	35	+0,46 39.48
Henk Abels	41	+0,49	39.12	Rob Hanou	43	+0,60 34.36

BM Swimming Luxembourg 1	Swimming Luxembourg		1:59.00		<b>1:57.87</b>	+0,90
Patrick Juncker	67	+0,90	30.57	Olaf Chalmer-Rasmussen	64	+0,67 30.05
Benoit Triay	83	+0,49	29.35	Björn Möller	72	+0,52 27.90

Programmanr. 25  
09.05.2009 - 19:03

Dames, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	<b>HZ&amp;PC Heerenveen 1</b>	<b>HZ&amp;PC Heerenveen</b>	<b>2:07.56</b>	<b>2:02.28 +0,83</b>
	Gosina van Stralen 86 +0,83 30.34	Karin van Dijk 86 +0,66 31.70		
	Marjolein Tissingh 89 +0,24 30.92	Berdie Eghuizen 83 +0,30 29.32		
2.	<b>DES 1</b>	<b>DES</b>	<b>2:05.81</b>	<b>2:07.40 +0,77</b>
	Celine Hubert 89 +0,77 33.78	Trudie van Niejenhuis 71 +0,32 31.34		
	Jolika Csibra 76 +0,09 31.22	Yvonne Gerritsen 80 +0,61 31.06		
3.	<b>WS Twente 1</b>	<b>WS Twente</b>	<b>2:10.25</b>	<b>2:12.79 +0,91</b>
	Hanneke Freriksen 83 +0,91 34.59	Jeannette Ruesink 63 +0,38 33.10		
	Marijke Kraak 60 +0,39 34.10	Emmy Soer 85 +0,37 31.00		
4.	<b>PSV 1</b>	<b>PSV</b>	<b>2:02.95</b>	<b>2:14.21 +0,89</b>
	Machteld Massee 63 +0,89 37.15	Ivette Janssen 79 +0,54 30.99		
	Jacqueline Wissink 85 +0,58 32.58	Karin Rommers 67 +0,57 33.49		
5.	<b>Octopus 1</b>	<b>Octopus</b>	<b>2:30.22</b>	<b>2:22.53 +0,85</b>
	Dominique Sik 88 +0,85 36.79	Monique van Gortel 86 +0,36 36.13		
	Annebeth van Ark 88 +0,34 36.38	Miriam Visserman 87 +0,38 33.23		
AFGEM	<b>DWK 1</b>	<b>DWK</b>	<b>2:10.17</b>	
	Marijke Monsma, Liesbeth van Mill, Annet Verbocht, Nathalie Groenevelt			
<b>120+</b>				
1.	<b>De Dinkel 1</b>	<b>De Dinkel</b>	<b>2:13.59</b>	<b>2:19.07 +1,06</b>
	<i>Kampioenschaps Record</i>			
	Natasja Kooiker 75 +1,06 38.23	Patricia Strohm 81 +0,55 33.00		
	Karin Rikhof 66 +0,13 38.16	Anja Tijink 64 +0,30 29.68		
DIS	<b>WWV 1</b>	<b>WWV</b>	<b>2:14.24</b>	
	<i>AA - Te vroeg weg of bewogen bij start.</i> Marieke Sterenborg, Tineke Freriks, Uschi Koster, Tanja Sterenborg			
<b>160+</b>				
1.	<b>AZ&amp;PC 1</b>	<b>AZ&amp;PC</b>	<b>2:09.49</b>	<b>2:08.05 +0,86</b>
	<i>Kampioenschaps Record</i>			
	Friderika Kerekes 65 +0,86 33.27	Petra Frowijn 66 +0,48 30.29		
	Françoise Heijdeman-Duran 69 +0,36 34.34	Tina Renken 72 +0,10 30.15		
2.	<b>PSV 2</b>	<b>PSV</b>	<b>2:11.51</b>	<b>2:12.60 +0,78</b>
	Saskia Phaff 66 +0,78 29.83	Renee de Kok 84 +0,07 33.66		
	Marja Cools 60 +0,38 34.30	Marleen Willems 60 +0,49 34.81		
<b>200+</b>				
1.	<b>AZ&amp;PC 2</b>	<b>AZ&amp;PC</b>	<b>2:14.41</b>	<b>2:11.27 +0,81</b>
	<i>Nederlands Masters Record</i>			
	Marja Bloemzaad 61 +0,81 30.11	Lidia v. Bon 70 +0,18 28.75		
	Atie Pijtak-Radersma 56 +0,23 29.70	Loekie v. Huissteden 45 +0,43 42.71		
<b>240+</b>				
1.	<b>PSV 3</b>	<b>PSV</b>	<b>2:27.75</b>	<b>2:35.10 +1,19</b>
	<i>Nederlands Masters Record</i>			
	Lottie Geurts 35 +1,19 41.60	Ineke Weekers 53 +0,36 34.02		
	Annie Smits 46 +0,53 44.61	Agnes van Doesburg 60 +0,40 34.87		
<b>280+</b>				
1.	<b>Old Dutch 1</b>	<b>Old Dutch</b>	<b>3:39.32</b>	<b>3:43.85</b>
	<i>Kampioenschaps Record</i>			
	Annie de Vos 34 59.52	Anneke Logtenberg 29 +0,71 56.40		
	Tineke de Bueger 37 +0,84 1:02.80	Matty van der Veen 44 +0,75 45.13		

5 - ONMK 2009 sessie 5

10.05.2009 - 8:30

Programmanr. 27  
10.05.2009 - 8:30

Dames, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>					
1.	Marjolein Tissingh	HZ&PC Heerenveen	10:48.23	8904130	10:44.61 +0,87
	50m: 34.68 34.68	250m: 3:16.01 40.76	450m: 6:00.54 41.27	650m: 8:45.75 41.16	
	100m: 1:13.83 39.15	300m: 3:57.02 41.01	500m: 6:41.60 41.06	700m: 9:26.87 41.12	
	150m: 1:54.38 40.55	350m: 4:38.05 41.03	550m: 7:23.25 41.65	750m: 10:07.17 40.30	
	200m: 2:35.25 40.87	400m: 5:19.27 41.22	600m: 8:04.59 41.34	800m: 10:44.61 37.44	
2.	Bianca van Ringelestijn	PSV	10:45.08	8502466	10:45.27 +1,01
	50m: 34.38 34.38	250m: 3:16.01 41.03	450m: 6:00.39 40.98	650m: 8:45.95 41.43	
	100m: 1:13.43 39.05	300m: 3:57.09 41.08	500m: 6:41.78 41.39	700m: 9:27.91 41.96	
	150m: 1:54.30 40.87	350m: 4:38.14 41.05	550m: 7:23.37 41.59	750m: 10:07.64 39.73	
	200m: 2:34.98 40.68	400m: 5:19.41 41.27	600m: 8:04.52 41.15	800m: 10:45.27 37.63	
3.	Karin Simons	WZK Zwemmen	10:51.93	8903804	11:02.53 +0,89
	50m: 34.74 34.74	250m: 3:19.55 42.04	450m: 6:08.97 43.19	650m: 8:59.07 42.10	
	100m: 1:14.27 39.53	300m: 4:00.91 41.36	500m: 6:51.54 42.57	700m: 9:41.15 42.08	
	150m: 1:55.97 41.70	350m: 4:43.58 42.67	550m: 7:34.57 43.03	750m: 10:22.67 41.52	
	200m: 2:37.51 41.54	400m: 5:25.78 42.20	600m: 8:16.97 42.40	800m: 11:02.53 39.86	
4.	Sandra Schellekens	Neptunus'58	11:13.73	8503416	11:24.33 +0,85
	50m: 37.39 37.39	250m: 3:29.19 43.29	450m: 6:24.38 43.14	650m: 9:19.49 43.45	
	100m: 1:19.85 42.46	300m: 4:13.62 44.43	500m: 7:08.50 44.12	700m: 10:02.99 43.50	
	150m: 2:02.60 42.75	350m: 4:57.01 43.39	550m: 7:52.00 43.50	750m: 10:44.82 41.83	
	200m: 2:45.90 43.30	400m: 5:41.24 44.23	600m: 8:36.04 44.04	800m: 11:24.33 39.51	
5.	Chantal Enkoroma Coffie	DES	11:23.19	8701142	11:29.53 +0,91
	50m: 37.15 37.15	250m: 3:29.85 43.41	450m: 6:25.87 43.72	650m: 9:22.34 44.05	
	100m: 1:19.45 42.30	300m: 4:14.23 44.38	500m: 7:09.99 44.12	700m: 10:06.63 44.29	
	150m: 2:02.50 43.05	350m: 4:58.15 43.92	550m: 7:53.59 43.60	750m: 10:50.33 43.70	
	200m: 2:46.44 43.94	400m: 5:42.15 44.00	600m: 8:38.29 44.70	800m: 11:29.53 39.20	
6.	Annebeth van Ark	Octopus	12:44.51	8805588	12:40.69 +0,81
	50m: 41.56 41.56	250m: 3:52.94 47.78	450m: 7:07.38 48.46	650m: 10:20.77 48.60	
	100m: 1:28.59 47.03	300m: 4:41.71 48.77	500m: 7:55.96 48.58	700m: 11:08.77 48.00	
	150m: 2:16.87 48.28	350m: 5:29.63 47.92	550m: 8:44.21 48.25	750m: 11:56.37 47.60	
	200m: 3:05.16 48.29	400m: 6:18.92 49.29	600m: 9:32.17 47.96	800m: 12:40.69 44.32	
<b>Masters 25+</b>					
1.	Bianca Cox	PSV	10:04.76	8000214	10:16.47 +0,92
	50m: 33.63 33.63	250m: 3:07.19 39.01	450m: 5:43.59 39.09	650m: 8:20.46 39.19	
	100m: 1:10.96 37.33	300m: 3:46.12 38.93	500m: 6:22.98 39.39	700m: 8:59.64 39.18	
	150m: 1:49.43 38.47	350m: 4:25.31 39.19	550m: 7:02.16 39.18	750m: 9:38.33 38.69	
	200m: 2:28.18 38.75	400m: 5:04.50 39.19	600m: 7:41.27 39.11	800m: 10:16.47 38.14	
2.	Roos van Esch	TRB-RES	10:05.64	8200468	10:23.71 +0,94
	50m: 35.15 35.15	250m: 3:11.29 39.37	450m: 5:49.38 39.45	650m: 8:28.42 39.57	
	100m: 1:13.32 38.17	300m: 3:50.82 39.53	500m: 6:29.10 39.72	700m: 9:07.60 39.18	
	150m: 1:52.55 39.23	350m: 4:30.40 39.58	550m: 7:09.17 40.07	750m: 9:46.10 38.50	
	200m: 2:31.92 39.37	400m: 5:09.93 39.53	600m: 7:48.85 39.68	800m: 10:23.71 37.61	
3.	Anke Lambooj	AZL	10:14.90	8001182	10:39.02 +0,88
	50m: 34.92 34.92	250m: 3:13.26 40.60	450m: 5:56.34 41.11	650m: 8:39.87 41.06	
	100m: 1:13.10 38.18	300m: 3:53.80 40.54	500m: 6:36.98 40.64	700m: 9:20.70 40.83	
	150m: 1:52.60 39.50	350m: 4:34.42 40.62	550m: 7:18.25 41.27	750m: 10:00.61 39.91	
	200m: 2:32.66 40.06	400m: 5:15.23 40.81	600m: 7:58.81 40.56	800m: 10:39.02 38.41	
4.	Franca Willeme	De Dinkel	10:38.86	8402760	10:49.10 +0,92
	50m: 34.32 34.32	250m: 3:12.79 40.78	450m: 5:56.72 41.22	650m: 8:45.41 42.42	
	100m: 1:12.36 38.04	300m: 3:53.48 40.69	500m: 6:38.56 41.84	700m: 9:27.17 41.76	
	150m: 1:51.98 39.62	350m: 4:34.36 40.88	550m: 7:21.15 42.59	750m: 10:08.97 41.80	
	200m: 2:32.01 40.03	400m: 5:15.50 41.14	600m: 8:02.99 41.84	800m: 10:49.10 40.13	
5.	Linda Hoogendam	D'Elft	10:40.46	8300892	10:56.39 +0,78
	50m: 35.35 35.35	250m: 3:19.28 41.66	450m: 6:07.89 41.92	650m: 8:55.91 41.15	
	100m: 1:15.44 40.09	300m: 4:01.47 42.19	500m: 6:50.16 42.27	700m: 9:37.52 41.61	
	150m: 1:56.57 41.13	350m: 4:43.37 41.90	550m: 7:32.11 41.95	750m: 10:17.38 39.86	
	200m: 2:37.62 41.05	400m: 5:25.97 42.60	600m: 8:14.76 42.65	800m: 10:56.39 39.01	
6.	Yvonne Gerritsen	DES	11:15.16	8000342	11:03.42 +0,91
	50m: 37.23 37.23	250m: 3:25.21 42.15	450m: 6:14.12 42.11	650m: 9:01.60 41.71	
	100m: 1:18.48 41.25	300m: 4:07.86 42.65	500m: 6:56.09 41.97	700m: 9:43.21 41.61	
	150m: 2:00.57 42.09	350m: 4:49.71 41.85	550m: 7:37.99 41.90	750m: 10:24.03 40.82	
	200m: 2:43.06 42.49	400m: 5:32.01 42.30	600m: 8:19.89 41.90	800m: 11:03.42 39.39	







Programmanr. 27, Dames, 800m vrije slag

Masters 50+

1. Patty Verhagen	AquAmigos	10:53.95	5900146	<b>11:03.34</b>	+1,05
<i>Kampioenschaps Record</i>					
50m: 37.57	37.57	250m: 3:23.53	41.74	450m: 6:11.23	41.71
100m: 1:18.49	40.92	300m: 4:05.68	42.15	500m: 6:53.38	42.15
150m: 1:59.82	41.33	350m: 4:47.48	41.80	550m: 7:34.92	41.54
200m: 2:41.79	41.97	400m: 5:29.52	42.04	600m: 8:16.99	42.07
650m: 8:58.77	41.78	700m: 9:41.19	42.42	750m: 10:23.12	41.93
800m: 11:03.34	40.22				
2. Mies Kuipers	Old Dutch	18:29.72	5800202	<b>18:11.51</b>	+0,96
50m: 56.56	56.56	250m: 5:31.74	1:09.28	450m: 10:07.96	1:08.95
100m: 2:04.10	1:07.54	300m: 6:40.61	1:08.87	500m: 11:18.83	1:10.87
150m: 3:12.64	1:08.54	350m: 7:48.97	1:08.36	550m: 12:28.76	1:09.93
200m: 4:22.46	1:09.82	400m: 8:59.01	1:10.04	600m: 13:39.79	1:11.03
650m: 14:50.26	1:10.47	700m: 16:02.80	1:12.54	750m: 17:10.88	1:08.08
800m: 18:11.51	1:00.63				

Masters 55+

1. Conny Boer-Buys	Vlaardingeng	11:45.41	5000006	<b>11:25.79</b>	+0,91
<i>Nederlands Masters Record</i>					
50m: 37.04	37.04	250m: 3:31.38	44.22	450m: 6:26.15	43.58
100m: 1:18.55	41.51	300m: 4:15.32	43.94	500m: 7:09.30	43.15
150m: 2:02.36	43.81	350m: 4:59.18	43.86	550m: 7:53.53	44.23
200m: 2:47.16	44.80	400m: 5:42.57	43.39	600m: 8:37.18	43.65
650m: 9:21.82	44.64	700m: 10:02.99	41.17	750m: 10:47.80	44.81
800m: 11:25.79	37.99				
2. Micheline Falize	CHAT	13:00.53	CHAT/239/51	<b>13:10.73</b>	+0,99
50m: 46.24	46.24	250m: 4:03.20	49.82	450m: 7:24.00	50.23
100m: 1:34.42	48.18	300m: 4:53.34	50.14	500m: 8:14.22	50.22
150m: 2:23.85	49.43	350m: 5:43.03	49.69	550m: 9:04.52	50.30
200m: 3:13.38	49.53	400m: 6:33.77	50.74	600m: 9:55.02	50.50
650m: 10:44.91	49.89	700m: 11:35.12	50.21	750m: 12:24.00	48.88
800m: 13:10.73	46.73				

Masters 60+

1. Annie Smits	PSV	13:54.43	4600016	<b>14:42.23</b>	+0,97
50m: 50.35	50.35	250m: 4:34.90	56.11	450m: 8:19.65	55.63
100m: 1:46.39	56.04	300m: 5:31.46	56.56	500m: 9:15.69	56.04
150m: 2:43.09	56.70	350m: 6:27.27	55.81	550m: 10:10.71	55.02
200m: 3:38.79	55.70	400m: 7:24.02	56.75	600m: 11:06.05	55.34
650m: 12:00.49	54.44	700m: 12:56.89	56.40	750m: 13:51.16	54.27
800m: 14:42.23	51.07				
2. Barbro Grufman	Hellas Masters	15:06.22	AA0248	<b>14:46.90</b>	+1,20
50m: 49.25	49.25	250m: 4:36.76	56.37	450m: 8:21.94	55.89
100m: 1:45.72	56.47	300m: 5:33.43	56.67	500m: 9:19.51	57.57
150m: 2:43.00	57.28	350m: 6:29.40	55.97	550m: 10:14.91	55.40
200m: 3:40.39	57.39	400m: 7:26.05	56.65	600m: 11:10.93	56.02
650m: 12:06.33	55.40	700m: 13:01.95	55.62	750m: 13:57.52	55.57
800m: 14:46.90	49.38				

Masters 65+

1. Matty van der Veen	Old Dutch	14:18.72	4400020	<b>15:01.36</b>	+1,13
50m: 50.00	50.00	250m: 4:34.40	57.61	450m: 8:23.29	57.40
100m: 1:43.94	53.94	300m: 5:31.08	56.68	500m: 9:19.99	56.70
150m: 2:40.54	56.60	350m: 6:28.98	57.90	550m: 10:17.59	57.60
200m: 3:36.79	56.25	400m: 7:25.89	56.91	600m: 11:13.81	56.22
650m: 12:11.62	57.81	700m: 13:08.20	56.58	750m: 14:06.62	58.42
800m: 15:01.36	54.74				
2. Greet Brehler-middag	Hatto Heim	16:25.63	4400004	<b>16:12.40</b>	+1,24
50m: 52.42	52.42	250m: 4:53.94	1:00.31	450m: 9:01.38	1:02.25
100m: 1:51.33	58.91	300m: 5:55.73	1:01.79	500m: 10:04.12	1:02.74
150m: 2:53.08	1:01.75	350m: 6:57.83	1:02.10	550m: 11:06.59	1:02.47
200m: 3:53.63	1:00.55	400m: 7:59.13	1:01.30	600m: 12:08.77	1:02.18
650m: 13:11.39	1:02.62	700m: 14:13.40	1:02.01	750m: 15:14.24	1:00.84
800m: 16:12.40	58.16				

Masters 75+

1. Annie de Vos	Old Dutch	18:09.47	3400004	<b>19:04.78</b>	
50m: 1:03.36	1:03.36	250m: 5:45.22	1:10.81	450m: 10:32.75	1:11.58
100m: 2:12.65	1:09.29	300m: 6:57.48	1:12.26	500m: 11:46.43	1:13.68
150m: 3:22.80	1:10.15	350m: 8:09.24	1:11.76	550m: 12:58.18	1:11.75
200m: 4:34.41	1:11.61	400m: 9:21.17	1:11.93	600m: 14:12.47	1:14.29
650m: 15:25.28	1:12.81	700m: 16:39.93	1:14.65	750m: 17:51.71	1:11.78
800m: 19:04.78	1:13.07				

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Heren, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Tim Pattipeiluhu	RSW (SG)	2:06.10 8902409	<b>2:10.18</b>	+0,85	29.08	1:00.94	1:36.26	2:10.18
2. Niels Albrechts	De Schotejil	2:10.41 8800039	<b>2:15.40</b>	+0,83	31.88	1:06.23	1:41.29	2:15.40
3. Leander van Diggelen	ZPCH	2:24.08 8800763	<b>2:22.37</b>	+0,86	32.07	1:07.64	1:44.97	2:22.37
4. Tom vd Beemt	SCOM	2:26.28 8900147	<b>2:23.66</b>	+0,96	32.04	1:08.51	1:46.17	2:23.66
<b>Masters 25+</b>								
1. Stefan Oosting	PSV	1:50.57 8101265	<b>1:54.22</b>	+0,89	25.94	54.95	1:24.68	1:54.22
<i>Nederlands Masters Record</i>								
2. Alexander Hulleman	De Zijl/LGB	2:06.05 8300989	<b>2:08.05</b>	+0,94	29.40	1:01.96	1:35.29	2:08.05
3. Dirkjan Beugelsdijk	De Zijl/LGB	2:08.32 8100123	<b>2:09.96</b>	+0,84	30.21	1:03.91	1:37.59	2:09.96
4. Sylvain Faticoni	CHTHN	2:13.38 CHTHN/066/83	<b>2:10.11</b>	+0,67	29.50	1:02.00	1:36.50	2:10.11
5. Gergely Molnar	Sprint Fortuna SC	2:03.00 80molnar	<b>2:10.52</b>	+0,81	29.21	1:02.16	1:36.64	2:10.52
6. Dirk Hoek	De Zijl/LGB	2:06.16 8202445	<b>2:15.79</b>	+0,94	30.81	1:04.67	1:39.93	2:15.79
7. Jim Geestman	RSW (SG)	2:19.39 8300699	<b>2:20.02</b>	+0,97	31.50	1:07.13	1:44.48	2:20.02
8. Sebastian Hoppe	SV Blau-Weiss Bochum	2:15.30 260235	<b>2:22.14</b>	+0,77	32.49	1:08.11	1:44.52	2:22.14
9. Remco van Althuis	SBC2000	2:40.94 8300029	<b>2:25.91</b>	+0,86	30.53	1:07.17	1:46.14	2:25.91
10. Thommy Nickel	Van Vliet Barracuda	2:10.12 8401627	<b>2:28.76</b>	+0,86	33.88	1:12.22	1:51.11	2:28.76
11. Remco Veerkamp	Zuiderzeezwemmers	2:55.53 8102311	<b>3:00.67</b>	+0,95	37.93	1:23.55	2:12.43	3:00.67
NG.ZA Marek Mróz	UKS Wodnik 29 Katowice	1:59.57 ABG652725						
NG.ZA Steve Clement	Swimming Luxembourg	2:58.49 203						
AFGEM Rory Bob de Haan	Anker Team Groningen	2:04.72 8100609						
<b>Masters 30+</b>								
1. Ralf Peters	KZPC	2:10.43 7600737	<b>2:06.34</b>	+0,78	28.16	1:00.34	1:33.60	2:06.34
2. Ivo Roozeboom	DES	2:08.20 7700801	<b>2:08.23</b>	+0,85	29.42	1:02.73	1:36.01	2:08.23
3. Bram Mommers	AquAmigos	2:11.94 7600647	<b>2:12.61</b>	+0,88	30.08	1:03.80	1:38.41	2:12.61
4. Martijn van Buuren	Zwemlust/Utrecht (SG)	2:00.99 7600169	<b>2:18.56</b>	+1,00	30.39	1:04.60	1:41.05	2:18.56
5. Freddie Geerlings	NIMO	2:10.39 7900379	<b>2:22.32</b>	+0,92	31.03	1:05.13	1:42.86	2:22.32
6. Rinke Nijland	IJZPC	3:01.05 7901735	<b>2:49.85</b>	+0,90	38.52	1:21.99	2:08.00	2:49.85
7. Jeroen Tebbens	IJZPC	3:16.74 7601405	<b>3:05.41</b>	+0,94	39.81	1:25.31	2:15.37	3:05.41
<b>Masters 35+</b>								
1. Robin Sprinkhuizen	De Zijl/LGB	2:09.69 7400767	<b>2:10.10</b>	+0,85	29.42	1:02.25	1:36.08	2:10.10
2. Arjen Kervezee	Het Y	2:29.03 7000563	<b>2:18.51</b>	+0,90	30.66	1:05.87	1:42.35	2:18.51
3. Tiemen Stegenga	HZ&PC Heerenveen	2:36.04 7101379	<b>2:35.38</b>	+0,88	33.94	1:11.91	1:53.49	2:35.38
4. Klaus-Martin Schöttker	Hanse SV Rostock	2:44.02 184157	<b>2:37.42</b>	+0,86	35.96	1:17.00	1:58.61	2:37.42
5. Arnold Jonker	HZ&PC Heerenveen	3:18.76 7000529	<b>2:57.25</b>	+0,97	40.87	1:25.42	2:11.45	2:57.25
<b>Masters 40+</b>								
1. Geert Wijn	De Gelenberg	2:13.99 6701104	<b>2:11.60</b>	+0,76	30.95	1:04.81	1:38.96	2:11.60
2. Frederic Andres	Florange Olympique Club	2:13.74 103316	<b>2:11.87</b>	+0,77	31.70	1:05.34	1:39.00	2:11.87
3. Norbert Nagy	Sprint Fortuna SC	2:13.55 69nagy	<b>2:14.34</b>	+0,73	30.69	1:04.88	1:39.00	2:14.34
4. Rene Beetsma	HZ&PC Heerenveen	2:24.28 6900069	<b>2:16.42</b>	+0,83	30.35	1:04.38	1:40.35	2:16.42
5. Erik van Dartel	PSV	2:10.95 6700185	<b>2:16.81</b>	+0,94	29.93	1:03.39	1:39.78	2:16.81
6. Ron Korzelius	AZ&PC	2:16.97 6500513	<b>2:19.17</b>	+0,86	32.92	1:08.67	1:44.75	2:19.17
7. Karl-Heinz Eberhard	SC Wiesbaden 1911	2:26.36 231828	<b>2:25.34</b>	+0,85	32.71	1:09.50	1:48.25	2:25.34
8. Phil Trethewie	Old Dutch	2:27.45 6501315	<b>2:25.62</b>	+0,95	33.53	1:09.90	1:47.92	2:25.62
9. Jos de Pooter	De Schelde	2:23.74 6900797	<b>2:25.68</b>	+0,99	31.83	1:08.54	1:47.02	2:25.68
10. Pieter-Sjoerd de Wijn	Aqua-Novio '94	2:29.80 6501027	<b>2:33.82</b>	+0,95	35.71	1:14.90	1:54.53	2:33.82
11. Oliver Podebrad	SC Wiesbaden 1911	2:45.22 262705	<b>2:35.55</b>	+0,89	35.80	1:14.96	1:55.01	2:35.55
12. Alessandro Fabrini	SS LAZIO NUOTO	2:25.16 laz007978	<b>2:38.03</b>	+1,01	35.41	1:14.13	1:55.77	2:38.03
13. Hayo v.d. Werf	Het Y	2:58.41 6701085	<b>2:46.16</b>	+0,84	39.52	1:22.57	2:05.70	2:46.16

Programmanr. 28, Heren, 200m vrije slag

Masters 45+

1. Cees van Houwelingen	De Schelde	2:10.57	6300351	<b>2:12.81</b>	+0,90	30.42	1:04.41	1:39.29	2:12.81
2. Robert Vink	WVW	2:29.91	6301075	<b>2:23.65</b>	+0,82	31.42	1:08.42	1:46.37	2:23.65
3. O. Chalmer-Rasmussen	Swimming Luxembourg	2:21.16	123	<b>2:25.57</b>	+0,92	33.06	1:09.58	1:47.37	2:25.57
4. Aan Pander	Gay Swim Amsterdam	2:28.76	6400569	<b>2:25.63</b>	+0,96	34.64	1:12.26	1:49.64	2:25.63
5. Edzo Huisman	Aquapoldro	2:31.58	6301029	<b>2:27.38</b>	+0,98	33.56	1:11.01	1:49.21	2:27.38
6. Mark Kas	PLONS	2:28.81	6100285	<b>2:31.23</b>	+0,89	35.23	1:14.75	1:52.87	2:31.23
7. Joost de Kroon	AquAmigos	2:35.21	6400999	<b>2:31.85</b>	+1,01	35.90	1:15.19	1:54.65	2:31.85
8. Bart van Calker	WS Twente	2:40.66	6100067	<b>2:34.06</b>	+0,99	36.33	1:14.59	1:54.13	2:34.06
9. Jack Barends	WS Twente	2:35.54	6201011	<b>2:36.75</b>	+0,84	34.94	1:14.87	1:55.71	2:36.75
10. Wilko Versleeuwen	PSV	3:07.54	6301189	<b>2:57.03</b>	+1,09	37.26	1:22.17	2:10.93	2:57.03
11. Michael van Vliet	Zwemvereniging Hoorn	3:16.53	6201073	<b>2:58.71</b>	+1,02	38.78	1:23.27	2:10.29	2:58.71
NG.ZA Salvo Andronico	Swimming Luxembourg	2:28.83	113						

Masters 50+

1. Hugo Bregman	WVZ	2:04.62	5800069	<b>2:08.84</b>	+0,88	29.84	1:03.11	1:36.15	2:08.84
<i>Europees Masters Record</i>									
2. Arno Wouters	De Stormvogel	2:15.62	5800667	<b>2:17.97</b>	+0,84	31.18	1:05.85	1:41.97	2:17.97
3. Andre Storm	Zoetermeer	2:25.51	5600407	<b>2:27.16</b>	+0,92	33.55	1:10.81	1:50.07	2:27.16
4. Hans Groothelm	DBD	2:34.35	5800151	<b>2:34.54</b>	+0,92	35.35	1:15.17	1:56.13	2:34.54
5. Willem Zwiers	AquAmigos	2:28.16	5800505	<b>2:41.55</b>	+0,82	36.15	1:16.75	1:59.39	2:41.55
6. Rene Groot	ZV De Bron	3:27.45	5900617	<b>3:24.39</b>	+1,11	45.41	1:36.07	2:32.42	3:24.39

Masters 55+

1. Hugo Staudt	WS Twente	2:56.87	5300253	<b>2:43.23</b>	+0,86	37.96	1:19.38	2:03.45	2:43.23
2. Arthur Jansen	Gay Swim Amsterdam	2:40.60	5400299	<b>2:43.69</b>	+0,94	34.61	1:13.95	1:58.44	2:43.69
3. Rob Berkhof	Swol 1894	2:51.45	5200245	<b>2:58.54</b>	+1,00	38.75	1:23.42	2:12.18	2:58.54

Masters 60+

1. Donald Uijtenbogaart	Het Y	2:30.82	4700107	<b>2:28.80</b>	+0,87	35.49	1:13.72	1:51.89	2:28.80
2. Joop Draaisma	DZ&PC	2:56.18	4600155	<b>2:46.30</b>	+1,03	37.89	1:20.03	2:04.90	2:46.30
3. Dieter Lochner	SSF Bonn 05 e.V.	2:52.20	220908	<b>2:46.63</b>	+1,10	37.18	1:20.19	2:04.84	2:46.63
4. Ludwig Lorenz	SG Gladbeck	2:59.99	127866	<b>2:56.17</b>	+0,94	40.87	1:27.50	2:12.61	2:56.17
5. Peter Ouweneel	RSW (SG)	4:02.87	4500077	<b>4:07.37</b>	+1,19	50.75	1:52.48	2:58.51	4:07.37

Masters 65+

1. Rob Hanou	PSV	2:50.99	4300109	<b>2:47.08</b>	+1,03	37.71	1:20.41	2:05.04	2:47.08
2. Frans van Enst	De Veene	2:58.92	4000011	<b>3:02.92</b>	+1,03	38.59	1:24.51	2:13.40	3:02.92
3. Ruud Sloof	De Rijn	3:00.82	4400073	<b>3:06.90</b>	+1,23	41.48	1:29.34	2:20.12	3:06.90
4. Wim ter Laak	Katwijk	4:07.67	4000027	<b>4:12.23</b>	+1,06	53.74	2:02.56	3:12.18	4:12.23

Masters 70+

1. Nico Geers	Van Uden-De Gouwe	2:34.60	3800007	<b>2:46.34</b>	+0,97	38.05	1:22.40	2:05.12	2:46.34
<i>Kampioenschaps Record</i>									
2. Gregor Pompen	Aqua-Novio '94	3:02.25	3700021	<b>3:07.21</b>	+1,10	42.78	1:30.25	2:19.55	3:07.21

Masters 75+

1. Guy Fricot	CCS	6:08.25	CCS/010/33	<b>5:45.17</b>	+1,34	1:22.27	2:50.89	4:20.23	5:45.17
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Programmanr. 29  
10.05.2009 - 10:30

Dames, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Larissa Brak <i>Nederlands Masters Record</i>	De Zijl/LGB	1:13.73 8800572	<b>1:15.83</b>	+0,82	35.59	1:15.83
2. Femke Hendrixx	DZT '62	1:19.07 8801698	<b>1:21.06</b>	+0,81	36.80	1:21.06
3. Karin van Dijk	HZ&PC Heerenveen	1:19.55 8600850	<b>1:21.82</b>	+0,95	38.64	1:21.82
4. Mea Ferreira	ZC Ooievaar (SG)	1:18.87 8901194	<b>1:23.01</b>	+0,90	38.24	1:23.01
5. Nina Ferreira	ZC Ooievaar (SG)	1:20.00 8901196	<b>1:23.82</b>	+0,88	39.19	1:23.82
6. Marieke van der Vegt	De Golfbreker	1:24.00 8504026	<b>1:25.71</b>	+0,94	40.55	1:25.71
7. Susanne van der Linden	DIO	1:21.56 8802736	<b>1:26.28</b>	+0,91	40.70	1:26.28
8. Sharon Lameijer	GZVW	1:26.30 8902566	<b>1:29.17</b>	+0,94	40.88	1:29.17
9. Jacqueline Wissink	PSV	1:29.00 8503286	<b>1:33.26</b>	+0,99	43.80	1:33.26
10. Milene Catoire	Oceanus	1:29.59 8705886	<b>1:34.64</b>	+0,86	44.51	1:34.64
11. Margriet Aan het Rot	Octopus	1:37.46 8603088	<b>1:36.53</b>	+0,86	45.68	1:36.53
12. Monique van Gortel	Octopus	1:35.26 8601274	<b>1:36.70</b>	+0,75	45.25	1:36.70
13. Loes vd Beemt	SCOM	1:38.44 8600212	<b>1:37.74</b>	+0,86	46.09	1:37.74
14. Sandra Zwaanswijk	Aquarius	1:36.20 8503934	<b>1:38.59</b>	+0,71	45.88	1:38.59
15. M. van de Nieuwenhuijzen	ZV De Bron	1:39.89 8803172	<b>1:39.92</b>	+0,92	47.18	1:39.92
16. Sabina Caruso	RSW (SG)	1:40.23 8500542	<b>1:48.75</b>	+0,87	52.86	1:48.75
AFGEM Marijke Monsma	DWK	1:21.68 8502100				
<b>Masters 25+</b>						
1. Laura Badoux	Oceanus	1:20.60 8200038	<b>1:22.05</b>	+0,85	38.29	1:22.05
2. Marleen Fijen	Nautilus	1:24.20 8300584	<b>1:29.67</b>	+0,83	40.67	1:29.67
3. Yvonne Gerritsen	DES	1:27.79 8000342	<b>1:31.11</b>	+0,90	42.87	1:31.11
4. Francijna de Kooter	De Biesboschzwemmers	1:32.17 8000634	<b>1:34.20</b>	+0,89	43.75	1:34.20
5. Renee de Kok	PSV	1:35.97 8403350	<b>1:37.11</b>	+0,86	46.29	1:37.11
6. Inge de Laat	AquAmigos	1:35.00 8101994	<b>1:37.41</b>	+0,89	47.06	1:37.41
<b>Masters 30+</b>						
1. Marit Breitfeld <i>Kampioenschaps Record</i>	Hamburger Schwimm-Club	1:16.75 058376	<b>1:16.59</b>	+0,75	35.66	1:16.59
2. Peggy Loffeld	KZPC	1:25.99 7700468	<b>1:25.59</b>	+0,81	39.40	1:25.59
3. Petra Versteegen	WVZ	1:34.47 7700906	<b>1:38.90</b>	+0,90	46.55	1:38.90
4. Kim Brokelman	WS Twente	1:47.33 7500788	<b>1:42.65</b>	+0,86	47.91	1:42.65
NG.ZA Katja Warneke	Stader Schwimmverein	1:29.90 254420				
<b>Masters 35+</b>						
1. Karin Stein	Vlaardingen	1:24.25 7100554	<b>1:22.99</b>	+1,05	39.87	1:22.99
2. Inga Wagner	Hamburger Schwimm-Club	1:25.90 129302	<b>1:27.24</b>	+0,86	41.33	1:27.24
3. Trudie van Niejenhuis	DES	1:32.55 7100444	<b>1:30.71</b>	+0,75	43.11	1:30.71
4. Gudule van der Meer	PSV	1:33.00 7200396	<b>1:31.06</b>	+0,94	41.80	1:31.06
5. Meke Oomens	Old Dutch	1:33.56 7000370	<b>1:36.32</b>	+0,97	45.90	1:36.32
<b>Masters 40+</b>						
1. Annette Wijnja-Visser	De Biesboschzwemmers	1:27.09 6700528	<b>1:27.88</b>	+0,89	41.56	1:27.88
2. Françoise Heijdeman-Duran	AZ&PC	1:26.99 6900222	<b>1:30.23</b>	+0,83	41.63	1:30.23
3. Monique Gerritsen	WS Twente	1:33.59 6500188	<b>1:36.49</b>	+0,93	46.27	1:36.49
4. Esther Mijnen-Heilig	Zaanstad (SG)	1:37.42 6900846	<b>1:37.17</b>	+0,86	45.37	1:37.17
5. Desiree van der Lem	Kon. AZ 1870	1:30.40 6800282	<b>1:37.53</b>	+0,92	44.75	1:37.53
6. Friderika Kerekes	AZ&PC	1:39.66 6500540	<b>1:39.97</b>	+0,82	46.58	1:39.97
7. Karin Rommers	PSV	1:40.53 6700610	<b>1:41.69</b>	+0,96	49.74	1:41.69
NG.ZA Anikó Küzdy	Budapesti Delfinek	1:41.70 69küzdy				

Programmanr. 29, Dames, 100m schoolslag

Masters 45+

1. Linda v.d. Ree	De Ganze	1:31.55	6300452	<b>1:30.40</b>	+0,93	41.53	1:30.40
2. Agnes van Doesburg	PSV	1:30.95	6000264	<b>1:32.37</b>	+0,95	44.21	1:32.37
3. Annemarie Vuist	Swol 1894	1:34.32	6300282	<b>1:35.38</b>	+0,95	45.50	1:35.38
4. Marijke Kraak	WS Twente	1:39.76	6000240	<b>1:39.84</b>	+0,97	47.51	1:39.84
5. Tineke Freriks	WWV	1:37.55	6200344	<b>1:41.03</b>	+1,04	47.26	1:41.03
6. Herlinde Segers	GBZ	1:49.57	GBZ/151/60	<b>1:46.13</b>	+1,10	50.84	1:46.13
7. Jaqueline Brouwer	ZV De Bron	1:56.70	6100296	<b>1:53.99</b>	+1,01	54.25	1:53.99
NG Marja Bloemzaad	AZ&PC	1:24.61	6100014				

Masters 50+

1. Monika Zilliken	SC Wiesbaden 1911	1:32.64	231829	<b>1:35.05</b>	+0,90	43.48	1:35.05
2. Marijke van Hoek	De Stormvogel	1:39.65	5800050	<b>1:39.03</b>	+0,84	47.63	1:39.03
3. Ingrid van Assche	De Schelde	1:35.25	5500004	<b>1:40.02</b>	+0,91	47.49	1:40.02

Masters 55+

1. Ineke Weekers	PSV	1:34.85	5300050	<b>1:30.36</b>	+0,95	43.61	1:30.36
<i>Nederlands Masters Record</i>							
2. Mieke van der Fluit	SBC2000	1:39.85	5400012	<b>1:39.45</b>	+1,13	48.77	1:39.45
3. Tineke van Diggelen	Oceanus	1:58.19	5200048	<b>1:59.08</b>	+1,00	56.17	1:59.08

Masters 60+

1. Loekie v. Huissteden	AZ&PC	2:08.17	4500002	<b>2:08.60</b>	+1,00	1:00.84	2:08.60
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Masters 65+

1. Matty van der Veen	Old Dutch	1:48.72	4400020	<b>1:51.74</b>	+1,12	53.65	1:51.74
2. Liesbeth ter Laak	Katwijk	2:24.54	4200008	<b>2:27.40</b>	+1,28	1:10.68	2:27.40

Masters 70+

1. Lea Maes	GBZ	2:12.36	GBZ/041/37	<b>2:13.15</b>	+1,01	1:03.73	2:13.15
2. Tineke de Bueger	Old Dutch	2:06.87	3700010	<b>2:13.82</b>	+1,18	1:04.15	2:13.82

Masters 75+

1. Agnes van Obberghen	KAZSC	1:45.62	AZSC/696/31	<b>1:46.96</b>	+1,03	51.26	1:46.96
2. Eliane Pellis	KAZSC	1:46.04	AZSC/672/33	<b>1:48.32</b>	+0,88	51.50	1:48.32

Masters 80+

1. Anneke Logtenberg	Old Dutch	2:30.49	2900004	<b>2:47.23</b>	+1,02	1:17.69	2:47.23
2. Marianne Maandonks	PSV	3:14.03	2600004	<b>3:12.44</b>	+1,17	1:32.27	3:12.44

Programmanr. 30  
10.05.2009 - 10:50

Heren, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
<b>Masters 20+</b>							
1. Merijn Ellenkamp	DWK	1:09.76	8500691	<b>1:10.90</b>	+0,77	33.16	1:10.90
<i>Kampioenschaps Record</i>							
2. Remko Hooft	De Duinkickers	1:10.84	8701405	<b>1:13.46</b>	+0,72	33.84	1:13.46
3. Martijn Bouwens	Zwemlust/Utrecht (SG)	1:10.33	8800461	<b>1:13.87</b>	+0,80	34.01	1:13.87
4. Herman van Dijk	HZ&PC Heerenveen	1:13.80	8900691	<b>1:13.93</b>	+0,95	34.03	1:13.93
5. Jasper de Jong	MNC Dordrecht	1:14.15	8501219	<b>1:20.24</b>	+0,79	37.15	1:20.24
6. Melano Winter	RSW (SG)	1:19.21	8703847	<b>1:25.37</b>	+0,79	40.34	1:25.37
NG.ZA Dennis Stegerhütte	KZPC	1:11.98	8604397				

Programmanr. 30, Heren, 100m schoolslag

Masters 25+

1. Rudy Ted de Haan	Anker Team Groningen	1:04.79	8400805	<b>1:04.61</b>	+0,89	29.77	1:04.61
<i>Nederlands Masters Record</i>							
2. Sören Laub	SV Mannheim	1:12.33	77705	<b>1:13.91</b>	+0,81	35.63	1:13.91
3. Paul Oudendijk	OEZA	1:12.06	8101287	<b>1:14.64</b>	+0,92	35.02	1:14.64
4. Tommy van Overmeeren	De Schelde	1:08.58	8402887	<b>1:14.70</b>	+0,81	33.77	1:14.70
5. Albert van Piekeren	Octopus	1:12.56	8401767	<b>1:14.79</b>	+0,77	33.84	1:14.79
6. Rob van Vliet	WZK Zwemmen	1:11.73	8402459	<b>1:16.31</b>	+0,90	35.81	1:16.31
7. Dennis de Groot	De Zwoer	1:16.00	8300785	<b>1:17.32</b>	+0,84	34.85	1:17.32
8. Dirkjan Beugelsdijk	De Zijl/LGB	1:18.59	8100123	<b>1:18.62</b>	+0,84	37.22	1:18.62
9. Sebastian Hoppe	SV Blau-Weiss Bochum	1:19.29	260235	<b>1:19.37</b>	+0,83	36.43	1:19.37
10. Binne Veenstra	HZ&PC Heerenveen	1:20.61	8302155	<b>1:20.81</b>	+0,88	36.59	1:20.81
11. Dennis Klop	De Biesboschzwemmers	1:21.89	8302643	<b>1:21.18</b>	+0,79	38.04	1:21.18
12. Sebastiaan Baars	WS Twente	1:22.72	8300053	<b>1:21.72</b>	+0,92	37.63	1:21.72
13. Benoit Triay	Swimming Luxembourg	1:26.87	5953	<b>1:31.06</b>	+0,86	43.28	1:31.06
14. Remco Veerkamp	Zuiderzeewimmers	1:33.18	8102311	<b>1:36.08</b>	+0,93	44.78	1:36.08

Masters 30+

1. Mark Zwart	Zwemlust/Utrecht (SG)	1:09.16	7901461	<b>1:11.72</b>	+0,80	32.77	1:11.72
2. Vincent Versteeg	Zwemlust/Utrecht (SG)	1:11.15	7701003	<b>1:13.35</b>	+0,76	34.14	1:13.35
3. Ron Langelaan	Oceanus	1:14.34	7800643	<b>1:13.42</b>	+0,74	34.44	1:13.42
4. Freddie Geerlings	NIMO	1:09.69	7900379	<b>1:14.03</b>	+0,84	34.62	1:14.03
5. Han Ruijs	RZ	1:32.41	7901867	<b>1:26.10</b>	+0,79	39.77	1:26.10
6. Johan Wezenberg	Deltasteur	1:28.47	7601023	<b>1:27.21</b>	+1,03	39.15	1:27.21
7. Pieter Ponne	HZ&PC Heerenveen	1:23.37	7600749	<b>1:29.18</b>	+0,87	40.56	1:29.18
8. Rinke Nijland	IJZPC	1:32.88	7901735	<b>1:34.17</b>	+0,83	45.24	1:34.17
9. Jeroen Tebbens	IJZPC	1:58.58	7601405	<b>2:00.97</b>	+1,03	53.93	2:00.97
DIS Bram Mommers	AquAmigos	1:16.04	7600647				
<i>AA - Te vroeg weg of bewogen bij start.</i>							

Masters 35+

1. Stefan Dortmund	Electrolux AZC	1:20.00	7201167	<b>1:16.47</b>	+0,83	35.56	1:16.47
2. André Sauerstein	Hanse SV Rostock	1:18.71	184149	<b>1:17.80</b>	+0,80	36.02	1:17.80
3. Casper de Zeeuw	WS Twente	1:18.51	7001137	<b>1:19.45</b>	+0,78	37.27	1:19.45
4. Gerard Eghuizen	HZ&PC Heerenveen	1:18.23	7400197	<b>1:26.92</b>	+0,96	38.77	1:26.92
5. Gertjan v.d. Knaap	De Duck	1:19.93	7300459	<b>1:28.35</b>	+0,94	41.89	1:28.35
6. Jan-Willem van Herpen	Arethusa	1:17.39	7001347	<b>1:38.06</b>	+0,80	40.88	1:38.06

Masters 40+

1. Harold Matla	PSV	1:13.79	6800591	<b>1:15.22</b>	+0,85	36.37	1:15.22
2. Patrick Juncker	Swimming Luxembourg	1:16.77	136	<b>1:16.74</b>	+0,88	36.07	1:16.74
3. Peter v. Meerveld	AZ&PC	1:20.60	6700649	<b>1:21.20</b>	+0,92	37.71	1:21.20
4. Ronald Stolk	De Fuut	1:15.54	6601253	<b>1:21.22</b>	+0,88	37.26	1:21.22
5. Marcel van Lochem	Zoetermeer	1:18.20	6500581	<b>1:21.64</b>	+0,91	37.51	1:21.64
6. Marcel van der Lem	Kon. AZ 1870	1:18.24	6500563	<b>1:23.47</b>	+0,78	38.73	1:23.47
7. José de Pooter	De Schelde	1:20.10	6900797	<b>1:23.94</b>	+1,05	37.97	1:23.94
8. Michael Worbs	SV Baar	1:28.65	22789	<b>1:30.58</b>	+1,00	41.77	1:30.58
9. Henk van Zetten	Octopus	1:38.24	6701261	<b>1:39.16</b>	+0,87	45.97	1:39.16
AFGEM René Correljé	PLONS	1:16.61	6801231				
AFGEM Jan de Lange	WS Twente	1:32.50	6501273				

Masters 45+

1. Cees van Houwelingen	De Schelde	1:12.79	6300351	<b>1:16.22</b>	+0,89	35.91	1:16.22
<i>Kampioenschaps Record</i>							
2. Ralph Caster	RZ	1:17.44	6100069	<b>1:19.46</b>	+0,90	37.13	1:19.46
3. Ronald Grove	Oceanus	1:21.98	6100161	<b>1:19.76</b>	+0,81	37.25	1:19.76
4. David Falces	DES	1:23.09	6000957	<b>1:20.83</b>	+0,89	38.20	1:20.83
5. Theo Bakker	TriVia	1:18.34	6401231	<b>1:23.54</b>	+0,79	37.75	1:23.54
6. Fred Vollebergh	De Pinquin	1:19.43	6100641	<b>1:23.96</b>	+0,77	38.34	1:23.96
7. Ronald van Vliet	De Aalscholver	1:26.23	6300997	<b>1:25.76</b>	+0,94	38.44	1:25.76
8. Michiel Klaren	PSV	1:26.60	6201087	<b>1:31.34</b>	+0,89	46.03	1:31.34
9. André Schutte	De Stormvogel	1:27.01	6000521	<b>1:31.78</b>	+0,93	44.15	1:31.78

Programmanr. 30, Heren, 100m schoolslag, Masters 45+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
10. Jack Barends	WS Twente	1:32.54	6201011	<b>1:32.16</b>	+0,95	44.28	1:32.16
11. Peter van Dee	SCOM	1:37.96	6301179	<b>1:36.72</b>	+0,88	45.92	1:36.72
12. Wilko Versleeuwen	PSV	1:36.30	6301189	<b>1:37.71</b>	+1,10	46.09	1:37.71
13. Michael van Vliet	Zwemvereniging Hoorn	1:42.46	6201073	<b>1:41.03</b>	+1,00	47.14	1:41.03

Masters 50+

1. Peter Romkes	Luctor et Emergo	1:19.40	5900389	<b>1:21.20</b>	+0,71	38.78	1:21.20
2. Willem Zwiers	AquAmigos	1:24.51	5800505	<b>1:25.27</b>	+0,86	40.12	1:25.27
3. Reginald vd Giessen	Arethusa	1:24.70	5800135	<b>1:25.84</b>	+0,85	40.69	1:25.84
4. Paul Bunnik	Triton	1:30.36	5600413	<b>1:29.58</b>	+0,94	42.11	1:29.58
5. Berry van Elderen	PSV	1:35.86	5600461	<b>1:34.84</b>	+1,04	45.66	1:34.84
6. Adrie van der Gracht	OEZA	1:48.08	5700485	<b>1:46.81</b>	+0,88	50.86	1:46.81

Masters 55+

1. Peter Gulyas	Totkomlosi Rozmarok	1:25.51	51gulyas	<b>1:24.57</b>	+0,87	40.99	1:24.57
2. Pieter Huslage	Old Dutch	1:28.99	5300091	<b>1:35.28</b>	+1,06	44.42	1:35.28
3. Richard Catoire	Oceanus	1:48.91	5200253	<b>1:39.50</b>	+0,90	46.86	1:39.50
4. Rob Berkhof	Swol 1894	1:44.63	5200245	<b>1:46.90</b>	+0,93	50.81	1:46.90
DIS Bram Stienstra	SCOM	1:47.45	5000177	<b>1:55.76</b>	+1,23	51.43	1:55.76

SL - Met één hand keer- en/of eindpunt aangetikt.

Masters 60+

1. Joop Draaisma	DZ&PC	1:35.55	4600155	<b>1:34.44</b>	+0,95	43.66	1:34.44
2. Jos van Alphen	PSV	1:54.94	4600157	<b>1:47.63</b>	+1,14	51.08	1:47.63
3. Henk Oostendorp	ZV De Bron	1:54.46	4800093	<b>1:55.19</b>	+1,20	55.88	1:55.19
4. Peter Ouweneel	RSW (SG)	1:52.13	4500077	<b>1:56.38</b>	+1,17	54.14	1:56.38

Masters 65+

1. Rob Hanou	PSV	1:29.27	4300109	<b>1:31.08</b>	+1,09	42.97	1:31.08
2. Nico Baay	Old Dutch	1:37.70	4200053	<b>1:33.64</b>	+0,72	42.74	1:33.64
3. Ruud Sloof	De Rijn	1:38.66	4400073	<b>1:40.65</b>	+1,04	49.50	1:40.65

Masters 70+

1. Rob van Gestel	PSV	1:46.57	3500005	<b>1:51.27</b>	+1,10	51.53	1:51.27
2. Gregor Pompen	Aqua-Novio '94	1:49.16	3700021	<b>1:56.39</b>	+0,93	55.74	1:56.39

Masters 75+

1. Georges Verhelst	RZV	1:49.14	RZV/160/31	<b>1:56.29</b>	+1,03	53.66	1:56.29
2. Guy Fricot	CCS	2:55.25	CCS/010/33	<b>2:57.30</b>	+1,19	1:23.05	2:57.30

Programmanr. 31  
10.05.2009 - 11:14

Dames, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Kim van der Beek	PSV	1:11.99	8700196	<b>1:13.12</b>	+0,82	33.96	1:13.12
<i>Kampioenschaps Record</i>							
2. Nina Ferreira	ZC Ooievaar (SG)	1:10.52	8901196	<b>1:13.55</b>	+0,85	33.22	1:13.55
3. Mea Ferreira	ZC Ooievaar (SG)	1:09.54	8901194	<b>1:14.78</b>	+0,88	34.35	1:14.78
4. Chantal Enkoroma Coffie	DES	1:08.56	8701142	<b>1:15.87</b>	+0,85	34.81	1:15.87
5. Marjolein Tissingh	HZ&PC Heerenveen	1:20.74	8904130	<b>1:18.18</b>	+0,84	35.94	1:18.18
6. Annelette de Vries	De Veene	1:20.08	8603908	<b>1:18.90</b>	+0,91	35.26	1:18.90
7. Miriam Visserman	Octopus	1:24.06	8704364	<b>1:20.68</b>	+0,83	37.00	1:20.68
8. Kitty van Gendt	PSV	1:19.75	8701288	<b>1:22.26</b>	+0,88	38.80	1:22.26
9. Sandra Schellekens	Neptunus'58	1:22.54	8503416	<b>1:22.64</b>	+0,91	38.06	1:22.64

Programmanr. 31, Dames, 100m vlinderslag, Masters 20+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
10. Gosina van Stralen	HZ&PC Heerenveen	1:22.28	8603450	<b>1:24.42</b>	+0,91	37.74	1:24.42
11. Relinda Baas	GZVW	1:18.80	8900144	<b>1:25.81</b>	+1,03	37.63	1:25.81
12. Henrike de Vries	De Veene	1:23.76	8904490	<b>1:27.02</b>	+1,00	38.18	1:27.02
13. Sandra Zwaanswijk	Aquarius	1:26.25	8503934	<b>1:28.65</b>	+0,72	38.65	1:28.65
14. Margriet Aan het Rot	Octopus	1:33.39	8603088	<b>1:32.62</b>	+0,91	41.83	1:32.62
15. Annebeth van Ark	Octopus	1:36.75	8805588	<b>1:38.54</b>	+0,83	43.91	1:38.54
16. Chantal van Kranenburg	Aquarius	1:33.54	8604528	<b>1:40.95</b>	+0,92	42.56	1:40.95

Masters 25+

1. Delia Badoux	ZC Ooievaar (SG)	1:07.73	8000042	<b>1:08.45</b>	+0,84	31.32	1:08.45
2. Nadya Putter	Vlaardingen	1:10.47	8301630	<b>1:11.37</b>	+0,84	32.77	1:11.37
3. Roos van Esch	TRB-RES	1:10.06	8200468	<b>1:12.46</b>	+0,94	33.94	1:12.46
4. Alana Miles	KZPC	1:13.16	8001626	<b>1:14.90</b>	+0,89	34.39	1:14.90
5. Esther Versteeg	Van Vliet Barracuda	1:20.03	8302112	<b>1:15.41</b>	+0,86	35.19	1:15.41
6. Amanda Berendrecht	Oceanus	1:19.95	8300136	<b>1:15.71</b>	+0,84	32.59	1:15.71
7. Berdie Eghuizen	HZ&PC Heerenveen	1:21.44	8301388	<b>1:18.44</b>	+0,86	34.63	1:18.44
8. Natalie van Oeffelt	Aqua-Novio '94	1:17.16	8301494	<b>1:18.76</b>	+0,88	36.61	1:18.76
9. Franca Willeme	De Dinkel	1:15.27	8402760	<b>1:18.95</b>	+0,97	34.92	1:18.95
10. Linda Hoogendam	D'Elft	1:27.70	8300892	<b>1:24.12</b>	+0,76	36.42	1:24.12
11. Veerle Mampaey	SVAZ	1:23.39	SVAZ/127/83	<b>1:24.61</b>	+0,79	38.27	1:24.61
12. Patricia Strohm	De Dinkel	1:25.37	8102110	<b>1:29.13</b>	+0,93	38.92	1:29.13

Masters 30+

1. Elvira Jonkers	De Pinquin	1:14.85	7900420	<b>1:11.42</b>	+0,84	32.88	1:11.42
2. Marit Breitfeld	Hamburger Schwimm-Club	1:09.65	058376	<b>1:11.49</b>	+0,75	33.43	1:11.49
3. Miriam Mueller	Hamburger Schwimm-Club	1:11.38	78mueller	<b>1:12.46</b>	+0,84	33.16	1:12.46
4. Inez Heideman	WS Twente	1:20.43	7500198	<b>1:19.91</b>	+0,86	35.55	1:19.91
5. Clementine van Bruxvoort	ZPB H&L Productions	1:51.00	7700138	<b>1:57.11</b>	+0,98	52.95	1:57.11

Masters 35+

1. Ingrid Boot	De Aalscholver	1:13.10	7000168	<b>1:16.91</b>	+0,87	36.02	1:16.91
2. Lidia v. Bon	AZ&PC	1:17.83	7000054	<b>1:17.18</b>	+0,87	35.17	1:17.18
3. Cynthia Noordermeer	Zaanstad (SG)	1:19.72	7000358	<b>1:20.24</b>	+0,85	38.07	1:20.24
4. Dianne Nien	RZ	1:20.53	7100452	<b>1:21.18</b>	+0,85	36.72	1:21.18
5. Henriëtte Manting	GZVW	1:17.64	7100246	<b>1:25.23</b>	+0,92	36.98	1:25.23
6. Meke Oomens	Old Dutch	1:33.06	7000370	<b>1:41.94</b>	+1,02	46.51	1:41.94

Masters 40+

1. Anita Smits	DIO	1:10.23	6900522	<b>1:09.97</b>	+0,85	32.93	1:09.97
<i>Nederlands Masters Record</i>							
2. Caroline Schreuder	Triton	1:22.32	6700550	<b>1:22.04</b>	+0,86	37.39	1:22.04
3. Karin van den Heuvel	AquAmigos	1:22.39	6600188	<b>1:26.87</b>	+0,92	40.82	1:26.87
4. Hetty Smalheer	SCOM	1:33.24	6700352	<b>1:36.63</b>	+1,00	44.41	1:36.63
5. Friderika Kerekes	AZ&PC	1:32.93	6500540	<b>1:41.34</b>	+0,84	42.23	1:41.34
6. Tatiana Abu Nijmeh	Stockholmspolisens Sim IF	1:38.81	AA9265	<b>1:44.20</b>	+1,07	48.97	1:44.20

Masters 45+

1. Margriet Grove	Oceanus	1:16.66	6200080	<b>1:19.91</b>	+0,84	36.25	1:19.91
2. Ingrid van Cauteren	Lokerse Zwemvereniging	1:26.20	LZV/097/62	<b>1:21.63</b>	+0,76	37.07	1:21.63
<i>Belgisch Masters Record</i>							
3. Jeannette Ruesink	WS Twente	1:23.70	6300212	<b>1:25.25</b>	+0,85	39.11	1:25.25
4. Linda v.d. Ree	De Ganze	1:28.17	6300452	<b>1:32.07</b>	+1,02	40.35	1:32.07

Masters 50+

1. Mathilde Vink	Swol 1894	1:13.40	5800128	<b>1:13.83</b>	+0,95	34.51	1:13.83
<i>Kampioenschaps Record</i>							
2. Janny van Eijk	ZV De Bron	1:22.61	5800022	<b>1:27.34</b>	+0,93	40.96	1:27.34
3. Ingrid van Assche	De Schelde	1:40.01	5500004	<b>1:45.72</b>	+0,96	48.03	1:45.72



Programmanr. 31, Dames, 100m vlinderslag

Masters 55+

1. Christien Nieuwenhuis	Swol 1894	1:30.71	5100022	<b>1:28.57</b>	+0,90	38.25	1:28.57
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Programmanr. 32  
10.05.2009 - 11:28

Heren, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Tom Maassen	ZC Ooievaar (SG)	57.31	8601979	<b>59.00</b>	+0,78	27.07	59.00
<i>Nederlands Masters Record</i>							
2. Martijn Bouwens	Zwemlust/Utrecht (SG)	59.88	8800461	<b>1:03.37</b>	+0,84	28.14	1:03.37
3. Bart Drechsel	WZK Zwemmen	1:03.42	8604135	<b>1:05.69</b>	+0,79	29.39	1:05.69
4. Jory van der Gracht	OEZA	1:06.68	8701097	<b>1:06.46</b>	+0,93	30.28	1:06.46
5. Koen Florijn	MNC Dordrecht	1:01.62	8600851	<b>1:07.39</b>	+0,86	30.78	1:07.39
6. Ferdy van Mastrigt	RSW (SG)	1:11.59	8802315	<b>1:15.82</b>	+0,99	32.57	1:15.82
7. Tom vd Beemt	SCOM	1:13.08	8900147	<b>1:16.11</b>	+0,99	35.15	1:16.11
AFGEM Paul Notenboom	Strijen	1:12.05	8805513				
<b>Masters 25+</b>							
1. Thommy Nickel	Van Vliet Barracuda	1:04.73	8401627	<b>1:04.73</b>	+0,87	30.60	1:04.73
2. Leander Noordijk	De Schotejil	1:05.02	8101221	<b>1:05.31</b>	+0,93	29.62	1:05.31
3. Tommy van Overmeeren	De Schelde	1:03.77	8402887	<b>1:06.77</b>	+0,81	30.57	1:06.77
4. Dirk Hoek	De Zijl/LGB	1:03.84	8202445	<b>1:08.73</b>	+0,93	31.32	1:08.73
5. Maarten de Geus	WZK Zwemmen	1:05.90	8300737	<b>1:08.83</b>	+0,82	30.65	1:08.83
6. Marcel Reefhuis	De Veene	1:07.75	8101381	<b>1:09.67</b>	+0,79	31.75	1:09.67
7. Remco van Althuis	SBC2000	1:09.43	8300029	<b>1:11.00</b>	+0,84	32.80	1:11.00
8. Bob van den Broek	Nautilus	1:12.52	8100243	<b>1:11.99</b>	+0,80	32.86	1:11.99
9. Marco van Antwerpen	Strijen	1:13.33	8000027	<b>1:15.11</b>	+0,95	35.60	1:15.11
10. Remko Karreman	RSW (SG)	1:28.06	8200859	<b>1:24.68</b>	+0,83	37.10	1:24.68
NG.ZA Marek Mróz	UKS Wodnik 29 Katowice	59.00	ABG652725				
AFGEM Rory Bob de Haan	Anker Team Groningen	55.89	8100609				
<b>Masters 30+</b>							
1. Erwin Buist	Anker Team Groningen	1:02.32	7800183	<b>1:01.13</b>	+0,76	28.82	1:01.13
<i>Kampioenschaps Record</i>							
2. Markus van Rest	ZV Westland Dijkglas	1:04.55	7701197	<b>1:04.03</b>	+0,88	29.38	1:04.03
3. Niels van Wageningen	D'Eift	1:12.73	7601335	<b>1:16.27</b>	+0,93	33.74	1:16.27
<b>Masters 35+</b>							
1. Robin Sprinkhuizen	De Zijl/LGB	1:03.93	7400767	<b>1:03.90</b>	+0,85	29.19	1:03.90
<i>Kampioenschaps Record</i>							
2. Stefan Dortmund	Electrolux AZC	1:03.95	7201167	<b>1:04.45</b>	+0,84	29.57	1:04.45
3. Oscar van Holsteyn	AquAmigos	1:06.65	7100373	<b>1:07.23</b>	+0,83	30.80	1:07.23
4. Arjen Kervezee	Het Y	1:18.82	7000563	<b>1:22.55</b>	+0,99	34.24	1:22.55
<b>Masters 40+</b>							
1. Erik van Dartel	PSV	1:05.72	6700185	<b>1:08.57</b>	+0,97	31.50	1:08.57
2. Rene Beetsma	HZ&PC Heerenveen	1:05.23	6900069	<b>1:09.60</b>	+0,82	31.69	1:09.60
3. Sander van den Berg	WS Twente	1:10.43	6801357	<b>1:12.58</b>	+0,85	31.87	1:12.58
4. Marcel van Lochem	Zoetermeer	1:16.50	6500581	<b>1:25.55</b>	+0,88	36.72	1:25.55
5. Rob Toebes	WWV	1:25.29	6601145	<b>1:31.00</b>	+0,86	40.09	1:31.00
6. Hayo v.d. Werf	Het Y	1:40.51	6701085	<b>1:49.00</b>	+0,81	45.86	1:49.00

## Programmanr. 32, Heren, 100m vlinderslag

## Masters 45+

1. Jo Rogiers	RSCM	1:01.84	RSCM/194/63	<b>1:01.81</b>	+0,83	28.22	1:01.81
<i>Kampioenschaps Record, Belgisch Masters Record</i>							
2. Andreas Walter	Stader Schwimmverein	1:09.41	167364	<b>1:09.09</b>	+0,84	31.42	1:09.09
3. Ron van Vliet	De Stormvogel	1:09.35	6100849	<b>1:12.88</b>	+0,87	33.52	1:12.88
4. Wiljam Nijenhuis	De IJsel	1:14.73	6400547	<b>1:13.21</b>	+0,95	33.11	1:13.21
5. Frank van Vliet	PSV	1:16.37	6400927	<b>1:15.91</b>	+0,95	34.85	1:15.91
6. Peter Fölker	Aqua-Novio '94	1:18.52	6401021	<b>1:22.34</b>	+0,73	35.98	1:22.34
7. Jan Smalheer	SCOM	1:26.08	6400701	<b>1:25.82</b>	+1,07	39.77	1:25.82
8. Jan Willem Heuten	WS Twente	1:28.02	6000883	<b>1:26.88</b>	+1,12	39.20	1:26.88

## Masters 50+

1. Hugo Bregman	WVZ	1:00.93	5800069	<b>59.67</b>	+0,91	27.59	59.67
<i>Europees Masters Record, tt 50 meter NMR</i>							
2. Peter Verberne	ACZ	1:46.40	5900719	<b>1:48.71</b>	+1,18	49.13	1:48.71

## Masters 55+

1. Brend Brevé	PSV	1:11.82	5200265	<b>1:14.57</b>	+0,92	32.99	1:14.57
2. Fred Zanting	TriVia	1:20.06	5400323	<b>1:31.39</b>	+1,02	40.00	1:31.39

## Masters 60+

1. Donald Uijtenbogaart	Het Y	1:19.44	4700107	<b>1:20.41</b>	+0,84	36.59	1:20.41
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## Masters 65+

1. Rob Hanou	PSV	1:30.17	4300109	<b>1:30.96</b>	+1,09	40.97	1:30.96
2. Manfred Bottin	SV Langenfeld 1912	1:44.44	057993	<b>1:41.99</b>	+1,14	43.08	1:41.99

## Masters 70+

1. Rob van Gestel	PSV	1:48.56	3500005	<b>2:03.90</b>	+1,22	57.06	2:03.90
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6 - ONMK 2009 sessie 6

10.05.2009 - 13:30

Programmanr. 33  
10.05.2009 - 13:30

Dames, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
<b>Masters 20+</b>						
1.	Kim van der Beek <i>Kampioenschaps Record</i>	PSV	31.06	8700196	<b>32.07</b>	+0,84
2.	Danya Muilwijk	Van Vliet Barracuda	33.00	8803100	<b>32.30</b>	+0,88
3.	Karin Simons	WZK Zwemmen	32.32	8903804	<b>32.76</b>	+0,89
4.	Gerrie Zuyderwijk	TZC-Vahalis	32.61	8704828	<b>32.89</b>	+0,87
5.	Aur�lie Lebreton <i>Luxemburgs Masters Record</i>	Swimming Luxembourg	33.51	5954	<b>33.03</b>	+0,92
6.	Karin Kraaijeveld	MNC Dordrecht	32.55	8501710	<b>33.58</b>	+0,90
7.	Jolijn Osta	Tiamat	33.94	8903156	<b>33.62</b>	+0,95
8.	Miriam Visserman	Octopus	35.10	8704364	<b>34.00</b>	+0,83
9.	Annelette de Vries	De Veene	34.33	8603908	<b>34.14</b>	+0,86
10.	Chantal Enkoroma Coffie	DES	30.81	8701142	<b>34.55</b>	+0,87
11.	Sandra Zwaanswijk	Aquarius	35.07	8503934	<b>35.15</b>	+0,76
12.	Suzanne Thoen	TZC-Vahalis	37.63	8806672	<b>35.58</b>	+0,82
13.	Relinda Baas	GZVW	33.82	8900144	<b>36.60</b>	+1,02
14.	Henrike de Vries	De Veene	37.10	8904490	<b>37.23</b>	+1,04
15.	Milene Catoire	Oceanus	36.12	8705886	<b>37.34</b>	+0,88
16.	Emmy Soer	WS Twente	36.60	8503618	<b>37.85</b>	+1,00
17.	Daphne v Korlaar	EZ&PC	38.28	8902418	<b>37.90</b>	+0,73
18.	Fenke Legerstee	SCOM	37.60	8501856	<b>39.23</b>	+0,94
19.	Margriet Aan het Rot	Octopus	40.57	8603088	<b>39.56</b>	+0,92
20.	Annebeth van Ark	Octopus	41.38	8805588	<b>40.01</b>	+0,88
21.	Chantal van Kranenburg	Aquarius	36.52	8604528	<b>40.39</b>	+0,91
22.	Sabina Caruso	RSW (SG)	42.29	8500542	<b>46.48</b>	+0,76
DIS	Gerlinde v/d Wetering <i>AA - Te vroeg weg of bewogen bij start.</i>	Deltasteur	36.67	8904678		
AFGEM	Marijke Monsma	DWK	33.43	8502100		
<b>Masters 25+</b>						
1.	Delia Badoux <i>Kampioenschaps Record</i>	ZC Ooievaar (SG)	29.98	8000042	<b>29.93</b>	+0,85
2.	Jette Mundt	Hanse SV Rostock	32.36	108728	<b>31.63</b>	+0,82
3.	Amanda Berendrecht	Oceanus	31.26	8300136	<b>31.69</b>	+0,85
4.	Roos Lemmen	Eurode KZC	31.93	8403078	<b>31.85</b>	+0,91
5.	Esther Versteeg	Van Vliet Barracuda	33.54	8302112	<b>33.16</b>	+0,87
6.	Alana Miles	KZPC	32.78	8001626	<b>33.69</b>	+0,89
7.	Berdie Eghuizen	HZ&PC Heerenveen	34.67	8301388	<b>33.88</b>	+0,72
8.	Franca Willeme	De Dinkel	33.19	8402760	<b>34.08</b>	+0,95
9.	Patricia Strohm	De Dinkel	36.80	8102110	<b>34.74</b>	+0,91
10.	Linda Hoogendam	D'Elft	37.30	8300892	<b>34.83</b>	+0,77
11.	Elke Blox	Tiamat	35.59	8200154	<b>35.09</b>	+0,84
12.	Natalie van Oeffelt	Aqua-Novio '94	35.01	8301494	<b>35.64</b>	+0,84
13.	Andrea van Leeuwen	De Zijl/LGB	35.57	8100904	<b>35.68</b>	+0,91
14.	Veerle Mampaey	SVAZ	35.77	SVAZ/127/83	<b>36.50</b>	+0,79
15.	Nienke Nieuwenhuis	Swol 1894	37.95	8101850	<b>38.15</b>	+0,88
16.	Hanneke Freriksen	WS Twente	39.06	8302744	<b>39.76</b>	+0,89
17.	Inge de Laat	AquAmigos	38.67	8101994	<b>39.78</b>	+0,91
18.	Mirjam Minderhoud	Zignea	42.86	8301398	<b>43.06</b>	+0,97
19.	Ariane Redecke	Aquapoldro	45.92	8202288	<b>43.76</b>	+1,02
20.	Maria van Schagen	ZV De Bron	58.06	8202142	<b>57.18</b>	+1,10

Programmanr. 33, Dames, 50m vlinderslag

Masters 30+

1.	Elvira Jonkers	De Pinquin	32.28	7900420	<b>31.43</b>	+0,82
2.	Peggy Loffeld	KZPC	31.80	7700468	<b>32.52</b>	+0,82
3.	Miriam Mueller	Hamburger Schwimm-Club	31.70	78mueller	<b>32.55</b>	+0,87
4.	Inez Heideman	WS Twente	33.47	7500198	<b>33.25</b>	+0,86
5.	Emerentia Knebel	KZPC	32.80	7600322	<b>33.50</b>	+0,85
6.	Geraldine Trainor	De Duck	35.36	7500544	<b>34.11</b>	+0,83
7.	Petra Versteegen	WVZ	35.54	7700906	<b>35.60</b>	+0,92
8.	Angelique Lok	De Stormvogel	34.73	7500778	<b>35.69</b>	+1,00
9.	Jolika Csibra	DES	34.86	7600838	<b>36.73</b>	+0,83
10.	Patricia van de Graaf	DES	38.00	7800284	<b>37.50</b>	+0,96
11.	Eveline Hacquebord	IJZPC	37.26	7901206	<b>37.53</b>	+0,92
12.	Rachel Trainor	De Duck	37.26	7700670	<b>38.26</b>	+0,90
13.	Kim Brokelman	WS Twente	43.33	7500788	<b>40.80</b>	+0,87
14.	Agnes Meijer	AquAmigos	44.28	78-00502	<b>43.15</b>	+1,12
15.	Clementine van Bruxvoort	ZPB H&L Productions	48.73	7700138	<b>51.01</b>	+1,00
AFGEM	Katja Trosien	Swim-Team Elmshorn	29.41	120625		

Masters 35+

1.	Inga Wagner	Hamburger Schwimm-Club	32.25	129302	<b>32.65</b>	+0,86
2.	Ingrid Boot	De Aalscholver	31.79	7000168	<b>33.07</b>	+0,87
3.	Sandrine Erguy	Florange Olympique Club	33.18	1053631	<b>34.25</b>	+0,90
4.	Cynthia Noordermeer	Zaanstad (SG)	34.98	7000358	<b>35.16</b>	+0,77
5.	Dianne Nien	RZ	35.38	7100452	<b>35.38</b>	+0,81
6.	Henriëtte Manting	GZVW	34.95	7100246	<b>35.70</b>	+0,99
7.	Tony de Groot	De Futen	38.57	7300758	<b>36.10</b>	+0,97
8.	Annet Kootstra	Swol 1894	37.03	7100344	<b>37.15</b>	+0,81
9.	Saskia van Dijk	IJZPC	37.36	7400722	<b>38.75</b>	+0,94
10.	Angeline Hamstra	SCOM	41.22	7200782	<b>43.25</b>	+0,89
11.	Meke Oomens	Old Dutch	41.18	7000370	<b>43.73</b>	+1,04

Masters 40+

1.	Anita Smits	DIO	31.77	6900522	<b>31.44</b>	+0,82
2.	Saskia Phaff	PSV	30.56	6600242	<b>31.69</b>	+0,75
3.	Caroline Schreuder	Triton	35.03	6700550	<b>35.25</b>	+0,82
4.	Friderika Kerekes	AZ&PC	37.68	6500540	<b>36.25</b>	+0,80
5.	Hanny Rotteveel	Zignea	37.39	6600538	<b>36.74</b>	+1,04
6.	Jantine Braakman	ZV De Bron	36.53	6500036	<b>37.50</b>	+0,91
7.	Mariska Rischen	TZC-Vahalis	38.26	6900862	<b>38.26</b>	+0,86
8.	Karin van den Heuvel	AquAmigos	35.69	6600188	<b>39.22</b>	+0,91
9.	Kristien Van De Moortel	ShaRK	41.87	ShaRK/315/69	<b>39.92</b>	+0,85
10.	Monique Gerritsen	WS Twente	37.76	6500188	<b>41.44</b>	+0,94
11.	Karin Rommers	PSV	42.00	6700610	<b>44.04</b>	+1,00
12.	Tatiana Abu Nijmeh	Stockholmspolisens Sim IF	42.45	AA9265	<b>45.30</b>	+1,01

Masters 45+

1.	Margriet Grove	Oceanus	34.41	6200080	<b>33.66</b>	+0,85
2.	Ingrid van Cauteren	Lokerse Zwemvereniging	35.92	LZV/097/62	<b>35.41</b>	+0,78
3.	Jacqueline Rolloos	De Lansingh	35.80	6300222	<b>35.92</b>	+0,89
4.	Agnes van Doesburg	PSV	37.04	6000264	<b>35.98</b>	+0,87
5.	Marijke Kraak	WS Twente	39.35	6000240	<b>37.12</b>	+0,94
6.	Jeannette Ruesink	WS Twente	38.09	6300212	<b>37.28</b>	+0,88
7.	Linda v.d. Ree	De Ganze	37.13	6300452	<b>37.73</b>	+0,85
8.	Machteld Massee	PSV	41.85	6300458	<b>41.07</b>	+0,85
9.	Alie Visser	HZ&PC Heerenveen	42.62	6400494	<b>43.61</b>	+0,90
10.	Stella Muilwijk	Van Vliet Barracuda	43.77	6000294	<b>44.87</b>	+0,90
11.	Katinka Elders	Oceanus	48.53	6000292	<b>46.96</b>	+0,76
12.	Tineke Freriks	WWV	51.85	6200344	<b>51.98</b>	+1,08
NG	Marja Bloemzaad	AZ&PC	32.61	6100014		

Programmanr. 33, Dames, 50m vlinderslag

Masters 50+

1.	Mathilde Vink	Swol 1894	33.72	5800128	<b>33.20</b>	+0,92
2.	Janny van Eijk	ZV De Bron	36.92	5800022	<b>38.64</b>	+0,96
3.	Monika Zilliken	SC Wiesbaden 1911	40.16	231829	<b>39.93</b>	+0,91
4.	Ingrid van Assche	De Schelde	42.85	5500004	<b>44.57</b>	+0,96
5.	Rita Schelkens	BRABO	45.69	BRABO/101/56	<b>45.42</b>	+0,81
6.	Manuela de Keyser	BRABO	46.36	BRABO/613/58	<b>49.66</b>	+1,07

Masters 55+

1.	Conny Boer-Buys	Vlaardingen	33.81	5000006	<b>34.10</b>	+0,80
2.	Christien Nieuwenhuis	Swol 1894	35.62	5100022	<b>36.16</b>	+0,86
3.	Catherine Couquet	Zoetermeer	39.70	5100058	<b>38.92</b>	+0,97
4.	Tineke van Diggelen	Oceanus	56.01	5200048	<b>58.51</b>	+1,02

Masters 60+

1.	Marja van der Meer <i>Kampioenschaps Record</i>	Neptunus	52.85	4700014	<b>48.49</b>	+0,97
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Masters 70+

1.	Jeltje van Bergen	De Pinquin	58.59	3500002	<b>1:06.25</b>	+1,18
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Masters 75+

1.	Eliane Pellis <i>Belgisch Masters Record</i>	KAZSC	54.90	AZSC/672/33	<b>55.63</b>	+0,96
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Programmanr. 34  
10.05.2009 - 13:48

Heren, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
<b>Masters 20+</b>						
1.	Tom Maassen <i>Kampioenschaps Record</i>	ZC Ooievaar (SG)	26.17	8601979	<b>26.84</b>	+0,80
2.	Martijn Bouwens	Zwemlust/Utrecht (SG)	26.65	8800461	<b>27.20</b>	+0,83
3.	Roderik Meijers	ZOB'66	27.20	8602063	<b>27.89</b>	+0,85
4.	Merijn Ellenkamp	DWK	28.76	8500691	<b>28.21</b>	+0,79
5.	Jasper de Jong	MNC Dordrecht	27.24	8501219	<b>28.43</b>	+0,80
6.	Bart Drechsel	WZK Zwemmen	28.28	8604135	<b>28.50</b>	+0,83
7.	Pascal van Kassel	Triton	29.44	8501289	<b>28.95</b>	+0,84
8.	Mark Gorissen	KZPC	29.08	8600973	<b>29.02</b>	+0,87
9.	Koen Florijn	MNC Dordrecht	29.70	8600851	<b>29.21</b>	+0,89
10.	Kevin de Kok	AquAmigos	30.30	8901705	<b>30.17</b>	+0,90
11.	Jory van der Gracht	OEZA	28.96	8701097	<b>30.52</b>	+0,94
12.	Ferdy van Mastrigt	RSW (SG)	30.72	8802315	<b>30.75</b>	+0,94
13.	Remco Joukes	Triton	32.54	8801763	<b>30.88</b>	+0,82
14.	Horst Krüsemann	Hanse SV Rostock	32.09	076563	<b>31.29</b>	+0,78
15.	Remko Hooft	De Duinkickers	29.20	8701405	<b>31.62</b>	+0,72
16.	Leander van Diggelen	ZPCH	33.79	8800763	<b>32.81</b>	+0,81
17.	Ruud van den Berg	De Duck	36.43	8500155	<b>35.05</b>	+0,89
AFGEM	Vincent Verwaest	AZV	38.04	AZV/118/85		



Programmanr. 34, Heren, 50m vlinderslag

Masters 25+

1.	Rudy Ted de Haan <i>Europees Masters Record</i>	Anker Team Groningen	24.79	8400805	<b>24.72</b>	+0,87
2.	Paul Brinkman	Vlaardingen	26.23	8400309	<b>26.87</b>	+0,86
3.	Leander Noordijk	De Schotejil	28.15	8101221	<b>28.48</b>	+0,91
4.	Tommy van Overmeeren	De Schelde	28.42	8402887	<b>29.30</b>	+0,90
5.	Maarten de Geus	WZK Zwemmen	29.60	8300737	<b>29.32</b>	+0,80
6.	Dennis de Groot	De Zwoer	29.09	8300785	<b>29.48</b>	+0,82
7.	Bob van den Broek	Nautilus	30.43	8100243	<b>30.02</b>	+0,77
8.	Marcel Reefhuis	De Veene	30.10	8101381	<b>30.22</b>	+0,82
9.	Remco van Althuis	SBC2000	30.36	8300029	<b>30.51</b>	+0,95
10.	Marco van Antwerpen	Strijen	30.75	8000027	<b>31.60</b>	+0,91
11.	Sebastian Baars	WS Twente	32.51	8300053	<b>32.41</b>	+0,96
12.	Remco Veerkamp	Zuiderzeezwemmers	38.53	8102311	<b>37.75</b>	+0,98
NG.ZA	Marek Mróz	UKS Wodnik 29 Katowice	25.64	ABG652725		
AFGEM	Rory Bob de Haan	Anker Team Groningen	26.41	8100609		

Masters 30+

1.	Erwin Buist	Anker Team Groningen	26.16	7800183	<b>27.09</b>	+0,75
2.	Martijn van Buuren	Zwemlust/Utrecht (SG)	27.17	7600169	<b>27.73</b>	+0,84
3.	Ronald Smits	PSV	26.60	7800981	<b>28.01</b>	+0,77
4.	Markus van Rest	ZV Westland Dijkglas	28.72	7701197	<b>28.18</b>	+0,87
5.	Ruud Holswilder	Vlaardingen	30.74	7800435	<b>28.42</b>	+0,84
6.	Vincent Bastin	CHTHN	30.62	CHTHN/295/77	<b>30.54</b>	+0,84
7.	Rene Beens	Deltasteur	34.19	7800045	<b>34.55</b>	+0,85
8.	Rinke Nijland	IJZPC	39.00	7901735	<b>39.30</b>	+0,69

Masters 35+

1.	André Sauerstein	Hanse SV Rostock	28.92	184149	<b>28.89</b>	+0,80
2.	Oscar van Holsteyn	AquAmigos	28.82	7100373	<b>29.16</b>	+0,85
3.	Stefan Dortmund	Electrolux AZC	28.86	7201167	<b>29.29</b>	+0,90
4.	Casper de Zeeuw	WS Twente	30.40	7001137	<b>29.76</b>	+0,75
5.	Björn Möller <i>Luxemburgs Masters Record</i>	Swimming Luxembourg	29.31	5956	<b>30.07</b>	+0,81
6.	Arjen Kervezee	Het Y	31.60	7000563	<b>31.47</b>	+0,95
7.	Dominique Rongvaux	CNSW	34.41	CNSW/181/72	<b>35.53</b>	+0,91
8.	Klaus-Martin Schöttker	Hanse SV Rostock	38.57	184157	<b>39.06</b>	+0,80

Masters 40+

1.	Theo Jan Tanis <i>Kampioenschaps Record</i>	De Schotejil	26.80	6901387	<b>27.42</b>	+0,85
2.	Geert Wijn	De Gelenberg	28.79	6701104	<b>29.28</b>	+0,78
3.	Fred Heemstra	DAW-FINENZO	29.45	6500357	<b>29.87</b>	+0,92
4.	Erik van Dartel	PSV	29.84	6700185	<b>30.60</b>	+0,96
5.	Rene Beetsma	HZ&PC Heerenveen	29.48	6900069	<b>30.85</b>	+0,83
6.	Peter v. Meerveld	AZ&PC	31.34	6700649	<b>31.60</b>	+0,92
7.	Ronald Stolk	De Fuut	31.38	6601253	<b>31.90</b>	+0,83
8.	Sander van den Berg	WS Twente	32.10	6801357	<b>31.94</b>	+0,91
9.	Karl-Heinz Eberhard	SC Wiesbaden 1911	31.80	231828	<b>32.24</b>	+0,81
10.	Jan Eversen	Stader Schwimmverein	32.34	227676	<b>33.30</b>	+0,84
11.	Marcel van der Lem	Kon. AZ 1870	32.51	6500563	<b>33.33</b>	+0,80
12.	José de Pooter	De Schelde	31.93	6900797	<b>33.79</b>	+1,17
13.	Harold Matla	PSV	30.87	6800591	<b>34.02</b>	+1,00
14.	Oliver Podebrad	SC Wiesbaden 1911	36.15	262705	<b>34.81</b>	+0,99
15.	Pieter-Sjoerd de Wijn	Aqua-Novio '94	36.73	6501027	<b>36.83</b>	+0,86
16.	Rob Toebe	WWV	35.36	6601145	<b>37.07</b>	+0,80
17.	Henk van Zetten	Octopus	51.70	6701261	<b>49.79</b>	+0,89
AFGEM	René Correljé	PLONS	29.15	6801231		
AFGEM	Jan de Lange	WS Twente	34.16	6501273		

Programmanr. 34, Heren, 50m vlinderslag

Masters 45+

1.	Jo Rogiers	RSCM	27.99	RSCM/194/63	<b>27.83</b>	+0,84
	<i>Kampioenschaps Record, Belgisch Masters Record</i>					
2.	Andreas Walter	Stader Schwimmverein	28.89	167364	<b>29.03</b>	+0,78
3.	Ron van Vliet	De Stormvogel	30.01	6100849	<b>30.57</b>	+0,85
4.	Fred Vollebergh	De Pinquin	30.45	6100641	<b>30.64</b>	+0,80
5.	Wiljam Nijenhuis	De IJsel	30.06	6400547	<b>30.90</b>	+0,87
6.	Hardy Worbs	SV Bayer Uerdingen 08	32.92	157515	<b>31.60</b>	+0,85
7.	John Stoffer	Zoetermeer	33.37	6300725	<b>32.56</b>	+0,90
8.	Robert Vink	WWV	33.15	6301075	<b>32.66</b>	+0,78
9.	Thomas Mayer	SC Poseidon Koblenz	32.02	245073	<b>32.86</b>	+0,85
10.	Hans vd Ven	Gay Swim Nijmegen Spetters	34.41	6000775	<b>33.38</b>	+0,91
11.	Peter Soudant	PSV	32.94	6201007	<b>33.65</b>	+0,93
12.	Theo Bakker	TriVia	32.30	6401231	<b>33.79</b>	+0,83
13.	Ronald van Vliet	De Aalscholver	33.49	6300997	<b>34.22</b>	+0,96
14.	Edzo Huisman	Aquapoldro	34.35	6301029	<b>34.26</b>	+1,01
15.	Joost de Kroon	AquAmigos	38.47	6400999	<b>34.38</b>	+0,89
16.	Jan Willem Heuten	WS Twente	35.75	6000883	<b>37.17</b>	+1,25
17.	Peter van Dee	SCOM	39.82	6301179	<b>40.88</b>	+0,89
18.	Johan Vandewalle	BRABO	42.76	BRABO/617/60	<b>43.78</b>	+0,94

Masters 50+

1.	Hugo Bregman	WVZ	26.97	5800069	<b>27.10</b>	+0,89
	<i>Europees Masters Record</i>					
2.	Joop Ariaens	PSV	29.73	5900747	<b>30.34</b>	+0,84
3.	Mark Eligh	Old Dutch	31.72	5700497	<b>31.53</b>	+0,87
4.	Pieter de Jong	Aquapoldro	33.37	5800585	<b>32.51</b>	+0,92
5.	Ron van der Zande	De Aalscholver	34.02	5500307	<b>33.21</b>	+0,90
6.	Henk Slomp	De Pinquin	33.02	5500359	<b>33.69</b>	+1,11
7.	Pieter Kroodsma	BRABO	33.68	BRABO/654/58	<b>33.86</b>	+1,02
8.	Reginald vd Giessen	Arethusa	32.87	5800135	<b>34.95</b>	+0,88
9.	Hans Wijsman	BRABO	35.04	BRABO/655/55	<b>36.44</b>	+0,80
10.	Abe Kramer	De Stormvogel	51.05	5700481	<b>53.49</b>	+1,04

Masters 55+

1.	Brend Brevé	PSV	31.19	5200265	<b>30.88</b>	+0,96
2.	Peter Gulyas	Totkomlosi Rozmarok	32.74	51gulyas	<b>31.80</b>	+0,89
3.	Fred Zanting	TriVia	33.50	5400323	<b>34.01</b>	+1,08
4.	Pieter Husslage	Old Dutch	32.47	5300091	<b>34.93</b>	+1,04
5.	Arthur Jansen	Gay Swim Amsterdam	35.22	5400299	<b>35.06</b>	+0,88
6.	Rob Berkhof	Swol 1894	37.92	5200245	<b>36.32</b>	+0,99
7.	Richard Catoire	Oceanus	41.33	5200253	<b>40.73</b>	+0,91

Masters 60+

1.	Joop Draaisma	DZ&PC	38.50	4600155	<b>37.53</b>	+0,98
2.	Peter Ouweneel	RSW (SG)	1:04.68	4500077	<b>1:06.21</b>	+1,21

Masters 65+

1.	Manfred Bottin	SV Langenfeld 1912	37.30	057993	<b>38.35</b>	+1,13
2.	Frans van Enst	De Veene	41.59	4000011	<b>38.95</b>	+1,04
3.	Nico Baay	Old Dutch	57.98	4200053	<b>58.86</b>	+0,90

Masters 70+

1.	Nico Geers	Van Uden-De Gouwe	39.39	3800007	<b>41.22</b>	+1,03
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Programmanr. 35  
10.05.2009 - 14:06

Dames, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	PSV 2 <i>Kampioenschaps Record</i>	PSV 2:29.00	<b>2:21.56</b>	+0,68
	Bianca van Ringelestijn 85 +0,68 35.54	Kim van der Beek 87 +0,48 31.27		
	Jacqueline Wissink 85 +0,69 41.95	Kitty van Gendt 87 +0,61 32.80		
2.	Van Vliet Barracuda 1	Van Vliet Barracuda 2:26.91	<b>2:26.29</b>	+0,73
	Danya Muilwijk 88 +0,73 34.37	Esther Versteeg 83 +0,85 34.18		
	Iris Barendregt 86 +0,27 40.57	Stella Muilwijk 60 -0,11 37.17		
3.	HZ&PC Heerenveen 1	HZ&PC Heerenveen 2:32.22	<b>2:31.90</b>	+0,73
	Alie Visser 64 +0,73 44.00	Berdie Eghuizen 83 +0,26 35.63		
	Karin van Dijk 86 +0,62 38.05	Pia vd Molen 60 +0,43 34.22		
4.	Oceanus 1	Oceanus 2:33.55	<b>2:32.86</b>	+0,72
	Laura Staal 67 +0,72 37.18	Margriet Grove 62 +0,51 33.94		
	Milene Catoire 87 +0,54 43.51	Katinka Elders 60 +0,68 38.23		
5.	Deltasteur 1	Deltasteur 2:33.99	<b>2:33.71</b>	+0,73
	Gerlinde v/d Wetering 89 +0,73 38.42	Rianne van Vegchelen 81 +0,44 41.84		
	Miranda Straetemans 74 +0,32 39.13	Margriet Leeffers 78 +0,50 34.32		
6.	WS Twente 1	WS Twente 2:32.27	<b>2:37.42</b>	+0,81
	Emmy Soer 85 +0,81 40.77	Jeannette Ruesink 63 +0,27 36.73		
	Monique Gerritsen 65 +0,61 44.75	Hanneke Freriksen 83 +0,51 35.17		
7.	Octopus 1	Octopus 2:47.24	<b>2:38.38</b>	+0,76
	Miriam Visserman 87 +0,76 42.65	Annebeth van Ark 88 +0,34 34.44		
	Monique van Gortel 86 +0,29 45.47	Dominique Sik 88 +0,33 35.82		
<b>120+</b>				
1.	DES 1 <i>Kampioenschaps Record</i>	DES 2:26.12	<b>2:29.41</b>	+0,84
	Patricia van de Graaf 78 +0,84 41.78	Jolika Csibra 76 +0,64 36.82		
	Yvonne Gerritsen 80 +0,57 39.55	Trudie van Niejenhuis 71 +0,61 31.26		
<b>160+</b>				
1.	PSV 3 <i>Kampioenschaps Record</i>	PSV 2:29.81	<b>2:30.45</b>	+0,67
	Gudule van der Meer 72 +0,67 35.86	Machteld Masee 63 +0,16 39.91		
	Agnes van Doesburg 60 +0,51 41.56	Marleen Willems 60 +0,27 33.12		
2.	AZ&PC 1	AZ&PC 2:40.96	<b>2:39.14</b>	+0,91
	Conny v. Velden 65 +0,91 50.47	Tina Renken 72 +0,48 35.40		
	Françoise Heijdemans-Duran 69 +0,30 40.45	Friderika Kerekes 65 +0,48 32.82		
<b>200+</b>				
1.	PSV 1 <i>Nederlands Masters Record</i>	PSV 2:22.06	<b>2:28.18</b>	+0,76
	Bianca Cox 80 +0,76 33.93	Saskia Phaff 66 +0,43 32.70		
	Ineke Weekers 53 +0,73 42.87	Lottie Geurts 35 +0,66 38.68		
AFGEM	AZ&PC 2	AZ&PC 2:38.61		
	Atie Pijtak-Radersma, Marja Bloemzaad, Lidia v. Bon, Loekie v. Huissteden			
<b>280+</b>				
1.	Old Dutch 1 <i>Kampioenschaps Record</i>	Old Dutch 3:55.83	<b>3:54.55</b>	+0,82
	Annie de Vos 34 +0,82 1:01.85	Matty van der Veen 44 +0,58 54.45		
	Tineke de Bueger 37 +0,75 1:02.71	Anneke Logtenberg 29 +0,54 55.54		

Programmanr. 36  
10.05.2009 - 14:14

Heren, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	Zwemlust/Utrecht (SG) 1 <i>Kampioenschaps Record</i>	Zwemlust/Utrecht (SG)	1:54.61	<b>1:56.96</b> +0,70
	Mark Zwart	79 +0,70 33.20	Martijn Bouwens	88 +0,53 26.79
	Vincent Versteeg	77 +0,50 32.37	Martijn van Buuren	76 +0,37 24.60
2.	RSW (SG) 1	RSW (SG)	2:03.95	<b>2:07.48</b> +0,73
	Ferdy van Mastrigt	88 +0,73 36.10	Melano Winter	87 +0,54 31.10
	Jim Geestman	83 +0,40 34.71	Tim Pattipeiluhu	89 +0,38 25.57
<b>120+</b>				
1.	PSV 1 <i>Nederlands Masters Record</i>	PSV	1:54.37	<b>1:55.60</b> +0,72
	Stefan Oosting	81 +0,72 28.39	Erik van Dartel	67 +0,60 29.53
	Harold Matla	68 +0,38 32.07	Ronald Smits	78 +0,22 25.61
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	2:10.39	<b>2:10.90</b> +0,84
	Gerard Eghuizen	74 +0,84 35.99	Rene Beetsma	69 +0,27 30.13
	Pieter Ponne	76 +0,23 37.86	Binne Veenstra	83 +0,38 26.92
3.	RZ 1	RZ	2:15.40	<b>2:12.45</b> +0,65
	Bert Schlicher	64 +0,65 30.99	Ralph Caster	61 +0,49 36.11
	Han Ruijs	79 +0,63 37.34	Gino Martijn	79 +0,59 28.01
NG.ZA	Swimming Luxembourg 1	Swimming Luxembourg	2:12.00	
	Olaf Chalmer-Rasmussen, Patrick Juncker, Björn Möller, Benoit Triay			
<b>160+</b>				
1.	Luctor et Emergo 1 <i>Kampioenschaps Record</i>	Luctor et Emergo	1:57.82	<b>2:00.99</b> +0,65
	Arco Wagenvoort	65 +0,65 33.04	Rudi Goudswaard	69 +0,21 27.29
	Peter Romkes	59 +0,44 35.51	Davy Bisslik	82 +0,26 25.15
2.	WS Twente 1	WS Twente	2:15.34	<b>2:14.08</b> +0,70
	Casper de Zeeuw	70 +0,70 33.34	Sebastiaan Baars	83 +0,32 31.97
	Sander van den Berg	68 +0,38 38.07	Hugo Staudt	53 +0,33 30.70
AFGEM	WS Twente 2	WS Twente	2:27.36	
	Jack Barends, Jan de Lange, Jan Willem Heuten, Bart van Calker			
<b>200+</b>				
1.	PSV 2 <i>Nederlands Masters Record</i>	PSV	2:10.07	<b>2:09.83</b> +0,72
	Rob Ekkel	62 +0,72 34.29	Joop Ariaens	59 +0,37 29.43
	Ron Phaff	62 +0,38 37.35	Brend Brevé	52 +0,37 28.76
2.	Old Dutch 1	Old Dutch	2:26.64	<b>2:24.34</b> +0,74
	Pieter Huslage	53 +0,74 42.34	Mark Eligh	57 +0,51 30.94
	Nico Baay	42 +0,71 42.22	Phil Trethewie	65 +0,39 28.84

Programmanr. 37  
10.05.2009 - 14:21

Dames, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Femke Hendriks	DZT '62	2:34.12 8801698	<b>2:31.87</b>	+0,83	31.25	1:09.68	1:54.85	2:31.87
<i>Kampioenschaps Record</i>								
2. Nina Ferreira	ZC Ooievaar (SG)	2:30.99 8901196	<b>2:35.70</b>	+0,86	32.30	1:14.38	2:00.24	2:35.70
3. Mea Ferreira	ZC Ooievaar (SG)	2:31.93 8901194	<b>2:37.67</b>	+0,89	33.50	1:14.83	2:00.87	2:37.67
4. Iris Barendregt	Van Vliet Barracuda	2:44.46 8600172	<b>2:43.62</b>	+0,86	34.82	1:19.11	2:06.86	2:43.62
5. Sharona Lameijer	GZVW	2:57.70 8902566	<b>2:53.54</b>	+0,94	37.47	1:22.43	2:11.83	2:53.54
6. Kitty van Gendt	PSV	3:10.00 8701288	<b>2:55.56</b>	+0,93	35.69	1:20.75	2:14.73	2:55.56
7. Marjolein Tissingsh	HZ&PC Heerenveen	3:02.08 8904130	<b>2:56.60</b>	+0,89	36.90	1:23.74	2:17.01	2:56.60
8. Relinda Baas	GZVW	2:44.98 8900144	<b>2:59.60</b>	+1,08	39.34	1:25.00	2:17.98	2:59.60
9. Fenke Legerstee	SCOM	3:09.20 8501856	<b>3:09.31</b>	+0,94	40.40	1:30.96	2:26.39	3:09.31
10. Loes vd Beemt	SCOM	3:17.08 8600212	<b>3:12.39</b>	+1,01	39.17	1:33.55	2:28.74	3:12.39
11. Monique van Gortel	Octopus	3:06.73 8601274	<b>3:16.96</b>	+0,74	43.54	1:35.82	2:29.36	3:16.96
<b>Masters 25+</b>								
1. Nadya Putter	Vlaardingen	2:38.89 8301630	<b>2:39.12</b>	+0,85	33.47	1:15.79	2:02.87	2:39.12
2. Anke Lambooi	AZL	2:36.98 8001182	<b>2:43.29</b>	+0,90	34.13	1:17.23	2:06.17	2:43.29
3. Amanda Berendrecht	Oceanus	2:45.74 8300136	<b>2:45.91</b>	+0,86	32.96	1:17.32	2:07.43	2:45.91
4. Moniek Munneke	EZ&PC	2:40.86 8401730	<b>2:48.70</b>	+0,85	36.21	1:19.13	2:10.89	2:48.70
5. Berdie Eghuizen	HZ&PC Heerenveen	2:53.15 8301388	<b>2:57.41</b>	+0,92	36.55	1:23.87	2:18.26	2:57.41
6. Nienke Nieuwenhuis	Swol 1894	3:22.20 8101850	<b>3:17.79</b>	+0,94	42.71	1:36.44	2:35.79	3:17.79
7. Aniela Cebotaru	Nat Utrecht	3:31.26 8102112	<b>3:22.00</b>	+1,03	44.58	1:36.90	2:32.98	3:22.00
8. Rianne van Vegchelen	Deltasteur	3:27.89 8101530	<b>3:43.01</b>	+1,21	49.13	1:50.31	2:55.18	3:43.01
<b>Masters 30+</b>								
1. Elvira Jonkers	De Pinquin	2:41.66 7900420	<b>2:43.22</b>	+0,87	33.24	1:17.50	2:06.96	2:43.22
2. Geraldine Trainor	De Duck	2:51.97 7500544	<b>2:50.93</b>	+0,91	37.36	1:22.28	2:10.86	2:50.93
3. Jolanda van Gendt	PSV	2:50.33 7800266	<b>2:53.85</b>	+0,86	37.94	1:22.15	2:13.48	2:53.85
4. Peggy Loffeld	KZPC	2:44.07 7700468	<b>2:56.97</b>	+0,87	34.78	1:24.13	2:13.15	2:56.97
5. Rachel Trainor	De Duck	3:02.25 7700670	<b>3:11.68</b>	+0,83	39.75	1:32.46	2:25.77	3:11.68
6. Margriet Leeffers	Deltasteur	3:20.91 7800448	<b>3:22.38</b>	+1,07	46.48	1:38.60	2:36.56	3:22.38
7. Mirjam den Houdijker	ZPB H&L Productions	3:19.39 7801096	<b>3:28.80</b>	+0,79	46.19	1:37.36	2:37.50	3:28.80
8. C. van Bruxvoort	ZPB H&L Productions	3:50.43 7700138	<b>3:53.38</b>	+1,00	53.02	1:50.88	2:59.23	3:53.38
<b>Masters 35+</b>								
1. Karin Stein	Vlaardingen	2:44.27 7100554	<b>2:45.74</b>	+1,03	35.43	1:22.38	2:09.17	2:45.74
2. Lidia v. Bon	AZ&PC	2:44.43 7000054	<b>2:46.19</b>	+0,90	35.52	1:20.34	2:07.72	2:46.19
3. Gudule van der Meer	PSV	3:10.00 7200396	<b>2:54.50</b>	+0,88	36.36	1:21.47	2:13.13	2:54.50
4. Dianne Nien	RZ	3:06.15 7100452	<b>3:06.49</b>	+0,88	38.90	1:28.92	2:26.42	3:06.49
5. Annet Kootstra	Swol 1894	3:11.57 7100344	<b>3:13.09</b>	+0,84	40.39	1:34.83	2:29.83	3:13.09
6. Angelina Hamstra	SCOM	3:20.07 7200782	<b>3:28.18</b>	+0,90	46.08	1:42.00	2:42.54	3:28.18
7. Natacha Van Hoof	ShaRK	3:27.59 ShaRK/260/73	<b>3:30.31</b>	+0,94	50.47	1:49.50	2:49.00	3:30.31
<b>Masters 40+</b>								
1. Anita Smits	DIO	2:40.94 6900522	<b>2:43.15</b>	+0,83	33.51	1:18.34	2:06.77	2:43.15
<i>Nederlands Masters Record</i>								
2. Caroline Schreuder	Triton	2:51.96 6700550	<b>2:57.40</b>	+0,85	36.70	1:21.84	2:14.94	2:57.40
3. F. Heijdemann-Duran	AZ&PC	2:59.76 6900222	<b>2:58.43</b>	+0,86	38.77	1:27.11	2:15.45	2:58.43
4. Jantine Braakman	ZV De Bron	3:02.48 6500036	<b>3:00.96</b>	+0,92	38.30	1:26.76	2:20.31	3:00.96
5. Karin van den Heuvel	AquAmigos	3:01.08 6600188	<b>3:03.08</b>	+0,96	37.67	1:30.21	2:21.08	3:03.08
6. Hetty Smalheer	SCOM	3:19.94 6700352	<b>3:23.24</b>	+1,04	46.04	1:40.40	2:39.47	3:23.24
<b>Masters 45+</b>								
1. Jacqueline Rolloos	De Lansingh	2:57.48 6300222	<b>3:00.61</b>	+0,99	37.05	1:24.48	2:18.70	3:00.61
2. Ingrid van Cauteren	Lokerse Zwemvereniging	3:09.03 LZV/097/62	<b>3:05.55</b>	+0,82	38.44	1:28.71	2:22.74	3:05.55
3. Annemarie Vuist	Swol 1894	2:58.23 6300282	<b>3:08.88</b>	+0,87	41.95	1:30.91	2:26.39	3:08.88
4. Machteld Massee	PSV	3:25.00 6300458	<b>3:31.19</b>	+1,13	44.65	1:41.46	2:41.08	3:31.19



Programmanr. 37, Dames, 200m wisselslag

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	2:57.44	5600048	<b>2:57.18</b>	+0,78	37.37	1:25.29	2:17.56	2:57.18
2. Mathilde Vink	Swol 1894	2:58.41	5800128	<b>3:03.48</b>	+1,05	36.43	1:25.57	2:23.38	3:03.48
DIS Ingrid van Assche	De Schelde	3:24.97	5500004						

AA - Te vroeg weg of bewogen bij start.

Masters 55+

1. Ineke Weekers	PSV	3:04.58	5300050	<b>3:05.64</b>	+0,91	39.96	1:34.45	2:24.13	3:05.64
<i>Nederlands Masters Record</i>									
2. A. Gilding-Tussaud	WS Twente	4:01.24	5000038	<b>3:59.92</b>	+0,92	55.16	1:53.78	3:04.91	3:59.92

Masters 60+

1. Marja van der Meer	Neptunus	3:46.25	4700014	<b>3:46.04</b>	+1,04	50.93	1:50.25	2:55.98	3:46.04
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Masters 65+

1. Matty van der Veen	Old Dutch	3:45.73	4400020	<b>3:54.80</b>	+1,12	57.05	2:01.54	3:01.87	3:54.80
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Masters 70+

NG.ZA Jeltje van Bergen	De Pinquin	4:22.02	3500002						
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Programmanr. 38  
10.05.2009 - 14:47

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
<b>Masters 20+</b>									
1. Remko Hooft	De Duinkickers	2:25.09	8701405	<b>2:29.69</b>	+0,71	31.22	1:11.68	1:54.65	2:29.69
<i>Kampioenschaps Record</i>									
2. Pascal van Kassel	Triton	2:27.31	8501289	<b>2:31.83</b>	+0,85	30.54	1:10.00	1:56.75	2:31.83
3. Kevin de Kok	AquAmigos	2:34.74	8901705	<b>2:37.15</b>	+0,87	32.07	1:14.84	2:03.64	2:37.15
4. Jory van der Gracht	OEZA	2:35.82	8701097	<b>2:38.43</b>	+0,95	32.09	1:14.19	2:03.49	2:38.43
5. Herman van Dijk	HZ&PC Heerenveen	2:31.01	8900691	<b>2:38.94</b>	+0,91	34.13	1:16.57	1:59.37	2:38.94
6. Remco Joukes	Triton	2:40.67	8801763	<b>2:39.94</b>	+0,75	31.58	1:12.85	2:00.37	2:39.94
7. Melano Winter	RSW (SG)	2:50.79	8703847	<b>2:48.27</b>	+0,88	33.71	1:17.49	2:10.89	2:48.27
<b>Masters 25+</b>									
1. Paul Brinkman	Vlaardingen	2:17.38	8400309	<b>2:18.51</b>	+0,86	28.92	1:05.70	1:45.92	2:18.51
<i>Nederlands Masters Record</i>									
2. Rob van Vliet	WZK Zwemmen	2:14.40	8402459	<b>2:20.84</b>	+0,91	29.73	1:08.91	1:49.12	2:20.84
3. Thommy Nickel	Van Vliet Barracuda	2:21.77	8401627	<b>2:23.09</b>	+0,84	30.25	1:08.11	1:49.48	2:23.09
4. Gergely Molnar	Sprint Fortuna SC	2:20.00	80molnar	<b>2:23.71</b>	+0,79	30.09	1:08.19	1:50.21	2:23.71
5. Alexander Hulleman	De Zijl/LGB	2:22.86	8300989	<b>2:27.59</b>	+0,88	31.41	1:09.32	1:53.76	2:27.59
6. Paul Oudendijk	OEZA	2:26.29	8101287	<b>2:28.46</b>	+0,95	33.41	1:11.19	1:53.82	2:28.46
7. Dirkjan Beugelsdijk	De Zijl/LGB	2:30.51	8100123	<b>2:31.02</b>	+0,84	31.77	1:13.06	1:57.27	2:31.02
8. Sebastian Hoppe	SV Blau-Weiss Bochum	2:36.90	260235	<b>2:38.27</b>	+0,85	32.24	1:17.01	2:01.75	2:38.27
9. Jim Geestman	RSW (SG)	2:36.09	8300699	<b>2:40.24</b>	+0,93	33.79	1:19.37	2:06.47	2:40.24
10. Binne Veenstra	HZ&PC Heerenveen	2:39.53	8302155	<b>2:43.70</b>	+0,90	32.89	1:17.04	2:06.01	2:43.70
11. Remco van Althuis	SBC2000	2:42.70	8300029	<b>2:46.77</b>	+0,89	33.65	1:19.47	2:09.79	2:46.77
12. Remco Veerkamp	Zuiderzeewemmers	3:14.46	8102311	<b>3:15.67</b>	+0,91	38.84	1:32.82	2:29.34	3:15.67

Programmanr. 38, Heren, 200m wisselslag

Masters 30+

1. Ivo Roozeboom	DES	2:28.56	7700801	<b>2:27.21</b>	+0,87	31.88	1:09.84	1:56.10	2:27.21
2. Mark Zwart	Zwemlust/Utrecht (SG)	2:22.95	7901461	<b>2:28.09</b>	+0,84	30.16	1:12.71	1:55.05	2:28.09
3. Vincent Versteeg	Zwemlust/Utrecht (SG)	2:22.59	7701003	<b>2:28.10</b>	+0,78	31.79	1:12.27	1:55.33	2:28.10
4. Ralf Peters	KZPC	2:34.23	7600737	<b>2:28.15</b>	+0,80	30.06	1:10.63	1:54.75	2:28.15
5. Martijn van Buuren	Zwemlust/Utrecht (SG)	2:17.26	7600169	<b>2:29.15</b>	+0,87	29.95	1:10.99	1:54.69	2:29.15
6. Joris Haest	PSV	2:38.68	7900441	<b>2:38.76</b>	+0,90	33.37	1:16.71	2:04.12	2:38.76
7. Bram Mommers	AquAmigos	2:31.16	7600647	<b>2:39.42</b>	+0,97	33.56	1:18.93	2:04.00	2:39.42
8. Pieter Ponne	HZ&PC Heerenveen	2:43.82	7600749	<b>3:12.97</b>	+0,89	40.76	1:30.19	2:26.75	3:12.97

Masters 35+

1. Robin Sprinkhuizen	De Zijl/LGB	2:22.39	7400767	<b>2:29.73</b>	+0,89	31.06	1:10.10	1:55.00	2:29.73
2. Michiel Jelijs	TriVia	2:40.32	7200451	<b>2:43.13</b>	+0,88	33.82	1:18.07	2:05.86	2:43.13
3. Gertjan v.d. Knaap	De Duck	2:36.69	7300459	<b>2:47.64</b>	+0,92	33.44	1:18.81	2:06.71	2:47.64
DIS Gerard Eghuizen	HZ&PC Heerenveen	2:43.38	7400197						

AF - Niet de aangegeven afstand gezwommen (geen tijd noteren).

Masters 40+

1. Ron Korzelius	AZ&PC	2:37.76	6500513	<b>2:37.34</b>	+0,80	33.59	1:14.70	2:02.19	2:37.34
2. Patrick Juncker	Swimming Luxembourg	2:40.05	136	<b>2:37.35</b>	+0,88	34.94	1:17.86	1:59.98	2:37.35
<i>Luxemburgs Masters Record</i>									
3. Sander van den Berg	WS Twente	2:42.20	6801357	<b>2:43.67</b>	+0,88	34.41	1:18.78	2:06.20	2:43.67
4. Michael Worbs	SV Baar	3:02.81	22789	<b>2:56.27</b>	+0,85	36.29	1:26.02	2:15.57	2:56.27
5. Henk van Zetten	Octopus	3:45.08	6701261	<b>3:31.42</b>	+0,93	50.91	1:46.58	2:46.57	3:31.42
DIS Norbert Nagy	Sprint Fortuna SC	2:34.59	69nagy	<b>2:34.42</b>	+0,75	32.55	1:16.26	1:59.96	2:34.42
<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>									
AFGEM Jan de Lange	WS Twente	3:22.60	6501273						

Masters 45+

1. Jo Rogiers	RSCM	2:24.81	RSCM/194/63	<b>2:31.34</b>	+0,88	30.68	1:12.06	1:57.46	2:31.34
<i>Belgisch Masters Record</i>									
2. Rene de Boer	DAW-FINENZO	2:32.78	6400087	<b>2:36.36</b>	+0,94	32.39	1:16.22	2:02.24	2:36.36
3. Ronald Grove	Oceanus	2:38.74	6100161	<b>2:38.18</b>	+0,85	33.27	1:18.93	2:03.80	2:38.18
4. Wiljam Nijenhuis	De IJsel	2:44.26	6400547	<b>2:43.50</b>	+0,93	33.42	1:19.39	2:07.56	2:43.50
5. Ron Phaff	PSV	2:42.07	6200495	<b>2:43.82</b>	+0,81	34.93	1:18.54	2:06.09	2:43.82
6. Fred Vollebergh	De Pinquin	2:35.24	6100641	<b>2:46.05</b>	+0,87	32.36	1:18.65	2:07.22	2:46.05
7. Ron van Vliet	De Stormvogel	2:45.95	6100849	<b>2:46.24</b>	+0,96	34.50	1:17.93	2:09.01	2:46.24
8. Mark Kas	PLONS	2:49.58	6100285	<b>2:51.28</b>	+0,91	35.11	1:24.48	2:12.79	2:51.28
9. Aan Pander	Gay Swim Amsterdam	2:50.57	6400569	<b>2:53.30</b>	+0,95	36.10	1:21.27	2:14.08	2:53.30
10. David Falces	DES	3:02.55	6000957	<b>2:53.61</b>	+0,94	34.98	1:22.49	2:10.63	2:53.61
11. Ralph Caster	RZ	2:59.73	6100069	<b>2:55.77</b>	+0,95	38.25	1:26.97	2:16.74	2:55.77
12. André Schutte	De Stormvogel	2:58.15	6000521	<b>3:01.34</b>	+1,02	37.70	1:26.65	2:21.70	3:01.34
13. Michiel Klaren	PSV	2:59.89	6201087	<b>3:03.15</b>	+0,89	38.09	1:28.26	2:22.47	3:03.15
14. Jan Smalheer	SCOM	3:08.60	6400701	<b>3:05.81</b>	+1,18	39.50	1:28.21	2:24.82	3:05.81

Masters 50+

1. Arno Wouters	De Stormvogel	2:45.38	5800667	<b>2:45.61</b>	+0,97	33.29	1:16.65	2:09.62	2:45.61
2. Willem Zwiers	AquAmigos	2:55.87	5800505	<b>2:56.38</b>	+0,90	39.56	1:31.13	2:19.55	2:56.38
3. Henk Slomp	De Pinquin	3:00.20	5500359	<b>3:04.76</b>	+0,92	34.72	1:25.16	2:26.07	3:04.76
4. Paul Bunnik	Triton	3:00.06	5600413	<b>3:04.98</b>	+1,03	36.84	1:27.56	2:23.97	3:04.98
5. Pieter de Jong	Aquapoldro	3:12.16	5800585	<b>3:05.31</b>	+0,98	37.02	1:30.99	2:27.28	3:05.31
6. Peter Verberne	ACZ	3:14.53	5900719	<b>3:29.27</b>	+1,20	48.41	1:40.00	2:43.60	3:29.27

Masters 55+

1. Pieter Husslage	Old Dutch	3:13.16	5300091	<b>3:03.32</b>	+1,09	37.79	1:28.32	2:22.91	3:03.32
2. Rob Berkhof	Swol 1894	3:28.78	5200245	<b>3:20.34</b>	+1,02	40.95	1:34.28	2:36.27	3:20.34

Masters 60+

Programmanr. 38, Heren, 200m wisselslag, Masters 60+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
1. Donald Uijtenbogaart <i>Kampioenschaps Record</i>	Het Y	2:53.60 4700107	<b>2:53.53</b>	+0,90	37.00	1:25.22	2:15.08	2:53.53

Masters 65+

1. Rob Hanou	PSV	3:03.94 4300109	<b>3:19.44</b>	+1,07	41.05	1:37.83	2:34.32	3:19.44
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Masters 70+

1. Nico Geers	Van Uden-De Gouwe	3:22.28 3800007	<b>3:30.34</b>	+1,04	48.38	1:43.49	2:48.90	3:30.34
2. Jan Eichhorn	Rapido '82	3:46.47 3700015	<b>3:47.57</b>	+1,00	50.92	1:48.25	2:54.22	3:47.57
3. Rob van Gestel	PSV	3:49.17 3500005	<b>3:58.25</b>	+1,18	56.72	2:01.16	3:04.38	3:58.25

Programmanr. 39  
10.05.2009 - 15:15

Dames, 50m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT
<b>Masters 20+</b>				
1. Danya Muilwijk <i>Kampioenschaps Record</i>	Van Vliet Barracuda	33.79	8803100	<b>34.18</b> +0,72
2. Karin Simons	WZK Zwemmen	34.98	8903804	<b>36.71</b> +0,78
3. Daphne v Korlaar	EZ&PC	35.60	8902418	<b>36.92</b> +0,73
4. Gerlinde v/d Wetering	Deltasteur	37.06	8904678	<b>37.93</b> +0,75
5. Jolijn Osta	Tiamat	38.15	8903156	<b>38.20</b> +0,91
6. Aurélie Lebreton	Swimming Luxembourg	39.99	5954	<b>39.11</b> +0,86
7. Tina Blei	Hanse SV Rostock	42.02	123491	<b>41.27</b> +0,77
8. Dominique Sik	Octopus	43.05	8804000	<b>42.63</b> +0,79
9. Annebeth van Ark	Octopus	42.92	8805588	<b>43.29</b> +0,76
10. Marieke van de Nieuwenhuijzen	ZV De Bron	43.48	8803172	<b>44.18</b> +0,80

Masters 25+

1. Katinka van Vastenhoven <i>Nederlands Masters Record</i>	NVA/HHC	31.19	8402500	<b>32.24</b> +0,83
2. Delia Badoux	ZC Ooievaar (SG)	33.21	8000042	<b>34.44</b> +0,81
3. Bianca Cox	PSV	33.33	8000214	<b>34.49</b> +0,78
4. Ana-Lara da Silva	Het Y	34.97	8001000	<b>35.94</b> +0,74
5. Elke Blox	Tiamat	35.16	8200154	<b>35.95</b> +0,71
6. Franca Willeme	De Dinkel	34.76	8402760	<b>36.16</b> +0,82
7. Francijna de Kooter	De Biesboschzwemmers	36.66	8000634	<b>37.61</b> +0,76
8. Alana Miles	KZPC	37.81	8001626	<b>39.16</b> +0,78
9. Patricia Strohm	De Dinkel	39.10	8102110	<b>40.47</b> +0,70
10. Hanneke Freriksen	WS Twente	41.73	8302744	<b>41.76</b> +0,78
11. Mirjam Minderhoud	Zignea	42.62	8301398	<b>42.16</b> +0,71
12. Inge de Laat	AquAmigos	42.29	8101994	<b>45.02</b> +0,79
13. Susan Korterink	Strijen	47.86	8302724	<b>49.63</b> +0,85
AFGEM Carla Viergever	Luctor et Emergo	43.06	8101586	

Masters 30+

1. Geraldine Trainor	De Duck	36.03	7500544	<b>36.51</b> +0,77
2. Petra Verstegen	WVZ	37.15	7700906	<b>39.25</b> +0,84
3. Jolika Csibra	DES	38.05	7600838	<b>39.41</b> +0,72
4. Helma Koot	AZ&PC	38.37	7600336	<b>40.78</b> +0,83
5. Mirjam den Houdijker	ZPB H&L Productions	40.64	7801096	<b>40.91</b> +0,72
6. Angelique Lok	De Stormvogel	41.70	7500778	<b>41.21</b> +0,84
7. Patricia van de Graaf	DES	40.98	7800284	<b>41.80</b> +0,96
8. Kim Brokelman	WS Twente	43.31	7500788	<b>43.05</b> +0,79
9. Agnes Meijer	AquAmigos	46.57	78-00502	<b>48.40</b> +0,88

Programmanr. 39, Dames, 50m rugslag

Masters 35+

1.	Gudule van der Meer	PSV	34.50	7200396	<b>36.86</b>	+0,77
2.	Saskia van Dijk	IJZPC	37.26	7400722	<b>37.04</b>	+0,88
3.	Trudie van Niejenhuis	DES	38.32	7100444	<b>37.42</b>	+0,74
4.	Tina Renken	AZ&PC	37.35	7200800	<b>38.01</b>	+0,73

Masters 40+

1.	Laura Staal	Oceanus	37.19	6700358	<b>36.32</b>	+0,70
2.	Saskia Phaff	PSV	43.49	6600242	<b>36.49</b>	+0,84
3.	Hanny Rotteveel	Zignea	37.70	6600538	<b>37.66</b>	+0,86
4.	Caroline Schreuder	Triton	37.00	6700550	<b>37.77</b>	+0,79
5.	Desiree van der Lem	Kon. AZ 1870	37.78	6800282	<b>42.09</b>	+0,73
6.	Karin Rommers	PSV	42.00	6700610	<b>43.16</b>	+0,97
7.	Mariska Rischen	TZC-Vahalis	44.07	6900862	<b>43.96</b>	+0,79
8.	Esther Mijnen-Heilig	Zaanstad (SG)	45.89	6900846	<b>44.22</b>	+0,79
9.	Ariane Ruymaekers	BRABO	44.69	BRABO/133/67	<b>44.40</b>	+0,86
10.	Tatiana Abu Nijmeh	Stockholmspolisens Sim IF	49.97	AA9265	<b>51.45</b>	+0,71

Masters 45+

1.	Marleen Segers	AZV	36.76	AZV/056/61	<b>38.20</b>	+0,74
2.	Jeannette Ruesink	WS Twente	40.74	6300212	<b>40.20</b>	+0,92
3.	Marja Cools	PSV	40.96	6000296	<b>40.48</b>	+0,71
4.	Agnes van Doesburg	PSV	42.82	6000264	<b>42.17</b>	+0,92
5.	Annemarie Vuist	Swol 1894	40.79	6300282	<b>42.49</b>	+0,81
6.	Marijke Kraak	WS Twente	43.34	6000240	<b>43.44</b>	+0,64
7.	Katinka Elders	Oceanus	47.64	6000292	<b>46.91</b>	+0,88
8.	Herlinde Segers	GBZ	1:06.45	GBZ/151/60	<b>1:05.53</b>	+1,16

Masters 50+

1.	Heike Pagels	Stader Schwimmverein	43.10	227678	<b>45.45</b>	+0,86
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Masters 55+

1.	Antoinette Gilding-Tussaud	WS Twente	47.54	5000038	<b>47.93</b>	+0,83
2.	Tineke van Diggelen	Oceanus	52.68	5200048	<b>50.38</b>	+0,85
3.	Geerdien Meerwaldt	Van Vliet Barracuda	1:08.16	5200032	<b>1:09.14</b>	+0,78
DIS	Conny Boer-Buys	Vlaardingen	40.13	5000006		

AA - Te vroeg weg of bewogen bij start.

Masters 60+

1.	Marja van der Meer	Neptunus	50.89	4700014	<b>48.44</b>	+0,96
	<i>Kampioenschaps Record</i>					
2.	Loekie v. Huissteden	AZ&PC	52.14	4500002	<b>55.58</b>	+0,81
3.	Hanny Bottin	SV Langenfeld 1912	1:04.86	057992	<b>1:09.04</b>	+1,04
4.	Adrie Oostendorp	ZV De Bron	1:14.30	4900024	<b>1:15.13</b>	+1,00

Masters 65+

1.	Leny Kamp	Aquapoldro	56.97	4400008	<b>57.67</b>	+0,71
2.	Liesbeth ter Laak	Katwijk	1:17.68	4200008	<b>1:17.61</b>	+0,85

Masters 70+

1.	Lottie Geurts	PSV	49.35	3500008	<b>52.41</b>	+0,87
2.	Jeltje van Bergen	De Pinquin	53.83	3500002	<b>54.55</b>	+0,77
3.	Tineke de Bueger	Old Dutch	1:01.26	3700010	<b>1:01.21</b>	+0,96
4.	Lea Maes	GBZ	1:00.76	GBZ/041/37	<b>1:01.43</b>	+1,13

Masters 75+

1.	Annie de Vos	Old Dutch	1:05.01	3400004	<b>1:02.28</b>	+0,80
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Programmanr. 39, Dames, 50m rugslag

Masters 80+

1.	Anneke Logtenberg	Old Dutch	1:04.89	2900004	<b>1:09.86</b>	+0,97
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Programmanr. 40  
10.05.2009 - 15:29

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
<b>Masters 20+</b>						
1.	Merijn Ellenkamp <i>Kampioenschaps Record</i>	DWK	28.87	8500691	<b>27.57</b>	+0,62
2.	Jasper de Jong	MNC Dordrecht	28.07	8501219	<b>29.82</b>	+0,63
3.	Jeroen Leuverink	Nayade	30.64	8601899	<b>30.63</b>	+0,86
4.	Koen Florijn	MNC Dordrecht	35.18	8600851	<b>32.14</b>	+0,91
5.	Roderik Meijers	ZOB'66	31.31	8602063	<b>32.57</b>	+0,80
6.	Remco Joukes	Triton	31.64	8801763	<b>32.93</b>	+0,69
7.	Pascal van Kassel	Triton	32.38	8501289	<b>33.04</b>	+0,81
8.	Niels Albrechts	De Schotejil	31.97	8800039	<b>33.81</b>	+0,67
9.	Ruud van den Berg	De Duck	37.72	8500155	<b>36.47</b>	+0,73

Masters 25+

1.	Nol van Thull	ZOB'66	29.02	8001513	<b>30.40</b>	+0,78
2.	Albert van Piekeren	Octopus	30.78	8401767	<b>30.88</b>	+0,72
3.	Leander Noordijk	De Schotejil	30.51	8101221	<b>31.36</b>	+0,83
4.	Paul Oudendijk	OEZA	31.01	8101287	<b>31.47</b>	+0,69
5.	Marcel Reefhuis	De Veene	31.08	8101381	<b>32.25</b>	+0,73
6.	Joël Kapelle	ZVW'74	35.70	8200857	<b>36.28</b>	+0,73
7.	Sebastiaan Baars	WS Twente	36.21	8300053	<b>36.51</b>	+0,84
AFGEM	Rory Bob de Haan	Anker Team Groningen	29.12	8100609		

Masters 30+

1.	Ruud Holswilder	Vlaardingen	29.75	7800435	<b>29.90</b>	+0,68
2.	Ronald Smits	PSV	29.71	7800981	<b>30.89</b>	+0,76
3.	Rene Beens	Deltasteur	31.83	7800045	<b>32.47</b>	+0,65
4.	Gino Martijn	RZ	34.51	7901865	<b>34.81</b>	+0,69
5.	Niels van Wageningen	D'Elft	36.64	7601335	<b>37.27</b>	+0,84

Masters 35+

1.	Björn Möller <i>Luxemburgs Masters Record</i>	Swimming Luxembourg	32.61	5956	<b>33.63</b>	+0,72
2.	Gerard Eghuizen	HZ&PC Heerenveen	34.56	7400197	<b>35.33</b>	+0,95
3.	Dennis van Markesteijn	Olympia	39.50	7201333	<b>39.39</b>	+0,76

Masters 40+

1.	Theo Jan Tanis <i>Nederlands Masters Record</i>	De Schotejil	28.29	6901387	<b>28.95</b>	+0,72
2.	Zoltán Balajti <i>Hongaars Masters Record</i>	Budapesti Delfinek	30.13	66balajti	<b>30.12</b>	+0,71
3.	Fred Heemstra	DAW-FINENZO	32.41	6500357	<b>33.25</b>	+0,66
4.	Rene Beetsma	HZ&PC Heerenveen	31.38	6900069	<b>33.45</b>	+0,80
5.	Frederic Andres	Florange Olympique Club	32.30	103316	<b>34.71</b>	+0,67
6.	Marcel van der Lem	Kon. AZ 1870	32.65	6500563	<b>34.76</b>	+0,90
7.	Peter v. Meerveld	AZ&PC	34.01	6700649	<b>35.58</b>	+0,92
8.	Jan Eversen	Stader Schwimmverein	35.32	227676	<b>35.94</b>	+0,76
9.	Oliver Podebrad	SC Wiesbaden 1911	40.12	262705	<b>38.73</b>	+0,79
10.	Dirk Krüger	Stader Schwimmverein	41.25	270628	<b>40.86</b>	+0,68
11.	Henk van Zetten	Octopus	46.26	6701261	<b>43.97</b>	+0,72



Programmanr. 40, Heren, 50m rugslag

Masters 45+

1.	Bert Schlicher <i>Kampioenschaps Record</i>	RZ	31.95	6400669	<b>30.65</b>	+0,67
2.	Rob Ekkel	PSV	32.99	6200983	<b>33.29</b>	+0,72
3.	Sven Tidelski	SC Poseidon Koblenz	33.51	158989	<b>35.21</b>	+0,87
4.	Ron Phaff	PSV	33.98	6200495	<b>35.92</b>	+0,70
5.	Michiel Klaren	PSV	39.56	6201087	<b>37.09</b>	+0,68
6.	John Stoffer	Zoetermeer	38.19	6300725	<b>37.95</b>	+0,93
7.	Edzo Huisman	Aquapoldro	40.16	6301029	<b>40.15</b>	+0,70
8.	Lieven De Rijcke	GBZ	38.75	GBZ/130/60	<b>40.59</b>	+0,78
9.	Jack Barends	WS Twente	40.30	6201011	<b>41.25</b>	+0,86

Masters 50+

1.	Joop Ariaens	PSV	33.15	5900747	<b>33.38</b>	+0,70
2.	Andre Storm	Zoetermeer	34.82	5600407	<b>34.13</b>	+0,66
3.	Ron van der Zande	De Aalscholver	35.24	5500307	<b>35.97</b>	+0,77
4.	Wim de Lange	Electrolux AZC	36.58	5800533	<b>37.09</b>	+0,70
5.	Henk Slomp	De Pinquin	38.54	5500359	<b>37.53</b>	+0,74
6.	Pieter de Jong	Aquapoldro	39.92	5800585	<b>41.23</b>	+0,81
7.	Abe Kramer	De Stormvogel	54.28	5700481	<b>53.53</b>	+0,58
8.	Rene Groot	ZV De Bron	1:01.62	5900617	<b>1:01.03</b>	+1,03

Masters 55+

1.	Hans Piederiet	Numansdorp	33.36	5400177	<b>34.37</b>	+0,84
2.	Brend Brevé	PSV	33.05	5200265	<b>34.43</b>	+0,71
3.	Peter Gulyas	Totkomlosi Rozmarok	36.96	51gulyas	<b>36.66</b>	+0,70
4.	Arno Wolvers	Brunssum	41.14	5400277	<b>39.45</b>	+1,01

Masters 65+

1.	Frans van Enst	De Veene	38.14	4000011	<b>38.35</b>	+0,75
2.	Nico Baay	Old Dutch	51.97	4200053	<b>50.41</b>	+0,86

Masters 70+

1.	Jan Eichhorn	Rapido '82	45.47	3700015	<b>46.62</b>	+0,78
2.	Gregor Pompen	Aqua-Novio '94	47.63	3700021	<b>48.39</b>	+0,73
3.	Hans Deelen	De Lansingh	1:03.35	3600021	<b>1:03.30</b>	+1,04

Masters 75+

1.	Georges Verhelst	RZV	54.90	RZV/160/31	<b>51.72</b>	+0,81
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Programmanr. 42  
10.05.2009 - 15:51

Gemengd, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	HZ&PC Heerenveen 3 <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	2:14.08	<b>2:14.48</b> +0,66
	Pieter Ponne	76 +0,66 34.51	Berdie Eghuizen	83 +0,53 33.49
	Karin van Dijk	86 +0,35 36.92	Gerard Eghuizen	74 +0,43 29.56
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	2:19.83	<b>2:15.15</b> +0,70
	Gosina van Stralen	86 +0,70 39.72	Marjolein Tissingh	89 +0,46 35.80
	Herman van Dijk	89 +0,09 32.95	Binne Veenstra	83 +0,39 26.68
3.	Swimming Luxembourg 1	Swimming Luxembourg	2:16.00	<b>2:19.63</b> +0,75
	Jana Whitehouse	82 +0,75 42.12	Björn Möller	72 +0,44 30.56
	Patrick Juncker	67 +0,56 34.64	Aurélie Lebreton	86 +0,80 32.31
4.	Deltasteur 1	Deltasteur	2:23.59	<b>2:24.70</b> +0,67
	Rene Beens	78 +0,67 32.65	Johan Wezenberg	76 +0,23 31.23
	Gerlinde v/d Wetering	89 +0,47 46.57	Margriet Leeffers	78 +0,15 34.25

Programmanr. 42, Gemengd, 4 x 50m wisselslag, 80+

rang	vereniging	inschrijftijd	tijd	RT
4.	<b>Octopus 1</b>	<b>2:30.40</b>	<b>2:24.70</b>	+0,73
	Albert van Piekeren	84 +0,73 30.77	Miriam Visserman	87 +0,50 33.90
	Henk van Zetten	67 +0,39 44.83	Dominique Sik	88 +0,43 35.20
6.	<b>Oceanus 1</b>	<b>2:24.49</b>	<b>2:24.76</b>	+0,69
	Laura Staal	67 +0,69 36.94	Milene Catoire	87 +0,64 37.83
	Richard Catoire	52 +0,72 41.85	Ronald Grove	61 +0,39 28.14

100+

1.	<b>PSV 1</b>	<b>2:04.44</b>	<b>2:04.54</b>	+0,74
	<i>Nederland Masters Record</i>			
	Bianca Cox	80 +0,74 34.00	Stefan Oosting	81 +0,59 25.39
	Ronald Smits	78 +0,05 32.88	Jolanda van Gendt	78 +0,43 32.27

120+

1.	<b>Vlaardingen 1</b>	<b>2:05.72</b>	<b>2:02.99</b>	+0,72
	Ruud Holswilder	78 +0,72 29.85	Nadya Putter	83 +0,18 31.97
	Karin Stein	71 +0,32 36.32	Paul Brinkman	84 +0,42 24.85
2.	<b>DES 1</b>	<b>2:14.44</b>	<b>2:15.98</b>	+0,69
	Ivo Roozeboom	77 +0,69 31.52	David Falces	60 +0,45 32.59
	Yvonne Gerritsen	80 +0,70 40.27	Trudie van Niejenhuis	71 +0,59 31.60

160+

1.	<b>PSV 2</b>	<b>2:05.21</b>	<b>2:09.29</b>	+0,69
	<i>Kampioenschaps Record</i>			
	Gudule van der Meer	72 +0,69 36.75	Erik van Dartel	67 +0,68 30.71
	Harold Matla	68 +0,43 32.05	Saskia Phaff	66 +0,37 29.78
2.	<b>Stader Schwimmverein 1</b>	<b>2:34.00</b>	<b>2:28.16</b>	+0,85
	Heike Pagels	58 +0,85 45.43	Andreas Walter	62 +0,53 29.17
	Katja Warneke	78 +0,19 44.06	Jan Eversen	65 +0,48 29.50
3.	<b>HZ&amp;PC Heerenveen 2</b>	<b>2:32.60</b>	<b>2:32.22</b>	+0,66
	Alie Visser	64 +0,66 44.02	Rene Beetsma	69 +0,25 30.12
	Tiemen Stegenga	71 +0,38 42.82	Pia vd Molen	60 +0,41 35.26

200+

1.	<b>PSV 3</b>	<b>2:18.72</b>	<b>2:20.43</b>	+0,66
	<i>Kampioenschaps Record</i>			
	Rob Ekkel	62 +0,66 33.53	Joop Ariaens	59 +0,53 29.62
	Ineke Weekers	53 +0,53 43.68	Marleen Willems	60 +0,29 33.60
2.	<b>WS Twente 1</b>	<b>2:35.82</b>	<b>2:43.43</b>	+0,72
	Antoinette Gilding-Tussaud	50 +0,72 49.81	Jan Willem Heuten	60 +0,87 38.63
	Monique Gerritsen	65 +0,52 44.02	Hugo Staudt	53 +0,18 30.97

240+

DIS	<b>PSV 4</b>	<b>2:26.44</b>	<b>2:31.00</b>	+0,69
	<i>AL - Bij water verlaten een deelnemer gehinderd., dis derde zwemmer</i>			
	Brend Brevé	52 +0,69 35.23	Agnes van Doesburg	60 +0,55 36.02
	Rob Hanou	43 +0,67 41.26	Lottie Geurts	35 +0,77 38.49
BM	<b>WS Twente 2</b>	<b>2:25.32</b>	<b>2:32.10</b>	+0,76
	Kim Brokelman	75 +0,76 44.32	Jeannette Ruesink	63 +0,37 37.40
	Sander van den Berg	68 +0,65 39.00	Bart van Calker	61 +0,18 31.38

Programmanr. 43  
10.05.2009 - 15:58

Dames, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Femke Hendriks <i>Kampioenschaps Record</i>	DZT '62	1:01.48 8801698	<b>1:00.49</b>	+0,76	28.43	1:00.49
2. Karin Kraaijeveld	MNC Dordrecht	59.92 8501710	<b>1:01.71</b>	+0,89	29.53	1:01.71
3. Iris Barendregt	Van Vliet Barracuda	1:04.04 8600172	<b>1:04.74</b>	+0,85	31.25	1:04.74
4. Annelette de Vries	De Veene	1:04.76 8603908	<b>1:04.99</b>	+0,87	31.44	1:04.99
5. Gerrie Zuyderwijk	TZC-Vahalis	1:05.16 8704828	<b>1:06.34</b>	+0,87	31.83	1:06.34
6. Marieke van der Vegt	De Golfbreker	1:07.24 8504026	<b>1:06.38</b>	+0,91	31.80	1:06.38
7. Kim van der Beek	PSV	1:05.41 8700196	<b>1:06.68</b>	+0,82	31.95	1:06.68
8. Emmy Soer	WS Twente	1:05.04 8503618	<b>1:07.15</b>	+0,99	31.95	1:07.15
9. Gosina van Stralen	HZ&PC Heerenveen	1:09.87 8603450	<b>1:09.12</b>	+0,87	32.63	1:09.12
10. Chantal Enkoroma Coffie	DES	1:03.06 8701142	<b>1:09.62</b>	+0,89	33.32	1:09.62
11. Sandra Schellekens	Neptunus'58	1:07.45 8503416	<b>1:10.41</b>	+0,84	33.70	1:10.41
12. Marjolein Tissingh	HZ&PC Heerenveen	1:14.93 8904130	<b>1:10.45</b>	+0,89	33.85	1:10.45
13. Henrike de Vries	De Veene	1:08.32 8904490	<b>1:10.50</b>	+0,97	34.20	1:10.50
14. Aurélie Lebreton	Swimming Luxembourg	1:09.29 5954	<b>1:10.68</b>	+0,91	33.58	1:10.68
15. Jolijn Osta	Tiamat	1:09.85 8903156	<b>1:10.86</b>	+0,92	34.35	1:10.86
16. Suzanne Thoen	TZC-Vahalis	1:09.06 8806672	<b>1:11.36</b>	+0,85	34.45	1:11.36
17. Sandra Zwaanswijk	Aquarius	1:09.80 8503934	<b>1:12.25</b>	+0,66	34.91	1:12.25
18. Relinda Baas	GZVW	1:06.02 8900144	<b>1:12.40</b>	+1,02	34.81	1:12.40
19. Jacqueline Wissink	PSV	1:14.00 8503286	<b>1:12.73</b>	+1,00	34.90	1:12.73
20. Milene Catoire	Oceanus	1:09.86 8705886	<b>1:14.12</b>	+0,88	35.59	1:14.12
21. Tina Blei	Hanse SV Rostock	1:15.75 123491	<b>1:14.44</b>	+0,87	34.54	1:14.44
22. Daphne v Korlaar	EZ&PC	1:11.64 8902418	<b>1:15.65</b>	+0,80	36.45	1:15.65
23. Loes vd Beemt	SCOM	1:25.19 8600212	<b>1:18.65</b>	+1,05	37.59	1:18.65
24. Monique van Gortel	Octopus	1:17.02 8601274	<b>1:19.08</b>	+0,71	37.98	1:19.08
25. Chantal van Kranenburg	Aquarius	1:15.52 8604528	<b>1:21.47</b>	+0,88	37.43	1:21.47
26. Sabina Caruso	RSW (SG)	1:30.13 8500542	<b>1:30.00</b>	+0,85	43.70	1:30.00
AFGEM Marijke Monsma	DWK	1:11.42 8502100				
<b>Masters 25+</b>						
1. Anke Lambooi	AZL	1:01.00 8001182	<b>1:03.53</b>	+0,87	30.29	1:03.53
2. Jette Mundt	Hanse SV Rostock	1:04.14 108728	<b>1:03.58</b>	+0,79	30.91	1:03.58
3. Delia Badoux	ZC Ooievaar (SG)	1:02.89 8000042	<b>1:04.14</b>	+0,85	30.82	1:04.14
4. Nadya Putter	Vlaardingenv	1:04.87 8301630	<b>1:04.74</b>	+0,84	30.96	1:04.74
5. Amanda Berendrecht	Oceanus	1:02.64 8300136	<b>1:05.29</b>	+0,84	30.95	1:05.29
6. Ana-Lara da Silva	Het Y	1:05.89 8001000	<b>1:05.78</b>	+0,84	32.14	1:05.78
7. Berdie Eghuizen	HZ&PC Heerenveen	1:11.50 8301388	<b>1:06.66</b>	+0,83	32.40	1:06.66
8. Alana Miles	KZPC	1:05.78 8001626	<b>1:07.19</b>	+0,88	32.63	1:07.19
9. Moniek Munneke	EZ&PC	1:07.04 8401730	<b>1:07.94</b>	+0,82	32.98	1:07.94
10. Linda Hoogendam	D'Elft	1:11.50 8300892	<b>1:07.98</b>	+0,77	33.11	1:07.98
11. Esther Versteeg	Van Vliet Barracuda	1:10.39 8302112	<b>1:08.43</b>	+0,86	33.75	1:08.43
12. Elke Blox	Tiamat	1:10.25 8200154	<b>1:11.41</b>	+0,68	33.83	1:11.41
13. Andrea van Leeuwen	De Zijl/LGB	1:07.91 8100904	<b>1:11.87</b>	+0,89	33.31	1:11.87
14. Nienke Nieuwenhuis	Swol 1894	1:14.59 8101850	<b>1:15.25</b>	+0,91	35.70	1:15.25
15. Inge de Laat	AquAmigos	1:13.19 8101994	<b>1:16.11</b>	+0,91	37.02	1:16.11
16. Jana Whitehouse	Swimming Luxembourg	1:14.29 5955	<b>1:16.89</b>	+0,94	36.79	1:16.89
17. Ariane Redecke	Aquapoldro	1:21.04 8202288	<b>1:18.31</b>	+0,93	36.61	1:18.31
18. Patricia Strohm	De Dinkel	1:14.09 8102110	<b>1:19.12</b>	+0,91	37.26	1:19.12
19. Hanneke Freriksen	WS Twente	1:19.10 8302744	<b>1:20.93</b>	+0,91	37.76	1:20.93
20. Susan Korterink	Strijen	1:26.48 8302724	<b>1:30.36</b>	+0,98	43.37	1:30.36
AFGEM Carla Viergever	Luctor et Emergo	1:26.24 8101586				
<b>Masters 30+</b>						
1. Emerentia Knebel	KZPC	1:04.79 7600322	<b>1:06.48</b>	+0,84	32.66	1:06.48
2. Eveline Hacquebord	IJZPC	1:10.70 7901206	<b>1:08.05</b>	+0,93	32.42	1:08.05
3. Jolanda van Gendt	PSV	1:10.02 7800266	<b>1:11.71</b>	+0,90	34.17	1:11.71
4. Katja Warneke	Stader Schwimmverein	1:11.37 254420	<b>1:13.26</b>	+0,92	33.47	1:13.26
5. Jolika Csibra	DES	1:10.22 7600838	<b>1:13.43</b>	+0,87	34.35	1:13.43
6. Angelique Lok	De Stormvogel	1:12.79 7500778	<b>1:15.25</b>	+0,99	35.61	1:15.25

Programmanr. 43, Dames, 100m vrije slag, Masters 30+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
7. Petra Versteegen	WVZ	1:10.03	7700906	<b>1:15.26</b>	+0,94	35.09	1:15.26
8. Margriet Leeffers	Deltasteur	1:17.33	7800448	<b>1:19.63</b>	+0,78	37.21	1:19.63
9. Agnes Meijer	AquAmigos	1:24.02	78-00502	<b>1:24.16</b>	+1,10	40.53	1:24.16
AFGEM Katja Trosien	Swim-Team Elmshorn	58.92	120625				

Masters 35+

1. Sandrine Erguy <i>Kampioenschaps Record</i>	Florange Olympique Club	1:02.91	1053631	<b>1:03.84</b>	+0,88	31.08	1:03.84
2. Lidia v. Bon	AZ&PC	1:05.13	7000054	<b>1:05.20</b>	+0,88	31.31	1:05.20
3. Ingrid Boot	De Aalscholver	1:05.54	7000168	<b>1:07.35</b>	+0,91	31.74	1:07.35
4. Tina Renken	AZ&PC	1:06.70	7200800	<b>1:08.86</b>	+0,84	33.80	1:08.86
5. Tony de Groot	De Futen	1:20.56	7300758	<b>1:10.76</b>	+0,90	33.54	1:10.76
6. Dianne Nien	RZ	1:13.67	7100452	<b>1:10.88</b>	+0,86	34.29	1:10.88
7. Natacha Van Hoof	ShaRK	1:14.40	ShaRK/260/73	<b>1:16.81</b>	+1,14	37.88	1:16.81
8. Angeline Hamstra	SCOM	1:18.97	7200782	<b>1:20.86</b>	+0,88	38.43	1:20.86

Masters 40+

1. Saskia Phaff	PSV	1:02.41	6600242	<b>1:03.51</b>	+0,75	30.19	1:03.51
2. Annette Wijnja-Visser	De Biesboschzwemmers	1:11.12	6700528	<b>1:08.99</b>	+0,95	32.54	1:08.99
3. Nicole Vrijhoeven	PSV	1:19.33	6900834	<b>1:13.20</b>	+0,91	35.55	1:13.20
4. Friderika Kerekes	AZ&PC	1:16.99	6500540	<b>1:15.40</b>	+0,76	35.19	1:15.40
5. Karin Rommers	PSV	1:26.27	6700610	<b>1:18.29</b>	+0,95	37.74	1:18.29
6. Ariane Ruymaekers	BRABO	1:20.11	BRABO/133/67	<b>1:18.63</b>	+0,83	36.58	1:18.63
7. Kristien Van De Moortel	ShaRK	1:20.08	ShaRK/315/69	<b>1:19.56</b>	+0,85	36.75	1:19.56
8. Emmy Radelaar	De Fuut	1:21.17	6600572	<b>1:20.95</b>	+0,97	38.34	1:20.95
9. Mariska Rischen	TZC-Vahalis	1:20.14	6900862	<b>1:21.34</b>	+0,92	38.27	1:21.34
10. Hetty Smalheer	SCOM	1:23.00	6700352	<b>1:23.83</b>	+0,95	39.71	1:23.83
11. Conny v. Velden	AZ&PC	1:27.27	6500446	<b>1:26.74</b>	+1,08	40.85	1:26.74

Masters 45+

1. Margriet Grove	Oceanus	1:10.39	6200080	<b>1:10.07</b>	+0,85	33.14	1:10.07
2. Linda v.d. Ree	De Ganze	1:12.80	6300452	<b>1:13.02</b>	+0,90	35.02	1:13.02
3. Marja Cools	PSV	1:18.78	6000296	<b>1:13.97</b>	+0,98	35.75	1:13.97
4. Marleen Willems	PSV	1:15.42	6000194	<b>1:16.48</b>	+1,01	37.84	1:16.48
5. Marijke Kraak	WS Twente	1:19.14	6000240	<b>1:16.61</b>	+0,93	37.18	1:16.61
6. Pia vd Molen	HZ&PC Heerenveen	1:24.04	6000116	<b>1:21.78</b>	+0,86	38.26	1:21.78
7. Katinka Elders	Oceanus	1:27.94	6000292	<b>1:26.31</b>	+0,78	41.32	1:26.31
8. Machteld Massee	PSV	1:30.89	6300458	<b>1:27.26</b>	+0,93	41.18	1:27.26
9. Tineke Freriks	WWV	1:29.79	6200344	<b>1:32.85</b>	+1,05	44.61	1:32.85

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	1:06.92	5600048	<b>1:06.76</b>	+0,79	33.09	1:06.76
2. Patty Verhagen	AquAmigos	1:09.27	5900146	<b>1:12.40</b>	+0,93	35.01	1:12.40
3. Mathilde Vink	Swol 1894	1:12.61	5800128	<b>1:12.94</b>	+0,94	35.43	1:12.94
4. Marijke van Hoek	De Stormvogel	1:17.17	5800050	<b>1:15.25</b>	+0,84	36.10	1:15.25
5. Monika Zilliken	SC Wiesbaden 1911	1:25.17	231829	<b>1:21.17</b>	+0,89	39.18	1:21.17
6. Manuela de Keyser	BRABO	1:27.70	BRABO/613/58	<b>1:29.16</b>	+0,91	41.61	1:29.16
7. Rita Schelkens	BRABO	1:31.29	BRABO/101/56	<b>1:29.45</b>	+0,79	40.17	1:29.45

Masters 55+

1. Conny Boer-Buys <i>Kampioenschaps Record</i>	Vlaardingen	1:08.71	5000006	<b>1:08.27</b>	+0,90	32.91	1:08.27
2. Christien Nieuwenhuis	Swol 1894	1:11.95	5100022	<b>1:11.02</b>	+0,85	34.38	1:11.02
3. Catherine Couquet	Zoetermeer	1:21.26	5100058	<b>1:18.52</b>	+0,90	37.38	1:18.52
4. Tineke van Diggelen	Oceanus	1:34.42	5200048	<b>1:38.15</b>	+1,03	46.37	1:38.15
5. Geerdien Meerwaldt	Van Vliet Barracuda	2:06.70	5200032	<b>2:09.74</b>	+0,98	57.37	2:09.74

Programmanr. 43, Dames, 100m vrije slag

Masters 60+

1. Marja van der Meer	Neptunus	1:28.01	4700014	<b>1:28.63</b>	+1,01	40.97	1:28.63
2. Barbro Grufman	Hellas Masters	1:34.30	AA0248	<b>1:33.24</b>	+1,15	43.59	1:33.24
3. Annie Smits	PSV	1:28.39	4600016	<b>1:34.74</b>	+0,92	45.04	1:34.74

Masters 65+

1. Matty van der Veen	Old Dutch	1:39.40	4400020	<b>1:36.36</b>	+1,02	45.88	1:36.36
2. Greet Brehler-middag	Hatto Heim	1:42.54	4400004	<b>1:39.47</b>	+1,06	46.37	1:39.47

Masters 70+

1. Lottie Geurts	PSV	1:24.91	3500008	<b>1:29.36</b>	+1,14	44.29	1:29.36
2. Jeltje van Bergen	De Pinquin	1:44.66	3500002	<b>1:45.86</b>	+1,04	51.51	1:45.86

Masters 75+

1. Annie de Vos	Old Dutch	2:03.34	3400004	<b>2:09.22</b>		1:01.55	2:09.22
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Masters 80+

1. Anneke Logtenberg	Old Dutch	2:10.30	2900004	<b>2:47.82</b>	+1,21	1:20.33	2:47.82
2. Marianne Maandonks	PSV	2:49.52	2600004	<b>3:01.55</b>	+1,09	1:13.79	3:01.55

Programmanr. 44  
10.05.2009 - 16:25

Heren, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Jeroen Leuwerink <i>Kampioenschaps Record</i>	Nayade	52.86 8601899	<b>54.45</b>	+0,85	25.72	54.45
2. Martijn Bouwens	Zwemlust/Utrecht (SG)	53.52 8800461	<b>55.37</b>	+0,79	26.55	55.37
3. Tim Pattipeiluhu	RSW (SG)	54.76 8902409	<b>57.14</b>	+0,88	27.87	57.14
4. Bart Drechsel	WZK Zwemmen	55.86 8604135	<b>58.64</b>	+0,80	27.89	58.64
5. Pascal van Kassel	Triton	56.45 8501289	<b>59.27</b>	+0,83	28.03	59.27
6. Tom Maassen	ZC Ooievaar (SG)	54.62 8601979	<b>1:00.13</b>	+0,80	26.71	1:00.13
7. Koen Florijn	MNC Dordrecht	55.28 8600851	<b>1:00.38</b>	+0,86	28.85	1:00.38
8. Niels Albrechts	De Schotejil	58.96 8800039	<b>1:00.83</b>	+0,82	29.38	1:00.83
9. Kevin de Kok	AquAmigos	1:01.09 8901705	<b>1:01.97</b>	+0,98	29.90	1:01.97
10. Leander van Diggelen	ZPCH	1:04.25 8800763	<b>1:02.97</b>	+0,80	29.79	1:02.97
11. Horst Krüsemann	Hanse SV Rostock	1:05.69 076563	<b>1:04.51</b>	+0,73	30.69	1:04.51
12. Tom vd Beemt	SCOM	1:07.73 8900147	<b>1:05.74</b>	+1,03	31.55	1:05.74
13. Herman van Dijk	HZ&PC Heerenveen	1:02.26 8900691	<b>1:06.86</b>	+0,98	31.31	1:06.86
14. Ruud van den Berg	De Duck	1:14.22 8500155	<b>1:08.89</b>	+0,87	32.04	1:08.89
15. Tom Roelofs	EZ&PC	1:08.76 8502181	<b>1:11.84</b>	+0,81	34.43	1:11.84
AFGEM Paul Notenboom	Strijen	1:01.66 8805513				
NG Merijn Ellenkamp	DWK	54.42 8500691				

Masters 25+

1. Stefan Oosting <i>Europees Masters Record</i>	PSV	50.56 8101265	<b>51.37</b>	+0,86	24.94	51.37
2. Paul Brinkman	Vlaardingen	55.09 8400309	<b>55.21</b>	+0,85	26.67	55.21
3. Nol van Thull	ZOB'66	54.08 8001513	<b>55.38</b>	+0,88	26.56	55.38
4. Leander Noordijk	De Schotejil	57.38 8101221	<b>58.22</b>	+0,91	27.60	58.22
5. Rudy Ted de Haan	Anker Team Groningen	51.81 8400805	<b>58.57</b>	+0,90	24.90	58.57
6. Dirkjan Beugelsdijk	De Zijl/LGB	56.56 8100123	<b>58.58</b>	+0,83	28.24	58.58
7. Thommy Nickel	Van Vliet Barracuda	59.61 8401627	<b>58.72</b>	+0,85	28.42	58.72
8. Sylvain Faticoni	CHTHN	58.24 CHTHN/066/83	<b>59.13</b>	+0,70	28.80	59.13
9. Maarten de Geus	WZK Zwemmen	57.76 8300737	<b>59.43</b>	+0,78	28.46	59.43
10. Marcel Reefhuis	De Veene	59.07 8101381	<b>59.96</b>	+0,79	28.81	59.96
11. Sebastian Hoppe	SV Blau-Weiss Bochum	59.21 260235	<b>1:00.15</b>	+0,78	29.20	1:00.15



Programmanr. 44, Heren, 100m vrije slag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
12. Jim Geestman	RSW (SG)	58.93	8300699	<b>1:01.37</b>	+0,92	29.44	1:01.37
13. Martin Haaijer	De Inktvis	1:01.94	8000499	<b>1:01.57</b>	+0,79	29.17	1:01.57
14. Dirk Hoek	De Zijl/LGB	57.06	8202445	<b>1:01.78</b>	+0,95	29.19	1:01.78
15. Marco van Antwerpen	Strijen	1:00.86	8000027	<b>1:04.11</b>	+0,85	31.02	1:04.11
16. Dennis Klop	De Biesboschzwemmers	1:05.95	8302643	<b>1:06.65</b>	+0,84	31.59	1:06.65
17. Remko Karreman	RSW (SG)	1:05.57	8200859	<b>1:06.73</b>	+0,79	31.62	1:06.73
18. Joël Kapelle	ZVW'74	1:06.40	8200857	<b>1:09.34</b>	+0,84	33.84	1:09.34
NG.ZA Marek Mróz	UKS Wodnik 29 Katowice	52.61	ABG652725				
NG.ZA Steve Clement	Swimming Luxembourg	1:14.58	203				

Masters 30+

1. Erwin Buist	Anker Team Groningen	55.93	7800183	<b>57.10</b>	+0,75	27.31	57.10
2. Ralf Peters	KZPC	58.87	7600737	<b>57.15</b>	+0,81	27.07	57.15
3. Ivo Roozeboom	DES	57.99	7700801	<b>57.88</b>	+0,82	28.17	57.88
4. Martijn van Buuren	Zwemlust/Utrecht (SG)	53.64	7600169	<b>57.92</b>	+0,79	27.30	57.92
5. Mark Zwart	Zwemlust/Utrecht (SG)	56.04	7901461	<b>59.02</b>	+0,83	28.20	59.02
6. Vincent Versteeg	Zwemlust/Utrecht (SG)	58.27	7701003	<b>59.09</b>	+0,69	28.39	59.09
7. Bram Mommers	AquAmigos	58.69	7600647	<b>59.43</b>	+0,93	29.24	59.43
8. Joris Haest	PSV	1:04.78	7900441	<b>1:01.79</b>	+0,84	29.79	1:01.79
9. Niels van Wageningen	D'Elft	1:01.65	7601335	<b>1:03.21</b>	+0,90	29.75	1:03.21
10. Svet Gavrilox	GLS Ketelbinkie	1:03.17	7501263	<b>1:03.43</b>	+0,84	30.86	1:03.43
11. Gino Martijn	RZ	1:06.09	7901865	<b>1:04.50</b>	+0,80	29.56	1:04.50
12. Johan Wezenberg	Deltasteur	1:07.06	7601023	<b>1:06.13</b>	+1,03	30.80	1:06.13
13. Rinke Nijland	IJZPC	1:13.06	7901735	<b>1:14.01</b>	+0,83	33.98	1:14.01
14. Jeroen Tebbens	IJZPC	1:21.06	7601405	<b>1:22.11</b>	+0,89	37.26	1:22.11

Masters 35+

1. Oscar van Holsteyn	AquAmigos	59.29	7100373	<b>58.91</b>	+0,81	27.98	58.91
2. André Sauerstein	Hanse SV Rostock	1:01.32	184149	<b>1:01.61</b>	+0,75	28.26	1:01.61
3. Arjen Kerzee	Het Y	1:03.12	7000563	<b>1:01.66</b>	+0,90	29.55	1:01.66
4. Michiel Jelijs	TriVia	1:03.15	7200451	<b>1:03.71</b>	+0,82	30.92	1:03.71
5. Tiemen Stegenga	HZ&PC Heerenveen	1:07.40	7101379	<b>1:07.85</b>	+0,87	31.90	1:07.85
6. Dominique Rongvaux	CNSW	1:04.07	CNSW/181/72	<b>1:09.15</b>	+0,86	31.61	1:09.15
7. Dennis van Markesteijn	Olympia	1:13.73	7201333	<b>1:17.16</b>	+0,94	35.92	1:17.16
NG.ZA Björn Möller	Swimming Luxembourg	58.80	5956				
AFGEM Gertjan v.d. Knaap	De Duck	1:04.39	7300459				

Masters 40+

1. Theo Jan Tanis	De Schotejil	56.41	6901387	<b>56.43</b>	+0,85	27.19	56.43
2. Geert Wijn	De Gelenberg	57.20	6701104	<b>58.09</b>	+0,69	27.76	58.09
3. Frederic Andres	Florange Olympique Club	59.21	103316	<b>59.76</b>	+0,75	28.93	59.76
4. Erik van Dartel	PSV	59.26	6700185	<b>1:02.05</b>	+0,95	29.46	1:02.05
5. Phil Trethewie	Old Dutch	1:03.26	6501315	<b>1:03.66</b>	+0,86	30.37	1:03.66
6. Karl-Heinz Eberhard	SC Wiesbaden 1911	1:05.72	231828	<b>1:03.98</b>	+0,84	31.10	1:03.98
7. José de Pooter	De Schelde	1:03.30	6900797	<b>1:04.06</b>	+0,98	30.10	1:04.06
8. Fred Heemstra	DAW-FINENZO	1:00.78	6500357	<b>1:04.08</b>	+0,90	30.23	1:04.08
9. Marcel van der Lem	Kon. AZ 1870	1:02.36	6500563	<b>1:06.73</b>	+0,78	30.90	1:06.73
10. Jan Eversen	Stader Schwimmverein	1:09.51	227676	<b>1:08.09</b>	+1,03	32.36	1:08.09
11. Ronald Stolk	De Fuut	1:06.39	6601253	<b>1:08.45</b>	+0,87	32.32	1:08.45
12. Pieter-Sjoerd de Wijn	Aqua-Novio '94	1:06.15	6501027	<b>1:08.68</b>	+0,83	33.63	1:08.68
13. Dirk Krüger	Stader Schwimmverein	1:11.04	270628	<b>1:09.73</b>	+0,95	32.89	1:09.73
14. Oliver Podebrad	SC Wiesbaden 1911	1:12.13	262705	<b>1:10.44</b>	+0,86	33.85	1:10.44
15. Michael Worbs	SV Baar	1:10.53	22789	<b>1:11.15</b>	+0,79	34.42	1:11.15
16. Sander Nieuwenhuys	De Fuut	1:12.36	6801423	<b>1:12.87</b>	+0,80	34.30	1:12.87

Programmanr. 44, Heren, 100m vrije slag

Masters 45+

1. Cees van Houwelingen	De Schelde	55.92	6300351	<b>57.92</b>	+0,85	27.98	57.92
2. Bert Schlicher	RZ	1:04.67	6400669	<b>59.44</b>	+0,83	28.92	59.44
3. Rene de Boer	DAW-FINENZO	58.82	6400087	<b>1:00.40</b>	+0,85	29.48	1:00.40
4. Andreas Walter	Stader Schwimmverein	59.23	167364	<b>1:00.59</b>	+0,81	29.15	1:00.59
5. Robert Vink	WWV	1:04.47	6301075	<b>1:02.82</b>	+0,85	30.35	1:02.82
6. Hardy Worbs	SV Bayer Uerdingen 08	1:05.48	157515	<b>1:03.79</b>	+0,83	30.72	1:03.79
7. Wiljam Nijenhuis	De IJsel	1:02.97	6400547	<b>1:04.49</b>	+0,97	31.17	1:04.49
8. John Stoffer	Zoetermeer	1:03.30	6300725	<b>1:04.79</b>	+0,85	30.85	1:04.79
9. Sven Tidelski	SC Poseidon Koblenz	1:04.35	158989	<b>1:05.07</b>	+0,96	30.81	1:05.07
10. Edzo Huisman	Aquapoldro	1:03.52	6301029	<b>1:05.11</b>	+0,92	30.38	1:05.11
11. Hans vd Ven	Gay Swim Nijmegen Spetters	1:06.45	6000775	<b>1:05.76</b>	+0,90	32.07	1:05.76
12. Michiel Klaren	PSV	1:08.35	6201087	<b>1:06.86</b>	+1,01	32.46	1:06.86
13. Ralph Caster	RZ	1:06.35	6100069	<b>1:07.14</b>	+0,94	31.82	1:07.14
14. Thomas Mayer	SC Poseidon Koblenz	1:06.09	245073	<b>1:07.45</b>	+0,90	32.89	1:07.45
15. Jack Barends	WS Twente	1:09.08	6201011	<b>1:07.73</b>	+0,91	32.58	1:07.73
16. Joost de Kroon	AquAmigos	1:06.66	6400999	<b>1:07.99</b>	+0,85	33.41	1:07.99
17. Theo Bakker	TriVia	1:04.76	6401231	<b>1:08.48</b>	+0,79	31.37	1:08.48
18. Bart van Calker	WS Twente	1:09.84	6100067	<b>1:09.19</b>	+0,93	33.14	1:09.19
19. Ronald van Vliet	De Aalscholver	1:09.40	6300997	<b>1:09.60</b>	+0,91	33.30	1:09.60
20. André Schutte	De Stormvogel	1:07.62	6000521	<b>1:09.78</b>	+1,02	33.36	1:09.78
21. Jan Smalheer	SCOM	1:10.10	6400701	<b>1:10.17</b>	+1,11	33.44	1:10.17
22. Michael van Vliet	Zwemvereniging Hoorn	1:25.99	6201073	<b>1:16.83</b>	+1,01	35.50	1:16.83
23. Jan Willem Heuten	WS Twente	1:17.91	6000883	<b>1:18.62</b>	+1,17	38.15	1:18.62
24. Johan Vandewalle	BRABO	1:21.40	BRABO/617/60	<b>1:19.98</b>	+1,05	37.35	1:19.98
25. Peter van Dee	SCOM	1:23.78	6301179	<b>1:22.38</b>	+0,87	38.93	1:22.38
NG.ZA Jo Rogiers	RSCM	57.07	RSCM/194/63				
NG Aan Pander	Gay Swim Amsterdam	1:04.69	6400569				

Masters 50+

1. Hugo Bregman	WVZ	1:00.62	5800069	<b>58.19</b>	+0,87	28.18	58.19
<i>Nederlands Masters Record</i>							
2. Arno Wouters	De Stormvogel	1:02.03	5800667	<b>1:02.13</b>	+0,90	30.13	1:02.13
3. Hans Wijsman	BRABO	1:04.11	BRABO/655/55	<b>1:05.27</b>	+0,80	30.67	1:05.27
4. Andre Storm	Zoetermeer	1:04.80	5600407	<b>1:05.35</b>	+0,88	31.56	1:05.35
5. Willem Zwiers	AquAmigos	1:05.26	5800505	<b>1:07.03</b>	+0,95	32.57	1:07.03
6. Hans Groothelm	DBD	1:07.31	5800151	<b>1:07.49</b>	+0,90	32.13	1:07.49
7. Pieter de Jong	Aquapoldro	1:10.36	5800585	<b>1:08.35</b>	+1,00	33.03	1:08.35
8. Wim de Lange	Electrolux AZC	1:07.03	5800533	<b>1:08.61</b>	+0,88	32.25	1:08.61
9. Henk Slomp	De Pinquin	1:08.56	5500359	<b>1:08.63</b>	+1,01	31.88	1:08.63
10. Mark Eligh	Old Dutch	1:06.79	5700497	<b>1:08.77</b>	+0,92	31.95	1:08.77
11. Reginald vd Giessen	Arethusa	1:08.57	5800135	<b>1:09.67</b>	+0,84	33.11	1:09.67
12. Ron van der Zande	De Aalscholver	1:08.00	5500307	<b>1:09.76</b>	+0,92	32.93	1:09.76
13. Pieter Kroodsma	BRABO	1:08.67	BRABO/654/58	<b>1:10.00</b>	+0,97	33.33	1:10.00
14. Paul Bunnik	Triton	1:09.54	5600413	<b>1:10.09</b>	+1,01	33.10	1:10.09
15. Peter Verberne	ACZ	1:13.77	5900719	<b>1:19.34</b>	+1,15	35.78	1:19.34
16. Rene Groot	ZV De Bron	1:26.36	5900617	<b>1:29.91</b>	+1,08	42.44	1:29.91
17. Abe Kramer	De Stormvogel	1:40.80	5700481	<b>1:36.75</b>	+1,09	46.44	1:36.75
18. Adrie van der Gracht	OEZA	1:48.23	5700485	<b>1:46.82</b>	+0,99	48.16	1:46.82

Masters 55+

1. Brend Brevé	PSV	1:04.05	5200265	<b>1:05.43</b>	+0,96	32.15	1:05.43
2. Peter Gulyas	Totkomlosi Rozmarok	1:08.75	51gulyas	<b>1:07.63</b>	+0,92	32.63	1:07.63
3. Arthur Jansen	Gay Swim Amsterdam	1:08.97	5400299	<b>1:10.41</b>	+0,91	33.85	1:10.41
4. Pieter Husslage	Old Dutch	1:11.58	5300091	<b>1:12.65</b>	+1,09	35.16	1:12.65
5. Richard Catoire	Oceanus	1:22.05	5200253	<b>1:20.09</b>	+0,89	38.27	1:20.09

Masters 60+

1. Donald Uijtenbogaart	Het Y	1:09.96	4700107	<b>1:08.93</b>	+0,88	33.96	1:08.93
<i>Kampioenschaps Record</i>							
2. Dieter Lochner	SSF Bonn 05 e.V.	1:14.60	220908	<b>1:13.14</b>	+1,04	33.57	1:13.14
3. Joop Draaisma	DZ&PC	1:17.60	4600155	<b>1:14.90</b>	+0,92	35.07	1:14.90
4. Peter Ouweneel	RSW (SG)	1:39.27	4500077	<b>1:45.07</b>	+1,21	47.90	1:45.07

## Programmanr. 44, Heren, 100m vrije slag

## Masters 65+

1. Frans van Enst	De Veene	1:18.47	4000011	<b>1:18.73</b>	+1,02	36.27	1:18.73
2. Ruud Sloof	De Rijn	1:18.07	4400073	<b>1:19.50</b>	+1,06	37.10	1:19.50
3. Nico Baay	Old Dutch	1:39.60	4200053	<b>1:34.43</b>	+0,76	43.80	1:34.43
4. Wim ter Laak	Katwijk	1:45.10	4000027	<b>1:46.48</b>	+0,82	49.13	1:46.48

## Masters 70+

1. Nico Geers <i>Kampioenschaps Record</i>	Van Uden-De Gouwe	1:12.58	3800007	<b>1:14.18</b>	+0,99	35.91	1:14.18
2. Gregor Pompen	Aqua-Novio '94	1:22.07	3700021	<b>1:24.34</b>	+0,91	40.74	1:24.34

## Masters 80+

1. Hugo Speelmans <i>Belgisch Masters Record</i>	ShaRK	1:55.89	ShaRK/229/27	<b>1:47.76</b>	+0,99	47.27	1:47.76
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